

# AMERICAN UNIVERSITY OF COMPLEMENTARY MEDICINE



catalog

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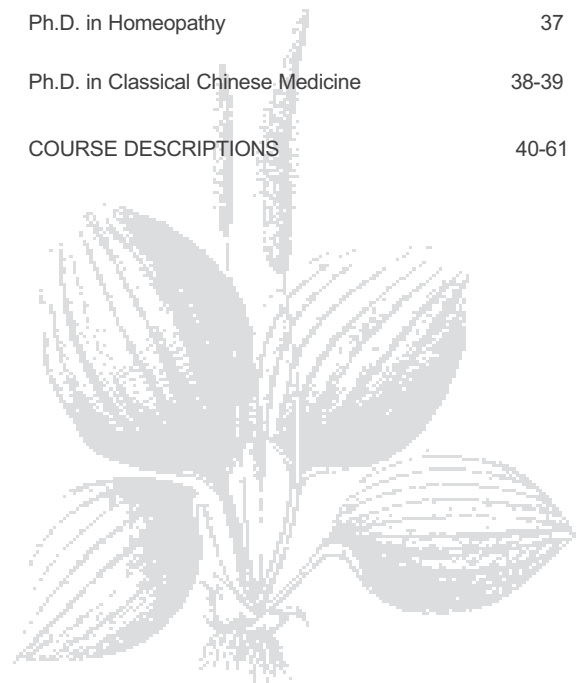
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# Message from the President

**W**elcome to the American University of Complementary Medicine (AUCM), a private institution that provides a remarkable and unique educational experience. Currently, complementary health care is enjoying a surge in popularity worldwide. Health care providers and their patients are recognizing the safety and effectiveness with which these comprehensive natural healing systems benefit health and ameliorate disease. Now is the optimal time to become immersed in the study and practice of these exciting and burgeoning fields.

Our mission at AUCM is to provide the best education and training possible in complementary and alternative health care, empowering our students to become gifted, compassionate clinicians and creative, innovative scholars. At AUCM, intellectual pursuits are interwoven with experiential learning and an emphasis on personal growth, healing, and conscious living. It is our desire that AUCM graduates set the highest standards for practitioners in complementary and alternative health care.

If you are sincerely interested in learning one or more of these comprehensive systems of complementary and alternative medicine, I invite you to explore the American University of Complementary Medicine.

*Brandon Horn, L.Ac., JD., PhD. President*

# About American University of Complementary Medicine

American University of Complementary Medicine (AUCM) is dedicated to providing quality instruction and education for health care professionals and non-professionals in the fields of complementary and alternative medicine. Formerly known as Curentur University and founded in 1995, AUCM is fast becoming recognized as one of the finest schools of complementary and alternative medical health care in the nation. American University of Complementary Medicine is a private, non-profit university approved to operate in the State of California by the Bureau for Private Post-secondary Education (BPPE) as a certificate and degree-granting institution. AUCM and its degree programs are not accredited by an accrediting agency recognized by the United States Department of Education.

The Journal of the American Medical Association (Eisenberg, et al., 1998) reported that 42% of Americans used complementary and alternative medicine in 1997, spending an estimated \$21.2 billion for this care, an amount that exceeded expenditures on hospital care for the same period of time. These statistics highlight the necessity for quality education and training in complementary and alternative medicine.

Our Artharva Vedic Psychology and Lifestyle Counseling, Asian Bodywork, Ayurvedic Medicine, Ayurvedic Yoga Therapy, Clinical Aromatherapy, Herbology, Holistic Health, Homeopathic Practitioner, and Nutritional Medicine certificate programs are designed to address the needs of current health care practitioners who would like to explore complementary and alternative medicine less comprehensively than degree programs offer. They also are designed for health-conscious people whose interest in health-related modalities range from personal growth and work exclusively with family and friends to pursuit of vocational level training in healthcare. Students who complete the Asian Bodywork certificate programs are eligible to undergo examinations to be certified by the American Organization of Bodywork Therapies of Asia (AOBTA, and they are eligible for licensure in massage in most municipalities in California).

The Associate of Arts in Asian Bodywork and the Bachelor of Arts in Holistic Health Studies provide educational foundations for those who wish to prepare themselves for careers in complementary and alternative medicine, while training students in basic skills in these areas.

The Master of Science in Nutritional Medicine provides a solid foundation in the practice of these forms of complementary and alternative medicine.

The Doctoral programs in Ayurvedic Medicine, Classical Chinese Medicine and Homeopathy provide extensive education and training for serious health professionals in the fields of complementary and alternative medicine, preparing clinicians for professional roles in practice, scholarship, research, and education. Students must meet the admissions standards and requirements for doctoral training.

The practice of Homeopathy and Ayurvedic Medicine is not currently licensed in the State of California. Several states do, however, have certain licensing requirements that govern the practice of Homeopathy. Students are advised to inquire about such requirements for the State in which they reside **before** undertaking a course of study. In California, graduates of AUCM's homeopathy programs may practice under the California Health Freedom Act (see page 2). Many aspects of the practice of Ayurvedic Medicine could be covered under massage licenses in most cities in California.

We invite you to explore the world of complementary and alternative medicine with us.

# University Mission & Educational Philosophy

## University Mission

The mission of American University of Complementary Medicine is to respond to the needs for developing competently trained practitioners, theoreticians, educators, and researchers in the field of complementary and alternative medicine through doctoral degree programs, sound beginning practical skills in complementary medicine through certificate programs, and the educational foundation for students who desire to pursue advanced training in complementary and alternative medicine through the associate of arts and bachelor of arts degree programs.

In today's society, educators and healthcare providers need to be able to address health issues from broad perspectives and understand practices within their cultural contexts as well as in the context of world health issues. The programs at American University of Complementary Medicine encompass a variety of world views, complementary medical practices, personal and social values, philosophical perspectives, spiritual practices, and global awareness.

The clinical doctorate programs in Ayurvedic Medicine and Homeopathy are for the serious, committed student who is interested in undergoing comprehensive education in all aspects of the medicine and seeking preparation for clinical practice, but, possibly, also for a role in research and education. They were designed for those who have already received a Bachelor's degree or higher education, and these programs may be of special interest to Ayurvedic practitioners, physicians, acupuncturists, psychologists, nurses with bachelor's degrees, dentists, nutritionists, homeopaths, chiropractors, naturopaths, osteopaths, veterinarians, physical therapists, or other responsible, caring individuals committed to promoting natural healing in a professional manner.

The Ph.D. level programs in Ayurvedic Medicine and Homeopathy are for the above-mentioned individuals who are especially desirous of developing skills in theory, inquiry, and applied research in the field of complementary medicine.

The Ph.D. program in Classical Chinese Medicine is designed to develop competently trained theoreticians, researchers, and clinicians in the field of Chinese medicine by preserving the rich historical, philosophical, and oral traditions in Classical Chinese Medicine and increasing their applicability to treatment in modern America. Licensed acupuncturists, recently educated in California schools, have spent four years studying Chinese medicine, but for the most part they have learned Traditional Chinese Medicine (TCM), the name given to the systemized and homogenized practice of Chinese medicine in the post-Cultural Revolution People's Republic of China. The education and training in Classical Chinese Medicine is based upon an intensive study of the classics in Chinese medicine and are an incorporation of much knowledge from oral traditions, while preparing students for professional roles in scholarship, research, and education.

These programs interweave intellectual pursuits with experiential learning and an emphasis in personal growth, health, and conscious living. In addition to these basic elements, each program features its own mission.

At American University of Complementary Medicine, learning, teaching and research proceed along three parallel lines: the intellectual, the experiential and the applied:

- Academic study**, using the accepted methodologies of the scientific and scholarly disciplines;
- Personal experience** of the intuitive, affective and spiritual dimensions;
- Practical application** of insights gained and skills learned in field work, study and research projects.

This institution does NOT have a pending petition in bankruptcy, it is NOT operating as a debtor in possession, it has NOT filed a petition within the preceding 5 years, nor has it had a petition in bankruptcy filed against it within the preceding 5 years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq).

## QUESTIONS ABOUT THE CATALOG

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833; P.O. Box 980818, West Sacramento, CA 95798-0818; [www.bppe.ca.gov](http://www.bppe.ca.gov), toll-free telephone number (888) 370-7589; 916-431-6959 or by fax (916) 263-1897.

## **Financial Funding**

The American University of Complementary Medicine (AUCM) is a non-profit educational organization dedicated to providing educational excellence and a forum for research into alternative therapies in medicine. AUCM draws its financial support from tuition, fees and (tax deductible) gifts and grants. Your gifts support the education of future practitioners and our community clinics.

## **Student Association**

All students who register to take a course for credit are automatically members of the "Friends of AUCM" Student Association. A fee of \$24 per year allows the association to convene occasional meetings and sponsor special projects. Student issues are submitted to the administration and faculty by members of the Student Association. These members schedule events paid for by the Student Association fees. Members of the association are represented on university committees that develop scholastic and business directives that impact students.

## **Alumni Association**

The Alumni Association encompasses former students and graduates. The Alumni Association supplies a means for reciprocal communication between former students, graduates, and the University. In addition, the association is dedicated to improving career development, placement, and networking among its members, raising money for the university, planning social events, and utilizing members' expertise to benefit current students and their projects.

## **Facility Location/Description**

AUCM is located in a charming, 2-story 1930s colonial style building in the heart of Beverly Hills. Facilities include clinical rooms, classrooms, a specialized library in complementary and alternative medicine, and administrative offices on 415 N. Camden Dr. Ste. 214, Beverly Hills, CA 90210. Additional classes are held at satellite locations: Crossroads School - 1712 21st Street, Santa Monica, CA 90450; 11862 Balboa Blvd., Granada Hills, CA 91344; 5910 Monterey Road, Los Angeles, CA 90042; and 1306 Monte Vista Blvd., 8, Upland, CA 91786. Classroom equipment includes the use of audio, video, PowerPoint slides and other traditional teaching aides.

## **Library Services and Use Policy**

Students at the American University of Complementary Medicine have library facilities available to them through the following sources:

- 1) The school's on-campus reference library provides students with access to specialized volumes in complementary medicine, multimedia instruction, and hundreds of video-taped lectures and seminars. The library is available for use during regular business hours and during class sessions. If the door is locked, please request that one of the staff open the room for you. Students are asked to be quiet and courteous when in the library. Library books are for reference and are to be used within the confines of the library at this time.
- 2) Students are required to purchase a UCLA Library Card (price: \$100 per year). This card gives students access to all of UCLA's libraries (located approximately two miles from AUCM) including the Health and Sciences Library. Materials available to students through UCLA include the full array of print, multimedia, and on-line resources.

## **THE CALIFORNIA HEALTH FREEDOM ACT AND THE PRACTICE OF COMPLEMENTARY AND ALTERNATIVE MEDICINE IN THE STATE OF CALIFORNIA**

In 2002, the California Legislature enacted the Health Freedom Act (Senate Bill SB 577), which protects Californians' access to alternative health care. Beginning January 1, 2003, the Act gives Californians the right to seek services from complementary and alternative health care practitioners who are not providing services that require medical training and credentials and who are not otherwise licensed in this state. The Act stated, "The Legislature further finds that these non-medical complementary and alternative services do not pose a known risk to the health and safety of California residents."

Under this Act, persons practicing in the fields of complementary and alternative medicine taught at the American University of Complementary Medicine (excluding acupuncture and bodywork/massage, which are licensed in this state) may do so legally, provided that they:

- "1) Disclose to the client in plain written language understandable by the client that he or she is not a licensed physician, that the treatment is alternative or complementary to healing art services licensed by the state; and that the services to be provided are not licensed by the state.
- 2) Disclose to the client in plain written language understandable by the client the nature of the services to be provided; and the theory of treatment upon which the services are based;
- 3) Disclose to the client in plain written language understandable by the client the person's educational and other training, experience, and other qualifications regarding service to be provided;
- 4) Obtain a written acknowledgement from the client that he/she has been provided with the information described in subsections (1), (2), and (3) of this subdivision. The client shall be provided with a copy of the written acknowledgment, which shall be maintained by the person providing the service for three (3) years."

# **Student Services & University Policies**

## **Admissions Requirements**

### **Admission to American University of Complementary Medicine**

Individuals interested in taking courses for credit must be admitted to the university before registering for or attending classes. The admission process examines both the academic and personal qualifications of all applicants. Failure to follow the required admission procedures, provide all requested documentation or declare all prior enrollments in post-secondary institutions may result in a delay in the application process, denial of admission or dismissal from the University.

### **The Catalog, Application and Information Packet**

Prospective students to AUCM Programs can obtain Acrobat files of the catalog and applications either from our website at [www.aucm.org](http://www.aucm.org) under the "Admissions" section or from the Admissions Office: American University of Complementary Medicine, 415 N. Camden Drive, #214, Beverly Hills, CA 90210, or by calling (310) 550-7445, or by e-mailing: [marketing@aucm.org](mailto:marketing@aucm.org). As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are encouraged to review the school Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

### **Academic Counseling**

Students who are admitted to a degree or certificate program are entitled to formal academic counseling by the Dean. Counseling appointments may be scheduled with the Dean's Office. The Registrar's Office will be available for counseling regarding transcript evaluation, transfer credit, and challenge credits for degree and certificate requirements.

### **Application and Admissions as a Certificate Program Student**

Applicants for the Certificate Programs must be at least 16 years old and be of good character, have a sense of commitment to alternative medicine and the desire to help others. The following items will be required from each certificate student applicant during the admission process:

- Completed application form
- Evidence of High School graduation, equivalent documents, other post-secondary education, or for students who have not earned a high school diploma or its equivalency, the satisfactory passing of the Ability to Benefit exam\*.
- Appropriate non-refundable application fee in U.S. dollars

#### **\*Ability to Benefit Exam and Policy**

Students who do not have a high school diploma or its recognized equivalent may be admitted into AUCM's certificate programs, after passing the Wonderlic Basic Skills Test (WBST) Verbal Forms VS-1 & VS-2 (Quantitative Forms QS-1 & QS-2. This is an online version of the tests.). Please note that the Passing Scores are: Verbal (200), Quantitative (210).

### **Application and Admissions for the Associate of Arts Degree**

Applicants for the Associate of Arts degree program must be high school graduates or have the equivalent education as indicated by a GED, California High School Proficiency Certificate, diploma, military education (as evidenced on a DD-214 or similar document), or evidence of other post-secondary education.

The following items will be required from each A.A. degree applicant during the admission process:

- Completed application form
- Appropriate non-refundable application fee in U.S. dollars
- Evidence of High School graduation, equivalent documents, or other post-secondary education
- Personal interview (in person or via telephone)



### **Application and Admissions for the Bachelor of Arts Degree**

Applicants for the Bachelor of Arts degree program must complete a minimum of sixty units of general education with a minimum of a 2.0 grade-point average.

Applicants for the B.A. must submit the following:

- Completed application form
- Appropriate non-refundable application fee in U.S. dollars
- Two letters of recommendation
- Application essay
- Two passport-size photographs
- Official transcripts of all post-secondary education
- Personal interview (in person or via telephone)

### **Application and Admissions for the Master's Degree Program**

Applicants for the Master's program must have completed a Bachelor's degree with a minimum of a 2.5 grade-point average.

Applicants for the Masters program' must submit the following:

- Completed application form
- Appropriate non-refundable application fee in U.S. dollars
- Two letters of recommendation
- Application essay
- Two passport-size photographs
- Official transcripts of all postsecondary college or university education
- Personal interview (in person or via telephone)

### **Application and Admissions to the Clinical Doctorate and Doctor of Philosophy (Ph.D.) Degree programs**

Applicants to the Ph.D. program in Classical Chinese Medicine must have completed a Master's degree in Oriental Medicine (or equivalent of a Bachelors degree and a minimum of 30 semester units in a Master's degree program in acupuncture or Oriental medicine) with a 3.0 minimum average. Applicants for the Clinical Doctorate or Ph.D. programs in Homeopathy and Ayurvedic Medicine must have a Bachelor's or higher degree from a state-approved or accredited educational institution. The applicant's essay, letters of recommendation, and personal interview should indicate strong motivation for completing the program and suitability for training as a practitioner/scholar in the field of complementary or alternative medicine.

Applicants for the Doctoral programs must submit the following:

- Completed application form
- Appropriate non-refundable application fee in U.S. dollars
- Two letters of recommendation
- Application essay
- Two passport-size photographs
- Official transcripts of all undergraduate and graduate education
- Official score on the GRE, MAT, or satisfactory score on American University of Complementary Medicine's

# **Student Services & University Policies**

## **Admissions Requirements**

### **Admission as an Auditor**

Individuals who want to attend classes without receiving academic credit must register for classes and pay the requisite fees. However, auditors do not need to apply for admission to the University. Auditors take part in class discussions and activities but do not prepare or submit written assignments or take examinations. Auditors must be approved by the Registrar or Academic Dean, who will determine that they meet the prerequisites for the course work they would like to audit.

### **International Students**

Classes will be taught in English only. AUCM does not offer classes in any other language; however, AUCM admits highly qualified international students who meet both AUCM's and Homeland Security's Citizenship & Immigration Service requirements (students must secure their own authorization to remain in the U.S. for study, i.e. via possession of a green card or other satisfactory authorization). AUCM does not currently have I-20 status from Homeland Security Citizenship & Immigration Services and does not assist international students in securing an F1 or M1 visa. AUCM requires prospective international students to have an academic background equivalent to educational preparation in the United States, to fulfill the specific application and admission requirements of the degree or certificate program, and to speak and write English.

The Test of English as a Foreign Language (TOEFL), which preferably includes the Test of Written English (TWE), is required of all international students whose native language is not English, unless they have successfully completed other post-secondary education in the United States, excluding English as a Second Language course work. For applicants required to take the TOEFL examination, only applicants scoring above 550 on the TOEFL exam are considered for admission. In addition to the TOEFL, applicants and/or students may be required to take University-administered writing competency examinations. AUCM does not provide ESL instruction or other English Language services.

To apply for admission to the University as an international student, all graduate level applicants must submit to the University the following:

- A completed application form
- The appropriate non-refundable application fee in U.S. dollars
- Two letters of recommendation
- Application essay
- Two passport-sized photographs
- TOEFL score report, if English is not the native language
- Certification of finances in U.S. dollars
- Official transcripts of all post-secondary work in original language
- Certified translations of all school transcripts, if not in English  
including any post-secondary work and any degrees or certificates awarded
- Applicants will be required to have transcripts evaluated by an evaluation service

International applicants who want to transfer from other accredited U.S. educational institutions must fulfill all application and admission requirements and be in good standing as full-time students at their current institutions. The deadline for submission of the application and all supporting documentation is three months prior to the trimester of intended enrollment.

### **Letters of Recommendation**

All applicants in graduate degree programs must submit two letters of recommendation. The two letters must be sent directly to the university from individuals to whom the applicant's background and his/her academic skills are well-known. If possible, one letter should originate from someone with a graduate degree in the field the applicant wishes to study. Each letter should describe the referencing person's relationship to the applicant and the length of time they have been acquainted; the applicant's aptitude for the course of study to which the student has made application; the applicant's ability to think, work, and study independently; and the applicant's strengths and weaknesses. In accordance with the Family Education Rights and Privacy Act of 1974, applicants are permitted to see all references submitted with their application for admission, unless the right to this access has been waived by the student.

### **Student Application Essay**

Each applicant to AUCM's graduate degree programs must submit a well-structured, understandable application essay that meets the standards of clear, skillful academic writing. The material should possess a logical structure, utilize appropriate vocabulary, and follow accepted rules of grammar. This essay must be typed, double spaced, neatly on a computer, word processor, or typewriter and must not exceed two pages in length. It should discuss the academic, intellectual, and professional aspects of one's life in narrative form before applying to AUCM. Academic and personal ambitions, projects, and pastimes should be related insofar as their influence on his/her academic future and prospective profession. It should include a brief explanation of why the person has chosen to pursue a degree from AUCM, along with an account of what he/she expects from the studies and which specialization or subject area the applicant wants to explore and master.

### **Transcripts**

All applicants with a degree must submit official transcripts of their degree(s) from approved or accredited schools. AUCM will verify the existence of the degree or its equivalent. Applicants without a bachelor's degree must submit all documentation of college credits earned and make an appointment with the Registrar's Office. Applicants for the Associate of Arts Program must submit evidence of high school graduation or a copy of their GED.

Official transcripts encompassing all postsecondary education must be sent directly from the issuing institution to the AUCM Admissions Office. In addition, transcripts must bear the official seal of the institution and indicate all degrees earned. Upon receipt, transcripts become the property of AUCM and will not be returned. This information is protected by federal law. Under the Family Education Rights & Privacy Act of 1974, as amended, release of information about your program is only available under certain prescribed conditions. If you have questions about these conditions, please write the Office of the Registrar or telephone us for additional detailed information.

### **Personal Interview**

When a student has fulfilled all of the requirements for admission to AUCM, the student will be contacted by telephone to arrange either an in-person or telephone interview with a University faculty or administration member. The student's completed application and interview rating sheets then are reviewed by the AUCM Admission Committee, which makes final admissions decisions.

AUCM does not discriminate in admissions decisions on the basis of gender, ethnicity, sexual orientation, religion, etc.

# Student Services & University Policies

## Admissions Requirements

### Challenge and Transfer Credits

Transfer credit may be awarded for applicable coursework completed at other post-secondary institutions with verification of transferability by the Registrar's Office and approval by the Dean. Up to 6 units may be transferred and a limit of 27.5 units (14.5 units for Masters level programs) toward a degree may be granted by the challenge exam and transfer method for Required Courses. Prerequisite and Co-Requisite courses have no transfer limits.

Courses will be considered for transfer credit if relevant to the degree program and completed with a grade of C or higher, or the equivalent if another grading system was used.

Challenge exams are available when students have evidence on a transcript of coursework completed in an area of study but are unable to fully document the completeness or level of the material covered in that course. All requests for challenge exams must be approved by the Dean. Challenge examinations are comparable to a final examination in the course in which the student is asserting competency. All transfer and challenge exam requests should be made at the time of matriculation into the university.

AUCM does not currently award credit for prior experiential learning.

### Notice Concerning Transferability of Credits and Credentials Earned at our Institution

Due to the unique nature of the natural medicine programs at the American University of Complementary Medicine (AUCM), the university does not currently have any articulation or transfer agreements with other institutions, colleges or universities. The transferability of credits you earn at AUCM is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the degree, diploma, or certificate you earn in AUCM is also at the complete discretion of the institution to which you may seek to transfer. If the credits or degree, diploma, or certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending AUCM to determine if your credits or degree, diploma or certificate will transfer.

### Financial Aid

AUCM does not participate in any federal or state financial aid programs. Financial aid may be available from a variety of private lending institutions. AUCM does offer a payment plan policy which allows the student to pay for each term's tuition over the course of that term, interest-free. Payment is 1/2 of tuition down and the remainder divided over the last 3 months. Contact the Registrar's Office to make payment arrangements. Students may opt to pay educational expenses with MasterCard, Visa, Discover, and American Express. **If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, if the student receives federal student financial aid funds, the student is entitled to a refund of the moneys not paid from federal financial aid funds.**

### Housing

AUCM is located in Beverly Hills, twenty minutes from Los Angeles International Airport, in an urban area bordered by freeways. There are no dormitory facilities administered by AUCM. There are, however, apartments available within a 2-5 mile radius. AUCM is located relatively close to UCLA and Santa Monica College, as well as a number of Oriental Medical schools, making shared student housing readily available. Monthly rentals vary greatly and students on a budget are encouraged to find shared rentals to reduce housing expenses. Additionally, for those attending weekend courses from outside the area, there are numerous hotels in close proximity ranging in rates from \$60 to \$100 and more per night. AUCM assumes no responsibility to find or assist a student in locating housing.

### Tuition

AUCM offers three fifteen-week trimesters of instruction per year. One trimester unit of classroom instruction equals 15 hours of instruction and one internship/externship unit of instruction equals 30 hours of training.

The complete tuition and fee schedule (including the explanation of all charges) is available from the Registrar's Office and is distributed at Registration. Tuition may be refundable based upon the formula established by The Bureau of Private Postsecondary Education (BPPE). All tuition charges are per unit.

**Tuition payments are for total units per term and can be made in installments in the same trimester.**

Certificate Programs (per unit).....	\$200
A.A. Degree Program (per unit).....	\$250
B.A. & M.S. Degree Programs (per unit).....	\$275
Ph.D. and Doctoral Degree Programs (per unit).....	\$300
Certificate, A.A. Internship/Externship (per unit) .....	\$430
M.S. Internship (per unit) .....	\$500
Doctoral Degree Internship/Externship (per unit).....	\$570
Doctoral Dissertation (per unit).....	\$450

Auditors (per unit) for registered students (who have taken the course previously).....\$125

Auditors (per unit) for non-registered students.....\$215

### **Application Fee (Applications received without payment will not be processed.)**

Auditor/Certificate .....	\$75
Degree Student .....	\$75
International Student.....	\$75

### **Other Fees**

UCLA Library per year .....

UCLA Library per year .....	\$100
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Challenge Exam, per exam .....

Challenge Exam, per exam .....	\$250
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Previous Student Tuition Recovery Fund (STRF) charge: \$.50 per \$1,000 tuition (rounded to nearest \$1,000).

Effective January 1, 2015, the Student Tuition Recovery Fund (STRF) assessment rate will be zero (\$0) per \$1,000. Therefore, all institutions required to collect STRF assessments must stop collecting STRF assessments from students. The STRF rate is subject to change based upon the balance in the STRF account. Statute requires the Bureau begin collecting if the balance falls below \$20 million (\$20,000,000.00) and caps the account at \$25 million (\$25,000,000.00).

### **Fees:**

Late Payment Charge, per missed payment.....\$100

Returned Check Fee .....

Returned Check Fee .....	\$35
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(Tuition for each term may be paid in installments over the course of that same term using a credit card guarantee or automatic bank debit agreement)

### **Transcripts**

Rush Transcript, in one working day.....\$15

Transcript, per copy.....\$10

# Student Services & University Policies

## Tuition & Fees

**Estimated total cost of total program, including: tuition, cost of books, materials, application fee, UCLA Library fee (excludes prerequisite courses):**

Associate of Arts in Asian Bodywork (East Asian Option).....	\$16,775
Associate of Arts in Asian Bodywork (Ayurvedic Bodywork Option).....	\$16,595
Bachelor of Arts in Holistic Health.....	\$17,375
Master of Science in Nutritional Medicine.....	\$23,875
Doctor of Ayurvedic Medicine.....	\$44,515
Ph.D. in Ayurvedic Medicine .....	\$51,090
Ph.D. in Classical Chinese Medicine .....	\$23,925
Doctor of Homeopathic Medicine.....	\$45,655
Ph.D. in Homeopathy .....	\$51,680
Certificate Program in Ayurvedic Medicine (660 hours) .....	\$9,825
Homeopathic Practitioner Certificate (420 hours).....	\$6,395
CCH Option (1,230 hours in preparation for CCH Exam).....	\$15,415
Certificate Program in Botanical Medicine (240 hours).....	\$3,675
Certificate Program in Clinical Aromatherapy (240 hours).....	\$3,675
Certificate Program in Arthava Vedic Psychology & Lifestyle Counseling (690 hours).....	\$10,225
Certificate Program in Asian Bodywork (675 hours) .....	\$10,025
Certificate Program in Ayurvedic Yoga Therapy (660 hours).....	\$9,825
Certificate Program in Nutritional Medicine (360 hours).....	\$5,275

Schedule of total charges for a period of attendance (the following is an example of the cost of tuition,, fees, books and materials that might be expected for a full-time certificate student for their first trimester of enrollment. Cost of tuition per unit will differ for degree programs, but the fees are the same):

12 units x \$200 per unit = \$2,400

One-time application fee = \$75.00

UCLA library fee (\$100 per year amount divided by trimester) = \$33.33

Estimate of cost of books and materials (\$300 per year divided by trimester) = \$100

Total estimated cost for the first full-time trimester for a certificate student: \$2,608.33

**No student may enroll for classes in a term if there is outstanding debt owed from a previous term. Students failing to pay for tuition and fees may be put on Administrative Suspension until their debt is satisfied.**

### **Textbooks and Course Materials**

A list of required textbooks and materials for each course will be either available through the Registrar's Office before the beginning of each program or will be announced by the instructor on the first meeting day of the course.

### **Student Rights - Retention of Records**

AUCM will maintain student records for five years, as required by state law. Student transcripts will be maintained for fifty years.

### **Cancellation Policy**

A student has the right to cancel his or her enrollment agreement, including any equipment or other goods and services included in the agreement, and receive a full refund of charges (less administration fee) paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. The cancellation takes effect when the school receives written Notice of Cancellation at AUCM, 415 N. Camden Drive, #214, Beverly Hills, Ca. 90210. Any written expression that states the student wishes not to be bound by the agreement will serve as Notice of Cancellation to the school. If the student mails a Notice of Cancellation to the school, it becomes effective as of the postmark, if properly addressed with proper postage. A student is due a complete refund within thirty days after the school receives a valid Notice of Cancellation. However, if the student received any equipment, it must be returned to the school within thirty days of the date of the Notice of Cancellation. If it is not returned, the school may deduct the documented cost of the equipment from the amount of the refund.

### **Placement Services**

**AUCM does not provide any placement services for its graduates.**

### **Experiential Learning**

**AUCM does not provide credit for prior experiential learning.**

### **Accreditation**

The degree programs at AUCM are not currently accredited by an accrediting body approved by the U.S. Dept. of Education. The degree programs at AUCM do not allow one to sit for licensure. A degree program that is unaccredited or from an unaccredited institution is not recognized for some employment positions, including, but not limited to, positions with the State of California.

# Student Services & University Policies

## Refund Policy

### Refund Policy

A student has the right to withdraw from school at any time and receive a refund for that part of the course not taken, for which the student paid. If a student withdraws any time following the attendance at the first class session or beyond the seventh day after enrollment, whichever is later, the student is entitled to only a partial refund. The notice of withdrawal and the request for refund must be made in writing. The amount of that refund is to be “pro-rated” according to the incomplete portion of the course up to 60 percent, less the cost of any unreturned equipment and a registration/administration fee of \$100.00. The formula for refund calculation is as follows: The \$100 registration/administration fee is deducted from the total amount of the tuition. This amount is then divided by the number of hours in the course to obtain an hourly rate which is multiplied by the number of hours that the student actually completed, and subtracted from the amount of money paid by the student (less the administration fee). The refund is to be paid within 30 days of withdrawal. A refund notice is to be sent to the student 30 days after the refund is made. After completing 60 percent or more of the course, the student will receive no refund. The formula is as follows:

For example, if the student completes only 15 hours of a 45-hour course and paid \$645 tuition, a \$100.00 registration fee would be deducted from the total tuition and the remainder would be prorated, so that the student would receive a refund of \$363.34.

\$645.00 - \$100.00 (Tuition minus Admin. fee) =	\$545.00
\$545.00 ÷ 45 clock hours =	\$12.111/hour (Hourly Rate for instruction)
\$12.111/hour x 15 hours = (Tuition owed)	\$181.66
	<u>+\$100.00 (admin. fee)</u>
Prorated Amount Student Owes	\$281.66
Tuition Paid:	\$645.00
Prorated Amount:	<u>-\$281.66</u>
Amount Refunded to Student:	\$363.34

For Distance Learning courses the refund shall be calculated as follows:

A \$100 registration/administration fee will be deducted from the total tuition. Then this figure is further divided by the total number of lessons to find the “per lesson” charge. The “per lesson” charge is multiplied by the total number of lessons the student has received and added to the \$100 administration fee. The refund amount is then calculated by subtracting this amount from the total tuition for the course.

AUCM reserves the right to cancel, reschedule, or combine courses, and to change instructors. If a course is canceled or rescheduled, you may request an official transfer to another course or refund of enrollment fee.

**AUCM admits students of any race, religion, color, and national or ethnic origin.**



## **Changes in Registration**

Students who wish to make a change or alteration in their registration must contact the Registrar's Office for an Add/Drop Form along with the required tuition and fees. The number of course hours completed at the time of the change in registration is the decisive issue that resolves whether refunds are payable for the dropped courses and determines the amount of fees paid. The add period is the first three weeks of each Program. See AUCM's refund policy for amount of refund available for dropped courses. No refund is granted for classes dropped after sixty percent of the class hours are completed.

Courses may be dropped with written notice only. Telephone communication is not acceptable. A facsimile communication signed by the student will be accepted as long as the student completes the add/drop form as required. No fees accrue if a course is canceled by the University.

## **Distance Learning Enrollment Agreement and Evaluation Response Time**

Some of the University's programs are offered through distance learning instruction. All units/lessons will be completed and the required work will be submitted to AUCM. An institution offering a distance education program where instruction is not offered in real time shall transmit the first lesson and any materials to any student within seven days after the institution accepts the student for admission. The student shall have the right to cancel the agreement and receive full refund pursuant to section 71750 before the first lesson and material are received. Cancellation is effective on the date written notice of cancellation is sent. The institution shall make the refund pursuant to section 71750. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 day after the student's return of the materials. Upon receipt of the distance learning students' lessons, projects, or dissertations AUCM shall provide a response or evaluation within 10 days.

## **Withdrawal**

A student who chooses to withdraw from a class or classes must officially notify the Registrar's Office in writing and file an add/drop form with the Registrar's Office. Students may withdraw and receive a Withdrawal (W) grade any time before a class ends. However, if a student stops attending a class but neglects to withdraw from the class officially, the student will receive an Unsatisfactory Withdrawal (UW) notice.

## **Leave of Absence**

Students who are prevented by extraordinary personal or professional reasons from attending AUCM for two or more consecutive months, but plan to return as soon as possible, must apply for a formal leave of absence. The duration of such a leave will not be longer than a year after the end of the student's program.

The student acquires from and returns a Leave of Absence Form to the Dean's Office. The Dean informs the Registrar's Office that the leave has been approved and stipulates the length of the leave. Before taking an approved leave, the student meets with the Dean. In addition, the student must inform the Dean's Office before his/her return and schedule another meeting with the Dean.

Students on approved leave are not held accountable for changes in degree requirements that were instituted during the leave. If the student attends another academic institution during leave and completes classes that are relevant to the AUCM degree programs, the student must forward official transcripts to AUCM.

## **Student Rights - Grievance & Complaint Procedures**

A Student Grievance Committee enables students to pursue grievances against the administration or faculty. The Committee is composed of the Department Chair (for the program in which the student is enrolled), who will serve as Chair of the Grievance Committee, the President of the Student Association, and a faculty member appointed by the Academic Dean. The Grievance Committee will:

- A. Hear the grievance.
- B. Hear the university's response, including any charges against the student.
- C. Review any actions taken either by the student or by the University or its members.
- D. Gather relevant information by such means as are appropriate.
- E. Prepare a recommendation to the Academic Dean/President.
- F. If the circumstances include the Academic Dean/President, and the Academic Dean/President does not accept the recommendations of the committee, the chair will refer the matter to the Secretary of the Board of Directors, for the Board of Directors' decision. In all other circumstances, the decision of the President shall be the final decision.
- G. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's internet web site: [www.bppe.ca.gov](http://www.bppe.ca.gov).

## **Student Rights under the Student Tuition Recovery Fund (STRF)**

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all of part of your tuition either by cash, guaranteed student loans, or personal loans, and
2. Your total charge are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Postsecondary Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refund or changes on behalf of a student to a third for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. There was a material failure to comply with the Act or the Division within 30-days before the school closed or, if the material failure began earlier than 30-days prior to closure, the period determined by the Bureau.
5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

## **Academic Advisors**

When a student enrolls in a certificate or degree program, the AUCM Dean's Office will assign a faculty advisor to the student based upon the student's program and particular interests the student has indicated. He or she will meet with the student early on in the first semester to get acquainted, to discuss the student's career goals and aspirations, and to answer any questions regarding the academic program. Since the AUCM programs' curriculum is defined in terms of specific requirements, prerequisites, and sequences of courses, usually a minimum of academic advising is required. However, the advisor will meet with the student at least once a semester to review the student's progress, counsel him or her, as needed, regarding performance problems, and provide professional socialization.

In the case of master's or doctoral degree students, the faculty advisor assists the student with professional and institutional issues until the student selects either a master's project advisor or a doctoral dissertation mentor or chair, respectively. Once selected, the master's project advisor or dissertation mentor or chair becomes the student's advisor for the remainder of the program.

## **Externships/Internships**

Externships and internships are completed in AUCM's Community Clinic under the supervision of AUCM's clinical faculty members.

## **Student Code of Conduct**

AUCM encourages the utmost professional and ethical academic conduct by each student. The Dean will review all cases of academic dishonesty or behavior which disrupts the orderly activity of the University. (See Student Handbook for details).

## **Incomplete**

An Incomplete (I) grade is given at the instructor's discretion to a student who has demonstrated satisfactory attendance and assignments throughout the majority of a class (including independent study), but cannot finish the remainder of his/her required assignments before the end of the course. A student is obligated to notify the instructor of his/her need for an Incomplete, obtain an Incomplete Grade Form, sign the form, and submit it to the instructor, who files it with the student's final grade for the course.

An Incomplete must be made within one-year of the course. If the Incomplete is not completed by the student before the stipulated deadline, the student's final grade becomes [I], and the student receives no credit for the course.

### **AUCM's Academic Year and Units are based on the Trimester System.**

AUCM offers three fifteen-week trimesters of instruction per year. One trimester unit of classroom instruction (like a semester unit) equals 15 hours of instruction and one internship/externship unit of instruction equals 30 hours of training. Students may enter degree or certificate programs in the Spring (January), Summer (May), or Fall (September) Trimesters. Application deadlines typically are six weeks before the start of the Trimester in which the student wishes to enter, although occasional exceptions may be made. Students must complete all admissions requirements to be accepted into the program.

### **Holidays Observed**

New Year's Day, Martin Luther King, Jr. Day, Presidents' Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day.

### **Attendance**

A minimum of 85% attendance is required. Excessive unexcused absences may affect the student's final grade.

### **Academic Probation & Dismissal Policy**

The Chief Academic Officer may place a student on academic probation if the student is not making satisfactory academic progress as per the University's published policy. Should the GPA fall below that required for graduation, a student may be placed on academic probation. A formal advisory will be sent to the student with the reason for the probation. Failure to maintain satisfactory academic progress may result in dismissal from the program. The Chief Academic Officer may place on probation or dismiss a student for any of the following: cheating or plagiarism; forgery, alteration or misuse of University documents, records or identification; knowingly furnishing false information to the University; misrepresentation of oneself to be an agent of the University; destruction of campus property, or obstruction of the campus educational or administrative process; abusive behavior toward any member of the University community; unauthorized entry into, unauthorized use, or misuse of University property; sale or knowing possession of illegal narcotics on campus; lewd behavior on University property or at a University function; violation of any order of the University President, notice of which has been given prior to such violation and during the academic term in which the violation occurs, either by publication or by posting on an official bulletin board designed for this purpose; soliciting or assisting another to do any act which would subject a student to dismissal, suspension, or probation pursuant to this section. See Student Code of Conduct in the Student Handbook.

### **Academic Grading Symbols - GradePoint**

A	Exceptional	4.0
A-	Exceptional	3.7
B+	Above Average	3.3
B	Average	3.0
B-	Below Average	2.7
C+	Unacceptable	2.3
C	Unacceptable	2.0
C-	Unacceptable	1.7
D	Unacceptable	1.0
F	Failure	0
CREDIT or PASS	Credit	0
NO CREDIT	No Credit	0
Unauthorized Withdrawal	No Credit	0
Withdrawal	No Credit	0
Incomplete	No Credit	0
Auditor	No Credit	0

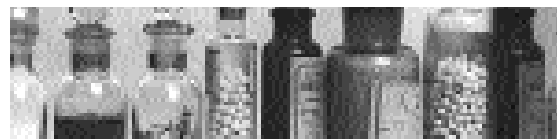
Grades of C+ and C are not acceptable in a graduate program. A graduate student must achieve a cumulative grade point average (GPA) of 3.0 to earn a degree. A cumulative GPA below 3.0 will place a student on academic probation.

### **Grade Point Average and Grade Reports**

Grade point average (GPA) is determined by dividing the total number of grade points earned by the total number of units completed in letter-graded courses. If a course has been repeated, only the units and grade points earned for the higher passing grade are computed in the GPA. In letter graded courses, units with grades of NC, W, I, NR or are not computed in the GPA. In CR/NC graded courses, the UW grade is equivalent to NC. In letter graded courses, the UW grade is equivalent to an F; units with a UW grade are computed in the GPA with zero grade points. The Registrar's Office will have grades available during the 4th week of the trimester following course completion. Students who want to know a specific course grade prior to receiving the official grade report should leave a self-addressed postcard with the instructor.

# Certificate Programs

## Homeopathic Practitioner


**Format: Evenings & Weekends**
**Hours: 420**
**Units: 24**
**Tuition: \$5,720**
**CCH Option:**
**Format: Evenings & Weekends**
**Hours: 1,230**
**Units: 64**
**Tuition: \$14,540**

The objectives of this certificate program are to enable the students upon completion of the course to understand the basic principles of homeopathy, the nature of homeopathic remedies, how they are prepared, how to effectively select and use homeopathic remedies in acute "first aid" situations (including pets), and how to effectively educate others regarding the selection and use of homeopathic remedies in long-standing ("chronic") situations for health and vitality enhancement purposes.

Practice of Homeopathy may be done with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

The Council for Homeopathic Certification also offers an exam to become a Certified Classical Homeopath (CCH). Students who desire to sit for this exam can fulfill the requirements by completing the coursework and supervised clinical hours in the "CCH Option." For more information about the CCH exam, please visit [www.homeopathicdirectory.com](http://www.homeopathicdirectory.com).

**HM 050 Principles of Homeopathy**

Students will receive a basic overview of the homeopathic method and outlook, a brief historical outline, learn special homeopathic terminology, study the schools of unicameralism and pluralism, explore homeopathic pharmacy, review the federal regulation of homeopathic remedies, receive an introduction to Homeopathic First Aid and begin the study of Materia Medica. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**
**HM 055 Homeopathic First Aid in Acute Situations**

This course offers students the opportunity to study Homeopathic methods and remedies as they apply to: injuries, accidents, pre and post surgical remedies; acute eye, ear, nose, throat and respiratory tract situations; acute gastrointestinal, urogenital, musculoskeletal, emotional and nervous system situations, acute veterinary first aid for pets and Materia Medica study. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**
**HM 060 Homeopathy for Chronic or Long-Term Situations**

Students will learn the homeopathic outlook in long-term ("chronic") situations Miasms including the diathesis, terrian and reactional typology. Potency and repetition issues will be examined. Materia Medica related to chronic treatment will be explored. Boericke's and Boger's repertories will be utilized to determine remedies. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**
**HM 065 Homeotherapeutics**

Students will have the opportunity to learn an outline of auxiliary remedies (gemmotherapy; lithotherapy; organotherapy) and leading homeopathic remedies as they apply to emotional balance and mental enhancement, child development, environmental sensitivities, cardiovascular health, respiratory tract health, nervous system and the organs of special sense, gastro-intestinal health, urogenital system, women's health, musculoskeletal health and healthy skin. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**
**HM 070 Homeopathic Certificate Externship**

Cases are taken from individuals from the community in a classroom setting, casetaking techniques are learned through observation and participation. Clinical approaches to remedy selection and use of radiesthesia are explored. Case analysis and remedy differentiation are demonstrated. Follow-up remedy selection is demonstrated. Complementary use of homeopathy, biochemicals, oligotherapy, gemmotherapy, lithotherapy, organotherapy and flower essences are explored. Method of instruction involves discussion, presentations and collaborative analysis.

**4 units (Clinic units are \$320 per unit and equal 30 hours per unit)**
**HH 050 Bio-Energetic Medicine and Biophysics**

Why do homeopathy, flower essences, acupuncture, or any of the healing forms work? Conventional biomedical scientific theory cannot provide useful explanations. This course explores the most recent theories in biophysics that may offer an explanation. Students will be exposed to various forms of bio-energetic medicine including light, magnetic, and sound therapies. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**
**\*CCH OPTION;**

HM 072 Homeopathic Case Taking 2 units

HM 085 Homeopathic Materia Medica -- Mineral Remedies 3 units

HM 095 Homeopathic Materia Medica -- Plant Remedies 3 units

HM 080 Homeopathic Materia Medica for Polycrests 3 units

HM 090 Homeopathic Materia Medica -- Animal Remedies 3 units

HM 075 Homeopathy Internship 14 units

(supervised clinical training must include 10 patients with at least 2 follow-ups)

In addition, CHC also requires completion of Anatomy and Physiology coursework to apply for the CCH Exam. Students should inquire with the CHC to determine the total number of hours required. Anatomy and Physiology coursework is available through AUCM or outside schools.



Hours: 360  
Units: 24  
Tuition: \$4,800

The old adage, “You are what you eat” has taken on a new dimension in the last ten years. From the use of nutritional supplements to the demand for organic fruits and vegetables, people are now looking to food for more than just sustenance. Graduates of the Nutritional Medicine Certificate Program may counsel and educate on the use of nutrition and supplements as healing tools as well as powerful aids for maintaining optimum health and vitality.

Practice of Nutritional Medicine may be done with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

### NU 050 Principles of Nutritional Medicine

The student will learn basics of digestion, absorption and metabolism of nutrients in the human body and the role of vitamins and minerals in these processes. The course is a study of nutrients known to be essential in human metabolism and the postulated uses of these substances on a biochemical basis, their interrelationships and how excesses and deficiencies may manifest in the body. This course also covers fad and blood type diets, diets for reducing and eliminating candida and other parasites. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

### NU 055 Modern Concepts of Nutrition

Fats, vitamins, minerals, and whole foods that contain them are discussed according to the ways they are used by the body. Body systems are examined as are the foods which are best for strengthening each one. The student will learn how certain foods can overcome nutritional deficiencies and allergies, and how they can build immunity. Selecting and preparing foods for the best nutritional value for adults as well as children is explained. Current guidelines are provided on nutrition basics, such as the protein/vitamin B12 group, fats and oils, sugars and sweeteners, water, salt, seaweeds, “green foods” (microalgae and cereal grasses), calcium, oxygen, toxic metals and other nutrient concerns. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

Let food be your  
medicine

Hippocrates

### NU 060 Comparative Nutrition

This course is a comprehensive analysis and evaluation of various dietary regimens focusing on nutritional, spiritual and social belief systems concerning food. Vegetarianism, raw food, macrobiotics, food combining, hereditary predisposition and health fads will be explored. Specific dietary recommendations for ailments such as candidiasis, hypoglycemia, allergies, premenstrual and auto-immune deficiency syndromes and other conditions will be covered. Attention will be paid to the special nutritional needs of pediatric and geriatric populations.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

### NU 065 Nutritional Counseling

This is a course for the student who plans to counsel clients on enhancing health through nutrition. The class will explore counseling approaches and nutritional treatment strategies for various health challenges. Students will have opportunities to role play counseling sessions. Daily food programs and rules for eating are given. Alternative therapies are explored and food preparation is reviewed.

Method of instruction includes role play, lecture, discussion, presentations and collaborative projects.

**4 units**

# Certificate Programs

## Nutritional Medicine

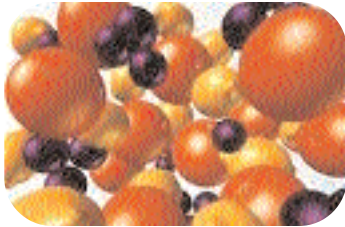


### NU 070 Ayurvedic Medical Nutrition

This course provides an understanding of the basic concepts of Ayurvedic medicine and comprehensive study of the principles of Ayurvedic nutrition. Students will learn various Ayurvedic nutritional applications that consider the tastes, qualities, proper time for consumption of foods, etc. Students will explore how to design a nutritional programs based on correcting the individual's imbalance of doshas and 7-tissue level detox and rejuvenation.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**



The doctor of the future will give no medicines,  
but will interest his patients in the care of the  
human frame, in diet, and in the  
causes of disease.

Thomas Edison

### NU 075 Chinese Medical Nutrition

In this course students will examine the basic concepts of Chinese medicine and their application to diet and health. Students will learn yin-yang theory in the context of nutrition, five elements theory and its application to nutrition, classical Chinese diagnosis and its relevance to chinese nutritional counseling, the energetics of foods, and how to use food as medicine to treat persons with different clinical presentations.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**





Hours: 240  
Units: 16  
Tuition: \$3,200

Scented oils and incense therapy have been used as medicines for thousands of years in countries spanning the globe from Egypt to China and India. Now modern research has documented the clinical effectiveness of these ancient practices in benefiting the health of persons with psychological and physical disorders. Integrating traditions from Europe, China, and India, this 240-hour certificate program prepares graduates to engage in the practice of Clinical Aromatherapy, as a modality in and of itself or in combination with other healing traditions and techniques. Method of instruction includes lecture, discussion, presentations and collaborative projects.

Graduates may practice Clinical Aromatherapy within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

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## AR 010 Principles of Clinical Aromatherapy

Many of us take for granted the sense of smell. Yet research shows that the human nose can distinguish over 10,000 different smells, which have various physiological and psychological effects. In this course, students learn the anatomy and physiology of the olfactory sense and the relationship of olfaction to the human body and mind as a whole, from the perspectives of Western aromatherapy, classical Chinese medicine, and Ayurvedic medicine. In addition, this course covers the basics in the field of aromatherapy, including plants used in aromatherapy, extraction methods, evaporation rates, color, aroma intensity, chemical composition, shelf life of oils, media of application, carrier oils and blending techniques..

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**



## AR 015 Clinical Aromatherapy

This course introduces students to the basic clinical uses of aromatherapy for benefiting the health of persons with various physiological disorders. Taught from the perspective of European and American aromatherapy as well as classical Chinese and Ayurvedic medical traditions, students will learn how to use and blend oils to benefit the health of persons with a variety of clinical problems. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

A wise man ought to realize that health is his most valuable possession & learn how to treat his illness by his own judgement.

Hippocrates

## **Certificate Programs**

### **Clinical Aromatherapy**

#### **AR 020 Psycho Aromatherapy**

This course covers the clinical uses of aromatherapy in benefiting the health of persons with various psychological disorders. It integrates perspectives from Western aromatherapy, classical Chinese medical aromatherapy taught by aromatherapy pioneer Jeffrey C. Yuen, and Ayurvedic aromatherapy.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**



#### **AR 025 Medical Aromatherapy**

Medical aromatherapy involves the ingestion of essential oils, such as persons take herbs or nutritional supplements. This course describes in detail the medical aromatherapy traditions pioneered by French physicians, as well as medical aromatherapeutic traditions from China and India. Students will learn which oils are toxic and contraindicated for internal ingestion and which oils and brands are relatively safe for consumption, along with safe dosages. The course covers the application of medical aromatherapy with persons with a variety of psychological and physiological disorders.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**



**Hours:** 240  
**Units:** 16  
**Tuition:** \$3,200

One of the most prevalent approaches to healing involves the use of “natural medicines” derived from herbs. This program is designed to introduce the student to the theory and use of herbs as a healing modality. It includes an introduction to botany, herb preparation and study of Western, Chinese/Asian, and Ayurvedic herbs.

Botanical Medicine may be practiced with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

## **WS 060 Practical Botany for Making Plant Medicine**

To fully understand a healing art such as herbology, the student needs to understand the basic science behind the art. In an easy to understand way, Level 1 introduces the study of plants and why they are useful as medicines. The student will become familiar with how to recognize certain plants and plant families; how to identify the different useful parts of plants and how to apply this to herbal remedy preparation. This course will introduce the terminology and methodologies associated with herbology.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**



## **HB 050 Introduction to Western Plant Medicines**

In this course the student will learn about herbs from North and South America, the Pacific and Europe. The Western philosophy about herbs will be introduced, studied and compared and contrasted with herbal philosophies and practices from the Orient and India. Western herbs and their relationship to other Western healing modalities, such as homeopathy, flower essences and conventional medicine will be discussed.

Herbs studied will include:

Black Cohosh	Echinacea
Ginkgo Biloba	Chaste Tree
Golden Seal	Kava Kava
St. John's Wort	Saw Palmetto
Stevia	Wild Yam

And many others.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

## **Certificate Programs**

### **Botanical Medicine**

#### **HB 051 Introduction to Chinese Plant Medicines**

This course presents an introduction to Chinese and other Asian herbs. The Eastern healing arts go back thousands of years and have long included herbs as a central component. As in HB 050, Chinese herbal philosophy will be compared and contrasted with Western and Ayurvedic philosophies and practices. Also explored are the relationship of herbs to acupuncture and the Chinese theory of the five elements and their relationship to organs of the body and emotions.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

#### **HB 052 Introduction to Ayurvedic Plant Medicines**

In this course students will learn about herbs as they are used in the ancient healing art form from India, a 5,000-year-old tradition. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Ayurvedic herbal traditions will be compared and contrasted with Western and Chinese herbal traditions.

Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**



Within the infant rind of this small flower  
Poison hath residence and medicine  
power.

William Shakespeare

Hours: 675
Units: 40
Tuition: \$9,150

The certificate program in Asian Bodywork prepares students for an exciting career in Asian massage, acupuncture (Shiatsu), and manipulation techniques. Certificants are eligible for licensure in massage in most municipalities in California.

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## Required Courses

### **WS 020 Western Orthodox Medical Terminology**

**2 units**

This course provides students with a study of Western orthodox medical terminology and nomenclature, including major prefixes, roots, and suffixes. Method of instruction includes lecture and discussion.

### **WS 025 Anatomy and Physiology I**

**4 units**

This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems. Method of instruction includes lecture, discussion, presentations and use of Anatomy Coloring Book..

### **WS 030 Anatomy and Physiology II**

**4 units**

This course provides a study of the anatomy and physiology of the human urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid and electrolyte balance, genetics, and growth and development. Method of instruction includes lecture, discussion and use of Anatomy Coloring Book.

### **EAB 010 Introduction to Chinese Medical Theories**

**2 units**

This course provides a study of basic principles and theories of Chinese medicine, covering concepts of Yin and Yang, Five Elements, Eight Principles, Three Fundamental Substances, etiology of disharmonies, and the Zangfu organs. Method of instruction includes lecture, discussion, presentations and collaborative projects.

### **EAB 015 Basic Therapeutic Massage**

**4 units**

This course presents basic massage movements as well as special techniques for individual areas of the body. Discussed are indications and contraindications for massage, professionalism and regard for modesty. Method of instruction includes lectures, use of diagrams, demonstration and hands-on practice of techniques.

### **EAB 020 Reflexology**

**1 unit**

This course covers the use of assessment and massage techniques, emphasizing the relationship between areas of the feet and the parts of the body. Methods of instruction include lecture, use of diagrams, demonstration and hands-on practice of techniques.

### **EAB 025 Introduction to Meridians**

**4 units**

This course introduces the meridians of Chinese medicine, covering the classification of acu-points and systems of nomenclature. Students will learn the location of acu-points on the twelve major meridians, plus two of the eight extra meridians. Methods of instruction include lecture, use of diagrams and hands-on location of points on each other.

## **Certificate Programs**

### **Asian Bodywork**

#### **Required Courses (continued)**

**EAB 030 Introduction to Chinese Medical Diagnosis** **2 units**

This course introduces the four traditional methods of diagnosis in Chinese medicine, with a focus on their practical applications in Asian Bodywork. Students will learn Zangfu syndromes and their signs and symptoms. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**EAB 035 Introduction to Shiatsu (Acupressure)** **2 units**

This course trains students in the practical use of finger or hand pressure on acu-points and channels, and provides hands-on training in its use for stress reduction and musculo-skeletal disorders. Method of instruction includes lecture, diagrams, discussion, demonstration and hands-on practice of techniques.

**EAB 040 Shiatsu Energetics and Therapeutics** **4 units**

This course provides a study of the energetic functions of the acupoints and ways of combining them to create shiatsu treatments. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**EAB 045 Sports Massage** **2 units**

This course introduces the principles of massage for stimulation of muscles both before and after sporting events, with an emphasis upon prevention of injury, relaxation of strained muscles, and quick recovery. Method of instruction includes lecture, demonstration and hands-on practice.

**EAB 050 Introduction to Tuina** **2 units**

This course introduces students to the 5,000 year-old art of Tuina, describing the major principles and main schools of its practice. Students will learn basic Tuina manipulations and practice them on the human body. Method of instruction includes lecture, demonstration and hands-on practice.

**EAB 090 East Asian Bodywork Practice Management and Ethics** **2 units**

This course covers professional ethics and business aspects relevant to an East Asian Bodywork practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction includes lecture, discussion, presentations, role-play and collaborative projects.

**EAB 095 East Asian Bodywork Internship** **5 units**

Students will learn how to interview clients, develop an East Asian Bodywork plan, and provide Oriental Bodywork under the guidance of an experienced and licensed East Asian Bodyworker. Method of instruction includes lecture, discussion, role-play and hands-on practice in a clinical setting.

Course: 660  
Units: 39  
Tuition: \$8,950



Ayurvedic Yoga therapy is a discipline that focuses upon using hatha yoga postures, Ayurveda principles and meditational yoga practices to promote health and ameliorate psychological and physiological disorders. Students learn how to perform Ayurvedic diagnosis and constitutional analysis, and use these profound understandings of the intricate relationship among the body, the life force or prana, the mind, and the spirit, to create individualized therapeutic yoga programs for their clients and themselves. Yoga Therapy cultivates body-mind integration and a sense of harmony with life. It promotes the innate healing resources of the body and mind, helping to restore the proper functioning of various bodily systems and the psyche. Yoga Therapy is applicable to a great variety of conditions, including anxiety, low back pain, arthritis, hypertension, heart conditions, hyperventilation, asthma, irritable bowel syndrome and fibromyalgia. Medical research provides increasing evidence that yoga therapy is effective.

Graduates may practice as Ayurvedic Yoga Therapists within the parameters of the California Health Freedom Act (see page 2 of this catalog).

### Prerequisite or Corequisite Courses:

#### WS 025 Anatomy and Physiology I

4 units

This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems. Method of instruction includes lecture, discussion, presentations and use of Anatomy Coloring Book..

#### WS 030 Anatomy and Physiology II

4 units

This course provides a study of the anatomy and physiology of the human urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid and electrolyte balance, genetics, and growth and development. Method of instruction includes lecture, discussion, presentations and use of Anatomy Coloring Book..

### Required Courses:

#### AY 010 Introduction to Ayurveda

2 units

This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

#### AY 015 Introduction to Ayurveda Pathophysiology & Diagnosis

4 units

This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

#### AY 020 Ayurvedic Philosophy & Meditational Yoga

2 units

This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life's purpose according to Ayurveda, will also be introduced.

Method of instruction includes lecture, discussion, presentations and practice of techniques.

#### AY 025 Ayurvedic Marma Points & Acupressure

4 units

This course introduces students to Ayurvedic Marma Points, comparable to acu-points in Chinese medicine. Students will learn point locations, indications, the uses of the various marmas and enjoy comprehensive study of the basic principles of Ayurvedic acupressure massage and for use in health and disease. Method of instruction includes lecture, demonstration and hands-on practice.

# Certificate Programs

## Ayurvedic Yoga Therapy

### Required Courses (continued)

#### **AY 040 Ayurvedic Nutrition**

**2 units**

This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, demonstration, preparation and cooking.

#### **AY 045 Hatha Yoga for Health and Disease**

**2 units**

This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, demonstration and hands-on practice.

#### **AY 050 Ayurvedic Herbal Medicine**

**4 units**

In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion and presentations.

#### **AY 055 Ayurvedic Rasayana and Rejuvenation**

**2 units**

This course offers the study of special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, presentations and collaboration.

#### **AY 065 Ayurvedic Psychology and Lifestyle Counseling**

**2 units**

This course introduces students to the concept of the Mind (manas) and its functions from an Ayurvedic and Yogic point of view. Students will also compare and contrast various imbalances that are due to DHI, DRUTI, SMRITI etc., components of the mind. Students will also be able to plan out a therapy plan that involves herbs and Yoga, counseling and lifestyle modifications that make the person regain normal state of mind. Method of instruction includes lecture, discussion, role-play and collaboration.

#### **AY066 Ayurvedic Yoga Therapy I**

**4 units**

This course provides an intensive study of psychological and physical disorders within Ayurvedic internal medicine and the treatment of these conditions by the use of various yoga therapies. Students will learn in-depth knowledge about the doshas, dhatus, shrotas, malas, nadis, and marmas affected by various yoga postures and meditational techniques. Method of instruction includes lecture, demonstration, discussion and hands-on practice.

#### **AY 067 Ayurvedic Yoga Therapy II**

**4 units**

This course provides additional intensive study of psychological and physical disorders within Ayurvedic internal medicine and the treatment of these conditions by the use of various yoga therapies. Students will learn in-depth knowledge about the doshas, dhatus, shrotas, malas, nadis, and marmas affected by various yoga postures and meditational techniques. Method of instruction includes lecture, demonstration, discussion and hands-on practice.

#### **AY 090 Practice Management and Ethics**

**2 units**

This course covers professional ethics and business aspects relevant to an Ayurvedic Yoga Therapy practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction includes lecture, discussion, presentations and collaboration.

#### **AY 096 Ayurvedic Yoga Therapy Internship**

**5 units**

This internship provides students with an opportunity to practice Ayurvedic Yoga Therapy methods and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 150 hours of Ayurvedic internship, in which they complete treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion with supervisor of diagnosis and strategy, review of any therapeutic treatment procedures.



**Hours:** 660  
**Units:** 39  
**Tuition:** \$8,950  
**Distance Program:**  
**\$50 more per unit.**



Ayurvedic medicine is a more than 5,000-year-old, comprehensive system indigenous to India. Treatments integrate Ayurvedic nutrition, herbal medicines, lifestyle counseling, hatha yoga, meditation, detoxification and rejuvenation techniques.

The Ayurvedic Medicine program prepares students for an exciting career in Ayurvedic medicine with a specialty in Kerala (South Indian) Panchakarma. Graduates may practice privately as Ayurvedic Medicine Practitioners, join hospitals offering complementary medicine, become licensed as massage therapists and treat at exclusive spas and health resorts. The program consists of 510 hours of classroom instruction and a supervised, on-site 150-hour clinical internship for a total of 660 hours. AUCM is the only school in California that offers an on-site, supervised clinical internship in Ayurvedic medicine, as well as the opportunity for advanced studies and internships with Ayurvedic physicians trained in India in our MS and Ph.D. programs.

Practice of Ayurveda may be done with this certificate within the parameters outlined in the California Health Freedom Act (see page 2 of catalog).

### PREREQUISITE OR COREQUISITE COURSES (8 UNITS TOTAL)

- WS 025 Anatomy and Physiology I** **4 units**  
 This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems.
- WS 030 Anatomy and Physiology II** **4 units**  
 This course provides a study of the anatomy and physiology of the urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid & electrolyte balance, genetics, and growth and development.

### REQUIRED COURSES

- AY 010 Introduction to Ayurveda** **2 units**  
 This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.
- AY 015 Introduction to Ayurveda Pathophysiology & Diagnosis** **4 units**  
 This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.
- AY 020 Ayurvedic Philosophy & Meditational Yoga** **2 units**  
 This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life's purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion, presentations and practice of techniques.
- AY 025 Ayurvedic Marma Points & Acupressure** **4 units**  
 This course introduces students to Ayurvedic Marma Points, comparable to acu-points in Chinese medicine. Students will learn point locations, indications, the uses of the various marmas and enjoy comprehensive study of the basic principles of Ayurvedic acupressure massage and for use in health and disease. Method of instruction includes lecture, demonstration and hands-on practice.

# Certificate Programs

## Ayurvedic Medicine

### Required Courses (continued)

**AY 030 Kerala Panchakarma, Ayurvedic Bodywork and Therapeutic Massage. 4 units**

This course presents various Ayurvedic bodywork techniques with special emphasis upon the uses of oleation and herbal poultices in South Indian Malabar cleansing and detoxication therapies. Basic therapeutic massage techniques required for massage licensure will also be explored and practiced. Methods of instruction include lecture, use of diagrams, demonstration and hands-on practice of techniques.

**AY 035 North Indian Panchakarma 4 units**

This course provides a study of the five Ayurvedic purification therapies known as Panchakarma. Students will learn about vomena, nasya, virechena, and bastis. Specific preparatory and post-panchakarma procedures, diets and protocols will also be explored. Method of instruction includes lecture, discussion and student presentations.

**AY 040 Ayurvedic Nutrition 2 units**

This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, demonstration, preparation and cooking.

**AY 045 Hatha Yoga for Health and Disease 2 units**

This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, demonstration and hands-on practice.

**AY 050 Ayurvedic Herbal Medicine 4 units**

In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion and presentations.

**AY 055 Ayurvedic Rasayana and Rejuvenation 2 units**

This course offers the study of special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, presentations and collaboration.

**AY 065 Ayurvedic Psychology and Lifestyle Counseling 2 units**

This course introduces students to the concept of the Mind (manas) and its functions from an Ayurvedic and Yogic point of view. Students will also compare and contrast various imbalances that are due to DHI, DRUTI, SMRITI etc., components of the mind. Students will also be able to plan out a therapy plan that involves herbs and Yoga, counseling and lifestyle modifications that make the person regain normal state of mind. Method of instruction includes lecture, discussion, role-play and collaboration.

**AY 090 Practice Management and Ethics 2 units**

This course covers professional ethics and business aspects relevant to an Ayurvedic Medicine Practitioner practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction will include lecture, presentations, role-play, discussion, and projects.

**AY 095 Ayurvedic Medicine Practitioner Internship 5 units**

This internship provides students with an opportunity to practice Ayurvedic medicine and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 150 hours of Ayurvedic internship, in which they complete at least 90 different treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion of diagnosis and strategy with supervisor, review of any therapeutic treatment procedures.



**Atharva Vedic Psychology and Lifestyle Counseling**



Hours: 690  
 Units: 41  
 Cost: \$9,350  
 Distance Program: \$50 more per unit.

Most East Indians consider the four ancient texts known as the Vedas to be the oldest and most important scriptures in all of India. The Vedas -- a Sanskrit word meaning "knowledge" -- are said to have been written by seers or ancient wise men called "rishis" who, in a state of expanded awareness, cognized these truths about the mechanisms of creation and maintenance of life, the evolution of human beings, life's purposes, and the treatment of physical, psychological, and spiritual conditions.

The Atharva Veda Psychology and Lifestyle Counseling Program is designed to help students explore and learn to use ancient Vedic rituals, changes, lifestyle recommendations, and other therapeutic methods discussed in the Atharva Veda for healing purposes. The Atharva Veda is one of the four sacred Vedic texts comprising the foundation of Indian philosophy and the one in which Ayurvedic medicine is most rooted. Treatment techniques taught in this program include mantras, changes, incantations, yogic meditation and meditation on yantras (sacred geometric compositions), gem therapy, incense therapy, Vastu (Ayurvedic geomancy or Feng Shui), creative visualization, and refined activated intentionality, along with healthy lifestyle and therapeutic uses of hatha yoga, Ayurvedic nutrition, Ayurvedic herbology, and marma point therapy.

Graduates may practice as Atharva Vedic Lifestyle Counselors within the parameters of the California Health Freedom Act (see page 2 of this catalog).

**PREREQUISITE OR COREQUISITE COURSES (4 UNITS TOTAL):**

**PSY 020 Theories of Personality** **2 units**

This course covers the major theories of personality, including the works of Freud, Adler, Jung, Rogers, Maslow, Pavlov, Skinner, and others.

**PSY 025 Abnormal Psychology** **2 units**

This course presents a survey of the study of abnormal behavior and psychopathology. Students will learn about the range and classification of abnormal behavior and theories of etiology and be introduced to several modalities of treatment.

**REQUIRED COURSES**

**AY 010 Introduction to Ayurveda** **2 units**

This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**AY 015 Introduction to Ayurveda Pathophysiology & Diagnosis** **4 units**

This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**AY 020 Ayurvedic Philosophy & Meditational Yoga** **2 units**

This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life's purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion, presentations and practice of techniques.

**AY 025 Ayurvedic Marma Points & Acupressure** **4 units**

This course introduces students to Ayurvedic Marma Points, comparable to acu-points in Chinese medicine. Students will learn point locations, indications, the uses of the various marmas and enjoy comprehensive study of the basic principles of Ayurvedic acupressure massage and for use in health and disease. Method of instruction includes lecture, demonstration and hands-on practice.

## **Certificate Programs**

### **Atharva Vedic Psychology and Lifestyle Counseling**

#### **AY 040 Ayurvedic Nutrition**

**2 units**

This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, demonstration, preparation and cooking.

#### **AY 045 Hatha Yoga for Health and Disease**

**2 units**

This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, demonstration and hands-on practice.

#### **AY 050 Ayurvedic Herbal Medicine**

**4 units**

In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion and presentations.

#### **AY 060 Introduction to Vedic Astrology**

**2 units**

This course teaches the ancient practice of Vedic astrology with a focus upon the uses of Vedic astrology in working with persons with psychological and health conditions. Students will learn the basics of laying out a Vedic astrology chart, called a "Janma Kundall," which represents a person's starting point in this life and suggests issues that might arise during the life cycle. Students will learn about various fortifying practices, including the uses of gems, mantras, balancing rituals called "yagnas," and small acts called "shantis" designed to propitiate or soothe the impact associated with unfavorable planetary positions. Method of instruction includes lecture, discussion, demonstrations and presentations.

#### **AY 063 Introduction to Vastu Shastra (Vedic Geomancy)**

**2 units**

Vastu Shastra, the science of environmental harmony, is designed to balance one's environment in accordance with natural laws in the universe. Students will learn information to make person's homes and offices more harmonious and productive, ways of enhancing existing structures to maximize environmental balance, and products for improving person's lives and environments. Method of instruction includes lecture, discussion, demonstrations and presentations.

#### **AY 065 Ayurvedic Psychology and Lifestyle Counseling**

**2 units**

This course introduces students to the concept of the Mind (manas) and its functions from an Ayurvedic and Yogic point of view. Students will also compare and contrast various imbalances that are due to DHI, DRUTI, SMRITI etc., components of the mind. Students will also be able to plan out a therapy plan that involves herbs and Yoga, counseling and lifestyle modifications that make the person regain normal state of mind. Method of instruction includes lecture, discussion, role-play and collaboration.

#### **AY 070 Atharva Vedic Psychology and Lifestyle Counseling I**

**4 units**

This course examines ancient Atharva Vedic traditions for promoting health and treating persons with lifestyle problems and psychological and health conditions with mantras, chants, incantations, and yantras (symbolic geometric compositions of energy patterns). Students will learn which procedures are used to work with persons with a variety of difficulties. Method of instruction includes lecture, discussion, role-play and collaboration.

#### **AY 075 Atharva Vedic Psychology and Lifestyle Counseling II**

**4 units**

This course examines the uses of gem therapy, incense therapy, creative visualization, refined activated intention, and other Indo-Tibetan traditional healing rituals in working with persons to benefit their health or treat lifestyle problems and psychological and health conditions. Students will learn which techniques are useful for various conditions. Method of instruction includes lecture, discussion, role-play and collaboration.

#### **AY 090 Practice Management and Ethics**

**2 units**

This course covers professional ethics and business aspects relevant to an Atharva Vedic Lifestyle Counseling practice. Students will learn how to develop referral sources, maintain and release records, communicate with clients, build public relations, and manage finances. Method of instruction includes lecture, discussion, role-play and collaboration.

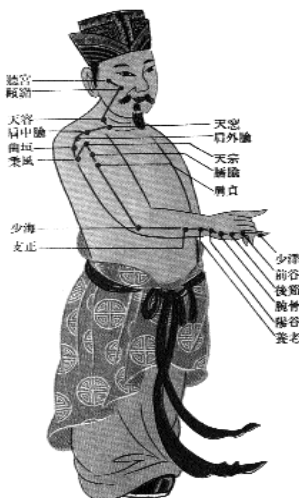
#### **AY 097 Atharva Vedic Psychology and Lifestyle Counseling Internship**

**5 units**

This internship provides students with an opportunity to practice Atharva Vedic Psychology methods and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 50 hours of Ayurvedic internship, in which they complete treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion with supervisor of diagnosis and strategy, review of any therapeutic procedures.

# Associate of Arts Asian Bodywork

The Associate of Arts Degree in Asian Bodywork prepares students for an exciting career in Asian Bodywork while they complete general education requirements for an A.A. degree. Students choose a specialization in either Ayurvedic Bodywork or in East Asian Bodywork. Graduates are eligible for licensure in massage in most municipalities in California and may elect to continue their studies in the Bachelor of Arts Degree Program in Holistic Health at American University of Complementary Medicine.



## THE CURRICULUM

The curriculum consists of 60 units of study, combining 26 units of general education, with 4 units of energetic practices, and 30 units of theoretical and practical coursework in one of two specialties: 1) Ayurvedic Bodywork or 2) East Asian Bodywork.

**PREREQUISITES:** High School Diploma or GED

### REQUIRED GENERAL EDUCATION COURSES (24 UNITS TOTAL):

ENG 101 English Composition	2 units
HI 101 History of Medicines Around the World	2 units
HUM 101 Survey of Indian and East Asian Philosophical Systems	2 units
MA 101 Mathematical Ideas and Paradigms	2 units
WS 101 Human Biology	2 units
WS 120 Western Orthodox Medical Terminology	2 units
WS 125 Anatomy and Physiology I	4 units
WS 126 Anatomy and Physiology II	4 units
PSY 101 Introduction to Psychology	2 units
PSY 105 Theories of Personality	2 units

### CHOOSE ONE FROM THE FOLLOWING (2 UNITS):

WS 105 Introduction to Biophysics	2 units
WS 110 General Chemistry	2 units
WS 115 Nutritional Chemistry	2 units
PSY 110 Abnormal Psychology	2 units

### CHOOSE TWO FROM THE FOLLOWING (4 UNITS):

PE 101 Introductory Tai Ji Chuan	2 units
PE 102 Intermediate Tai Ji Chuan	2 units
PE 110 Introductory Hatha Yoga	2 units
PE 111 Intermediate Hatha Yoga	2 units

### REQUIRED EAST ASIAN BODYWORK COURSES (30 UNITS):

EAB 100 Introduction to Chinese Medical Theories	2 units
EAB 105 Basic Therapeutic Massage	4 units
EAB 107 Reflexology	1 unit
EAB 110 Introduction to Meridians	4 units
EAB 115 Introduction to Chinese Medical Diagnosis	2 units
EAB 120 Introduction to Shiatsu (Acupressure)	2 units
EAB 125 Shiatsu Energetics and Therapeutics	4 units
EAB 130 Sports Massage	2 units
EAB 150 Introduction to Tuina	2 units
EAB 190 East Asian Bodywork Practice Management and Ethics	2 units
EAB 195 East Asian Bodywork Internship	5 units

# Associate of Arts Degree

## Asian Bodywork

# Associate of Arts Asian Bodywork



### THE CURRICULUM (CONTINUED)

#### ASIAN BODYWORK ELECTIVES:

EAB155 Tuina for the Cervical Region	2 units
EAB 160 Tuina for the Lumbar Region	2 units
EAB 165 Tuina for the Upper Limbs	2 units
EAB 170 Tuina for the Lower Limbs	2 units
EAB 175 Tuina for Internal Medicine and Gynecological Problems	2 units
EAB 180 Pediatric Tuina	2 units
EAB 192 External Application of Chinese Herbs for Trauma	2 units

#### REQUIRED AYURVEDIC BODYWORK COURSES (30 Units):

AY 100 Introduction to Ayurveda	2 units
AY 115 Introduction to Pathophysiology & Diagnosis	4 units
AY 125 Ayurvedic Marma Points & Acupressure	4 units
AY 130 Kerala Panchakarma, Ayurvedic Bodywork & Basic Therapeutic Massage	4 units
AY 135 North Indian Panchakarma	4 units
AY 150 Ayurvedic Herbal Medicine	4 units
AY 165 Ayurvedic Psychology & Lifestyle Counseling	2 units
AY 190 Ayurvedic Bodywork Practice Management & Ethics	2 units
AY 195 Ayurvedic Bodywork Internship	4 units

Program Total: 60 units

#### AYURVEDIC BODYWORK ELECTIVES:

AY 120 Ayur. Philosophy & Meditational Yoga	2 units
AY 155 Ayurvedic Rasayana and Rejuvenation	2 units
AY 140 Ayurvedic Rasayana and Rejuvenation	2 units

# Bachelor of Arts Holistic Health

The Bachelor of Arts Degree in Holistic Health is an interdisciplinary program that emphasizes the importance of optimizing mind, body, and spiritual health. It incorporates Nutrition, Homeopathy, Herbology and Mind-Body Medicine to lay the groundwork for those interested in pursuing careers in the healing arts.

Graduates may work as independent Holistic Health Consultants, in conjunction with other health care providers, or at holistic pharmacies or health food stores.

Practice of Holistic Health may be done with this degree within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).



## THE CURRICULUM

The curriculum consists of 60 units of study from coursework and a minimum of 60 general education units, which can be satisfied in two ways (see Option A & B below).

**PREREQUISITES:** High School Diploma or GED and:

**Option A:** Associate of Arts in Asian (previously “Oriental”) Bodywork from American University of Complementary Medicine.

**Option B:** A minimum of 60 semester units in General Education from a regionally accredited or California approved college or university.

## REQUIRED COURSES:

HH 200 Bio-Energetic Medicine and Biophysics	4 units
HH 205 Introduction to Non-Invasive Holistic Diagnostic Methods	4 units
HH 210 Mind-Body Medical Techniques	4 units
NU 200 Principles of Western Nutrition	4 units
NU 205 Modern Concepts of Nutrition	4 units
NU 210 Comparative Nutrition	4 units
NU 215 Nutritional Counseling	4 units
HB 200 Practical Botany for Making Plant Medicines	4 units
HB 205 Introduction to Western Plant Medicines	4 units
HB 210 Introduction to Chinese Plant Medicines	4 units
HB 215 Introduction to Ayurvedic Plant Medicines	4 units
HM 200 Principles of Homeopathy	4 units
HM 205 Homeopathic First Aid in Acute Situations	4 units
HM 210 Homeopathy in Chronic Disorders	4 units
HM 215 Homeotherapeutics	4 units

## ELECTIVES:

HH 160 Introduction to Healing Qi Gong	2 units
HH 170 Introduction to Therapeutic Hatha Yoga	2 units

**Total 120 units**



# Master of Science Degree

## Nutritional Medicine

# Master of Science Nutritional Medicine

"Let food be thy medicine and medicine be thy food," said Hippocrates, the founder of Western medicine.

The Master of Science in Nutritional Medicine brings a global perspective to nutritional medicine, interweaving contemporary Western and ancient Eastern traditions of using food as medicine in promoting health and ameliorating disease.

Students in this program choose two out of three perspectives -- Western Nutrition, Ayurvedic Nutrition, and Classical Chinese Nutrition -- as the focus for their studies.

Graduates may qualify to sit for the prestigious Certified Nutritional Counselor (CNC) examination offered by the American Association of Nutritional Consultants ([www.aanc.net](http://www.aanc.net)). Even without certification, graduates can practice nutritional medicine in California within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).



To Apply Call 310.550.7445

### THE CURRICULUM

The degree program requires that students complete a total of 74 semester units of graduate level courses, which includes a 300-hour internship.

#### PREREQUISITE OR COREQUISITE COURSES (MAY BE TAKEN DURING THE FIRST YEAR OF THE PROGRAM):

WS 110 General Chemistry	2 units
WS 115 Nutritional Chemistry (or Organic and Biochemistry)	2 units
WS 120 Western Orthodox Medical Terminology	2 units
WS 125 Anatomy and Physiology I	4 units
WS 126 Anatomy and Physiology II	4 units
PSY 105 Theories of Personality	2 units
PSY 110 Abnormal Psychology	2 units
HH 200 Bio-Energetic Medicine and Biophysics	4 units
NU 200 Principles of Western Nutrition	4 units
<b>Total</b>	<b>26 units</b>

#### REQUIRED COURSEWORK

PSY 315 Listening & Counseling Skills for Health Professionals	2 units
WS 470 Ethics, Legal Issues & Practice Management	2 units
RE 300 Prin. of Research Design and Statistics in Nutrition	2 units
NU 500 Nutritional Medicine Internship	10 units

#### SPECIALIZATION 1: WESTERN NUTRITION

NU 305 Macro- & Micronutrients	4 units
NU 310 Nutrition in the Life Cycle	2 units
NU 315 Comparative Western Diets	3 units
NU 320 Eating Disorders	2 units
NU 330 Nutritional Supplementation	2 units
NU 417 Intro to Western Herbs	4 units
NU 425 Western Nutritional Assessment & Therapy	4 units
WS 300 Pathology & The Nature of Disease I	4 units
WS 305 Pathology & The Nature of Disease II	4 units

#### SPECIALIZATION 2: AYURVEDIC NUTRITION

AY 300 Principles of Ayurvedic Medicine	3 units
AY 310 Ayurvedic Anatomy and Physiology	4 units
AY 315 Ayurvedic Pathophysiology	4 units
AY 322 Ayurvedic Constitutional Analysis, Body Types & Specific Diets	4 units
AY 400 Ayurvedic Psychology and Lifestyle Counseling	2 units
AY 410 Yoga and Naturopathy	2 units
AY 415 Ayurvedic Nutrition	4 units
AY 417 Introduction to Ayurvedic Herbal Spices	2 units
AY 419 Nutrition-Focused Ayurvedic Internal Medicine	4 units

#### SPECIALIZATION 3: CHINESE MEDICAL NUTRITION

CCM 300 Principles of Classical Chinese Medicine	3 units
CCM 305 Chinese Medical Anatomy and Physiology	4 units
CCM 310 Chinese Medical Pathophysiology	4 units
CCM 315 Diagnostic Methods in Chinese Medicine	4 units
CCM 400 Chinese Medical Psychology & Lifestyle Counseling	2 units
CCM 410 Qi Gong and Tai Qi for Health and Illness	3 units
CCM 415 Chinese Nutrition	3 units
CCM 417 Introduction to Chinese Herbal Formulas	2 units
CCM 419 Nutrition-Focused Chinese Internal Medicine	4 units

**Total 74 units**

## Doctor of Ayurvedic Medicine (Ay.D.)

The Doctor of Ayurvedic Medicine degree is a practitioner program that offers comprehensive education and training in this ancient East Indian traditional form of medicine. It combines didactic education and clinical training with an emphasis upon cultivation of the practitioner.

Graduates may practice Ayurveda within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).



### Doctor of Ayurvedic Medicine

#### **THE CURRICULUM**

The clinical doctoral program, consisting of 120 units, provides education and training in Ayurvedic medical theory, constitutional analysis, diagnosis, philosophy, and treatment modalities. Students will learn herbal medicine, nutrition, Hatha and meditational yoga, life style counseling, detoxification and purification techniques, and rejuvenation therapies in the clinic and classroom.

#### **PREREQUISITE/CO-REQUISITE COURSES: (MAY BE TAKEN DURING THE FIRST YEAR OF THE PROGRAM):**

A Bachelor's or higher degree is required. The following courses are also required, taken either as an undergraduate or concurrently while enrolled in the first year of the Doctoral program:

WS 110 General Chemistry	2 units
WS 115 Nutritional Chemistry (or Organic and Biochemistry)	2 units
WS 120 Western Orthodox Medical Terminology	2 units
WS 125 Anatomy and Physiology I	4 units
WS 126 Anatomy and Physiology II	4 units
PSY 105 Theories of Personality	2 units
PSY 110 Abnormal Psychology	2 units
HH 200 Bio-Energetic Medicine and Biophysics	4 units
<b>Total</b>	<b>22 units</b>

#### **REQUIRED COURSES:**

AY 300 Principles of Ayurvedic Medicine	3 units
AY 305 History and Philosophy of Ayurvedic Medicine	2 units
AY 310 Ayurvedic Anatomy and Physiology	4 units
AY 315 Ayurvedic Pathophysiology	4 units
AY 320 Ayurvedic Constitutional Analysis, Body Types & Specific Diets	4 units
AY 400 Ayurvedic Psychology and Lifestyle Counseling	2 units
AY 412 Meditational & Hatha Yoga for Health and Disease	3 units
AY 415 Ayurvedic Nutrition	3 units
AY 420 Ayurvedic Marma Points, Massage, and Acupressure	4 units
AY 430 Ayurvedic Herbal Medicine I: Individual Herbs	6 units
AY 435 Ayurvedic Herbal Medicine II: Formulas	6 units
AY 440 Ayurvedic Panchakarma	4 units
AY 445 Ayurvedic Rasayana or Rejuvenation Therapy	2 units
AY 450 Ayurvedic Subtle Therapies	1 units
AY 455 Preventive Care in Ayurveda	2 units
WS 300 Pathology & The Nature of Disease I	4 units
WS 305 Pathology & The Nature of Disease II	4 units
PSY 315 Listening and Counseling Skills for Health Professionals	2 units
WS 405 Western Physical Assessment and Lab Test Analysis	4 units
AY 500 Externship in Ayurveda	2 units
AY 550 Ayurvedic Classics: Astanga Hridayam	3 units
AY 600 Ayurvedic Internal Medicine I	3 units
AY 605 Ayurvedic Internal Medicine II	3 units
AY 610 Ayur. Surgery & Treatment of Ear, Eye, Nose, Throat Disorders	3 units
AY 615 Pediatric Ayurveda	2 units
WS 610 Pharmacology (Allopathic)	2 units
AY 700 Doctoral Internship in Ayurveda	30 units
AY 710 Clinical Case Seminar in Ayurveda	4 units
RE 608 Principles of Research Design & Statistics for Clinicians	4 units
<b>Total</b>	<b>120 units</b>

To Apply Call 310.550.7445

### Ph.D. in Ayurvedic Medicine

The Ph.D. degree in Ayurvedic Medicine is a practitioner-scholar program designed for serious students who want to not only practice Ayurveda but contribute new knowledge to the field by completing an original research and/or theoretical dissertation. Students receive the same intensive clinical education and training in the practice of homeopathy as do students in the Ay.D. Program. However, students in the Ph.D. Program take additional coursework in research and statistics and prepare and defend an original dissertation before a doctoral committee composed of at least three faculty members with doctoral degrees.

Graduates may practice Ayurvedic medicine within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).



## Ph.D. in Ayurvedic Medicine

### THE CURRICULUM

The Ph.D. program in Ayurvedic Medicine consists of 138 semester units. This program offers students the opportunity to receive intensive education and clinical training in the practice of Ayurvedic medicine while cultivating their capacities to make scholarly contributions to the field through research.

### PREREQUISITE/CO-REQUISITE COURSES: (MAY BE TAKEN DURING THE FIRST YEAR OF THE PROGRAM):

A Bachelor's or higher degree is required. The following courses are also required, taken either as an undergraduate or concurrently while enrolled in the first year of the Doctoral program:

WS 110 General Chemistry	2 units
WS 115 Nutritional Chemistry (or Organic and Biochemistry)	2 units
WS 120 Western Orthodox Medical Terminology	2 units
WS 125 Anatomy and Physiology I	4 units
WS 126 Anatomy and Physiology II	4 units
PSY 105 Theories of Personality	2 units
PSY 110 Abnormal Psychology	2 units
HH 200 Bio-Energetic Medicine and Biophysics	4 units
	<b>Total 22 units</b>

### REQUIRED COURSES:

AY 300 Principles of Ayurvedic Medicine	3 units
AY 305 History and Philosophy of Ayurvedic Medicine	2 units
AY 310 Ayurvedic Anatomy and Physiology	4 units
AY 315 Ayurvedic Pathophysiology	4 units
AY 320 Ayurvedic Diagnosis & Constitutional Analysis	4 units
AY 400 Ayurvedic Psychology and Lifestyle Counseling	2 units
AY 410 Meditational & Hatha Yoga for Health and Disease	3 units
AY 415 Ayurvedic Nutrition	3 units
AY 420 Ayurvedic Marma Points, Massage, and Acupressure	4 units
AY 430 Ayurvedic Herbal Medicine I: Individual Herbs	6 units
AY 435 Ayurvedic Herbal Medicine II: Formulas	6 units
AY 440 Ayurvedic Panchakarma	4 units
AY 445 Ayurvedic Rasayana or Rejuvenation Therapy	2 units
AY 450 Ayurvedic Subtle Therapies	1 unit
AY 455 Preventive Care in Ayurveda	2 units
WS 300 Pathology & The Nature of Disease I	4 units
WS 305 Pathology & The Nature of Disease II	4 units
PSY 315 Listening and Counseling Skills for Health Professionals	2 units
WS 405 Western Physical Assessment and Lab Test Analysis	4 units
AY 500 Externship in Ayurveda	2 units
AY 550 Ayurvedic Classics: Astanga Hridayam	3 units
AY 600 Ayurvedic Internal Medicine I	3 units
AY 605 Ayurvedic Internal Medicine II	3 units
AY 610 Ayurvedic Surgery & Treatment of Ear, Eye, Nose, & Throat	3 units
AY 615 Pediatric Ayurveda	2 units
WS 610 Pharmacology (Allopathic)	2 units
AY 700 Doctoral Internship in Ayurveda	30 units
AY 710 Clinical Case Seminar in Ayurveda	4 units
RE 610 Principles of Research Design	3 units
RE 615 Basic Statistics	3 units
RE 625 Research Seminar in Complem. & Alternative Medicine	2 units
RE 650 Multivariate Statistics	2 units
RE 790 Dissertation Development	5 units
RE 799 Dissertation	7 units
	<b>Total 138 units</b>



# Doctor of Homeopathic Medicine (DHM)

The Doctor of Homeopathic Medicine degree is a practitioner program designed for serious students who plan to pursue careers in Homeopathy, and may be of interest to licensed members of the healing and helping professions (physicians, pharmacists, chiropractors, and psychologists, for example, as well as non-licensed people who are interested in integrating the principles of homeopathy within their personal and professional lives.)

Homeopathy may be practiced with this degree within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).



## THE CURRICULUM

The curriculum consists of 120 required semester units and 24 prerequisite units. It includes 1,020 hours of supervised clinical training and internship in AUCM's Homeopathic Intern Clinic.

### PREREQUISITE OR COREQUISITE COURSES

(MAY BE COMPLETED IN THE FIRST YEAR OF THE PROGRAM).  
A Bachelor's or higher degree is required.

WS 110 General Chemistry	2 units
WS 120 Western Orthodox Medical Terminology	2 units
WS 125 Anatomy and Physiology I	4 units
WS 126 Anatomy and Physiology II	4 units
PSY 105 Theories of Personality	2 units
PSY 110 Abnormal Psychology	2 units
HH 200 Bio-Energetic Medicine and Biophysics	4 units
NU 200 Principles of Western Nutrition	4 units
<b>Total</b>	<b>24 units</b>

### REQUIRED COURSES:

HM 300 Principles of Homeopathy	4 units
HM 315 Homeopathic Case Taking, Repertorization & Analysis	4 units
HM 320 Homeopathic First Aid and Acute Prescribing	4 units
HM 325 Miasms and Chronic Diseases	2 units
HM 335 Homeopathic Materia Medica for Polycrests	3 units
HM 340 Gemmotherapy, Organotherapy, Oligotherapy, Cell Salts, and Flower Essences	4 units
HM 405 Contemporary Theorists in Classical Homeopathy	4 units
HM 410 Homeopathic Psychology	2 unit
HM 415 Homeopathic Materia Medica -- Mineral Remedies	3 units
HM 420 Homeopathic Materia Medica -- Animal Remedies	3 units
HM 425 Homeopathic Materia Medica -- Plant Remedies	3 units
HM 430 Homeotherapeutics	6 units
HM 500 Homeopathy Externship	4 units
PSY 315 Listening and Counseling Skills for Health Professionals	2 units
WS 300 Pathology & The Nature of Disease I	4 units
WS 305 Pathology & The Nature of Disease II	4 units
WS 405 Western Physical Assessment & Lab Test Analysis	4 units
WS 470 Ethics, Legal Issues & Practice Management	2 units
HM 600 Advanced Miasms Case Management & Long-term Prescribing	4 units
HM 605 Advanced Materia Medica with Provings	6 units
HM 615 Selected Works of Homeopathic Masters	2 units
HM 620 Selected Issues in Contemporary Homeopathy	3 units
HM 630 Pediatric Homeopathy	3 units
HM 700 Homeopathy Doctoral Internship	30 units
HM 710 Homeopathy Clinical Case Seminar	4 units
WS 610 Pharmacology (Allopathic)	2 units
RE 608 Principles of Research Design & Statistics for Clinicians	4 units

**Total 120 units**

## Ph.D. in Homeopathic Medicine

The Ph.D. degree in Homeopathic Medicine is a practitioner-scholar program designed for serious students who want to not only practice homeopathy but contribute new knowledge to the field by completing an original research and/or theoretical dissertation. Students receive the same intensive clinical education and training in the practice of homeopathy as do students in the D.H.M. Program. However, students in the Ph.D. Program take additional coursework in research and statistics and prepare and defend an original dissertation before a doctoral committee composed of at least three faculty members with doctoral degrees.

Homeopathy may be practiced with this degree within the parameters outlined in the California Health Freedom Act (see page 2 of the catalog).



To Apply Call 310.550.7445

## **Ph.D. in Homeopathic Medicine**

### **THE CURRICULUM**

The Ph.D. program in Homeopathy consists of 138 semester units. This program offers students the opportunity to receive intensive education and clinical training in the practice of homeopathy while cultivating their capacities to make scholarly contributions to the field.

### **PREREQUISITE OR COREQUISITE COURSES**

(MAY BE COMPLETED IN THE FIRST YEAR OF THE PROGRAM).

A Bachelor's or higher degree is required:

WS 110 General Chemistry	2 units
WS 120 Western Orthodox Medical Terminology	2 units
WS 125 Anatomy and Physiology I	4 units
WS 126 Anatomy and Physiology II	4 units
PSY 105 Theories of Personality	2 units
PSY 110 Abnormal Psychology	2 units
HH 200 Bio-Energetic Medicine and Biophysics	4 units
NU 200 Principles of Western Nutrition	4 units
<b>Total</b>	<b>24 units</b>

### **REQUIRED COURSES:**

HM 300 Principles of Homeopathy	4 units
HM 315 Homeopathic Case Taking, Repertorization, & Analysis	4 units
HM 320 Homeopathic First Aid and Acute Prescribing	4 units
HM 325 Miasms and Chronic Diseases	2 units
HM 335 Homeopathic Materia Medica for Polycrests	3 units
HM 340 Gemmotherapy, Organotherapy, Oligotherapy, Cell Salts, and Flower Essences	4 units
HM 405 Contemporary Theorists in Classical Homeopathy	4 units
HM 410 Homeopathic Psychology	2 units
HM 415 Homeopathic Materia Medica -- Mineral Remedies	3 units
HM 420 Homeopathic Materia Medica -- Animal Remedies	3 units
HM 425 Homeopathic Materia Medica -- Plant Remedies	3 units
HM 430 Homeotherapeutics	6 units
HM 500 Homeopathy Externship	4 units
PSY 315 Listening and Counseling Skills for Health Professionals	2 units
WS 300 Pathology & The Nature of Disease I	4 units
WS 305 Pathology & The Nature of Disease II	4 units
WS 405 Western Physical Assessment & Lab Test Analysis	4 units
WS 470 Ethics, Legal Issues & Practice Management	2 units
HM 600 Adv. Miasms, Case Management, & Longterm Prescribing	4 units
HM 605 Advanced Materia Medica with Provings	6 units
HM 615 Selected Works of Homeopathic Masters	2 units
HM 620 Selected Issues in Contemporary Homeopathy	3 units
HM 630 Pediatric Homeopathy	3 units
HM 700 Homeopathy Doctoral Internship	30 units
HM 710 Homeopathy Clinical Case Seminar	4 units
WS 610 Pharmacology (Allopathic)	2 units
RE 610 Principles of Research Design	3 units
RE 615 Basic Statistics	3 units
RE 625 Research Seminar in Complem. & Alt. Medicine	2 units
RE 650 Multivariate Statistics	2 units
RE 790 Dissertation Development	5 units
RE 799 Doctoral Dissertation	7 units
<b>Total</b>	<b>138 units</b>



# Ph.D. in Classical Chinese Medicine

The Ph.D. in Classical Chinese Medicine is designed to develop competently trained clinicians, theoreticians, and researchers in the field of Classical Chinese Medicine, while preserving the rich historical, philosophical, and oral traditions of the medicine and increasing their applicability to treatment in modern America. The degree provides an intensive study of the classics and a re-incorporation of much knowledge that is currently available primarily through oral traditions. The first of its kind in America, students will be exposed to a tradition that fully integrates physical, psychological, and spiritual aspects of care. Students are required to complete and defend an original doctoral dissertation before a doctoral committee composed of at least three faculty members with Ph.D. degrees.

## **Ph.D. in Classical Chinese Medicine**

### **THE CURRICULUM**

The doctoral program, consisting of 68 units, offers intensive education and training in the applications of classical traditions in Chinese medicine to modern-day practice. Students also will study the traditions of various clinical specialties and have the opportunity to undergo their own processes of cultivation in Tai Ji Chuan, Healing Qi Gong, and the uses of the I Ching. Students will develop the capacity to contribute new knowledge to the field through their training in research and statistical skills applicable to the study of Classical Chinese Medicine.

### **PREREQUISITES:**

Master's degree or equivalent (at least 30 graduate units) in Oriental Medicine

### **REQUIRED COURSES:**

#### **DEPARTMENT OF CLASSICAL CHINESE MEDICINE**

CCM 600	Huang Di Nei Jing (Yellow Emperor's Internal Classic)	6 units
CCM 602	Nan Jing (Classic of Difficult Issues)	3 units
CCM 620	Primary Meridian Acupuncture and Herbal Energetics	4 units
CCM 622	Sinew Channel Acupuncture and Herbal Energetics	2 units
CCM 624	Luo Vessel Acupuncture and Herbal Energetics	2 units
CCM 626	Divergent Vessel Acupuncture and Herbal Energetics	3 units
CCM 628	Eight Extra Meridian Acupuncture and Herbal Energetics	3 units
CCM 630	Classical Needling Techniques Practicum	1 unit
CCM 660	Basic I Ching Theory	3 units
RE 610	Principles of Research Design	3 units
RE 615	Basic Statistics	3 units
RE 650	Multivariate Statistics	2 units
RE 625	Research Seminar in Complementary and Alternative Medicine	2 units
RE 790	Dissertation Development	5 units
RE 799	Dissertation	7 units

Curriculum is continued on the next page.

### Ph.D. in Classical Chinese Medicine



### Ph.D. in Classical Chinese Medicine

#### **CURRICULUM (CONTINUED)**

**STUDENTS MUST TAKE AT LEAST 6 UNITS FROM COURSES CCM 604 - CCM 614 AND AN ADDITIONAL 13 ELECTIVE UNITS FROM AMONG ALL REMAINING COURSES BETWEEN CCM 604 - CCM 720b**

CCM 604	Jia Yi Jing (Systematic Classic of Acupuncture)	3 units
CCM 606a	The 4 Great Masters: The Cooling School of Liu Yuan Su	3 units
CCM 606b	The 4 Great Masters: The Earth School of Li Dong Yuan	3 units
CCM 606c	The 4 Great Masters: The Purging School of Zhang Cong Zheng	3 units
CCM 606d	The 4 Great Masters: The Nourishing Yin School of Zhu Zheng	3 units
CCM 608	Various Schools of Acupuncture and Chinese Medicine	3 units
CCM 610	Shang Han Lun (Treatise on Diseases Caused by Cold)	4 units
CCM 612	Wen Bing (Study of Diseases Caused by Heat)	3 units
CCM 614	Jin Gui Yao Lue (Prescriptions from the Golden Cabinet)	3 units
CCM 640	Cardiology in Classical Chinese Medicine	3 units
CCM 642	Oncology in Classical Chinese Medicine	3 units
CCM 644	Psychology in Classical Chinese Medicine	3 units
CCM 646	Health Preservation and Rehabilitation in Classical Chinese Med.	3 units
CCM 648	Obstetrics and Gynecology in Classical Chinese Medicine	3 units
CCM 650	External Medicine in Classical Chinese Traditions	3 units
CCM 652	Pediatrics in Classical Chinese Medicine	3 units
CCM 654	Selected Topics in Classical Chinese Medicine	up to 12 units
CCM 662	I Ching Applications to Acupuncture	2 units
CCM 664	I Ching Applications to Chinese Herbology	2 units
CCM 666	I Ching Applications to Herbal Formulas	2 units
CCM 668	I Ching Applications to Cultivation	2 units
CCM 669	I Ching Applications to Feng Shui and Environments	2 units
CCM 670	Healing Qi Gong I	3 units
CCM 672	Healing Qi Gong II	3 units
CCM 674	Tai Ji Chuan for Health Professionals I	3 units
CCM 676	Tai Ji Chuan for Health Professionals II	3 units
CCM 678	Buddhist Approaches to Healing	2 units
CCM 680	Chinese Medical Language I	3 units
CCM 682	Chinese Medical Language II	3 units
CCM 701a	Japanese Meridian Therapy I	3 units
CCM 701b	Japanese Meridian Therapy II	3 units
CCM 705a	Five Elements Acupuncture I	3 units
CCM 705b	Five Elements Acupuncture II	3 units
CCM 710a	Korean Hand Acupuncture I	3 units
CCM 710b	Korean Hand Acupuncture II	3 units
CCM 720a	Korean Constitutional Medicine I	3 units
CCM 720b	Korean Constitutional Medicine II	3 units

**Total 68 units**

To Apply Call 310.550.7445



## **Department of Ayurvedic Medicine**

### **AY 100 Introduction to Ayurveda**

Prerequisites: Admission to AA program.

This course will introduce students to Ayurveda, its aims and objectives, methods of examining patients, and diagnostic and treatment methods. Students will gain a solid foundation of basic Ayurveda principles with an appreciation of the art and science of Ayurvedic medicine. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**2 units**

### **AY 115 Introduction Pathophysiology & Diagnosis**

Prerequisites: Introduction to Ayurveda

This course examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn diagnostic methods of Ayurveda and the process of performing constitutional analysis, pulse diagnosis and urine analysis. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

### **AY 120 Ayurvedic Philosophy & Meditational Yoga**

Prerequisites: Admission to AA program.

This course explores the philosophical and spiritual foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provides treatments for benefitting health and alleviating disease. Students will examine Ayurvedic cosmology and philosophy as embodied in Sankhya, one of the six classical schools of East Indian philosophy. The ancient art of meditational yoga, integral to the development of a healthy lifestyle and to the fulfillment of life's purpose according to Ayurveda, will also be introduced. Method of instruction includes lecture, discussion and practice.

**2 units**

### **AY 130 Kerala Panchakarma, Ayurvedic Bodywork & Basic Therapeutic Massage**

Prerequisites: Introduction to Ayurveda

This course presents various Ayurvedic bodywork techniques with special emphasis upon the uses of oleation and herbal poultices in South Indian Malabar cleansing and detoxication therapies. Basic therapeutic massage techniques required for massage licensure will also be explored and practiced. Method of instruction includes lecture, discussion and hands-on practice of techniques.

**4 units**

### **AY 135 North Indian Panchakarma**

Prerequisites: Introduction to Ayurveda

This course provides a study of the five Ayurvedic purification therapies known as Panchakarma: nasya, vomena, virechena and basti. Method of instruction includes lecture, discussion, presentations and practice of techniques.

**4 units**

### **AY 140 Ayurvedic Nutrition**

Prerequisites: Introduction to Ayurveda

This course provides a comprehensive study of the principles of Ayurvedic nutrition and the use of diet and nutritional programs in health and disease. Students will learn various Ayurvedic nutritional programs appropriate to the various doshas and diagnoses. Method of instruction includes lecture, discussion, presentations and cooking.

**2 units**

### **AY 145 Hatha Yoga for Health and Disease**

Prerequisites: Introduction to Ayurveda

This course teaches the practice of Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Method of instruction includes lecture, discussion, demonstration and practice.

**2 units**

### **AY 150 Ayurvedic Herbal Medicine**

Prerequisites: Introduction to Ayurveda

In this course, students will learn about herbs as they are used in Ayurvedic medicine and home remedies for common complaints. Students will study Ayurvedic herbal philosophy and practices, acquiring beginning knowledge of major Ayurvedic herbs and how they are used to benefit physical, psychological, and spiritual health and ameliorate disease. Method of instruction includes lecture, discussion, and presentations.

**4 units**

### **AY 155 Ayurvedic Rasayana and Rejuvenation**

Prerequisites: Introduction to Ayurveda

This course offers the study of special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, presentations.

**2 units**

## **Course Descriptions**

### **Undergraduate Curriculum**

#### **AY 165 Ayurvedic Psychology & Lifestyle Counseling**

Prerequisites: Introduction to Ayurveda

This course introduces students to the special rejuvenation procedures called Rasayana. Students will learn strategies for using Rasayana with nutritional support, herbal formulas, and rejuvenating daily routines, with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion and role-play.

**2 units**

#### **AY 190 Ayurvedic Bodywork Practice Management & Ethics**

Prerequisites: Admission to AA program.

This course covers professional ethics and business aspects relevant to an Oriental Bodywork practice. Students will learn how to develop referral sources, maintain and release records, communicate with patients, build public relations, and manage finances. Method of instruction includes lecture, discussion, project presentations and role-play.

**2 units**

#### **AY 195 Ayurvedic Bodywork Internship**

Prerequisites: AY 100-130

This internship provides students with an opportunity to practice Ayurvedic bodywork and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 150 hours of Ayurvedic internship, in which they complete at least 90 different treatments with at least 20 different patients. Method of instruction involves supervising interns in clinical consultation and treatment, discussion of diagnosis and strategy with supervisor, review of any therapeutic treatment procedures.

**5 units**

### **Department of Herbology**

#### **HB 200 Practical Botany for Making Plant Medicines**

This course introduces the science of botany that underlies herbology. Students will learn botanical terminology and classification, and their application to herbal medicine. In practical applications, students will learn how to recognize certain plants and plant families and how to identify the different useful parts of plants. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

#### **HB 205 Introduction to Western Plant Medicines**

This course presents an introduction to Western herbology, covering herbs from North and South America and Europe, and

discussing the relationship of Western herbs to other Western healing modalities, such as homeopathy, flower essences, and conventional medicine. It also introduces Western philosophies about herbs and compares and contrasts them with the philosophies and practices of herbology in East Asia and India. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

#### **HB 210 Introduction to Chinese Plant Medicines**

This course introduces students to Chinese herbal practices, which date back to prehistory. Chinese herbal philosophies will be compared and contrasted with Western and Ayurvedic philosophies and practices. Students will learn about 20 useful Chinese herbal formulas. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

#### **HB 215 Introduction to Ayurvedic Plant Medicines**

This course introduces students to Ayurvedic herbal practices, which date back to prehistory as well. Ayurvedic herbal philosophy will be compared and contrasted with Western and Chinese philosophies and practices. Students will learn about 20 useful Ayurvedic herbal formulas. Method of instruction includes lecture, discussion, presentations and collaborative projects.

**4 units**

### **Department of Holistic Health**

#### **HH 160 Introduction to Healing Qi Gong**

This course introduces students to ancient Chinese science of Qi Gong, which can have a profound effect on physical health, as well as be a discipline of mental and spiritual development. Students will learn to identify their own source of Qi, and to use that energy to facilitate healing for themselves and others.

**2 units**

#### **HH 170 Introduction to Therapeutic Hatha Yoga**

This course introduces students to therapeutic uses of the ancient East Indian science of Hatha Yoga, which can have a profound effect on physical health, as well as be a discipline of mental and spiritual development. Students will learn about 25 asanas or poses, their impact on the flow of prana, and their uses in treating disorders and benefiting health. Method of instruction includes lecture, discussion, demonstration and practice.

**2 units**

**HH 200 Bio-Energetic Medicine and Biophysics**

This course explores the current trend in research that employs the theories of biophysics to offer explanations as to why energy medicines such as homeopathy, flower essences, acupuncture, and others work. Method of instruction includes lecture, discussion, presentations.

**4 units**

**HH 205 Introduction to Non-Invasive Holistic Diagnostic Methods**

This course introduces non-invasive diagnostic techniques that may be useful in assessing a person's state of health. These include Iridology, Facial Diagnosis, Hand and Foot Diagnosis, Ear Diagnosis, Pulse Diagnosis, and Tongue Diagnosis. Method of instruction includes lecture, discussion and hands-on practice of techniques.

**4 units**

**HH 210 Mind-Body Medical Techniques**

This course provides a comprehensive introduction to a variety of mind-body medical techniques, including hypnosis, guided imagery, visualization, relaxation, biofeedback, healing affirmations, and meditation. Method of instruction includes lecture, discussion and hands-on practice of techniques.

**4 units**

**Department of Homeopathy**

**HM 200 Principles of Clinical Homeopathy**

This course provides an overview of the homeopathic method and outlook, giving a brief historical outline of the medicine and introducing special homeopathic terminology. Students will learn the fundamentals of homeopathic philosophy, the preparation and regulation of homeopathic remedies, issues of dosing, and become versed in about 20 remedies in the homeopathic Materia Medica. Method of instruction includes lecture, discussion, presentations.

**4 units**

**HM 205 Homeopathic First Aid in Acute Situations**

Prerequisites: HM 200 Principles of Clinical Homeopathy.  
This course provides students with an understanding of the use of homeopathic remedies and their use in injuries, accidents, and pre- and post-surgery. Students will learn remedies for a variety of acute problems, including respiratory tract, gastrointestinal, urogenital, musculoskeletal, nervous system, and emotional situations. Method of instruction includes lecture, discussion, presentations.

**4 units**

**HM 210 Homeopathy in Chronic Disorders**

Prerequisites: HM 200 Principles of Clinical Homeopathy.  
This course introduces students to homeopathic philosophy and treatment of chronic and long-term problems. Students will learn about miasms, diathesis, terrain, reactional typology, potency and repetition issues, and use of Boericke's and Boger's repertories in determining remedies. Method of instruction includes lecture, discussion, practice of looking up rubrics.

**4 units**

**HM 215 Homeopathy for Internal and External Health**

Prerequisites: HM 200 Principles of Clinical Homeopathy.  
This course is designed to extend students' understanding of the homeopathic Materia Medica by discussing leading remedies for emotional balance and mental enhancement, child development, environmental sensitivities, substance abuse, and cardiovascular, respiratory, nervous, integumentary, gastrointestinal, urogenital, and musculoskeletal systems health. Method of instruction includes lecture, discussion, presentations.

**4 units**

**Department of Humanities**

**ENG 101 English Composition**

Prerequisites: Admissions to the A.A. Program.  
This course covers the fundamentals of expository writing used in college and university settings. Students will gain practice in writing compositions and critiquing the writing of others. Method of instruction includes lecture, discussion, written presentations.

**2 units**

**HI 101 History of Medicines Around the World**

This course examines the issues of health, illness and medical treatments through space and time, integrating the fields of history, medicine, and medical anthropology. Method of instruction includes lecture, discussion, students presentations.

**2 units**

**HUM 101 Survey of Indian and East Asian Philosophical Systems**

Prerequisites: Admissions to a degree program.  
This course introduces students to the major philosophical systems of India and East Asia. Students will learn about Hinduism, Confucianism, Buddhism, Taoism, and other systems. Method of instruction includes lecture, discussion, presentations.

**2 units**



# Course Descriptions

## Undergraduate Curriculum

### MA 101 Mathematical Ideas and Paradigms

This course examines the ideas, concepts, and paradigms which have had a significant influence on the growth of modern mathematical thought, with an emphasis on an appreciation of the creative side of mathematics and the fundamental role mathematics has played in the development of modern civilization. Method of instruction includes lecture, discussion, demonstrations and practice.

**2 units**

### Department of Nutrition

#### NU 200 Principles of Western Nutrition

This course presents the principles of classical nutrition and their adaptation to the needs of today's society. Included in topics to be explored are basic nutritional supplementation, food combining, diets, fasting, food allergies, and eating disorders. The course also examines environmental pollution such as pesticides, toxic water, chemicals, and electromagnetic fields. Method of instruction includes lecture, discussion, student presentations.

**4 units**

#### NU 205 Modern Concepts of Nutrition

Prerequisites: NU 200 Principles of Nutrition.

This course examines the biochemical pathways of all essential nutrients and micronutrients of the body. It also provides a sophisticated and in-depth analysis of the nutritional needs of the human organism and discusses cutting-edge developments in the field of nutrition. Method of instruction includes lecture, discussion, student presentations.

**4 units**

#### NU 210 Comparative Nutrition

Prerequisites: NU 200 Principles of Nutrition.

This course provides a comprehensive analysis and evaluation of various dietary regimens, focusing on nutritional, spiritual, and social belief systems concerning food. Vegetarianism, macrobiotics, raw food, food combining, hereditary predispositions and health fads will be explored. Specific dietary recommendations for ailments such as candidiasis, hypoglycemia, allergies, premenstrual and auto-immune deficiency syndromes will be covered. Method of instruction includes lecture, discussion, student presentations and collaborative projects.

**4 units**

#### NU 215 Nutritional Counseling

Prerequisites: NU 200 Principles of Nutrition.

This course covers essential elements needed for counseling clients regarding nutritional issues. Topics discussed include vitamins, minerals, herbs, tonics, broths, wholesome beverages,

ages, acid and alkaline foods, daily food programs, elimination diets, fasting, and rules for eating. Method of instruction includes lecture, discussion, student presentations, role-play of counseling.

**4 units**

### Department of East Asian Bodywork

#### EAB 100 Intro. to Chinese Medical Theories

Prerequisites: Admissions to the A.A. Program.

This course provides a study of basic principles and theories of Chinese Medicine, covering concepts of Yin and Yang, Five Elements, Eight Principles, Three Fundamental Substances, etiology of disharmonies, and the Zangfu organs. Method of instruction includes lecture, discussion, student presentations.

**2 units**

#### EAB 105 Basic Therapeutic Massage

Prerequisites: Admissions to the A.A. Program.

This course presents basic massage movements as well as special techniques for individual areas of the body. Discussed are indications and contraindications for massage, professionalism, and regard for modesty. Method of instruction includes lecture, discussion, demonstration of techniques and hands-on practice.

**4 units**

#### EAB 107 Reflexology

Prerequisites: Admissions to the A.A. Program.

This course covers the use of assessment and massage techniques emphasizing the relationship between areas of the feet and the parts of the body. Method of instruction includes lecture, discussion, demonstration of techniques and hands-on practice.

**1 unit**

#### EAB 110 Introduction to Meridians

Prerequisites: Admissions to the A.A. Program.

This course introduces the meridians of Chinese medicine, covering the classification of acu-points and systems of nomenclature. Students will learn the location of acu-points on the 12 major meridians, plus two of the eight extra meridians. Method of instruction includes lecture, discussion, demonstration, use of diagrams and hands-on practice of point identification.

**4 units**

#### EAB 115 Introduction to Chinese Medical Diagnosis

Prerequisites: OB 100 Introduction to Chinese Medical Theories. This course introduces the four traditional methods of diagnosis in Chinese medicine, with a focus on their practical applications in Asian Bodywork. Students will learn Zangfu syndromes and their signs and symptoms. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

**EAB 120 Introduction to Shiatsu (Acupres-  
sure)**

Prerequisites: OB 110 Introduction to Meridians.

This course trains students in the practical use of finger or hand pressure on acu-points and channels, and provides hands-on training in its use for stress reduction and musculo-skeletal disorders. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

**EAB 125 Shiatsu Energetics and Thera-  
peutics**

Prerequisites: OB 120 Introduction to Shiatsu. OB 115 Introduction to Oriental Diagnosis.

This course provides a study of the energetic functions of the acupoints and ways of combining them to create shiatsu treatments. Method of instruction includes lecture, diagrams & discussion.

**4 units**

**EAB 130 Sports Massage**

Prerequisites: OB 105 Basic Therapeutic Massage.

This course introduces the principles of massage for stimulation of muscles both before and after sporting events, with an emphasis upon prevention of injury, relaxation of strained muscles, and quick recovery. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

**EAB 135 Special Issues in Asian Body-  
work**

Prerequisites: OB 105 Basic Therapeutic Massage. OB 125 Shiatsu Energetics and Therapeutics.

This course provides a consideration of special issues in Oriental bodywork of infants, pregnant women, elderly, paralyzed persons, and persons with emotional trauma. Method of instruction includes lecture and whole class and small group discussion.

**2 units**

**EAB 140 Neural Structural Bodywork**

Prerequisites: OB 105 Basic Therapeutic Massage.

This course presents the principles and techniques from modern neural structural bodywork perspectives, with hands-on practice. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**4 units**

**EAB 150 Introduction to Tuina**

Prerequisites: OB 120 Introduction to Shiatsu.

This course introduces students to the 5,000-year-old art of Tuina, describing the major principles and main schools of its

practice. Students will learn basic Tuina manipulations and practice them on the human body.

**2 units**

**EAB 155 Tuina for the Cervical Region**

Prerequisites: OB 120 Introduction to Shiatsu.

This course provides an overview of the diagnosis of and Tuina treatments for disorders of the cervical region. Students will learn Tuina techniques to treat stiff necks, cervical spondylopathy, herniated cervical intervertebral disc, subluxation of cervical vertebrae, cervical rib syndrome, anterior scalenus syndrome, costoclavicular syndrome, and m. pectoral minor-coracoid syndrome. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

**EAB 160 Tuina for the Lumbar Region**

Prerequisites: OB 120 Introduction to Shiatsu.

This course provides a study of the diagnosis of and Tuina treatments for common disorders of the lumbar region. Students will learn Tuina techniques to treat acute lumbar sprain, syndrome of the third lumbar vertebra transverse process, posterior articular disturbance syndrome of the lumbar vertebrae, chronic lumbar muscle strain, retrograde osteoarthropathy of the lumbar vertebrae, rupture syndrome of the fibrous rings of the lumbar intervertebral discus, and sciatica. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

**EAB 165 Tuina for the Upper Limbs**

Prerequisites: OB 120 Introduction to Shiatsu.

This course provides a study of the diagnosis of and Tuina treatments for common disorders of the upper limbs. Students will learn Tuina techniques to treat frozen shoulder, sub-acromial bursitis, tendinitis of supraspinatus muscles, tennis elbow, sprain of the wrist joint, carpal tunnel syndrome, and tenosynovitis stenosaurs. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

**EAB 170 Tuina for the Lower Limbs**

Prerequisites: OB 120 Introduction to Shiatsu.

This course provides a study of the diagnosis and Tuina treatments for common disorders of the lower limbs. Students will learn Tuina techniques to treat injury of superior cluneal nerves, semi-dislocation of sacro-iliac joint, femoral adductor muscle syndrome, injury of the lateral collateral ligament of the knee joint, degeneration arthritis of the knee joints, and sprain

## Course Descriptions

### Undergraduate Curriculum

of the gastrocnemius and the ankle joint. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

#### **EAB 175 Tuina for Internal Medicine and Gynecological Problems**

Prerequisites: OB 120 Introduction to Shiatsu.

This course provides an introduction to the use of Tuina techniques in the treatment of internal medical and gynecological disorders. Students will learn Tuina techniques to treat the common cold, asthma, sore throat, stomach aches, constipation, diarrhea, headaches, essential hypertension, insomnia, myopia, dysuria, bi syndrome, functional disturbance of the temporomandibular joint, dysmenorrhea, and mastitis. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

#### **EAB 180 Pediatric Tuina**

Prerequisites: OB 120 Introduction to Shiatsu.

This course introduces students to the use of Tuina techniques to treat children, covering commonly used manipulations, indications and contraindications, and treatment of common disorders. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

#### **EAB 185 Physical Training and Body Sculpting**

Prerequisites: OB 105 Basic Therapeutic Massage. OB 125 Shiatsu Energetics and Therapeutics.

This course introduces students to the self-treatment of diseases and injuries as well as body enhancement and re-sculpting. Students will learn simple home exercises to maintain balance and homeostasis. Method of instruction includes lecture, discussion, demonstration and practice.

**2 units**

#### **EAB 190 East Asian Bodywork Practice Management and Ethics**

This course covers professional ethics and business aspects relevant to an Oriental Bodywork practice. Students will learn how to develop referral sources, maintain and release records, communicate with patients, build public relations, and manage finances. Method of instruction includes lecture, discussion, student projects and role-play.

**2 units**

#### **EAB 192 External Application of Chinese Herbs for Trauma**

This course introduces students to the external use of Chinese herbs for healing traumas. Method of instruction includes lecture, discussion, demonstration and hands-on practice.

**2 units**

#### **EAB 195 East Asian Bodywork Internship**

Students will learn how to interview patients, develop an East Asian Bodywork plan, and provide Oriental Bodywork under the guidance of an experienced and licensed Asian technique Bodyworker. Method of instruction involves supervising interns in clinical consultation and treatment, discussion of diagnosis and strategy with supervisor, review of any therapeutic treatment procedures.

**5 units**

### Department of Physical Cultivation

#### **PE 101 Introduction to Tai Ji Chuan**

This course introduces students to the short form of the Yang style of Tai Ji Chuan, the ancient Chinese exercise system that benefits health. Students will learn to perform the short form of the Yang style. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

**2 units**

#### **PE 102 Intermediate Tai Ji Chuan**

This course offers a continuation of Yang style Tai Ji Chuan. Students will learn how to perform the long form of the Yang style. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

**2 units**

#### **PE 110 Introductory Hatha Yoga**

This course introduces students to the ancient East Indian science of Hatha Yoga, a system for benefiting a person's physical health, and mental and spiritual well being. Students will learn about 25 asanas or poses, their impact on the flow of prana, and their uses in benefiting health. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

**2 units**

#### **PE 111 Intermediate Hatha Yoga**

This course offers a continuation of learning about Hatha Yoga. Students will learn additional asanas or poses, their impact on the flow of prana, and their uses in benefiting health. Method of instruction includes lecture, discussion, demonstration and individual and group practice.

**2 units**

## Department of Psychology

### **PSY 101 Introduction to Psychology**

Prerequisites: Admissions to a degree program.

This course introduces students to the field of psychology, including topics in cognitive, experimental, personality, developmental, social, and clinical psychology. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **PSY 105 Theories of Personality**

Prerequisites: PSY 101 Introduction to Psychology.

This course covers major theories of personality, including the works of Freud, Adler, Jung, Rogers, Maslow, Pavlov, Skinner, and others. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **PSY 110 Abnormal Psychology**

Prerequisites: PSY 101 Introduction to Psychology.

This course presents a survey of the study of abnormal behavior and psychopathology. Students will learn about the range and classification of abnormal behavior and theories of etiology and be introduced to several modalities of treatment. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

## Department of Western Sciences

### **WS 101 Human Biology**

This course provides students with a general study of human biology designed as an introduction to the health care sciences. Method of instruction includes lecture, discussion, and student presentations. **2 units**

### **WS 105 Introduction to Biophysics**

Prerequisites: Admissions to a degree program.

This course provides a study of the biophysical laws relevant to the study of complementary and alternative medicine. Topics include electromagnetism, heat, and light. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **WS 110 General Chemistry**

Prerequisites: Admissions to a degree program.

This course covers the fundamentals of inorganic chemistry.

Emphasis is on theory rather than mathematical formulations. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **WS 115 Nutritional Chemistry (or Organic and Biochemistry)**

Prerequisites: Admissions to a degree program

This course introduces students to physiological chemistry relevant to the study of nutrition and herbal medicine. Topics include basic cellular biology, metabolism, and the structure and function of carbohydrates, lipids, proteins, and nucleic acids. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **WS 120 Western Orthodox Medical Terminology**

Prerequisites: Admissions to a degree program.

This course provides students with a study of western orthodox medical terminology and nomenclature, including major prefixes, roots, and suffixes. Method of instruction includes lecture and memorization games.

**2 units**

### **WS 125 Anatomy and Physiology I**

Prerequisites: Admissions to a degree program.

This course provides students with a study of human anatomy and physiology, including the organization of the body and the skeletal and muscular systems, and the anatomy and physiology of the lymphatic, immune, cardiovascular, respiratory, and digestive systems. Method of instruction includes lecture, discussion, use of Anatomy Coloring Book.

**4 units**

### **WS 126 Anatomy and Physiology II**

Prerequisites: WS 125 Anatomy and Physiology I.

This course provides a study of the anatomy and physiology of the human urinary, reproductive, nervous, and endocrine systems, and a discussion of fluid and electrolyte balance, genetics, and growth and development. Method of instruction includes lecture, discussion, use of Anatomy Coloring Book.

**4 units**



### Department of Ayurvedic Medicine

#### AY 300 Principles of Ayurvedic Medicine

Prerequisites: Admission to the graduate program.

This course examines the basic principles of Ayurvedic medicine, including its aims and objectives, the eight branches, the limbs of treatment, medical ethics, methods of examining patients, pathogenesis, and diagnostic and treatment methods. Method of instruction includes lecture and discussion; distance learning offered through virtual class instruction via WizIQ with live camera, chat and recorded class options.

**3 units**

#### AY 305 History and Philosophy of Ayurvedic Medicine

Prerequisites: Admission to the graduate program.

This course explores the historical and philosophical foundations of Ayurvedic medicine. Students will investigate its roots in the Atharva Veda, one of the four ancient sacred canons of Hindu philosophy, which provided treatments for benefiting health and eradicating disease. Students also will examine Ayurvedic cosmology and philosophy as embodied in Sankya, one of the six classical schools of East Indian philosophy, which comprises the underlying philosophical system of yoga and Ayurvedic medicine. Method of instruction includes lecture and discussion.

**2 units**

#### AY 310 Ayurvedic Anatomy & Physiology

Prerequisites: AY 300 Principles of Ayurvedic Medicine.

This course provides a comprehensive examination of Ayurvedic anatomy and physiology, including the seven tissues, the malas, the organs, and the important role played by Agni. Students will be able to distinguish and apply concepts of the five Vatas, the five Pittas, the five Kaphas, the bodily systems (Srotas) of Ayurveda, and the major nadis. Students will learn to differentiate various energy pathways and prominent marma points. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

#### AY 315 Ayurvedic Pathophysiology

Prerequisites: AY 310 Ayurvedic Anatomy and Physiology.

This course critically examines disease processes in Ayurvedic medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in the doshas and tissues in disease processes. Students will learn about pathology in the various Ayurvedic Srotas.

**4 units**

#### AY 320 Ayurvedic Diagnosis & Constitutional Analysis

Prerequisites: AY 300 Principles of Ayurvedic Medicine.

This course investigates the diagnostic methods of Ayurveda and the process of performing constitutional analysis to determine the factors that influence the body types. The theories and practical application of diagnosis will be explored. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

#### AY 322 Ayurvedic Constitutional Analysis, Body Types & Specific Diets

Prerequisites: AY 300 Principles of Ayurvedic Medicine.

This course investigates the diagnostic methods of Ayurveda and the process of performing constitutional analysis to determine the factors that influence the body types. Students will examine the specific diets appropriate to maintain the health and prevent disease for each constitution. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

#### AY 400 Ayurvedic Psychology and Lifestyle Counseling

Prerequisites: AY 300 Principles of Ayurvedic Medicine.

This course analyzes various strategies in Ayurvedic psychology and life style counseling. Students will assess Ayurvedic recommendations for cleansing the body, developing healthy life style habits, adjusting to natural forces, and using the senses, the mind, and the self in appropriate ways. Students also will investigate the energetics of consciousness, Ayurvedic therapies for the mind, and spiritual therapies that are used in Ayurveda. Method of instruction includes lecture, discussion, and role play.

**2 units**

#### AY 410 Meditational & Hatha Yoga for Health and Disease

Prerequisites: AY 315 Ayurvedic Pathophysiology.

This course evaluates practices of Meditational Hatha Yoga and its benefits in health and disease. Students will be required to perform postures in at least one major approach to Hatha Yoga. Students will compare and contrast poses that benefit health and ameliorate various diseases and learn how to modify certain postures to treat patients with specific disorders. Method of instruction includes lecture, discussion, demonstration and group practice of techniques.

**3 units**

### **AY 415 Ayurvedic Nutrition**

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course provides a study of Ayurvedic nutrition and its role in health and disease. Students will learn how to advise patients to eat according to their body types and cycles of nature and how to eat to benefit health in the face of disease. Students also will learn various Ayurvedic cleansing and detoxification diets to benefit health and ameliorate disease. Method of instruction includes lecture, discussion, and student cooking projects.

**3 units**

### **AY 417 Intro to Ayurvedic Herbal Spices**

Prerequisites: AY 300 Principles of Ayurvedic Medicine.

Common Indian spices are used to correct tissue channel blockages and alleviate doshic imbalances. This course familiarizes the student with what these spices are and how they can be used for maintenance of health. Method of instruction includes lecture and discussion.

**2 units**

### **AY 419 Nutrition-focused Ayurvedic Internal Medicine**

Prerequisites: AY 315 Ayurvedic Pathophysiology.

This course examines common disorders of various internal bodily systems and offers nutritional strategies to support the healing process, rejuvenate the tissues and bring the systems back into balance. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

### **AY 420 Ayurvedic Massage & Acupressure**

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course investigates the principles of Ayurvedic acupressure and massage and their uses in health and disease. Students will learn to apply these principles in performing Ayurvedic techniques and oleation therapy in Ayurvedic massage. Method of instruction includes lecture, discussion, demonstrations, and hands-on practice of techniques.

**2 units**

### **AY 430 Ayurvedic Herbal Medicine I: Individual Herbs**

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course provides an intensive examination of the principles of Ayurvedic herbology and the use of herbs in the treatment of a variety of disorders. Students will compare and contrast the

tastes, temperatures, channels, functions, indications, and contraindications of a variety of herbs. Method of instruction includes lecture, discussion, and students creating their own herb books.

**6 units**

### **AY 435 Ayurvedic Herbal Medicine II: Formulas**

Prerequisites: AY 430 Ayurvedic Herbal Medicine I: Individual Herbs.

This course investigates Ayurvedic principles of combining herbs into formulas for use in the treatment of a variety of disorders. Students will be able to compare, contrast, and evaluate the functions, indications, and contraindications of a variety of formulas. Method of instruction includes lecture, discussion, demonstration and hands-on practice creating various herbal formulations.

**3 units**

### **AY 440 Ayurvedic Panchakarma**

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course critically examines the five Ayurvedic purification therapies known as Panchakarma, which are considered to be the most radical ways of cleansing the body and thereby eliminating disease-causing agents. Students will learn how to apprise the usefulness of these techniques for patients with diverse complaints. Method of instruction includes lecture, discussion, and student presentations on each of the panchakarmas.

**4 units**

### **AY 445 Ayurvedic Rasayana or Rejuvenation Therapy**

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course provides an investigation of special rejuvenation procedures called Rasayana. Students will formulate strategies of using Rasayana with customized nutritional support, herbal formulas, and rejuvenating daily routines with the goals of delaying or reversing aging and preventing disease. Method of instruction includes lecture, discussion, and student presentations.

**1 units**

### **AY 450 Ayurvedic Subtle Therapies**

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course examines the principles of Ayurvedic subtle therapies and their uses in benefiting health and treating disease. Students will compare, contrast, and evaluate traditions including aromatherapy, gem therapy, color therapy, and sound therapy. Method of instruction includes lecture and discussion.

**1 units**

## Course Descriptions

### Graduate Curriculum

#### AY 455 Preventive Care in Ayurveda

Prerequisites: AY 300 Principles of Ayurvedic Medicine.

The primary focus of Ayurvedic Medicine is to prevent illness through Ahar (diet) and Vihar (lifestyle). This course examines Dinacharya, the daily routines of diet, exercise, massage, tongue-scraping, nasal cleansing, etc. that help to prevent the development of illness. Method of instruction includes lecture, discussion, and demonstration and practice of the routines.

**2 units**

#### AY 500 Externship in Ayurveda

Prerequisites: At least 20 units of Doctoral level study in Ayurveda.

The externship provides students with the opportunity to observe Ayurvedic treatments in a clinical setting and to begin developing diagnostic skills under the supervision of an experienced Ayurvedic Practitioner. Students are required to complete at least 60 hours of Ayurvedic externship, observing a minimum of 30 consultations/treatments. Method of instruction includes observation of clinical consultations and treatments, discussion with the clinical supervisor and a case analysis.

**2 units**

#### AY 550 Ayurvedic Classics: Astanga Hridayam

Prerequisite: AY 300 Prin. of Ayurvedic Medicine

This course explores the diagnostic methods and clinical applications found in Vagbhata's 6th century Ayurvedic classic, Astanga Hridayam. Students are given an in-depth study of the Astanga Hridayam and its compilation of the internal medicine teachings of the Charak Samhita and the surgical aspects of the Sushruta Samhita. Method of instruction includes lecture and discussion.

**3 units**

#### AY 600 Ayurvedic Internal Medicine I

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course provides a comprehensive examination of disorders of the respiratory, cardiovascular, hemopoietic, and digestive systems from an Ayurvedic perspective. It integrates orthodox diagnoses, Ayurvedic diagnosis, etiology, pathology, prognosis, treatment principles, and herbal, nutritional, detoxification, rejuvenation, massage and energetic treatments for the disorders covered. Method of instruction includes lecture, discussion, and student presentations of various strategies for treatment.

**3 units**

#### AY 605 Ayurvedic Internal Medicine II

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional

Analysis AY 600 Ayurvedic Internal Medicine I.

This course provides a comprehensive examination of disorders of the excretory, urinary, reproductive, endocrine, and nervous systems from an Ayurvedic perspective. It integrates orthodox diagnoses, Ayurvedic diagnosis, etiology, pathology, prognosis, treatment principles, and herbal, nutritional, detoxification, rejuvenation, massage and energetic treatments for the disorders covered. Method of instruction includes lecture, discussion, and student presentations of various strategies for treatment.

**3 units**

#### AY 610 Ayurvedic Surgery and Treatment of Ears, Eyes, Nose and Throat Disorders

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course provides an in-depth study of disorders of the ears, eyes, nose and throat and the ancient and modern use of surgery from an Ayurvedic perspective. It integrates orthodox diagnoses, Ayurvedic diagnosis, etiology, pathology, prognosis, treatment principles, and herbal, nutritional, detoxification, rejuvenation, massage and energetic treatments for the disorders covered. Method of instruction includes lecture and discussion.

**4 units**

#### AY 615 Pediatric Ayurveda

Prerequisites: AY 315 Ayurvedic Pathophysiology. AY 320 Ayurvedic Diagnostic Methods and Constitutional Analysis.

This course examines the numerous treatment strategies and conditions in Ayurvedic Medicine that are specific to children. In addition, special attention is also given to defining which medicinal approaches and therapies are contraindicated.

Method of instruction includes lecture, discussion, and student presentations.

**2 units**

#### AY 640 Advanced Ayurvedic Panchakarma and Rasayana

Prerequisites: AY 315, AY 320, AY 440

This course provides students with the opportunity to formulate, design, and critique Ayurvedic Panchakarma and Rasayana therapies. Students will learn how to customize nutritional support, herbal formulas, and rejuvenating daily routines with Panchakarma and Rasayana. Method of instruction includes lecture, discussion, and student project

**6 units**



### **AY 700 Internship in Ayurveda:**

Prerequisites: AY 500 Externship in Ayurveda; AY 415 Ayurvedic Nutrition; AY 430 Ayurvedic Herbal Medicine; AY 445 Ayurvedic Panchakarma

The internship provides students with an opportunity to practice the theories and procedures learned in the classroom in a supervised clinical setting. Students are required to complete 1,800 hours of Ayurvedic internship, in which they complete at least 300 different treatments, providing case management and treatments for at least 50 different patients. Method of instruction includes supervision of consultations and treatments by students in a clinical setting with discussion of case strategy and methodology.

**30 units**

### **AY 710 Advanced Clinical Case Seminar in Ayurveda**

Prerequisites: Concurrent with AY 700 Doctoral Internship in Ayurveda.

This seminar provides a forum for a senior Ayurvedic Practitioner and advanced students to present their cases and to engage in rigorous discussion about the cases and case management. Method of instruction includes presentation, discussion, and analysis of cases by instructor and peers.

**4 units**

## **Department of Classical Chinese Medicine**

### **CCM 300 Principles of Chinese Medicine**

Prerequisites: Admissions to the Graduate Program.

This course investigates the basic principles and theories of Chinese medicine, including Yin-Yang Theory, Five Elements Theory, the Three Treasures, Vital Substances, Zangfu (Internal Organs), Extraordinary Organs, causes of disease, diagnostic methods, and types of pattern identification. Method of instruction includes lecture, discussion, and student presentations.

**3 units**

### **CCM 305 Chinese Medical Anatomy & Physiology**

Prerequisites: CCM 300 Principles of Chinese Medicine.

This course examines the anatomical and physiological perspective of Chinese medicine including an in-depth exploration of the Zangfu (Internal) organs and the dynamics between the systems that characterize their interaction in maintaining proper function of the body.

**4 units**

### **CCM 310 Chinese Medical Pathophysiology**

Prerequisites: CCM 305 Chinese Medical Anatomy and Physiology.

This course critically examines disease processes in Chinese medicine, including the causes of disease, stages of manifestation, disease pathways, classification of diseases, prognoses, and changes in disease processes. Students will learn about pathology in the various Zangfu organs. Method of instruction includes lecture, discussion, and student collaborative learning.

**4 units**

### **CCM 315 Diagnostic Methods in Chinese Medicine**

Prerequisites: CCM 310

This course provides an in-depth exploration of the four traditional methods of diagnosis in Chinese medicine, with a focus on their practical applications in Oriental Bodywork. Students will learn Zangfu syndromes and their signs and symptoms. Method of instruction includes lecture, discussion, and student collaborative learning.

**4 units**

### **CCM 400 Chinese Medical Psychology & Lifestyle Counseling**

Prerequisites: CCM 300, CCM 305, CCM 310.

In this course the student explores the deeper psychological implications of imbalances of the various meridian systems, of the zang fu syndromes, implications of the divergent channels and shen disturbances and examine approaches to counseling the patient in making lifestyle adjustments. Method of instruction includes lecture, discussion, and role-play.

**2 units**

### **CCM 410 Qi Gong and Tai Qi for Health and Illness**

Prerequisites: Acceptance into the Masters program.

This course offers students the principles, history and practice of the healing exercises of Qi Gong as well as the short form of the Yang style of Tai Ji Chuan, the ancient Chinese exercise system that benefits health. Method of instruction includes lecture, demonstration and student practice of techniques.

**3 units**

### **CCM 415 Chinese Nutrition**

Prerequisites: CCM 300 Principles of Chinese Medicine.

This course explores the practical aspects of utilizing specific

# Course Descriptions

## Graduate Curriculum

food combinations as preventative medicine as well as to ameliorate existing health imbalances. Traditional Chinese food groups will be examined as well as foods common to American diet. Method of instruction includes lecture, discussion, and student cooking presentations.

**3 units**

### CCM 417 Introduction to Chinese Herbal Formulas

Prerequisites: CCM 300 Principles of Chinese Medicine. A survey of Chinese herbal formula categories will be examined and specific formulas for shifting imbalances will be explored in-depth. Chinese patent remedies will be included. Method of instruction includes lecture, discussion, and student practicum.

**2 units**

### CCM 419 Nutrition-Focused Chinese Internal Medicine

Prerequisites: CCM 300, CCM 305, CCM 310, CCM 415 This course guides the student into a deeper understanding of how to apply Chinese nutritional approaches to more complex internal medical conditions. Students will learn menu strategies for specific cases. Method of instruction includes lecture, discussion, and student presentation of cases with nutrition strategy.

**4 units**

### CCM 600 Huang Di Nei Jing (Yellow Emperor's Internal Classic)

Prerequisite: Admission to the Graduate Program. This course provides an in-depth examination of this most important work in the history and practice of Chinese medicine. Students will consider the breadth and depth of the authors' vision of the art of living and practice of medicine, which provided the foundation for all subsequent development of Chinese medicine. The course will cover the 81 chapters of Part I: *The Su Wen*, as well as the 81 chapters of Part II: *The Ling Shu*. Students will critique various commentaries on the *Nei Jing*, and develop their own commentaries on parts of the *Nei Jing*, judging the application of *Nei Jing* thought to contemporary Chinese medical practice and research. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**6 units**

### CCM 602 Nan Jing (Classic of Difficult Issues)

Prerequisite: Admissions to the Graduate Program. This course critically examines the second most important work in the history and practice of Chinese medicine. Students will

compare and critique various issues covered in and commentaries on *Nan Jing*. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### CCM 604 Jia Yi Jing (Systematic Classic of Acupuncture)

Prerequisite: Admissions to the Graduate Program. This course comprehensively investigates one of the most important classics in the field of Chinese acupuncture. Students will analyze various passages, formulate new treatment strategies based upon this analysis, and develop methods for Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### CCM 606a The Four Great Masters: The Cooling School of Liu Yuan Su

Prerequisite: CCM 600 Nei Jing. This course critically evaluates the Cooling School of Liu Yuan Su, who believed that the root of all disease lay in heat disorders. Students will be expected to design and critique various practical applications of Liu Yuan Su's theories for contemporary clinical practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### CCM 606b The Four Great Masters: The Earth School of Li Dong Yuan

Prerequisite: CCM 600 Nei Jing. This course critically examines the School of Postnatal Tonification of Liu Yuan Su, who believed that the root of all diseases lay in digestive disturbances. Students will be expected to design and critique practical applications of Li Dong Yuan's theories in modern practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### CCM 606c The Four Great Masters: The Purging School of Zhang Cong Zheng

Prerequisite: CCM 600 Nei Jing. This course critically examines the Purging School of Zhang Cong Zheng, who believed that the root of all disease lay in toxicity that needed to be purged from the body. Students will be expected to design and critique practical applications of Zhang Cong Zheng's theories for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

**CCM 606d The Four Great Masters:  
The Nourishing Yin School of Zhu Zheng  
Heng**

Prerequisite: CCM 600 Nei Jing.

This course critically examines the Water School of Zu Zheng Heng, who believed that the root of all disease lay in Yin fire conditions. Students will be expected to design and critique practical applications of Zu Zheng Heng's theories for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

**CCM 608 Various Schools of Acupuncture  
and Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course investigates the major works of other Masters of Classical Chinese Medicine. Students will be expected to design and critique practical applications of at least two Masters' theories for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

**CCM 610 Shang Han Lun (Treatise on Dis-  
eases Caused by Cold)**

Prerequisite: Admissions to the Graduate Program.

This course critically evaluates this essential work in the history of Chinese Medicine and Herbology and applications to contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**4 units**

**CCM 612 Wen Bing (Study of Diseases  
Caused by Heat)**

Prerequisite: Admissions to the Graduate Program.

This course critically examines this essential work in the history of Chinese Medicine and Herbology. Students will be expected to formulate and assess various treatments using strategies elucidated in this text. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

**CCM 614 Jin Gui Yao Lue (Essential Pre-  
scriptions from the Golden Cabinet)**

Prerequisite: Admissions to the Graduate Program.

This course investigates the seminal work in herbal medicine by the author of the Shang Han Lun. Students will be expected to formulate and assess various treatments using strategies eluci-

dated in this text. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

**CCM 620 Primary Meridian Acupuncture  
and Herbal Energetics**

Prerequisite: Admissions to the Graduate Program.

This course investigates the roles of the Primary Meridians in the meridian systems of Classical Chinese Medicine, according to the classics. Students will critically examine the classical theories behind the special points and the energetic functions of acupuncture points and meridian pathways for the 12 Regular Meridians. The course also explores the energetics of herbs that resonate with the Primary Meridians and strategies to access and treat the Primary Meridians with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**4 units**

**CCM 622 Sinew Channel Acupuncture and  
Herbal Energetics**

Prerequisite: Admissions to the Graduate Program.

This course investigates the roles of the Sinew channels in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically examine the classical theories of the Sinew channels and various uses of these meridians in the treatment of physical and psychological disorders. The course also explores the energetics of herbs that resonate with the Sinew channels and strategies to access and treat the Sinew channels with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

**CCM 624 Luo Vessel Acupuncture and  
Herbal Energetics**

Prerequisite: Admissions to the Graduate Program.

This course investigates the roles of the Luo Vessels in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically evaluate the classical theories of the Luo vessels and energetic functions of transverse and longitudinal branches for the 15 Luo meridians. This course also explores the energetics of herbs that resonate with the Luo vessel and strategies to access and treat the Luo vessels with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum, also distance learning supplement video via Vimeo Pro.

**2 units**

## **Course Descriptions**

### **Graduate Curriculum**

#### **CCM 626 Divergent Vessel Acupuncture and Herbal Energetics**

Prerequisite: Admissions to the Graduate Program.

This course investigates the roles of the 12 Divergent Meridians in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically evaluate the classical theories of the Divergent vessels and the energetic functions of each of the meridians. The course also explores the energetics of herbs that resonate with the Divergent meridians and strategies to access and treat the Divergent vessels with herbal medicine. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 628 Eight Extra Meridian Acupuncture and Herbal Energetics**

Prerequisite: Admissions to the Graduate Program.

This course investigates the roles of the Eight Extra Vessels in the meridian systems of Classical Chinese Medicine, as elucidated by a rigorous study of classical writings. Students will critically evaluate classical theories regarding the Eight Extra vessels. The course also explores the energetic functions of herbs that resonate with the Eight Extra vessels and strategies to access and treat the Eight Extra meridians with herbs. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 630 Classical Needling Techniques Practicum**

Prerequisite: Admissions to the Graduate Program.

This course provides an investigation of classical needling techniques as presented in the Ling Shu and other classical works in Chinese medicine. Students will assess the practicality and efficacy of the nine types of needling used in classical traditions and formulate various methods to adapt the needling techniques to modern practice. The classical emphasis on the importance of the breath and resonance with the patient will be explored. In the practicum, students will practice each of the nine classical needling techniques under the supervision of the instructor. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**1 unit**

#### **CCM 640 Cardiology in Classical Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course investigates paradigms for understanding and treating cardiac disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 642 Oncology in Classical Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course investigates paradigms for understanding and treating both the yin and yang forms of cancer, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 644 Psychology in Classical Chinese Medicine**

This course investigates paradigms for understanding and treating psychological disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 646 Health Preservation & Rehabilitation in Classical Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course provides a comprehensive investigation of Classical Chinese Medical traditions for health preservation and rehabilitation, as elucidated in classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 648 Obstetrics and Gynecology in Classical Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course investigates paradigms for understanding and treating obstetrical and gynecological disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture,

discussion, case study and hands-on practicum.

**3 units**

### **CCM 650 External Medicine in Classical Chinese Traditions**

Prerequisite: Admissions to the Graduate Program.

This course investigates paradigms for understanding and treating disorders in the field of “Wei Ke”, or external medicine, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice in dermatology, traumatology, and the study of musculo-skeletal disorders. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 652 Pediatrics in Classical Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course investigates paradigms for understanding and treating pediatric disorders, as elucidated through classical writings. Students will evaluate the usefulness and relevance of various theories and treatment strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 654 Selected Topics in Classical Chinese Medicine**

Prerequisite: Admissions to the Graduate Program.

This course investigates additional Classical Chinese Medical specialties, as elucidated through classical writings. These topics are chosen upon the basis of students’ interest. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**up to 12 units**

### **CCM 660 Basic I Ching Theory**

Prerequisite: Admissions to the Graduate Program.

The I Ching or the Book of Changes, one of the oldest extant Chinese Classics, provides the underlying theory for studying Classical Chinese Medicine. Master Chinese physician Sun Si-Miao stated, "Without understanding the I Ching, it is not possible to become a supreme doctor." This course investigates the I Ching, various methods of casting and interpreting the resulting hexagrams, including the Future and Inner Hexagrams, Trigrams, and moving lines, with a focus upon medical applications. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary

practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 662 I Ching Applications to Acupuncture**

Prerequisite: CCM 622 Basic I Ching Theory.

This course critically examines I Ching applications in acupuncture. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

### **CCM 664 I Ching Applications to Chinese Herbology**

Prerequisite: CCM 622 Basic I Ching Theory.

This course critically examines I Ching applications in Chinese herbology. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

### **CCM 666 I Ching Applications to Herbal Formulas**

Prerequisite: CCM 622 Basic I Ching Theory.

This course critically examines I Ching applications in writing Chinese Herbal Formulas. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

### **CCM 668 I Ching Applications to Cultivation**

Prerequisite: CCM 622 Basic I Ching Theory.

This course critically examines I Ching applications in philosophy and cultivation. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of Instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

### **CCM 669 I Ching Applications to Feng Shui and Environments**

Prerequisite: CCM 622 Basic I Ching Theory.

This course critically examines I Ching applications in Feng Shui and other environmental considerations. Students will evaluate the usefulness and relevance of various theories and



## **Course Descriptions**

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strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

#### **CCM 670 Healing Qi Gong I**

Prerequisites: Admissions to the graduate program.

This course examines Healing Qi Gong methods for health professionals, focusing upon the cultivation of Jing and Qi and learning how to gather and use energy. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.

**3 units**

#### **CCM 672 Healing Qi Gong II**

Prerequisites: CCM 670 Healing Qi Gong I.

This course examines advanced Healing Qi Gong methods for health professionals, focusing upon the use of light, mind power, visualization, imagination, Jing, Qi, Shen, Hun, and Po in healing. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.

**3 units**

#### **CCM 674 Tai Ji Chuan for Health Professionals I**

Prerequisites: Admissions to the Graduate Program.

This course introduces theoretical and practical training in Daoist methods of strengthening and transforming the health professional's body to become an instrument of healing. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.

**3 units**

#### **CCM 676 Tai Ji Chuan for Health Professionals II**

Prerequisites: CCM 674

This course introduces theoretical and practical training in Daoist methods of strengthening and transforming the health professional's body to become an instrument of healing. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, demonstration and practice of techniques.

**3 units**

#### **CCM 678 Buddhist Approaches to Healing**

Prerequisites: Admissions to the Graduate Program.

This course discusses Buddhist theories of medicine and healing, and their application to the practice of Classical Chinese Medicine, with a focus upon the emphasis of the role of health professional's compassion. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**2 units**

#### **CCM 680 Chinese Medical Language I**

Prerequisites: Admission to the graduate program.

This course provides a comprehensive introduction to Chinese medical language. Students will learn approximately 400 characters relevant to classical Chinese medical literature. Method of instruction includes lecture and language practice.

**3 units**

#### **CCM 682 Chinese Medical Language II**

Prerequisite: CCM 680 Chinese Medical Language I.

A continuation of CCM 680, this course provides students with the opportunity to learn another 400 characters relevant to Chinese medical literature. Method of instruction includes lecture and language practice.

**3 units**

#### **CCM 701a Japanese Meridian Therapy I**

Prerequisites: Admissions to the Graduate Program.

This course examines Japanese meridian therapy approaches to acupuncture treatments. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 701b Japanese Meridian Therapy II**

Prerequisites: CCM 701a Japanese Meridian Therapy I.

This course provides intermediate study of Japanese meridian therapy approaches to acupuncture treatment. Students will evaluate the usefulness and relevance of various theories and strategies for contemporary practice. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

#### **CCM 705a Five Elements Acupuncture I**

Prerequisites: Admissions to the Graduate Program.

This course critically examines R. Worsley's Five Elements Tradition and its diagnostic and treatment procedures. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 705b Five Elements Acupuncture II**

Prerequisites: CCM 674 Five Elements Acupuncture I.

This course provides an advanced critical analysis of J. R. Worsley's Five Elements Tradition and its application to various disharmonies. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 710a Korean Hand Acupuncture I**

Prerequisites: Admissions to the Graduate Program.

This course critically examines the points, meridians, uses, benefits, and limitations of Korean Hand Acupuncture. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 710b Korean Hand Acupuncture II**

Prerequisites: Korean Hand Acupuncture I.

This course provides an advanced analysis of the points, meridians, uses, benefits, and limitations of Korean Hand Acupuncture. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 720a Korean Constitutional Medicine I**

Prerequisites: Admissions to the Graduate Program.

This course critically examines the field of Korean Constitutional Medicine, covering theory, typologies, and uses of herbs, nutrition, and acupuncture in treating disorders. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

### **CCM 720b Korean Constitutional Medicine II**

Prerequisites: Admissions to the Graduate Program.

This course provides an advanced analysis of the field of Korean Constitutional Medicine, covering theory, typologies, and uses of herbs, nutrition, and acupuncture in treating disorders. Method of instruction includes lecture, discussion, case study and hands-on practicum.

**3 units**

## **Department of Homeopathy**

### **HM 300 Principles of Homeopathy**

Prerequisites: Admissions to the doctoral program.

This course examines the fundamental principles of classical homeopathy, including Hahnemann's conceptions of the vital force and its role in health and disease, the law of similars, the law of provings, the totality of symptoms, the concept of potentization, hierarchy of the body systems, Herring's Law of cure, progression of chronic diseases, issues of suppression, palliation, aggravation, and antidotes, and an introduction to *Materia Medica* and *Repertories*. Students will also learn the history and legacy of Homeopathy and the concepts of Homeopathic pharmacy, potency and the 6th Organon. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

### **HM 315 Homeopathic Case Taking, Repertorization & Analysis**

Prerequisites: Admissions to the doctoral program.

This course investigates various methods of taking a case or conducting a complete homeopathic assessment interview. Students also compare, and contrast at least three methods, synthesize their knowledge in developing their own case-taking procedures and forms, and evaluate various methods of organizing and analyzing case material. Students will read, interpret, and evaluate several passages from Hahnemann's *Organon of Medical Art*; and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and role-play.

**4 units**

### **HM 320 Homeopathic First Aid and Acute Prescribing**

Prerequisites: HM 300.

This course examines the use of homeopathy in first aid and acute situations. Students will read, interpret, and evaluate several passages from Hahnemann's *Organon of Medical Art*; and compare and contrast various source materials on several first aid and acute remedies. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

### **HM 325 Miasms and Chronic Diseases**

Prerequisites: Admissions to the doctoral program.

This course investigates Hahnemann's writings on homeopathy and chronic diseases. Students will evaluate writings from



## **Course Descriptions**

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various homeopathic masters about obstacles to cure, miasms, nosodes and sarcodes, and other miasmatic treatments for various constitutions, and palliation for incurable diseases. Students will read, interpret, and evaluate several passages from Hahnemann's Organon of Medical Art; and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **HM 335 Homeopathic Materia Medica for Polycrests I**

Prerequisite: Admissions to the doctoral program.

This course provides an intensive examination of common homeopathic remedies and their use in benefiting the health of persons with physical and psychological problems. Students will compare and contrast various homeopathic polycrests across a wide array of dimensions. Students also will assess and compare various homeopathic materia medicas and learn how to research remedies. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

**3 units**

### **HM 340 Gemmotherapy, Organotherapy, Oligotherapy, Cell Salts & Flower Essences**

Prerequisites: Admissions to the doctoral program.

This course investigates homeotherapeutic remedies that have been developed in the last 50 years at French medical schools, including: gemmotherapy, organotherapy, lithotherapy, and oligotherapy. This course also examines Schuessler's work on Cell or Biochemic Tissue Salts, which stem from vital minerals constituents of the human body and investigates the properties of Bach Flowers, California Flowers and other recently discovered flower essences, which are used to balance and soothe the mental and emotional states of humans and animals. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

### **HM 405 Contemporary Theorists in Classical Homeopathy**

Prerequisites: HM 300 Principles of Homeopathy.

This course critically evaluates the works of four contemporary homeopathic masters: Rajan Sankaran, George Vithoulkas, Paul Herscu, and Francisco Xavier Eizayaga. Students will read, interpret, and evaluate several passages from Hahnemann's Organon of Medical Art and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and student presentations.

**4 units**

### **HM 410 Homeopathic Psychology**

Prerequisites: HM 300 Principles of Homeopathy.

This course investigates the relationship of remedies to various psychological states and provides practice for students in selecting rubrics for psychological problems. Students will read, interpret, and evaluate several passages from Hahnemann's Organon of Medical Art and compare and contrast various source materials on several remedies. Method of instruction includes lecture, discussion, and student presentations.

**2 units**

### **HM 415 Homeopathic Materia Medica-- Mineral Remedies**

Prerequisites: At least one Homeopathic Materia Medica course.

This course provides an intensive examination of remedies made from minerals and their use in the practice of homeopathy. Students will assess and compare various theories regarding mineral remedies and research each of the mineral remedies studied in at least five materia medica. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

**3 units**

### **HM 420 Homeopathic Materia Medica-- Animal Remedies**

Prerequisites: At least one Homeopathic Materia Medica course.

This course provides an intensive examination of remedies made from animal products and their use in the practice of homeopathy. Students will assess and compare various theories regarding animal remedies, including species characteristics, and research each of the animal remedies studied in at least five materia medica. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

**3 units**

### **HM 425 Homeopathic Materia Medica--Plant Remedies**

Prerequisites: At least one Homeopathic Materia Medica course.

This course provides an intensive examination of remedies made from plant products and their use in the practice of homeopathy. Students will assess and compare various theories regarding plant remedies, including family and genus characteristics, and research each of the plant remedies studied in at least five materia medica. Method of instruction includes lecture, discussion, and student practice exploring rubrics in Materia Medica.

**3 units**

### **HM 430 Homeotherapeutics**

Prerequisites: HM 300 Principles of Homeopathy.

This course comprehensively examines the uses of homeopathy in the treatment of internal and external disorders. Method of instruction includes lecture, discussion, and small group collaborative learning

**6 units**

### **HM 500 Homeopathy Externship**

Prerequisites: HM 300 Principles of Homeopathy; at least two additional units of doctoral level study of homeopathy.

The externship provides students with the opportunity to observe case taking in a clinical setting and to begin taking cases on their own under the supervision of an experienced homeopath. Method of instruction includes observation of consultations and discussion with supervisor and interns about diagnoses of the cases, treatment and follow-up.

**4 units**

### **HM 600 Advanced Miasms, Case Management, and Long-Term Prescribing**

Prerequisites: HM 300, HM 315, HM 325.

This course provides an intensive and comprehensive analysis of Hahnemann's and other great homeopathic master's writings on miasms, chronic disease, and issues involved in long-term prescribing. Students will investigate, synthesize, and critique advanced material about obstacles to cure, miasms, the use of nosodes and sarcodes, and other miasmatic treatments for the constitution, and palliation for incurable diseases. Students are required to present case material from their homeopathic doctoral internship or practices to demonstrate and assess the applicability of their evolving ideas to clinical practice and contemporary strategies in homeopathic research. Method of instruction includes lecture, discussion, and application of analysis to sample cases.

**4 units**

### **HM 605 Advanced Materia Medica with Provings**

Prerequisites: HM 335, HM .415, HM 420, HM 425

In this course, students will create new knowledge about homeopathic remedies, by conducting and participating in provings of remedies and by synthesizing, integrating, and appraising the results obtained from other master provers of homeopathic remedies. Method of instruction is through hands-on application of homeopathic proving methods and group discussion of the results.

**6 units**

### **HM 615 Selected Works of Homeopathic Masters**

Prerequisites: HM 300

This seminar course critically examines the works and writings of two homeopathic masters, with a focus upon an evaluation of their application to contemporary homeopathic practice. Students will be required to differentiate and synthesize various perspectives as they use this material to formulate new strategies in homeopathic practice and research. Method of instruction includes lecture, discussion, and application of strategies to cases.

**2 units**

### **HM 620 Selected Issues in Contemporary Homeopathy**

Prerequisites: HM 300, 315, HM 320, HM 325

This course provides an intensive examination of one or more issues in contemporary homeopathy. Examples of topics include resonance homeopathy and the use of homeopathy for constitutional enhancement. Students will be required to challenge and critique, and assess these newer perspectives. Method of instruction includes lecture, discussion, and small group collaborative learning.

**3 units**

### **HM 630 Pediatric Homeopathy**

Prerequisites: HM 300, HM 315, HM 320, HM 325

This course provides an intensive examination of issues relevant to the use of homeopathy with infants, children, and adolescents. Method of instruction includes lecture and discussion.

**3 units**

### **HM 700 Homeopathy Doctoral Internship**

Prerequisites: HM 300, HM 315, HM 320, HM 325, HM 500, all Materia Medica courses.

In this internship training experience, students will be supervised by highly experienced practitioners of homeopathy in their intake, analysis, remedy recommendations and follow-ups of patients. Method of instruction involves supervised intake of cases, evaluation and discussion of repertorization methods, defending selected rubrics to the supervisor and peers.

**30 units**

### **HM 710 Homeopathy Clinical Case Seminar**

Prerequisites: Concurrent with HM 700 Homeopathic Doctoral Internship.

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This seminar provides a forum for an experienced homeopath and students to present their cases and to engage in rigorous discussion about the cases and case management. Method of instruction includes lecture and in-depth group discussion and analysis of a cross-section of clinical cases.

**3 units**

## Department of Nutritional Medicine

### NU 305 Macro & Micronutrients

Prerequisites: Acceptance into the Masters program.

The macronutrients of carbohydrates, proteins and fats and micro nutrients of vitamins and minerals are examined in their interactions with one another, combinations that result in proper absorption, as well as the deficiencies that lead to diseases like Protein Energy Malnutrition, Scurvy, Rickets, Beri Beri, Hypocalcemia, Osteomalacia, Vitamin K Deficiency, Pellagra, Cheilosis, Menkes Disease, etc. Method of instruction includes lecture, discussion and student presentations.

**4 units**

### NU 310 Nutrition in the Life Cycle

Prerequisites: Acceptance into the Masters program.

This course examines the nutritional needs of the body during various life stages including the nutritional needs of the pregnant mother, the growing fetus, the developing child, young adult, for fertility, for menopause and in aging adults. Method of instruction includes lecture, discussion and student presentations.

**2 units**

### NU 315 Comparative Western Diets

Prerequisites: Acceptance into the Masters program.

In this course, students will compare and contrast various western dietary approaches to health including cutting edge programs and new research, theories and paradigms. Method of instruction includes lecture, discussion and student presentations.

**3 units**

### NU 320 Eating Disorders

Prerequisites: Acceptance into the Masters program.

This class defines, researches and analyzes various eating disorders including Anorexia, Bulimia, Compulsive Overeating and Binge Eating Disorder, etc. Students will be able to identify issues, signs and factors, associated dangers and recovery strategies for eating disorders. Method of instruction includes lecture, discussion and student presentations.

**2 units**

### NU 330 Nutritional Supplementation

Prerequisites: Acceptance into the Masters program.

This course will examine the pros and cons of nutritional supplementation, studies on its efficacy, reports on soil depletion, its implications in treatment of physical and psychological disorders, in athletic performance enhancement and the contraindications from overdose. Method of instruction includes lecture, discussion and student presentations.

**2 units**

### NU 417 Intro to Western Herbs

Prerequisites: Acceptance into Masters program.

This course explores Western herbology, including herbs from North and South America and Europe, and discussing the relationship of Western herbs to other Western healing modalities, such as homeopathy, flower essences, and conventional medicine. It also introduces Western philosophies about herbs and compares and contrasts them with the philosophies and practices of herbology in East Asia and India. Method of instruction includes lecture, discussion and student presentations.

**4 units**

### NU 425 Western Nutritional Assessment & Therapy

Prerequisites: Acceptance into the Masters program.

Students learn different approaches to nutritional analysis including: physical examination of the skin, eyes, lips, mouth, gums, tongue, hair, and nails; examination of height, weight, blood pressure, glands, subcutaneous tissue, musculoskeletal system, gastrointestinal system, nervous system, and cardiovascular system; dietary intake evaluated by various techniques including food frequency questionnaires, 24-hour diet recalls, and a 3-, 5-, or 7-day food diary; use of screening tools that determine ph, fat, fiber, glucose, vitamin and mineral levels through blood, urine and hair analysis, etc. Method of instruction includes lecture, discussion and student presentations.

**4 units**

### NU 500 Nutritional Medicine Internship

Prerequisites: NU 305, NU 315, NU 310, NU 320, NU 425

In a clinical setting, students will have the opportunity to practice counseling sessions and learn to work with clients to create nutritional program strategies for various health disorders and imbalances. Method of instruction includes supervision of clinical consultations and discussion of diagnoses and strategies.

**10 units**

## Department of Western Clinical Sciences

### **WS 300 Pathology and the Nature of Disease I**

Prerequisites: WS 120 Western Orthodox Medical Terminology; WS 125 Anatomy and Physiology I; WS 126 Anatomy and Physiology II.

This course provides a comprehensive study of basic pathological processes from the perspective of orthodox medicine. Students will examine various concepts in microbiology and pathology, including inflammations, infections, immunity, immunology, and non-neoplastic and neoplastic proliferations. Students also will compare and contrast diverse circulatory and cardiothoracic disorders. Method of instruction includes lecture, discussion and student presentations.

**4 units**

### **WS 305 Pathology and the Nature of Disease II**

Prerequisites: WS 120, WS 126. Recommended Prerequisite: Pathology and the Nature of Disease I.

This course continues the comprehensive study of pathological processes from the perspective of orthodox medicine. Students will examine, compare, and contrast various disorders of the respiratory, endocrine, alimentary, genitourinary, nervous and musculoskeletal systems as well as disorders of homopoietic and lympho-reticular tissues. Method of instruction includes lecture, discussion and student presentations.

**4 units**

### **WS 405 Western Physical Assessment & Laboratory Test Analysis**

Prerequisites: WS 300 Pathology and the Nature of Disease I; WS 305 Pathology and the Nature of Disease II.

This course investigates Western orthodox physical diagnostic processes, emphasizing three clinical skills: history taking, physical examination, and logical thinking. Students will learn how to perform and evaluate a physical examination of the head, nervous system, thorax, and abdomen. Students also will learn how to evaluate relevant laboratory tests needed to confirm or rule out various disorders from an orthodox medical perspective. Method of instruction includes lecture, discussion and practical hands-on performance of exams.

**4 units**

### **WS 470 Ethics, Legal Issues, and Practice Management**

Prerequisites: Admissions to the Graduate Program.

In this course, students will investigate issues in ethics, jurisprudence, practice management and current problems that confront the modern health care practitioner, with a focus on laws, ethics, and practice management for practitioners of complementary and alternative medicine in California. Method of instruction includes lecture, discussion and student role-play.

**2 units**

### **WS 610 Pharmacology (Allopathic)**

Prerequisites: WS 300 Pathology and the Nature of Disease I; WS 305 Pathology and the Nature of Disease II.

This course examines Western Orthodox Medical pharmacology, with an emphasis on the classification, major actions, and side effects of commonly prescribed medications and possible interactions of drugs with herbs, homeopathic remedies, and/or nutritional supplements. Method of instruction includes lecture, discussion and student project.

**2 units**

### **PSY 315 Listening and Counseling Skills for Health Professionals**

Prerequisites: Admissions to the Graduate or Doctoral Program.

This course examines the relationships between patients and health professionals. Students will evaluate issues regarding the development of trust and healthy communications in a therapeutic environment. Method of instruction includes lecture, discussion and student role-play

**2 units**

## Department of Research and Dissertation Development

### **RE 300 Principles of Research Design and Statistics in Nutrition**

Prerequisites: Admissions to the Graduate Program.

This course investigates the principles of research design and statistics as it relates to nutrition and understanding scientific nutritional studies. Method of instruction includes lecture, discussion and student project.

**2 units**

### **RE 608 Principles of Research Design & Statistics for Clinicians**

Prerequisites: Admissions to the Doctoral Program.

This course investigates at an advanced level the principles of

# Course Descriptions

## Graduate Curriculum

research design and statistics as it applies to clinical practice and the understanding and evaluation of clinical studies and research. Method of instruction includes lecture, discussion and student project.

**3 units**

### RE 610 Principles of Research Design

Prerequisites: Admissions to the Doctoral Program.

This course investigates at an advanced level the principles of research design in the health sciences, providing students with the skills to formulate research questions and design and execute projects to appropriately evaluate their hypotheses. Method of instruction includes lecture, discussion and student project.

**3 units**

### RE 615 Basic Statistics

Prerequisites: Admissions to the Doctoral Program.

This course critically examines principles of descriptive and inferential statistics. Students will be required to demonstrate the applicability and appraise the appropriateness of the use of various statistical procedures including frequency distributions, t-tests, analysis of variance, analysis of covariance, chi square and other parametric and nonparametric techniques. Method of instruction includes lecture and discussion.

**3 units**

### RE 625 Research Seminar in Complementary & Alternative Medicine

Prerequisites: RE 610 Principles of Research Design.

This courses provides an intensive review of the research literature in some field of complementary and alternative medicine. Topics may include acupuncture, botanical medicine, homeopathy, Ayurvedic medicine, Qi Gong, nutrition, and mind-body medicine. Method of instruction includes lecture, discussion and student presentation.

**2 units**

### RE 650 Multivariate Statistics

Prerequisites: RE 600 Principles of Research Design; RE 615 Basic Statistics.

This course critically examines the major multivariate statistical techniques used in complementary and alternative medical research, enabling students to design and execute the analysis of data and interpret the results. Emphasis will be placed upon correctly interpreting computer print-outs using SPSS. Statistical procedures covered include multiple correlation and regression, partial and semi-partial correlation, regression analogues

of analysis of variance and analysis of covariance, discriminant function analysis, and multivariate analysis of variance. Method of instruction includes lecture and discussion.

**2 units**

### RE 790 Dissertation Development

Prerequisites: RE 600 Principles of Research Design; RE 615 Basic Statistics.

The student, under the supervision of an approved doctoral research mentor and a three-member dissertation committee, develops and defends a dissertation proposal focusing upon a specific aspect of the study or practice of his or her doctoral specialty. Method of instruction includes lecture, discussion and student participation in a current dissertation project.

**5 units**

### RE 799 Doctoral Dissertation

Prerequisites: RE 790 Dissertation Development.

The student conducts the dissertation project, writes up, and defends the project, working under the supervision of an approved doctoral dissertation chairman and a three-member supervision and guidance by and discussion with dissertation committee. Method of instruction involves discussion, review and feedback by the supervising dissertation committee

**7 units**

**BRANDON HORN, J.D., PH.D., L.Ac.**

*President and Chief Academic Officer*

*(See Page 66)*

**DR. VLADIMIR BOKARIUS, PH.D., M.D., L.Ac.**

*Medical Director/Chair, Western Clinical Science*

*(See Page 61)*

**JEANNE ZEEB**

*Chair of Homeopathy*

*(See Page 69)*

**PARLA S. JAYAGOPAL, B.A.M.S., M.D. (AYUR)**

*Chair of Ayurvedic Medicine*

*(See Page 63)*

**JOHN HOLMSTROM III, M.S., L.Ac.**

*Chair of Asian Bodywork*

*(See Page 71)*

**JOSEPH CHAI, M.S.**

*Chief Operations Officer*



## **University Board of Directors**

### **SHEILA GEORGE, M.D.**

*Board of Directors, Member*

Attended Oriental medical school in New York and interned in acupuncture in the People's Republic of China in the 1980's. She then met Jeffrey C. Yuen, the 88th Generation Taoist Master of Yu Ching Huang Lao Pai (Jade Purity School), Yellow Emperor/Lao Tzu Sect, with whom she has studied for over ten years. Together with Mr. Yuen, she co-founded the Master's degree program in Acupuncture at the Swedish Institute of Health Sciences in New York, where she served as Academic Dean until 1999 and served on the Board of Directors. She also is a member of the New York Acupuncture Board. She has served as a staff acupuncturist in the Cancer Program at Memorial Sloane Kettering Hospital in New York City, where she currently maintains a private practice.

### **VLADIMIR BOKARIUS, PH.D., M.D., L.AC.,**

*Board of Directors, Chair*

Masters degree in Physiology, Leningrad State University, U.S.S.R. 1983  
 M.D., Kuban State Medical Institute, Krasnodar, USSR. 1991  
 Ph.D. in Physiology, St. Petersburg State University, Russia. 1995.  
 M.S. in Oriental Medicine, Samra University, Los Angeles. 1999.  
 Residency in Psychiatry, Cedars-Sinai Medical Center, Los Angeles. 2001-2004.  
 Professor, Samra University of Oriental Medicine, Los Angeles. 1998-2000.  
 Professor, Emperor's College of Traditional Oriental Medicine, Santa Monica. 1998-1999.  
 Lecturer, UCLA Center for East-West Medicine, Los Angeles. 1997-2000  
 Assistant Professor, Dept. of Psycho-Neurology, Insitute of the Human Brain,  
 Russian Academy of Science, St. Petersburg. 1993-1995.

### **TERRENCE OLESON, Ph.D.**

*Board of Directors, Member*

A noted authority and celebrated author on auricular acupuncture therapy. He is a licensed psychologist and received his Master's degree from Cal State Long Beach and his Doctorate from UC Irvine, both in psychology. He was also a post-doctoral fellow at UCLA. He is currently a professor at many noted institutions, including a professor of psychology and Chair of Psychology and Director of Behavior Medicine at the California Graduate Institute.

### **KAY STONEBURNER**

*Board of Directors, Member.*

**BRANDON HORN, J.D., PH.D, L.Ac.**

*Board of Directors, Member & President*

He received his Doctor of Jurisprudence from Ohio State University College of Law. He earned a M.S. degree in Oriental Medicine from Samra University in Los Angeles and a Ph.D. in Classical Chinese Medicine from the American University of Complementary Medicine. He is a licensed acupuncturist with a clinical practice at the Eastern Center of Complementary Medicine.

**JEFFREY C. YUEN**

*Board of Directors, Member*

The 88th Generation Taoist Master of Yu Ching Huang Lao Pai (Jade Purity School), Yellow Emperor/Lao Tzu Sect, ordained by 87th Generation Taoist Master Yu Wen, Jeffrey's adoptive grandfather. Immersed in the practice and study of Taoism and the classics of Chinese medicine since early childhood, Mr. Yuen offers unparalleled knowledge of the rich, oral traditions that fully integrate physical, psychological, and spiritual facets of the medicine. Together with Dr. Sheila George, he co-founded the Master's degree program in Acupuncture at the Swedish Institute of Health Sciences in New York, where he is a professor and director.

## DEPARTMENT OF AYURVEDIC MEDICINE:

**DHIREN PATEL, M.D. IN AYURVEDA (INDIA),**

B.S.A.M. in Medical Science, Gujarat Ayurvedic Medical University.  
M.D. in Ayurvedic Medicine, Gujarat Ayurvedic Medical University.  
Fields of Specialization: Ayurvedic Medicine.  
Lecturer, Emperor's College of Traditional Oriental Medicine, 1995.  
Honorary visiting lecturer, Los Angeles College of Chiropractic, 1990-1998

**PARLA S. JAYAGOPAL, B.A.M.S., M.D. (AYUR)**

Chair, Department of Ayurvedic Medicine.  
B.A.M.S., Bangalore University  
M.D. in Ayurvedic Herbology, Rajiv Gandhi University of Health Sciences  
YTTC, Yoga Teacher's Training, Atma Darshan, Bihar School of Yoga  
Instructor, Indus Valley Ayurvedic Center, Mysore  
Instructor, Ramakrishna Ayurvedic Medical College, Bangalore  
Instructor, SDM college of Ayurveda, Udupi  
Clinical experience:  
Indus Valley Ayurvedic Centre, Mysore  
Athreya Ayurvedic Care in Bangalore

**DR. NARENDRA PENDSE, B.A.M.S., M.D. (AYUR)**

B.A.M.S., University of Poona, Pune, India  
M.D. (Ayur), Pune, India  
Trained with internationally renowned senior Ayurvedic Consultant, Dr. B.P. Nanal, Pune  
Trained with expert Ayurvedic Consultant, Dr. V.B. Mhaskar in Vadodara, Gujarat State  
Ayurvedic Physician, Sumati Ayurved Clinic & Panchakarma Centre, Pune, 1997-present  
Private Practice as Ayurvedic Physician, Pune and Mumbai  
Examiner, Undergraduate Dept., Ayurved Faculty, University of Poona, Pune, 1998-present  
Member, Board of Studies, P.G. Nanal, Ayurved Dept. Tilak Maharashtra vidyapeeth, Pune  
Specialization: Kayachikitsa (Internal Medicine)

**SIVARAMA VINJAMURY, M.D. (AYUR)**

Master of Acupuncture and Oriental Medicine, Southern California University of Health Sciences  
Doctor of Medicine (Ayurveda), University of Kerala, India  
Credentials:  
California Acupuncture Board: Licensed Acupuncturist (L.Ac)  
Ayurvedic medicine license, India  
Faculty Member/ Research Projects Coordinator, Southern California University of Health Sciences  
Research Associate, Integrative Medicine Program, University of Southern California  
Consultant Ayurvedic Physician, Apollo Hospitals, India  
Director, Herbal Product Development, Venkat Pharma, India  
Consultant Ayurvedic Physician, Sri Nagarjuna Ayurvedic Clinic and Panchakarma Therapy Center, India  
Consultant Ayurvedic Physician, Tesla Diagnostics, India  
Consultant Ayurvedic Physician, India Airlines, India  
Speaker, Complementary and Alternative Medicine in World Ayurveda Congress 2002, Kochi, India

## DEPARTMENT OF CHINESE MEDICINE:

**XIULING MA, PH.D., L.A.C.,**

Bachelor of Medicine, Traditional Chinese Medicine, Beijing University of Chinese Medicine, 1988, Valedictorian.  
Master of Medicine, Acupuncture and Moxibustion, Beijing University of Chinese Medicine, 1991, Valedictorian.  
Ph.D., Acupuncture and Moxibustion, Beijing University of Chinese Medicine.  
License: Acupuncture, State of California.  
Fields of Specialization: Chinese Internal Medicine, Acupuncture, Chinese Herbal Medicine.  
Assistant Professor, Beijing University of Chinese Medicine, 1988 - 1995.  
Professor, Emperor's College of Traditional Oriental medicine, 1995 - present.  
Professor, Samra University of Oriental Medicine, 1998 - present.  
Author of five books and over 20 journal articles in acupuncture and Traditional Chinese Medicine.

**LIN CHAI, PH.D.**

Bachelor of Medicine, Traditional Chinese Medicine, Beijing Univ. of Chinese Medicine, 1988.  
Ph.D., Traditional Chinese Medicine, Beijing University of Chinese Medicine, 1993.  
License: Acupuncture Physician, State of Florida.  
Fields of Specialization: Chinese Internal Medicine, Acupuncture, Chinese Herbology.  
Director of Oriental Medicine, National College of Oriental Medicine, Orlando, FL.  
Author/coauthor of four textbooks on Traditional Chinese and several published research studies.

**YANLING FU, PH.D. (CHINA), OMD, CHINA**

Ph.D., Beijing University of Chinese Medicine, 1989  
MS, Hubei University of Chinese Medicine, 1986  
BS, Hubei University of Chinese Medicine, 1982  
Profesor in Preclinical Medicine, Beijing University of Chinese Medicine, 1989-present.  
Chief Physician, Internal Medicine - Beijing University of Chinese Medicine, 1989-present.  
Fields of Specialization: Shang Han Lun (Treatise of Diseases Caused by Cold), Various Schools of Chinese Medicine, Zangfu Diagnosis.  
Author of a total of 44 books and journal articles.

**SHEILA GEORGE, M.D.**

Educational Background and Degrees Granted:  
BA, Biology, Northeastern University, Boston, MA, 1976.  
M.D., Howard University School of Medicine, 1984.  
Montefiore-Vallentine Lane Clinic, Yonkers, NY, Acupuncture Physician in Acupuncture Clinic.  
Preceptor of Family Medicine Interns, Montefiore Medical Center, 1987-1988.  
Residency in Family Practice, Montefiore Medical Center, New York, 1984-1987.  
Fellowship in Urban Family Practice, Montefiore Medical Center, New York, 1987-1988.  
Traditional Chinese Medical Pharmacology and Prescriptions with Ted Kaptchuk, 2-year Course.  
Institute of Traditional Chinese Medicine, New York, NY, 3-year Program in Acupuncture .  
Internship in acupuncture, Zhe-Ziang Institute, Hangzhou, People's Republic of China, 1988.  
Workshops with Jeffrey Yuen, Tai Qi Institute, 1991 - present.  
Coursework in Research Design, Data Management, and Data Analysis, Albert Einstein College of Medicine, Bronx, NY, 1988.  
Licensure: M.D., State of New York. Fields of Specialization:  
Family Medicine, Acupuncture, Herbology, Classical Chinese Medicine.  
Physican, Acupuncturist, Urban Family Health, N.Y., Clinician of Family Medicine & Acupuncture, 1989-1994.  
Academic Dean, Swedish Institute of Health Sciences, New York, NY, 1996-1999.  
Co-curriculum Developer for Master's level program in Acupuncture, Swedish Institute of Health Sciences, New York, NY, 1994-1995.  
Board Member, Health Education AIDS Liaison, New York, New York, 1990-1995.  
Board Member, Inst. Review Committee of the Community Health Care Network, New York, NY, 1994-present.  
Board Member, New York State Acupuncture Board, 1996 - present.

**ZHAOLIN LU**

Bachelor of Medicine, Beijing University of Chinese Medicine, 1965.  
Field of Specialization: Various Schools of Chinese Medicine.  
Professor of Chinese Medicine, Beijing University of Chinese Medicine, 1985-present  
Assoc. Prof. of Chinese Medicine, Beijing College of Chinese Medicine, 1975-1985.  
Assistant Prof. of Chinese Medicine, Beijing College of Chinese Medicine, 1965-1975..  
Supervisor of candidates for the Doctoral Degree, 1985-present.  
Committee Member, Chinese Medicine Degree Committee, People's Republic of China.  
Committee Member, Chinese Technology Committee.  
Commissioner, Chinese Medical Association.

**HAI HE TIAN, PH.D.**

Bachelor of Medicine, Traditional Chinese Medical Pharmacology, Beijing University of Chinese Medicine and Pharmacology, 1988.  
Master of Medicine, Beijing University of Chinese Medicine and Pharmacology, 1990.  
Ph.D., Traditional Chinese Medical Pharmacology, Beijing University of Chinese Medicine and Pharmacology, 1993.  
License: Acupuncture Physician, State of Florida.

Fields of Specialization: Chinese Medicine, Chinese Medical Pharmacology.  
 Professor, Florida Institute of Traditional Chinese Medicine, 1997 - 1998.  
 Professor, China International Medical University, Beverly Hills, CA, 1998 - present.  
 Lecturer, Beijing University of Chinese Medicine and Pharmacology, 1993 - 1997.  
 Author of 14 books and numerous publications in research journals on TCM.

#### JINZHOU TIAN

Doctor of Medicine, Beijing University of Chinese Medicine, 1989  
 Master Degree, Hubei University of Medicine, 1986  
 Bachelor of Medicine, Jingzhou Medical School, 1978  
 Field of Specialization: Neuropsychiatry and Neuropsychology for the Elderly and Traditional Chinese Geriatrics.  
 Professor, Beijing University of Chinese Medicine, 1994 - present.  
 Consultant Physician and Director of Care of the Elderly, Dong Zhi Men Hospital affiliated with Beijing University of Chinese Medicine, 1994 - present.  
 Visiting Professor, University of Recife, Brazil and Quito San Francisco University of Ecuador, 1998.  
 Associate Professor and Deputy Director, Department of Care of the Elderly, Dong Zhi Men Hospital, 1992-1994.  
 Physician-in-Charge, Department of Neurology, Deputy Director of Postgraduate Office, Dong Zhi Men Hospital, 1989-1992.  
 Assistant Professor and Resident Physician, Hubei Province, Jingzhou Medical School, 1978-1983.  
 Author of 15 journal articles and three books in Chinese medicine and neuropsychiatric disorders.

#### QINGGUO WANG, PH.D. (CHINA), O.M.D. (CHINA)

Bachelor of Medicine, Liao Ning Institute of Chinese Medicine, 1972.  
 Master of Medicine, Beijing University of Chinese Medicine, 1985.  
 Ph.D. in Medicine, Beijing University of Chinese Medicine, 1988.  
 Fields of Specialization: Pediatric applications of the Shang Han Lun (Treatise of Diseases caused by Cold); computer diagnostic systems in Traditional Chinese Medicine, Bupleurum and its use for cirrhosis and ulcerative colitis; clinical research; cholecystitis.  
 Vice President, Beijing University of Chinese Medicine, 1994-present.  
 Director, National Bureau of Chinese Medicine Control.  
 Vice President, Chinese Medicine Workshop Association.  
 Committee Member, Chinese Medicine Associate Basic Theory Committee.  
 Author of 14 national research topics, 13 books, and 17 other research articles.

#### YU YOU, O.M.D., PH.D., M.M. (CHINA), L.A.C.

Bachelor of Medicine, Nanjing Medical College, People's Republic of China, 1970.  
 Master of Medicine, Shanghai Medical University, People's Republic of China, 1982.  
 Postgraduate Training, Department of Internal Medicine, Hua Shan Hospital, Shanghai Medical University, 1979-1982.  
 Advanced Study in Immunology, Department of Microbiology, Shanghai Medical University, 1984.  
 Advanced Study in Behavioral Medicine, Harvard Medical School and Shanghai University of Traditional Chinese Medicine, 1985.  
 Doctor of Oriental Medicine, South Baylo University, 1988.  
 Ph.D., Oriental Medicine, South Baylo University, 1990.  
 License: Acupuncture, State of California  
 Fields of Specialization:  
 Acupuncture, Chinese Medical Theory, Chinese Herbology.  
 Faculty Member, Samra University of Oriental Medicine, 1996 - present.  
 Clinic Director, Samra University of Oriental Medicine, 1996 - 1997.  
 Clinic Director and Associate Dean, Chinese Language Program, South Baylo University, 1993 - 1996.  
 Lecturer, Department of Internal Medicine, Shanghai Medical University, 1980-1986.

#### JEFFREY YUEN

BA, Mathematics, Brooklyn College, Brooklyn, NY, 1982.  
 Graduate Coursework: Archeology/Anthropology, Columbia University, New York, NY, 1994.  
 Diplomate in Chinese Herbology, National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM)  
 88th Generation of Yu Ching Huang Lao Pai (Jade Purity School), Yellow Emperor/Lao Tzu Sect, ordained by 87th Generation Taoist Master Yu Wen.  
 26th Generation of Chuan Chen Lung Men Pai (Complete Reality School, Dragon Gate Sect), ordained by 25th Generation Taoist Master Lu Xin-Zu, recorded and recognized by the White

Cloud Monastery, headquarter of Religious Taoism in Beijing, China.  
 Elected Professional Member, American Herbalist Guild  
 Consultant on Chinese Herbal Medicine, Lincoln Hospital Detox Clinic, New York, NY.  
 Consulting Editor, The Great Tao Magazine.  
 Contributing Editor, Tai Chi Journal.  
 Board of Advisors, White Lotus Study Group.  
 Board of Advisors, The Herb Letter.  
 Board of Advisors, American Taoist and Buddhist Association  
 President, International Tai Chi Institute.  
 Director and Professor, Department of Acupuncture and Oriental Medical Studies, Swedish Institute of Health Sciences, New York.  
 Mr. Yuen apprenticed for more than 20 years in Classical Chinese Medicine and other Taoist Healing Arts with Master Taoist Priest and Physician, Yu Wen, who transmitted his lineage to Mr. Yuen before the former's death at age 108. Mr. Yuen is recognized internationally to be a Master of Classical Chinese Medicine, Taoism, Acupuncture, Chinese Herbology, Tai Ji Chuan, and Qi Gong. Fields of Specialization: Chinese Medical Classics, Acupuncture, Chinese Herbology, Chinese Medicine, Tai Ji Chuan, Qi Gong, Taoist Philosophy. He has served as a Guest Lecturer at Rockefeller University, City University of New York, San Francisco State University, Vassar College, and is the only non-M.D. acupuncturist on faculty for the American Association of Acupuncture Physicians. In addition to teaching and directing the Acupuncture Master's Degree program at Swedish Institute of Health Sciences, Mr. Yuen regularly provides Continuing Education lectures for Licensed Acupuncturists in Italy, California, and New York.

#### DEPARTMENT OF HOMEOPATHY:

##### JEANNE ZEEB, DHM, CHAIR, DEPARTMENT OF HOMEOPATHY.

Educational Background and Degrees Granted:  
 Diploma in Nursing (RN), LA County Hospital/USC School of Nursing, 1964.  
 Doctor of Homeopathic Medicine, Hahnemann College of Homeopathy, London, 1994.  
 Fields of Specialization: Homeopathy, Flower Essences, Nutrition.

##### CAROL BOYCE, BSC, MCH, LCH, DIP. HOM. THERAPEUTICS

BSc., Kings College, London  
 Ph.D. candidate, Kings College, London  
 Licentiate and Member, College of Homeopathy, London  
 Registered Practitioner, Society of Homeopaths, UK  
 Practitioner of Homeopathic Medicine 1985- Present  
 Senior Lecturer & Chair, Patient Management Dept., College of Homeopathy, London 1988-1996  
 Supervisor of homeopathic students, London & Los Angeles  
 Examiner for membership in College of Homeopathy and in Royal Society of Homeopaths, 1994-1996  
 Academic Board Member, Examination Board of College Council, College of Homeopathy, 1988-1996  
 Founder/Director, Homeopathy Without Borders (Intl. non-profit homeopathic clinical and training organization with projects on four continents) 1992-1996

##### MURRAY C. CLARK, D.HOM., D.AOM, L.A.C.

Undergraduate coursework, Flanders University, South Australia, 1978  
 Diplomate, Computer Science, Auckland Technical Institute, New Zealand, 1983  
 Diploma of Acupuncture and Oriental Medicine,  
 Emperor's College of Traditional Oriental Medicine, 1987  
 Diplomate of Homeopathic Medicine,  
 Hahnemann College of Homeopathy, London, 1991  
 Diploma of Homeopathy, Academy for Classical Homeopathy, Minneapolis, MN, 1993  
 Professor of Homeopathic Medicine, Samra University of Oriental Medicine, 1996-1997  
 Professor of Homeopathic Medicine, Emperor's College of Traditional Oriental Medicine, 1994-1995  
 Coursework in Classical Homeopathy with George Vithoulkas, Alonnisos, Greece, 1991  
 Coursework in Classical Homeopathy with George Vithoulkas, New York, 1992  
 Consultant in the Psychiatric Application of Homeopathic Medicine, Institute of Psychosocial Medicine, Dublin, Ireland, 1998- Present

**LUC DE SCHEPPER, M.D., PH.D., D.I.HOM. C.HOM, L.AC.**

M.D., University of Ghent School of Medicine, Belgium, 1971.

Ph.D., Acupuncture, International Society of Acupuncture, Paris, 1981.

Diplomate in Homeopathy, British Institute of Homeopathy, 1992.

Certificate in Homeopathy, Hahnemann Academy of North America, 1992.

Licensure: M.D., States of California, New Jersey, Colorado.

Fields of Specialization: Homeopathy.

Professor, California Acupuncture College, 1981 - 1982.

Founder and Director, New School of Homeopathy, 1996 - present.

Author of 12 books on homeopathy and acupuncture, and numerous research journals.

**RICHARD FARR, D.HOM**

D.Hom, Brantridge Forrest School, Sussex, England, 1982.

Fields of Specialization: Homeopathy

Author of over 30 published articles on homeopathy. Research Consultant for Dolisus

Homeopathic Pharmaceutical Company.

**ASA HERSHOFF, DC, ND**

Doctorate Chiropractic, Canadian Memorial Chiropractic College, Canada, 1974

Doctorate of Naturopathic Medicine, Canadian College of Naturopathic Medicine, Canada, 1978

License: Chiropractic and Naturopath

Fields of Specialization: Homeopathy.

International Author and Lecturer in Homeopathy.

**MAHAVRAT PATEL, DHMS, BHMS, M.D. (HOM.)**

BHMS, Anand Homeopathic Medical College & Research Institute -

Sardar Patel University, Gujarat, India, 1986

DHMS, Anand Homeopathic Medical College & Research Institute -

Sardar Patel University, Gujarat, India, 1994

M.D. (Homeopathy), Ahmedabad Homeopathic Medical college, Deemed University -

Janardan Nagar Rajasthan Vidya Peeth, India, 2004

Delegate, Council for Homeopathic Certification

Life Member, Asian Homeopathic Medical League

Life Member, Homeopathic Association of India

Member, Claremont Wellness Professionals

**URVI RADIA, BHMS**

BHMS, Sardar Patel University, India, 2000

Secondary School Certificate, Science Stream, Gujarat Secondary Education Board, 1994

**DEPARTMENT OF PSYCHOLOGY:****JUDITH HOLLOWAY, PH.D..**

BA, Psychology, Minor: Biology, California State University Northridge, 1975.

M.A. General/Experimental Psychology, California State University Northridge, 1981.

M.A. Clinical Psychology (Multi-Community Clinical Emphasis Area), 1988.

Ph.D. Clinical Psychology (Multi-Community Clinical Emphasis Area), 1992.

Assistant Professor, California School of Professional Psychology, 1996-Present.

Adjunct Faculty, Antioch Southern California at Los Angeles, 1998-Present.

Staff Psychologist, California School of Professional Psychology, 1995-1996.

Adjunct Assistant Professor, California School of Professional Psychology, 1992-1995.

**KATHRYN P. WHITE, PH.D., L.AC.**

AB with Honors and Distinction, Vassar College, Poughkeepsie, NY, 1974.

MA, Journalism, University of North Carolina at Chapel Hill, 1981.

Ph.D., Clinical Psychology, University of North Carolina at Chapel Hill, APA-accredited program, 1982.

Psychology Internship and Clinical Fellowship in Psychiatry, Harvard Medical School, 1981-1982.

Postdoctoral Fellowship in Clinical Psychology, UCLA Medical School and Neuropsychiatric Institute, 1982 - 1983.

Master of Traditional Oriental Medicine, Emperor's College of Traditional Oriental Medicine, 1994.

Doctor of Homeopathic Medicine, Hahnemann College of Homeopathy, London, 1994.

Acupuncture Intern, Shanghai Mental Health Center and Shanghai People's Hospital Number Six, Fall, 1992.

Internship in Homeopathic Clinics, Bombay, India, Fall, 1993.

Certificate Program Coursework in Ayurvedic Medicine, Vedic Institute.

Licenses: Clinical Psychologist, Acupuncturist, State of California.

Doctor of Oriental Medicine, State of New Mexico.

Fields of Specialization: Clinical Psychology, Health Psychology, Acupuncture and Classical Chinese Medicine, Homeopathy.

Teaching Fellow, Department of Psychology, University of North Carolina at Chapel Hill, 1980-1981.

Clinical Fellow in Psychology, Harvard Medical School, 1981-1982.

Assistant Clinical Professor of Medical Psychology, UCLA Medical School, 1983 - present.

Assistant Research Psychologist II, Department of Psychology, UCLA, 1983-1986.

Instructor (1983-), Assistant Professor (1984-1989), Associate Professor (1989-1999),

Professor (1999-present), and Former Coordinator, Individual and Family Clinical Psychology Track, California School of Professional Psychology, 1983 - present.

Academic Dean, Emperor's College of Traditional Chinese Medicine, 1994-1996.

Academic Dean, Samra University of Oriental Medicine, 1996-1999.

Secretary and Executive Board Member, Council of College of Acupuncture and Oriental

Medicine, 1996-1999.

President and Chief Academic Officer, American University of Complementary Medicine, 1999 - 2010.

**DEPARTMENT OF NUTRITIONAL MEDICINE:****DIANA NOLAND, RD, MPH, CCN**

M.P.H., Loma Linda University, California, 1972

B.S. Nutrition, University of Utah, Utah, 1970

Certified Clinical Nutritionist, Clinical Nutrition Certification Board

Registered Dietician, American Dietetic Association

Member, California Dietetic Association

Member, American Diabetes Association

Member of American Society for Parenteral and Enteral Nutrition

Member of Sports, Cardiovascular and Wellness Nutritionists, ADA Practice Group

Member of Nutrition in Complementary Care, ADA Practice Group

Faculty, University of the District of Columbia, Food and Nutrition Dept., 1978

Nutrition Educator, Western Mass., New England Food & Dairy Council, 1974-75

**MARLA L. SCRIPTER, D.C., R.N.**

Doctor of Chiropractic, Cleveland Chiropractic College, Los Angeles, Calif., 2001

B.S. in Human Biology, Cleveland Chiropractic College, Los Angeles, Calif., 2001

Associates degree, Nursing, L.A. Valley College, Van Nuys, Calif., 1982

Researcher, writer, instructor, Nutritional Essentials Group, 2004

Chiropractor and Nutrition Services, Acquire Wellness! Chiropractic Rehabilitation and

Nutrition, Burbank, Calif., 2002

Providence Saint Joseph Medical Center, Burbank, Calif. 1982-1998

Affiliations:

American Public Health Association-Chiropractic Health Division

American Chiropractic Association

California Chiropractic Association

International Foundation for Nutrition and Health

O.N.E. Research Foundation

**CHARLES ROSENBERG, M.S., C.N.**

M.S., Nutrition, Bastyr University, Seattle, Washington, 1997

Certificate in HIV/AIDS education

BFA, Rhode Island School Design, Providence, Rhode Island, 1988

Private practice, nutritional counseling, 1997-present

Nutritionist, Apothecary Pharmacy, Los Angeles, 2001-2004

Nutritionist, Central Co-op's Madison Market, Seattle, 1997-2001

Adjunct Faculty, nutrition, Bastyr University, Seattle, 1997-2000

Nutritionist, Seattle Health Club, 1997-2000

Consultant, Oregon's Wild Harvest, Oregon, 1997-1999

**WENDY YU, B.S., M.S., L.AC.**

B.S. Exercise Physiology, Rutgers University, NJ 1996

M.S. Oriental Medicine, Samra University, CA 1999

Extensive training in functional medicine and nutritional therapy with Jeffrey Bland,

Ph.D.

Nutritional consultant for the Eastern Center for Complementary Medicine 1999-present



**DEPARTMENT OF ASIAN BODYWORK:****JOHN HOLMSTRÖM III, M.S., L.AC.****CHAIR, DEPARTMENT OF ASIAN BODYWORK.**

BS in Ornamental Horticulture, Minor in Plant Nutritional Soil Science, California Polytechnical University, Pomona, 1996.

MS in Oriental Medicine, Samra University of Oriental Medicine, 1997.

State of California Junior College Teaching Credential in Ornamental Horticulture.

License: Acupuncture, State of California. Board-Certified in Chinese Herbology and Acupuncture (NCCAOM).

Certified Practitioner by the American Oriental Bodywork Association.

Fields of Specialization: Botanical Medicine, Oriental Bodywork, Chinese and Ayurvedic Medicine, Spagyric tinctures and herbal medicine making.

Chief Horticulturist for a 200-acre botanical garden and forestry agricultural projects in Maharashtra State. Helped develop Ayurvedic botanical gardens and researched and made Ayurvedic Herbal Medicine, 1988-1993.

**STEVE GOMBERG, MTOM, L.Ac.-  
MTOM, Emperor's College, Los Angeles, 2000****BRANDON HORN, J.D., PH.D., L.Ac.**

Ph.D., American University of Complementary Medicine, 2006

M.S., Samra University of Oriental Medicine, Los Angeles, 2000

J.D., Ohio State University, Ohio, 1996

B.A., Ohio State University, Ohio, 1993

**MING DONG LI, M.S., L.AC.**

Bachelor of Medicine, Hei Long Jiang University of Traditional Chinese Medicine, People's Republic of China, 1982.

MS, Oriental Medicine, Samra University of Oriental Medicine, 1990.

Ph.D. Candidate, Hei Long Jiang University of Traditional Chinese Medicine, People's Republic of China.

License: Acupuncture, State of California

Fields of Specialization: Oriental Bodywork, Tuina, Acupuncture, Tai Ji Chuan, Qi Gong.

Certified Instructor of the American Oriental Bodywork Therapy Association, 1995 -

Former Associate Dean of Chinese Language Section, Faculty Member, and Clinic

Supervisor, Samra University of Oriental Medicine.

Faculty Member and Clinic Supervisor,

Emperor's College of Traditional Oriental Medicine.

Faculty Member, Royal University of Oriental Medicine.

**DEPARTMENT OF RESEARCH AND DISSERTATION STUDIES:****RUSSELL HUNTER, PHD, CHAIR, DEPARTMENT OF RESEARCH AND DISSERTATION STUDIES.**

BA, Harvard University, 1950.

MA, Educational Psychology/Counseling Research, University of California, Los Angeles, 1974.

Ph.D., Educational Psychology/Counseling Research, University of California, Los Angeles, 1979.

Fields of Specialization: Research Methods and Statistics.

Post Graduate Researcher II, Center for the Study of Evaluation, UCLA.

Professor, California Graduate Institute.

Adjunct Instructor, Psychology, L.A. Southwest College.

Adjunct Lecturer, Guidance Department, California State University.

**JOAN MURRAY, PH.D.**

BA, University of Pennsylvania, 1971.

MA, University of California, Los Angeles, 1973.

Ph.D., Clinical Psychology, University of California, Los Angeles, 1979.

Clinical Faculty Member, California School of Professional Psychology, 1988.

Independent Consultant, research design, questionnaire construction, data analysis, etc., 1979.

Acting Director of Research, California School of Professional Psychology, 1993.

Acting Research Director, Women and AIDS Risk Network (W.A.R.N.), California School of Professional Psychology, 1988-1989.

Data Management Coordinator, Women and AIDS Risk Network (W.A.R.N.), California School of Professional Psychology, 1988-1989.

Research Psychologist, California School of Professional Psychology, 1986-1988.

Project Director, Women's Contraceptive Attributes Project, California School of Profes-

sional Psychology, 1985-1988.

Lecturer, California School of Professional Psychology, 1982-1985.

Research Coordinator, Project STEP, Dept. of Social Welfare, University of California, Los Angeles, 1980 -1982.

Research Associate, Psychology Department, University of California, Los Angeles, 1979-1980.

Phi Beta Kappa, University of Pennsylvania

.Outstanding Staff Psychologist Award, California School of Professional Psychology, 1993.

Member, American Psychological Association

**TERRENCE D. OLESON, PH.D.**

BA, Biology, University of California, Santa Barbara, 1967.

MA, Psychology, California State University, Long Beach, 1970.

Ph.D., Psychobiology, University of California, Irvine, 1973.

Postdoctoral Fellow, University of California, Los Angeles, 1978.

Licensure: Psychologist, State of California.

Fields of Specialization: Clinical Psychology, Health Psychology, Auriculotherapy.

Assistant Clinical Professor, UCLA Pain Management Center, 1980-1990.

Instructor, L.A. Pierce College, 1976-1978.

Professor of Psychology, Chair of Psychology, and Director of Behavioral Medicine, California Graduate Institute, 1978 - present.

Adjunct Associate Professor, California School of Professional Psychology, 1988-1992.

Adjunct Professor, Emperor's College of Traditional Oriental Medicine, 1992 - present.

Adjunct Professor, Samra University of Oriental Medicine, 1993 - present.

Adjunct Lecturer, Southwest College of Naturopathic Medicine and Health Sciences,

1996 - present.

Author of three books on auriculotherapy and 22 journal articles.

**DEPARTMENT OF WESTERN CLINICAL SCIENCES:****VLADIMIR BOKARIUS, PH.D., M.D., L.AC., CHAIR, DEPARTMENT OF WESTERN CLINICAL SCIENCES**

Masters degree in Physiology, Leningrad State University, U.S.S.R. 1983

M.D., Kuban State Medical Institute, Krasnodar, USSR. 1991

Ph.D. in Physiology, St. Petersburg State University, Russia. 1995.

M.S. in Oriental Medicine, Samra University, Los Angeles. 1999.

Residency in Psychiatry, Cedars-Sinai Medical Center, Los Angeles. 2001-2004.

Professor, Samra University of Oriental Medicine, Los Angeles. 1998-2000.

Professor, Emperor's College of Traditional Oriental Medicine, Santa Monica. 1998-1999.

Lecturer, UCLA Center for East-West Medicine, Los Angeles. 1997-2000

Assistant Professor, Dept. of Psycho-Neurology, Institute of the Human Brain,

Russian Academy of Science, St. Petersburg. 1993-1995.

**MARILYN ALLEN, M.S.**

BA Education, California State University, Long Beach.

MS Management and Administration, Pepperdine University, Los Angeles.

Licensure: None.

Fields of Specialization: Health Field Practice Management and Ethics and Legal Issues.

Faculty Member, Emperor's College of Traditional Oriental Medicine.

Faculty Member, Samra University of Oriental Medicine.

Faculty Member, Yo San University of Oriental Medicine.

Faculty Member, Pacific College of Oriental Medicine.

Faculty Member, South Baylo University.

Faculty Member, Southern California College of Chiropractic, Montebello, CA.

Faculty Member, Cleveland College of Chiropractic.

**AMIR ETTEKAL, MD**

Resident (PGY II) Cedars Sinai Medical Center, Department of Psychiatry, 2003 to Present

USC Keck School of Medicine- Los Angeles, Doctor of Medicine, 2003

University of California, Los Angeles, Bachelor of Arts in History, 1996

(Departmental Honors)

**Honors & Awards**

American Assn of Geriatric Psychiatry, Stepping Stones Award, 2005

California Addiction Society, Scholar, 2003

Mackenzie Award, 2000-2003

Brotman Award, 1999-2000

**JACK PHAN, PH.D., MD4**

Medical Scientist Training Program, M.D. 2006,  
 UCLA School of Medicine  
 Ph.D., UCLA School of Medicine, 2004  
 B.S., Molecular and Developmental Biology, 1998  
 Course Instructor of Medical Genetics, UCLA, 2004  
 Young Investigators Award, Kern Aspen Lipid Conference, 2003  
 WSCI, WAFMAR, WAP-EE Osgood Award Winner for Outstanding abstract, 2003  
 UCLA Auxiliary Scholarship Recipient, 2002  
 WAFMR, WSCI, WSPR Award in Metabolism-Lipid/Diabetes Research, 2002  
 Johnson F. Hammond Memorial Scholarship, 2002  
 American Heart Association Medical Student Research Fellowship, 2001

**SERGEI SHAGINYAN, M.D. (RUSSIA), L.Ac.**

MD, Second Moscow Medical School, Specialization: Pediatrics, USSR, 1981  
 Internship: Psychiatry, Republican Psychoneurological Hospital of the Ministry of  
 Health of Abkhazian Autonomic Republic, USSR, 1982  
 Residency: Pediatric Neurology, Central Medical School of Higher Qualification of  
 Physicians of the USSR, Moscow, USSR, 1985.  
 M.S., Oriental Medicine, Samra University of Oriental Medicine,  
 Los Angeles, Calif., 2000.  
 Postgraduate Fellowship: Ph.D. Program, Institute of Common Pathology and Patho-  
 physiology, Dept. of Human Neuromuscular Pathology, Academia of Medical Services  
 of the USSR Third Central Railroad Hospital of the Ministry of Railroads of USSR.  
 Specialization: Neurology and Pathophysiology, 1985-1988.  
 Clinical Research Assistant, Institute of Experimental Pathology and Therapy,  
 Academia of Medical Sciences of the USSR, 1989-1990.  
 Holistic Physician, Non-government Cooperatives "Your Health, Moscow,"  
 "F.O.T.O.," Moscow and Sukhumi. Specialization: Holistic Techniques and  
 Russian Folk Medicine, 1989-1991.  
 Medical Program Director, Complex (Soviet-American Joint Venture), 1991.  
 Research Assistant, Rudolf Steiner Research Foundation, Redondo Beach, Calif.,  
 1991-Present.  
 Faculty Member, Yo San University of Traditional Chinese Medicine,  
 Santa Monica, Calif., 1998.  
 Member: Society of Neurologists and Psychiatrists of the Ministry of Health of  
 Abkhazian Autonomic Republic, Sukhumi, 1982-1985.  
 Member: Moscow Society of Neurologists and Psychiatrists, 1985-1991.





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