



CCNM

California College  
*of* Natural Medicine

*The Leader in Natural Medicine*

*School Catalog 2019 - 2020*

*Our mission is to empower both the health  
provider and the client in their healing process  
using evidence-based bioenergetic  
and natural health care.*

*Our goal is to set the highest moral  
and ethical standard possible, globally,  
for the practice and preservation of  
traditional naturopathy and natural medicine.*

Theresa Dale, PhD, CCN, NP

# California College of Natural Medicine

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### Contact Information

Phone: 800.421.5027

Fax: 928.496.2050

[www.cconm.com](http://www.cconm.com)

# California State Authorizations

California College of Natural Medicine is a private institution that is approved to operate by the Bureau for Private Postsecondary Education. Approval means that the institution is in compliance with the California Private Postsecondary Act of 2009.

## **State Laws**

You are responsible for knowing and complying with the state laws where you reside regarding your ability to help others in the professions that are offered in this catalog.

If you reside in California, you must follow ALL of the rules and regulations of SB577, which you can find on our website.

Graduation from any of our programs does not qualify you as a licensed medical doctor or naturopathic doctor or physician. You cannot diagnose, prescribe, treat symptoms, pursuant to California Business and Professional Code 2052. You can do health counseling or therapies as a health practitioner or therapist according to Senate Bill 577. Please call us should you have questions.

## **Accreditation**

The California College of Natural Medicine is accredited by the American Association of Drugless Practitioners.

## **School Location and Contact Information**

CCNM's main office is located at 107 Figueroa, Ventura, CA.

### **Mailing Address**

1237 South Victoria Avenue, #169,  
Oxnard, CA 93035

Website: [www.cconm.com](http://www.cconm.com)

Email: [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com)

Phone: 800.421.5027

eFax: 928.496.2050

# Admission Standards, Policy & Procedures

## Mission and Objectives

Our mission is to empower both the health provider and the client in their healing process using evidence-based bioenergetic and natural health care.

Our goal is to set the highest moral and ethical standard possible, globally, for the practice and preservation of traditional naturopathy and natural medicine.

CCNM offers online and residential classes. Even though part or all of the training may be distance online education, dedicated attendance is required in order to reach objectives, just as if a student were participating in the class in real-time.

## General Admission Requirements

1. Every student must have a high school diploma or a GED.
2. Students must have an eagerness to learn and be disciplined to do self-study.
3. If you are applying for a program that has prerequisites, please fax, or mail your documentation such as your license, degree, certificate or diploma. The Dean's office will then contact you by email with any additionally required documentation or prerequisites needed or approval to enroll in the program.  
"As a prospective student, you are encouraged to review this catalog prior to signing prior to an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement."

## NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at **California College of Natural Medicine** is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the **diploma** you earn in "**The Educational Program**" is also at the complete discretion of the institution to which you may seek to transfer. If the **diploma** that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending **the California College of Natural Medicine** to determine if your **diploma** will transfer.

The California College of Natural Medicine does not have any transfer agreements with any other college or university. Additionally, credit is not awarded for prior experiential learning. Some of our programs require prerequisite training, which, if applicable, students must fax or email their license and degree. For prerequisite requirements, please see "Prerequisites" within the Admission Standards section of this catalog.

## Profession

As of the date of writing of this school catalog, there is no licensure required for the programs offered through CCNM, in the State of California.

## Prerequisites

The following trainings have prerequisites. Applicants must provide proof of achieving prerequisites.

- **Holistic Health Practitioner (NeuroPhysical Reprogramming):** Applicants must have certification in a health related field; as a health professional with a degree and 3 years work experience.
- **Naturopathic Practitioner:** Applicants must have certification in a health related field.
- **Advanced Holistic Health Practitioner:** Holistic Health Practitioner Training.
- **Homeopathic Endocrinology:** To pre-qualify for this training you must be a state or nationally certified or licensed health professional.

# Admission Standards, Policy & Procedures

- **Biological Dental Consultant:** Applicants must be a health provider or a licensed Dental Professional.
- **NeuroEndocrine Regulation & Anti-Aging Certification Seminar:** Applicant must have completed the prerequisite training; work as a health provider or a licensed health professional.

Some programs may require equipment, and Internet provider, computer and software to access the CCNM website.

## VISA

Global students are welcome to enroll provided they have completed English instruction. We do not provide VISA services. English language proficiency is required of all students. If students are not proficient in English, The Test of English as a Foreign Language (TOEFL), will be accepted. No instruction will occur in a language other than English.

## Registration Information

Fill out the enrollment form online and mail the hardcopy to our mailing address along with tuition payment information. Please read the tuition area in this catalog for more information specific to each training. There will be **no** refunds after a password is issued for each module.

## Graduation

Graduation from this training does not include the right to diagnose or treat any condition.

Graduation will take place at the end of a course where each student that has satisfied the requirements and received a passing grade of 70% will be presented with a Diploma/Certificate of Completion. Students will receive a pass or fail grade.

## Attendance, Drop-Out and Leave of Absence Policies

Attendance is mandatory in residential class in order to graduate. If the student is absent for part of a session, they will be given an incomplete and will be able to take the class again when it is offered or purchase the audio of the missed class and take the test for that class. Then they may go on to the next class, in sequence.

## Progress and Performance Policy

Written exams after each module will assess student progress. If a student fails a class, they must take the class over.

## Grading Policy

Student's performance will be evaluated on the following criteria:

- Proficiency in the procedures and exercises.
- The student's confidence in his or her ability to follow procedures or exercises.
- Student's ability to achieve reproducible results in testing methods.
- The demonstrated ability to accurately assess any client.
- Student will receive a pass/fail grade. A passing grade is 70%.

## Readmission

Students who have not turned in homework assignments to the college for more than one year must apply for readmission by sending in another registration fee and may be required to submit a new application with supporting documentation. Applicants must meet the admission requirements in effect at the time of readmission, follow the new curriculum, and pay the tuition according to the most current standards. Students seeking readmission should write an application letter for readmission.

# Admission Standards, Policy & Procedures

## **Equipment**

If equipment is necessary for a training it is specified under Tuition in this catalog. A computer and printer is necessary for all online trainings.

## **Student Services**

Housing, transportation, books, necessary supplies, materials, shop fees, or other fees the student will incur upon enrollment are not included in the cost of training unless specifically specified in this catalog.

Student counseling is offered at no charge related to their performance, their future and classwork.

Academic programs and services at the California College of Natural Medicine are available to all students without regard to age, race, religion, color, national origin, sex or disability. Any item in this catalog is subject to modification at any time by proper administrative procedure.

## ***Library, Textbooks and Reading List***

All of our trainings have reading lists, which are found under each course description at [www.cconm.com](http://www.cconm.com) or [www.traditionalnaturopathy.com](http://www.traditionalnaturopathy.com). Books and reading materials are not included in the tuition unless specified under Tuition. All textbooks may be purchased from outside sources of student's choice.

## ***Transportation, Room & Board***

Room and Board is not included. We do not offer dormitory facilities and are not responsible for securing your housing, **however, we will recommend housing reasonably near our facilities**. Housing in the area ranges from \$80.00 to \$180.00 per night. You are responsible for calling for pricing and availability and securing your room and board.

We do not offer dormitory facilities and are not responsible for securing your housing, however, we will recommend housing reasonably near our facilities. Housing in the area ranges from \$80.00 to \$180.00 per night. You are responsible for calling for pricing and availability and securing your room and board.

## **FACILITIES AND EQUIPMENT**

Class sessions are held at the California College of Natural Medicine's campus located at 107 Figueroa, Ventura, CA 93002 or its Satellite location of 107 West Aliso Street, Ojai, CA 93023. Facility locations are approved branch/ satellite locations by the California Bureau for Private and Postsecondary Education. Distance education shall be completed in a comfortable learning environment provided by the student. A functional computer with Internet access is required to complete each program that is studied as "Distance Education". For programs that require in-person (hands-on) training, the student is to attend class at the College classroom located at 107 Figueroa, Ventura, CA 93002 or at the Satellite campus located at 107 West Aliso Street, Ojai, CA 93023. Currently, the Energy Medicine Practitioner program is taught at the Satellite campus and the NeuroEndocrine & Anti- Aging Regulation Certification, Naturopathic Practitioner, and Holistic Health Practitioner training are taught at the College classroom.

The California College of Natural Medicine provides instruction for its programs with up to date equipment such as massage tables (when applicable), product samples, notepads, pens, and instruction manuals. All of this equipment is owned.

## **Payment Schedule**

Students are required to pay for the full program at the time of registration, unless financing has been arranged.

## **Registration Fees**

Registration fees are charged for the purpose of establishing and maintaining a student file. Registration fees

# Admission Standards, Policy & Procedures

must accompany the Application for Admissions. Applications received without the required fee will not be processed. A separate registration fee is required for each program. Registration Fees are Non-Refundable. Students who have completed one program and are applying to an additional program will be charged an additional registration fee.

## **Late Registration Fee**

A late application fee of \$50.00 applies when a student's application materials, including official transcripts and letters of recommendation, are not received 30 days before residential classes start.

### *Note:*

The California College of Natural Medicine reserves the right to make any changes in tuition, refund policies, fees, and expenses without notice, within statutory guidelines.

## **Financial Aid**

Financial aid may be arranged for trainings according to credit history. We also accept MasterCard and Visa payments, unless you choose a finance program.

CCNM does not participate in federal and state financial aid programs.

CCNM has never filed for or operated in bankruptcy. CCNM does not have a pending petition in bankruptcy and is not operating as a debtor in possession, nor has the institution filed a petition within the preceding five years, nor has the institution had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq.).

## **Loans**

You are responsible for all tuition. If the student has received a student loan, you are responsible for repaying the loan amount plus any interest, less the amount of any refund, and that, if the student has received federal financial student aid funds, the student is entitled to a refund of the monies not paid from federal student financial aid program funds..

## **Employer Assistance with Tuition**

Many employers underwrite programs to assist employees with their education expenses. CCNM encourages students to seek educational assistance from their employer. The College will gladly prepare any reports or other information necessary to meet the requirements of such programs.

## **Scholarships**

NO scholarships funds are available.

## **Withdrawal, Cancellation and Refunds.**

The student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. All requests for cancellations must be submitted in writing to the Chief Academic Officer, Theresa Dale at CCNM's mailing address.

*Refund During Cancellation Period:* The school shall refund 100% of the amount paid less a reasonable deposit or application fee not to exceed \$250.00, if notice is made before or on the first day of instruction or the seventh day after enrollment, whichever is later. **For online only classes, once a password has been issued, the class and/or lesson is accepted and NO refund will apply.**



# Admission Standards, Policy & Procedures

## ***Notice for Distance and Online Education Programs***

These trainings are designed for self-study. You are given course outlines and education curriculum online to read and study in conjunction with the reading material that is recommended for each training. Should you have a question, call our offices or email your question.

Upon acceptance into the training, you will be issued a password and student identification number by email so you may access the class. California College of Natural Medicine's web site is located at [www.cconm.com](http://www.cconm.com). Login and enter your secure information.

The school will transmit your first lesson and other materials to you within seven days after your admission. This institution will transmit all of the lessons and other materials to you if (A) you have fully paid for the educational program; AND (B) if after having received the first lesson and initial materials, you request in writing that all of the materials be sent. If this institution transmits the balance of the materials per your request, this institution shall remain obligated to provide other educational services it agreed to provide, such as responses to student inquiries, student and faculty interaction, and evaluation and comment on lessons submitted by you. This institution shall not be obligated to pay any refund after all of the lessons and materials have been transmitted.

If there is partial tuition payment, the student will only be able to access the online classes that they have paid for. When full payment for tuition is received, ALL classes will be available to the student.

Approximately ten days will elapse between the institution's receipt of student lessons, projects, or dissertations and the institution's mailing of its response or evaluation.

**The student shall have the right to cancel the agreement and receive a full refund before the password and ID are received by the student and before the first lesson and materials are received.** Cancellation is effective on the date written notice of cancellation is sent. If the institution delivered the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 days after the student's return of the materials. The institution shall refund 100 percent of the amount paid for institutional charges, less a reasonable deposit or application fee not to exceed two hundred fifty dollars (\$250).

## **Withdrawals and Refunds**

### ***Classroom Programs***

A notice of cancellation shall be in writing, and a withdrawal may be effectuated by the student's written notice or by the student's conduct, including, but not necessarily limited to, a student's lack of attendance. The student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. The institution shall refund 100 percent of the amount paid for institutional charges, less a reasonable deposit or application fee not to exceed two hundred fifty dollars (\$250).

The institution shall issue a refund for unearned institutional charges if the student cancels an enrollment agreement or withdraws during a period of attendance. The refund policy for students who have completed 60 percent or less of the period of attendance shall be a pro rata refund. The institution shall pay or credit refunds within 45 days of a student's cancellation or withdrawal.

Cancellation is effective on the date written notice of cancellation is sent. Emailed cancellations are not accepted. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 days after the student's return of the materials.

Approximately ten days will elapse between the institution's receipt of student lessons, projects, or dissertations

# Admission Standards, Policy & Procedures

ons and the institution's mailing of its response or evaluation.

The institution shall transmit all of the lessons and other materials to the student if the student has fully paid for the educational program; and after the institution has received the first lesson Test and required documents related to the class.

If an institution transmits the balance of the material as the student requests, the institution shall remain obligated to provide the other educational services it agreed to provide, such as responses to student inquiries, student and faculty interaction, and evaluation and comment on lessons submitted by the student, but shall not be obligated to pay any refund after all of the classes and material are transmitted by email. The enrollment agreement shall disclose the institution's and student's rights and duties under this section.

*Refund After Cancellation Period:* If a student withdraws from a course after the cancellation period, the student is entitled to only a partial refund. The refund policy is pro rata to the 60 percent point of the course. The formula is as follows:

Total Amount Actually Paid for Lessons taken  
minus the Registration Fee of \$250.00 = Adjusted Amount  
(Includes all fees and instruction, but no equipment)

Adjusted Amount X Lessons not received but for which the student has paid = Final Refund Amount.

All refunds will be paid within 45 days of cancellation or withdrawal.

## *Cancellation Refund Example:*

A student enrolls in the Naturopathic Practitioner Program and pays total tuition including a \$250.00 registration fee. The student cancels on the first day of class. The student's refund would be total tuition minus the \$250.00 registration fee. The \$250.00 registration fee is non-refundable.

## *Withdrawal Refund Example:*

A student enrolls in any program and pays the full tuition, including a \$250.00 non refundable registration fee.. The student withdraws after completing 75 percent of the course. The student would not receive a refund, because he or she has completed over 60 percent of the program. On the other hand, if the student has paid total tuition (including the \$250.00 registration fee) completes 50% of the training and wants to withdraw from the training – they would receive a refund for the lessons that they did not take or receive a password for. All cancellations and requests for refunds must be submitted to the school office in writing.

## **Leave of Absence**

These trainings are designed for self-study. Distance learning programs are arranged by estimated clock hours and expected months to complete course modules. Should a student request in writing a leave of absence; the institute will assess and grant the student's request within a reasonable time-frame. Should the student disregard communication from the institute post the allotted leave of absence time, a grade of incomplete will be issued to the student's records.

Attendance is mandatory in residential class in order to graduate. If the student is absent for part of a session, they will be given an incomplete and will be able to take the class again when it is offered.

## **Student Tuition Recovery Fund**

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

# Admission Standards, Policy & Procedures

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all of part of your tuition either by cash, guaranteed student loans, or personal loans.
2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program.
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. There was a material failure to comply with the Act or the Division within 30-days before the school closed or, if the material failure began earlier than 30-days prior to closure, the period determined by the Bureau.
5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act. However, no claim can be paid to any student without a social security number or a taxpayer identification number

Total Charges Sample: Tuition: (Non-Refundable)  
Student Tuition Recovery Fund (Non-Refundable)  
\$\_\_\_\_\_ (.50 x per \$1,000)

Questions regarding the STRF may be directed to the principal office of the Bureau which is located at Bureau For Private Postsecondary Education Physical Address: 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833 Mailing Address: P.O. Box 980818, West Sacramento, CA 95798-0818 Phone Number: (916) 431-6959 Toll Free: (888) 370-7589 Fax Number: (916) 263-1897

## **Student Complaints**

If a student has a grievance they are to contact the institution's Dean, Theresa Dale by phone at 800.421-5027 and/or by fax at 928.496.2050 to set up a phone appointment.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the bureau's internet web site [www.bppe.ca.gov](http://www.bppe.ca.gov).

## **Notice of Nondiscriminatory Policy as to Students**

The California College of Natural medicine admits students of any race, color, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the

# Admission Standards, Policy & Procedures

school. It does not discriminate on the basis of race, color, national or ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

## **Job Assistance Program**

The California College of Natural Medicine does not promise students employment in this field. However, the institution does intend to promote the services offered by all graduates by offering referrals to inquiries.

## **Probation and Dismissal**

A student who does not behave in a professional manner in class will be suspended. If the student does not correct the situation, he or she will be dismissed.

CCNM offers academic counseling at no charge, provided through email or a phone appointment with our Chief Academic Officer.

## **Rules of Operation**

The institution will remain in operation as long as the citizens of the State of California and of the United States demonstrate a need and growing desire to pursue self-development. Students from all communities will be served without as to color, race, or creed. Any student who wants to serve their community will have an opportunity to do so by by graduating from a vocational training, which earned them a specific vocational title.

## **Records**

The institution will maintain records onsite for 5 years and transcripts kept permanently.

The institution does not provide English as a second language instruction nor does it provide visa services. The institution does not provide any program in any language other than English.

All students are required to have an English language proficiency and if the student is from another country we need a document of proficiency such as the Test of English as a Foreign Language (TOEFL) in order to be accepted.

## **Questions**

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Post Secondary Education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, [www.bppe.ca.gov](http://www.bppe.ca.gov), toll-free telephone number 888 370-7589 or by fax 916 263-1897.

## **Contact Information**

Phone: 800 421 5027 or

Fax: (928) 496-2050

Information and registration: [info@traditionalnaturopathy.com](mailto:info@traditionalnaturopathy.com)

[www.ccnm.com](http://www.ccnm.com)

## **CCNM Statement**

CCNM has never filed a petition for bankruptcy since the institution was founded.

# Faculty

## ***One of our strengths is our faculty!***

ALL instructors, whether they have written online classes or are teaching residential classes are also exciting presenters bringing a wealth of information and knowledge from their private practice to the classroom.

### **Theresa Dale, PhD, CCN, NP**

Since Europe is well known as the leader in alternative medicine, Theresa Dale chose to fulfill her Naturopathic Studies in the U.S.A. and Europe. The residential training awarded her a Naturopathic Doctor degree (1988) at Clayton University, St. Louis, MO, which closed in 1989. Clayton University's prestigious Board of Directors included pioneers and experts such as Linus Pauling, and many other noted authorities. Dr. Dale has also earned the title as a Certified Clinical Nutritionist from the International Association of Applied Clinical Nutritionists. Dr. Dale practices as a Traditional Naturopath and Certified Clinical Nutritionist in California and Kentucky.

In 1994, Dr. Dale founded the International College of Naturopathy, now known as the California College of Natural Medicine, a private institution "licenced to operate" by the Bureau of Private Postsecondary Education.. She is the inventor, researcher and instructor of NeuroPhysical Reprogramming and the Holistic Health Practitioner Training, The Advanced Holistic Health Practitioner Training and the Homeopathic Endocrinology Training. In addition, Dr. Dale invented and formulated a naturopathic and homeopathic approach to re-educating the body to make its own hormones for the professional and retail market. This method includes homeopathic hormone rejuvenation transdermal creams and oral formulas as well. She has also developed a new saliva test based on Five Element Chinese Medicine.

Dr. Dale has authored two books and a third was released in 2005 on Homeopathic Hormone Rejuvenation: *Revitalize Your Hormones*

Dr. Dale has authored two books; Transform Your Emotional DNA and her latest ~ Revitalize Your Hormones.

### **Geoffrey Pfeiffer, PhD, ND**

Dr. Pfeiffer has co-written the comprehensive homeopathic online Homeopathic Endocrinology for CCNM. Dr. Pfeiffer has earned a B.A. in Philosophy from Loyola Marymount University in addition to the following studies, degrees and certificates. He is one of the most knowledgeable health practitioners in the field today.

- PhD Psychology, Neuropsychology
- Naturopathy
- Five Year Chinese Medicine Training program, Taoist Institute
- Five Year European Biological Medicine Training program, Institute for Functional Medicine. Vegetarian Teacher Training, Enderlein Microscopy, Classical Homeopathy, Clinical Homeopathy, Lithotherapy, Isopathic Homeopathy, Phytotherapy, Gemmotherapy.
- Computerized Regulation Thermography Training, Institute for Medical Thermography

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Practitioner Prerequisite**

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Online: 140 hours

Completion Time: 6 months

Entry Level

Upon completion, the student will be eligible to enroll in a CCNM practitioner training program.

### **Description**

This course is designed for students who have met the pre-requisite for our vocational certification trainings. It is an online course that will take approximately 140 hours to complete.

### **Outline:**

#### **Part 1: Anatomy and Physiology (70 hours)**

Systems covered--

- Cardiovascular
- Digestive
- Skeletal
- Endocrine
- Immune
- Integumentary
- Muscular
- Nervous
- Lymphatic
- Male Reproductive
- Female Reproductive
- Urinary
- System Overview

#### **Part 2: Biochemistry (70 hours)**

- Citric Acid Cycle
- Hyperbaric Oxygen
- Immune System
- Immunology
- Psychoneuro Immunology

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Master Herbalist (M.H.)**

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Unavailable until 2020

Online: 1000 hours

Completion Time: 12 months

Entry Level

One of the most prevalent approaches to healing involves the use of “natural medicines” derived from herbs. This program is designed to introduce the student to the theory and use of herbs as a healing modality. It includes an introduction to botany, herb preparation and study of Western, Chinese and Asian, and Ayurvedic herbs.

Healing embraces a clinical strategy based on the principle that Life, Nature, and the Great Spirit from which they arise are fully present in all the tissues of the body, the psyche, the spiritual heart, and the soul.

Master Herbalists employ clinical strategies and methods, which support life force through encouragement of nourishment, digestion, rest, and appropriate activity, identification of purpose, connection with nature, and identification and removal of obstacles to cure on all levels. A Master Herbalist avoids using methods, which suppress or distort life processes and disease, while incorporating all empirical observation, instinct and intuition.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a “Master Herbalist”. It authorizes the graduate to assist in the herbal education, detoxification, healing, and empowerment of others according to California SB 577.

Evaluations and testing will occur after the completion of each module. Upon request by email, tests will be emailed or faxed to the student. A passing grade is 70% or above.

### **Module 1: 500 Hours**

- Anatomy and Physiology
- BioChemistry
- Naturopathic Toxicology
- Detoxification Pathogens and Pathways
- Drug / Herb Interactions
- Overview of Chemical Constituents of Plants

### **Module 2: 500 Hours**

- Introduction to Western Plant Medicine
- Introduction to Chinese Plant Medicine
- Introduction to Ayurvedic Plant Medicine
- Practical Botany for Making Plant Medicines

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Homeopathic Medical Practitioner (HMP)**

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Distance Training (online and web seminars)  
Hours: 1200  
Completion time: (24 months)  
Entry Level

### **Description**

This training includes all levels of Homeopathic education. In addition, essential basics that are necessary in creating a deeper understanding and more effective application of Homeopathic remedies are also included.

Each distance education homeopathy module has associated assignments. This continuous assessment of student work ensures a high degree of proficiency.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a “Homeopathic Medical Practitioner”. It authorizes the graduate to assist in the homeopathic education, detoxification, healing, and empowerment of others according to California SB 577.

Graduation from this training does not include the right to diagnose or treat any condition. In California, you must abide by the rules of SB 577, which can be located at [www.cconm.com](http://www.cconm.com).

A required reading list for this training may be found online at [www.cconm.com](http://www.cconm.com). CCNM does not sell books, however, we do provide sources for purchasing all reading materials.

There will be **no** refunds after a password is issued for each module.

Evaluations and testing will occur after the completion of each module. Upon request by email, tests will be emailed or faxed to the student. A passing grade is 70% or above.

### **Module 1: Foundation**

300 hours  
Anatomy and Physiology  
Biochemistry  
Detoxification  
Toxicology

Chinese Five Element Theory: a key to help identify the core energy pattern that anchors a disease blocking Qi, which affects all organs, glands, neurotransmitters, hormones and thus meridians. The Five Element Theory is essential in tracking disease patterns, symptoms and unbalanced Qi. This ancient theory will help determine proper treatment protocol and assist in the healing of affected organ, gland and meridian.

#### Principles of Homeopathy

- The History of Homeopathy: The history of homeopathy, a complete understanding of homeopathic ingredients and potencies are essential to become competent in determining the correct homeopathic therapy.
- Introduction to Homeopathic terminology
- Brief review of federal regulations of Homeopathic Remedies
- Introduction to Homeopathic First Aid



# Course Descriptions

## Vocational Certificate Programs

### The 3 Main Categories of Homeopathic Practice

1. Classical Homeopathy
2. Clinical Homeopathy
3. Complex Homeopathy

### **Module 2**

300 hours

#### Homeopathic First Aid in Acute Situations

- Injuries, accidents, pre & post surgical remedies
- Acute, Eye, Ear, nose, throat & respiratory tract situations
- Acute gastrointestinal situations
- Acute musculoskeletal situations
- Acute emotional and nervous system situations
- Acute veterinary first aid for pets

#### Homeopathic Materia Medica

- Homeopathic Kingdoms
- Evaluating Repertorisation, Taking the Case, Case Management
- Types of Homeopathic Remedies including
  - Imponderables, Drainage Remedies, Flower Essences

#### Homeopathy for Chronic or Long-Term health issues

- Miasms
- Diathesis
- Terrain
- Reactional Typology

### **Module 3: Intermediate Level**

300 hours

#### Isopathic Homeopathy

- Nosodes
- Enderlein Isopathics
- Organotherapy with Sarcodes
- Tautopathics
- Allergens
- Materia Medica study
- How to Prescribe and Use Eclectic Isopathic Homeopathy in your Practice.

#### An Outline on Nosodes

Learn about the efficacy of using and recommending homeopathic nosodes and how they work to neutralize genetic disease traits and miasms. In addition, you will also learn an overview of homeopathic nosodes, what they are, when to use them and how they target a disease or pathology and neutralize it.

- Miasmatic Remedies as the original nosodes
- Isodes or Autologous preparations

#### Homeotherapeutics

Leading remedies for -

- emotional balance and mental enhancement
- child development
- environmental sensitivities (including substance problems)

# Course Descriptions

## Vocational Certificate Programs

- cardiovascular health
- respiratory tract health
- the nervous system and the organs of special sense
- gastrointestinal health
- urogenital system and women's health
- musculoskeletal health and for the skin
- Materia Medica study

### Homeopathic Pharmacy

- Hormesis and Modern Research in Homeopathy and Medicinal Microdoses

### **Module 4: Advanced Level**

300 hours

#### The Classical Way

- Materia Medica
- Organon
- Repertory

#### Homotoxicology

#### Esoteric Homeopathy

- Alchemy, Spagyrics, and Anthroposophical Homeopathy
- Alchemically prepared Homeopathics and Mother Tinctures
- Herbalists and Alchemists
- Anthroposophical Homeopathy: The relationship of the 4 parts of the human with the environment of the Natural world: plant, mineral, animal kingdom
- Anthroposophical Pharmacies

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing our notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Clinical Nutritionist (C.N.)**

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Format: Online and Residential  
Hours: 1273  
Completion Time: 24 months  
Entry Level

### **Description**

This training will provide a student with clinical nutrition, nutraceutical and dietary education and training.

### **Overview... Health Challenges Of The 21<sup>st</sup> Century.**

More research is coming to light about the earliest stages of disease (such as homocysteine metabolism, prostaglandin imbalance, and systems that have become toxic) that precede any symptoms. Conventional medicine has no approach or answers to these prevalent issues..

- A) Increased prevalence of new diseases... Alzheimer's, Diabetes, Autism, ADHD, candida, antibiotic resistant bacteria, obesity, and depression.
- B) The primary role of Vitamins and Minerals; how they act as the co-enzyme fraction of the apo-enzyme protein complex and their role in DNA and gene expression. Getting nutrients from food vs. supplements.
- C) The median age of our population is increasing. Aging baby boomers are more appreciative of maintaining their health because it is both empowering and protective. They also don't want to give their life savings to a hospital.
- D) Environmental factors that are relatively new to this century are making it difficult for our bodies to naturally adapt to. As a result, we need to augment our diet with supplements as a strategy to compensate and protect ourselves. These environmental factors below are an existing concern to our health.
  - Xenobiotic compounds, such as petro-chemicals that appeared during the industrial revolution. They will pass through the Brain Blood Barrier because the BBB is designed to only protect the brain from water-soluble toxins. Fat-soluble toxins are a recent occurrence in our environment. Our bodies haven't had enough generations to adapt to this new threat naturally.
  - Antibiotics in our food chain is another example of substances that severely affects our immune system and gut flora.
  - Lack of being breast-fed at infancy cause us to miss out on important immunoglobins resulting in allergies and immune deficits.
  - Stress, a major cause of all disease, burdens the immune system and causes health concerns related to cortisol levels.
  - Processed foods, do not contain enough fiber and therefore are low in nutritional value.
  - Genetically engineered foods cause numerous health concerns.
  - Genetic predispositions that are idiosyncratic to one's family history. Supplement programs can be customized to suit unique needs.
  - Heavy Metals cause numerous health and neurological issues.
  - Pesticides and fluoridated water affect our nervous systems.
  - Sugar and soft drinks... flush out minerals causing many other problems.
  - Air pollution is a known toxin and needs to be address through the proper detoxification and nutritional care.

# Course Descriptions

## Vocational Certificate Programs

- E) Conventional medicine's approach is sick care; supplements are about prevention, wellness and "health care".
- Conventional Medicine is bankrupting the country.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a "Clinical Nutritionist". It authorizes the graduate to assist in the nutritional, nutraceutical and dietary education, detoxification, healing, and empowerment of others according to California SB 577.

Graduation from this training does not include the right to diagnose or treat any condition. In California, you must abide by the rules of SB 577, which can be located at [www.cconm.com](http://www.cconm.com).

A required reading list for this training may be found online at [www.cconm.com](http://www.cconm.com). CCNM does not sell books, however, we do provide sources for purchasing all reading materials.

There will be **no** refunds after a password is issued for each module.

Evaluations and testing will occur after the completion of each module. Upon request by email, tests will be emailed or faxed to the student. A passing grade is 70% or above.

### Introduction to Nutrition I

#### Module 1: 400 hours

Distance Education: Online

- Anatomy & Physiology
- Biochemistry and Endocrinology
- Human Biology
- Microbiology
- Toxicology
- Detoxification Pathways & Pathogens

#### Module 2: 375 hours

Distance Education: Online

This module will cover the aging process and include the following:

- Nutrition and Disease
  - Periodontal and Dental relationship to nutrition
- Nutrition Counseling Strategies
- Nutrition and Aging: Through a number of modern studies and statistics you will explore the biological aging process of the body in detail.
  - Chronic inflammation
  - C Reactive Protein
  - Cox 1 and 2. (Cyclooxygenase)
  - Glycation
  - Methylation Deficit.
  - Mitochondrial Energy Depletion
  - Cardiovascular pathology
  - Neurological disease
  - Hormone Imbalance
  - Excess Calcification
  - Fatty Acid Imbalance
  - DNA Mutation
  - Immune Dysfunction
  - Non-Digestive Enzyme Imbalance
  - Digestive Enzyme Deficit: Enzymes...  
What they are and what they do
  - Excitotoxicity
  - Circulatory Deficit
  - Oxidative Stress
  - Homocysteine Metabolism
  - Prostaglandins and Pathology
  - Brain/Cognitive Health & Depression

# Course Descriptions

## Vocational Certificate Programs

### Therapeutic Nutrition II

#### Module 3: 300 hours

- Nutrition & Supplementation: Learn the function of each vitamin, amino acid and mineral within the body, as well as, doses and symptoms of deficiency. This includes understanding effects of free radical exposure and antioxidant usage.
  - Vitamins...
  - Fat soluble vs. Water soluble
  - Anti-oxidants
  - CO-Q 10 and more
  - Minerals
  - Trace Minerals
  - Amino Acids...
  - Free form vs. peptides, large neutral vs. small neutral
  - GH releasing, which ones should vegetarians take?
  - Essential Fatty Acids
  - Probiotics & Prebiotics
  - Flavonols & Flavonoids
  - Digestive Enzymes
  - Detoxification including Heavy Metals
  - Miscellaneous Nutrients
- Cooked vs Raw Foods: Dietary Evaluations
- Specific dietary need categories
  - Sports Nutrition and Energy
  - Digestive Support
  - Weight Loss
  - Joint Repair/Inflammation
  - Allergies
  - Men's Health
  - Women's Health
  - Stress
  - Antioxidant Support
  - Skin Support
  - Brain Health (Neuroceuticals) & Depression
  - Heart Health
  - Cold and Flu/Immune Support

Nutritional Healing Chart  
Glycemic Index

#### Module 4: 48 hours

##### Web Seminar

- Nutrition Assessment: Using blood chemistry reports to assess nutritional needs and a written Nutritional Assessment Questionnaire.

# Course Descriptions

## Vocational Certificate Programs

**Module 5:** 150 hours

Online

Herbology

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Nutraceutical Consultant (N.C.)**

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Online: 48 hours

Completion Time: 5 months

Entry level

Upon completion, the student will be able to work as a “Nutraceutical Consultant”.

### Goals

- To learn the basics of sound nutrition and maintaining good health.
- To educate yourself and others in the area of proper nutritional needs.

### Description

A thorough understanding of the body’s functional mechanisms will lead to a greater comprehension of the material presented to you. The following curriculum will cover the essential basics about good nutrition and how our emotions and sense of harmony can help heal us.

**Five Element Theory:** Each element is correlated with an emotion, an organ, and a season to establish a balance of our surroundings and a harmony within us. Explore the intricacies of Chinese Five Element Theory – from its inception 5000 years ago to its role in modern-day acupuncture techniques.

**Vitamins and Antioxidants:** Learn the function of each vitamin within the body, as well as recommended daily doses and symptoms of deficiency. The advantages of natural versus synthetic supplements will be discussed. Exposure to free radicals can advance the aging process and be detrimental to your health. Find out how antioxidants can lead you through a longer, healthier life!

**Amino acids** are the currency of the body. Through a series of reactions, they assume responsibility for supplying the energy we need for proper functioning. A complete knowledge of these processes will enable you to isolate the mechanism behind any energy deficiency!

**Minerals** act as catalysts for biological reactions including muscle movements, hormone production, and the transmission of messages through the nervous system. Here you will study the role each mineral plays within the body, as well as the symptoms of mineral deficiency.

**Nutraceuticals:** Through a number of modern studies you will explore the biological aging process of the body in detail, as well as ways to prevent it.

**Professional Nutritional Assessment Test:** You will learn to utilize this tool to determine the nutritional needs of your clients.

Required reading list is available online.

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills

Instructor: Theresa Dale, PhD, CCN, NP

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Holistic Health Practitioner and  
NeuroPhysical Reprogramming Specialist**

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Residential and Online  
Total hours: 388

Part I: Online: 356 hours  
Part II: Residential: 32 hours, presented in one consecutive 4-day period

Upon completion, the student will be able to work as a  
“Holistic Health Practitioner” and a NeuroPhysical Reprogramming Specialist.

### **Prerequisites**

The prerequisite for acceptance into the Holistic Health Practitioner Training requires reading “Transform Your Emotional DNA” and accomplishment of one of the following:

- Experience in the health field
- Experienced Health Provider

This comprehensive transformational training provides you with cutting-edge tools to accelerate and assist in the healing process and takes your existing practice to the next level.

### **Description**

This comprehensive training has an online nutritional class and a four-day residential experiential workshop orchestrated to assist in the evolution of your skills both as a healer and in your personal transformational process. The online nutritional education class must be completed prior to the residential class. A test will be given by email before the start of the residential class.

Both the Holistic Health Practitioner Training and the Advanced (Diplomat) Holistic Health Practitioner Training contain 20 years of research in the fields of energy medicine, homeopathy, transformational spiritual psychology, nutrition and kinesiology.

### **Research by Dr. Dale: NeuroPhysical Reprogramming**

*(February 10, 1996)*

The NeuroPhysical Reprogramming protocol was tested at an independent neurologist’s office on 5 patients using a 22 electrode EEG along with full spectrum biofeedback reading, four more EEG sites on the occipital lobe of the head and EMG (muscle response) skin temperature and conductance. The patients were fully clothed and comfortable. After they were connected to the electrodes, I introduced verbal buttons by stating out loud various topics to the patient, such as health, disease, wellness, sex, cancer, death, life, birth, children, divorce, marriage, money, career, success, failure – to name a few. We then noted the brain and nervous system response on the EEG, EMG, etc.

The next step was to repeat the procedure using the NeuroPhysical Reprogramming protocol and Neuro-Emotional Remedies while the patient was still connected to the same equipment. Although the identical topics were used, the delivery was different. The patient said the topics aloud, instead of my saying them. The reason for this is that kinesiological testing which is a very small but important part of the NPR protocol has a very poor accuracy rate if the patient does not make the statements. If the doctor states it for the patient, the doctor is essentially testing themselves and not the patient.

After each process was completed, the patient was again given the same questions that they responded to before the NPR session. The testing indicated that they no longer had the energy pattern that 30 minutes prior was visibly apparent.



# Course Descriptions

## Vocational Certificate Programs

As a part of the NPR protocol, I tested a reflex point (Meta Point – Governing Vessel #16), which is located in the center of occipital lobe. After discovering the Meta Point in 1993,

I learned that it leads to the part of the primal brain storing foundational belief systems and identities. These identities act as an anchor making a disease difficult to cure or heal.

The printout of the EEG and the other testing could be visibly seen to have identical responses so that each test confirmed the next. It indicated exactly when the homeopathic remedies were introduced to the patient during the NeuroPhysical Reprogramming protocol. You could see a heightened response and then a release.

A printout of the “entire testing” clearly indicated the neurological changes that occurred from administering the remedies on one patient and not another. Whether the issue is related to disease or sexual abuse... the process works the same. All testing indicated that the NPR testing and the responses from the EEG, EMG, etc. were identical and that Neuro-Emotional Remedies visibly released energy patterns.

In another research project, Kirlian photography was used to measure the energy field of an AID’S patient before and after a NeuroPhysical Reprogramming session. In this case, pictures are better than words; therefore, you can see the kirlian photographs in my book “Transform Your Emotional DNA.”

- Neuro-Emotional Remedies are high potency homeopathic remedies with drainage properties that eliminate emotional issues anchored by identities.
- The results of the testing indicated that NeuroPhysical Reprogramming and Neuro-Emotional Remedies released core issues stemming from identities that can be a main cause of mental and physical illness.
- NeuroPhysical Reprogramming and Neuro-Emotional Remedies are used with incredible success on thousands of patients. Testimonials are available.

### **Part I: Online Class**

The information presented in the online prelude to these courses offers you a chance to build a strong foundation of knowledge in order to make you a more effective health care provider. A thorough understanding of the body’s functional mechanisms will lead to a greater comprehension of the material presented to you. An estimated 56 hours should be spent with this session. A test will be administered before attending the Holistic Health Practitioner Training.

Detoxification Pathways and Pathogens: includes Lymph detoxification.

- The Liver Detox Pathways
- Lymph System Detoxification
- Fungi and Human Pathogens
- Skin Brushing
- Human Immune System
- Sexual Health
- Detox Protocol & More

**Five Element Theory:** Each element correlates with an emotion, an organ, and a season to establish a balance of our surroundings and a harmony within us. Explore the intricacies of Chinese Five Element Theory - from its inception 5000 years ago to its role in modern-day acupuncture techniques.

**Vitamins and Antioxidants:** Learn the function of each vitamin within the body, as well as recommended daily doses and symptoms of deficiency. The advantages of natural versus synthetic supplements will be

# Course Descriptions

## Vocational Certificate Programs

discussed, supported by cutting-edge research from the field. Exposure to free radicals can advance the aging process and be detrimental to your health. Find out how antioxidants can lead you through a longer, healthier life!

**Amino acids** are the currency of the body. Through a series of reactions, they assume responsibility for supplying the energy we need for proper functioning. A complete knowledge of these processes will enable you to isolate the mechanism behind any energy deficiency!

### **Nutraceuticals**

Through a number of modern studies, you will explore the biological aging process of the body in detail, as well as ways to prevent it.

### **Professional Nutritional Assessment Test**

You will learn to utilize this tool to effectively determine the nutritional needs of your clients.

## **Part II: Residential Class**

### **NeuroPhysical Reprogramming:**

*What every doctor should know and every patient wants!*

Learn a reproducible hands-on protocol that bypasses the conscious mind leading you to the core of the illness, on any level. NPR accurately pinpoints the causal energy pattern of any life condition, determines its location in your body then allows you to permanently release it. Dr. Dale's research indicates that there is a holographic blueprint of all of your experiences, identities and beliefs stored in each cell. By contacting cellular intelligence, you will locate and eliminate the precise core identity and belief - transforming the cellular blueprint and reestablishing healthy cellular communication.

Learn an advanced form of kinesiology (muscle testing) to determine the biogenesis of the condition and a protocol to locate and release resisted emotions, belief systems and identities that are stored in the body creating abnormal meridian flow and disease.

### *Comprehensive NeuroPhysical Reprogramming Protocol*

*NPR...*

- is the only healing protocol that utilizes Dr. Dale's exclusive homeopathic filters to accurately test yourself and others.
- allows you to explore DNA consciousness; locating and eliminating sabotaging energy patterns that create illness and depression, as well as, assisting in the re-engineering of the psyche and the rejuvenation of the physical body. NPR profoundly embraces spiritual psychology and mind/body healing, encompasses non-invasive methods that assist healing the core of any illness, on all levels of consciousness.

The NPR's five-element protocol includes accurate testing, and therapy localization; incorporating various techniques to assess health issues occurring in the body's chemical, structural and electro-magnetic systems. You will learn to test reflex points, along with dental health issues, the immune system, identify scar tissue blockage, genetic predispositions, immune dysfunction and supplements.

The following topics will be discussed...

- Transforming the DNA
- Stress and Aging
- The 9 Causes of Neuro-Endocrine Breakdown!
- Inherited and Acquired Toxins
- How to Identify, Assess and Transform Stress!
- Redesign the Biological Computer

# Course Descriptions

## Vocational Certificate Programs

- Rejuvenating the Endocrine Computer
- Balancing all hormones, and neurotransmitters without the use of medications or hormones.
- Homeopathy: The Basics
  - Reflex Point Testing
  - Therapy Localization

**Regaining Attention and Focus:** Have you ever had the experience of day dreaming or withdrawing? Do you have clients who suffer with Attention Deficit Disorder? Get ready for the most fascinating, revolutionary tool to propel you into a new understanding and experience of complete and permanent release of creative blocks, struggles and suffering. In addition, you will learn how to shift any existing reality instantaneously.

**Detoxify Obsessive Behavior Patterns:** Dr. Dale developed this procedure in 1988 and has used it successfully since then to free the cellular memory of all types of drugs and addictive patterns. Since the drug itself was used to experience another reality such as relief from pain, the resistance to the original condition is still stuck somewhere in the body. Now, through this procedure you can easily detoxify life long addiction or obsession related to illness, relationships, drugs, substances, food, etc.

**Goals:** The method used is unique and effective in assisting goal manifestation. Help clients to focus 100% attention by uncovering neuro-physical patterns that sabotage optimum health and wellness.

**Neuro-Emotional Remedies:** Theresa Dale has researched and developed high potency homeopathic remedies based on the acupuncture meridian system and the Five Element Theory of Chinese Medicine. In the Holistic Health Practitioner Training each new student will receive one complimentary set (13) of Neuro-Emotional Remedies® along with training.

**The Bliss Exercise:** A new method of stilling the mind and working on patients in a neutral zone, while deepening the connection to your innate cellular intelligence giving you the ability to choose your feelings instead of being controlled by them.

**Alignment and Creation:** An incredible process to determine the degree to which you are aligned with your goals. Have you ever wondered why some of your goals manifest and others don't? Be aware that if you are not 100% aligned with your goals, subconsciously and consciously, they may not manifest. Now you can learn to locate and eliminate the hidden saboteurs lurking in your subconscious mind.

### **Attendance, Drop-Out and Leave Of Absence Policies**

Attendance is mandatory for this residential training. A student who wishes to drop-out of the course will need to arrange a conference with the Director and provide written notification explaining the reason for their decision. A leave of absence is not permitted.

The Holistic Health practitioner training is incorporated in the Naturopathic Practitioner Training but may be taken separately.

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Naturopathic Practitioner Training (N.P.T.)**  
***Traditional Naturopathy***

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Total Hours: 2028  
Residential and Online as noted  
Completion Time: 30 months  
Prerequisites required. See page 3.

After completion, the graduate will receive a Diploma/Certificate of Completion as a “Naturopathic Practitioner”. It authorizes the graduate to assist in the education, healing, empowerment and self-development of others and includes:

- Locating any resisted emotions and stuck belief systems causing health issues, including depression and self-sabotaging behavioral patterns, through NeuroPhysical Reprogramming protocol.
- Discovering energy imbalances in organs and glands due to improper nutritional support, stress and toxicity.
- Assisting clients with nutritional, herbal and homeopathic education and consulting.
- Employing “traditional naturopathic” non-toxic detoxification methods.
- Assessing nutritional status through “traditional naturopathic” methods.
- Teaching clients self-healing technologies and protocols that may be applied to all life conditions.

### **Description**

The Naturopathic Practitioner Training will provide a student with advanced methods of self-development and natural non-invasive healing tools assisting in the understanding of how the body functions. There is a branch of science (Psycho-Neuro-Immunology), which has already proven that our mind and emotions create stress thus creating disease.

This training will assist a student in recognizing the warning signs of this stress and any deep seated causative events and life-sabotaging belief systems which may cause violence and life-threatening disease. It will also enable a student to understand the human body, mind and emotions as an inter-related system that works together to create wellness or disease.

After completion, the graduate will receive a Diploma/Certificate of Completion. They may then start or continue their vocation as a “Naturopathic Practitioner.” It authorizes the graduate to assist in the education, healing, empowerment, and self-development of others according to California SB 577.

### **Module 1: Introduction to Traditional Naturopathy**

*(A Common Law Profession)*

Online Class: 49.5 hours

Traditional Naturopathy, along with cutting-edge research, is presented giving you an understanding of the dynamics of the disease process, and the core of illness or life condition. The presentation will include:

- The Anatomy of An Illness Related to the Five Element Theory of Chinese Medicine
- The Emotional Relationship to Illness
- The 6 Major Causes of Illness

### **Module 2: Anatomy & Physiology**

Online Class: 70 hours

### **Module 3: Biochemistry and Endocrinology**

Online Class: 94 hours

### **Module 4: Naturopathic Toxicology**

Online Class: 84 hours

Student learns about various forms of toxins (genetic, environmental, including xenoestrogens).

# Course Descriptions

## Vocational Certificate Programs

### **Module 5: Detoxification**

Online Class: 70 hours

Learn a variety of protocols revealing step by step instructions on the detoxification of heavy metals, chemical, parasites, pesticides, viruses and bacteria.

#### **Detoxification Pathways & Pathogens**

- The Liver Detox Pathways
- Lymph System Detoxification
- Fungi and Human Pathogens
- Skin Brushing
- Human Immune System
- Sexual Health
- Detox Protocol & more
- Pathogen Protocol

### **Module 6: Macrobiotic Dietary Evaluations – Living Raw Foods**

Online Class: 28.5 hours

### **Module 7: Therapeutic Nutrition**

Online Class: 1273 hours

Includes using blood chemistry reports to assess nutritional needs. The primary role of Vitamins and Minerals; how they act as the co-enzyme fraction of the apo-enzyme protein complex and their role in DNA and gene expression. Appropriate and accurate assessment to augment diet with supplements for chronic conditions are essential in this training. Moreover, you will learn updated protocols to address pressing issues affecting both adults' and children's health. An example of some of the topics follow.

- Environmental factors that are relatively new to this century are making it difficult for our bodies to naturally adapt to. As a result, we need to detoxify the body and augment our diet with supplements as a strategy to compensate and protect ourselves.
- Xenobiotic compounds, such as petro-chemicals that appeared during the industrial revolution. They will pass through the Brain Blood Barrier because the BBB is designed to only protect the brain from water-soluble toxins. Fat-soluble toxins are a recent occurrence in our environment. Our bodies haven't had enough generations to adapt to this new threat naturally.
- Antibiotics and hormones in our food chain is another example of substances that severely affects our immune system and gut flora.
- Lack of being breast-fed at infancy cause us to miss out on important immunoglobins resulting in allergies and immune deficits.
- Processed foods have many caveats; you will learn what they are and how to help clients make necessary changes to improve their health.
- Genetically engineered foods cause numerous health concerns.

### **Module 8: Herbology**

Online Class: 100 hours

Drug-Herb Interactions

Chemical Constituents

### **Module 9: Homeopathy and Homeopathic Counselling**

Online Class: 156 hours

This session will give you invaluable information on classical homeopathy, as well as combination remedies. Nosodes, isodes, sarcodes and drainage remedies will also be discussed. Learn to test various potencies of homeopathic remedies before recommending them.

*continued*

# Course Descriptions

## Vocational Certificate Programs

### **Module 10: Aromatherapy – Magnet Therapy**

Aromatherapy Online Class: 14 hours

Magnetic Therapy Online Class: 10.5 hours

The latest research about Magnetism, the Earth's Geomagnetic Fields, and the effect they have on the body. Learn about electron transfer, and the body's electromagnetic fields. The history and therapeutic uses of essential oils will also be discussed, as well as kinesiological testing using these oils. In addition, you will explore the frequencies of musical notes applied to the human body to stimulate intuition, relaxation and healing. Learn to test the precise frequencies for specific balancing.

### **Module 11: Holistic Health Practitioner Training (NeuroPhysical Reprogramming Specialist)**

Approved Vocational Certificate

Online Class: 56 hours

Residential Class: 32 hours (Presented over 4 consecutive days)

You will be given a separate certificate for this training as a Holistic Health Practitioner after graduation of the entire Naturopathic Practitioner Training.

Instructor: Theresa Dale, PhD, CCN, NP

### **Module 12: A. Causal Chain BioKinesiology**

Online Class: 22.5 hours

Residential Class: 6 hours, taught as a part of the Holistic Health Practitioner Training.

Causal Chain Biokinesiology Assessment and NeuroPhysical Reprogramming are combined. Learn how to use homeopathic filters to test for the causal chain related to symptoms, inherited and acquired toxins, nutritional supplements, and food toxicity.

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP Instructor: Theresa Dale, PhD, CCN, NP

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Biological Dental Consultant (B.D.C.)**

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Total Hours 900 hours  
Online and Residential via web seminars  
Completion Time: 12 months

**Prerequisites:** Health Provider, licensed or certified Dental Assistant or Dental Hygienists for three years.

After completion, the graduate will receive a Diploma/Certificate of Completion as a Biological Dental Consultant, which authorizes the graduate to assist in the education, healing and empowerment of others.

**Description:**

This training offers comprehensive education to all health providers about how nutrition, and comprehensive methodology effect the teeth, jaw, related structures in relationship to the disease process.

This training will educate practitioners to uncover possible dental issues including dental toxins that can be affecting ones physical health and recommending appropriate visits with a Biological Dentist of their choice.

Biological Dentistry has been practiced for the past 25 years in Germany and stresses the use of nontoxic restoration materials for dental work and focuses on the impact that dental toxins and hidden dental infections have on overall health. It has been estimated by European researchers that as much as half of all chronic degenerative illness can be traced to dental problems and modern dentistry's reliance on traditional techniques to treat them. Unlike the traditional approach, biological dentistry treats the teeth, jaw and related structures with the assumption that treatment affects the entire body.

Through the past decades and to this very day, different techniques and practices are chosen by "biological dentistry" practitioners to determine which dental materials would seem most compatible for their patients. The fact exists that there is no single dental material or anesthetic which is ideally suited for every individual patient.

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Advanced Holistic Health Practitioner (A.H.H.P.)  
Diplomat, NeuroPhysical Reprogramming**

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Residential

Total Classroom Hours: 32

This training is offered over a consecutive 4-day period.

See prerequisites on Page 3.

### Description

This training is for Continuing Education and will sharpen the tools learned in the Holistic Health Practitioner Training.

You will learn advanced protocols, new skills using more specific homeopathic filters to uncover the specific location of bio-genetic behavioral patterns in different areas of the body and brain which may have an influence on a individual's state of physical and emotional health, now and in the future.

The balancing of neuro-transmitters using totally natural and non-invasive methodology will be discussed. Using the frequencies of color and sound therapies in the realm of stress management you will learn how to handle and eliminate charged issues that take control of your life.

Completion of this course will earn you a Diploma/Certificate of Completion as an "Advanced Holistic Health Practitioner / Diplomat, NeuroPhysical Reprogramming."

### Curriculum

This training is residential for the Continuing Education of Holistic Health Practitioners. After graduation from the A.H.H.P. training you will receive a diploma/Certificate of Completion as an "Advanced Holistic Health Practitioner / Diplomat NeuroPhysical Reprogramming."

"Neurotransmitters, Anti-Aging and Your Emotions"

"Meta Point Testing"

"Advanced Protocol"

"Biocompatibility Testing"

"Electromagnetic Fields and Illness"

"Frequency Healing"

"Access and reprogramming genetic makeup, which stimulates emotions, along with mental and physical disease"

### Attendance, Drop-Out, and Leave Of Absence Policies

Attendance is mandatory for this residential training. A student who wishes to drop out of the course will need to arrange a conference with the Director and provide written notification explaining the reason for their decision. Leaves of Absence are not permitted.

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP



# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Neuro-Endocrine & Anti-Aging Regulation Training**

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**Module 1:** (Distance Online Education) Online Studio recorded audio and corresponding PowerPoint's: 8 hours

**Module 2:** ( Residential) Hands-on class, 16 hours.

**Pre-requisites:** Health Provider

Our medical system often times does not promote the education of patients about all of their choices for healing. Furthermore, patient's health challenges, whether chronic or acute, are usually not energetically tested for the complete cause of their symptoms. Often time, they are looking to get out from under the label of a disease so that they can heal. Many times, their health condition morphs and symptoms drastically change. They become addicted to their medication and possibly taking incorrect dosages or medication that is not tested on them for accuracy, therefore, merely acting as a band-aid not a cure.

The missing key is the practitioner who is using the methodology from the Neuro-Endocrine & Anti-Aging Regulations training (N.E.A.R.). The N.E.A.R. methodology allows the provider to contact the body's innate intelligence to find the exact cause of any disease and create a protocol for repair and regulation. Finally, there is a training that opens the portal to accurate information, empowering the patient's compliance in their healing program.

Who can take this training? This training is for existing health providers only!

There is a test for competency after the completion of each seminar and before the Certificate is issued.

This training offers Comprehensive Functional Research Based Nutritional Education using Blood Testing Optimal Reference Ranges. You will also be learning the Advanced 5 Element Saliva Test Panel for Hormone Assessment.

Learn proven protocols to address your most difficult cases incorporating the following tools:

- Homeopathic Hormone Rejuvenation
- Blood Testing Assessment Using Optimal Reference Ranges
- 5 Element Saliva Test Assessment using Optimal Reference Ranges
- Functional Nutritional and Herbal Detoxification and Healing
- NeuroPhysical Testing

**Module 1:** Online Studio recorded audio and corresponding PowerPoint's: 8 hours

- Reading the signs of physical and mental health related to nutritional deficiencies.
- Menopause & Andropause: learn to correct any hormone imbalance naturally.
- Awaken and detoxify the endocrine system after HRT or BHRT.
- Understanding Autoimmune Disease: Thyroid, Adrenal & Neuroendocrine Axis.
- Immune health, emotions, food intolerances, virus, bacteria and parasites.
- Neurological optimization through understanding and correcting methylation and hepatic glutathione pathway function.
- Regenerate and balance the hypothalamus, pituitary, adrenal axis (HPA).

# Course Descriptions

## Vocational Certificate Programs

**Module 2:** Sixteen (16 hours) residential hands-on class.

In Module 2 you will learn the following:

- Detoxification protocols for heavy metal toxicity, chemical poisoning and Parasites
- Proven protocol for Cardiovascular Disease
- Address specific pathology with combination homeopathic formulas, herbs and orthomolecular nutrition.
- Learn Therapy Localization: An advanced hands-on Neurophysical Testing protocol to validate the accuracy of ANY test result. You will learn to individually test clients/patients for precise dosage, treatment & therapy time (Includes Testing Filter Vials). Neurophysical Testing has proven to be reproducible.

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP

# Course Descriptions

## Vocational Certificate Programs

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**Course Title: Homeopathic Endocrinology (H.E.)**

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250 hours-Online

Completion Time: 14 months

See prerequisites on Page 3.

### **Description**

The curriculum below will be completed online.

### **Endocrinology**

You will learn the interconnected function of the endocrine system and understand the Krebs cycle. Information and research about patient/client endocrine assessment using saliva testing, blood testing, as well as urine testing are presented.

### **Survey of Homeopathy**

The history of homeopathy includes a complete discussion of homeopathic ingredients and potencies. Furthermore, all forms of homeopathic remedies and treatment are discussed including advanced and esoteric homeopathic medicine. Since the neuro-endocrine system is involved in the overall health of the human body, this training offers extensive and comprehensive research in treating this system along with associated illness. You will also learn to use homeopathy to strengthen the immune system, detoxify virus, bacteria and parasites and help shift mental and emotional behavior patterns.

### **History of Using Homeopathic Sarcodes**

An overview, as well as, the efficacy of using homeopathically prepared sarcodes. The use of Homeopathic Sarcodes in hormone re-education and rejuvenation therapy. An overview of homeopathically prepared sarcodes from hormones.

### **History of Using Homeopathic Nosodes**

You will learn about the efficacy of using and recommending homeopathic nosodes and how they work to neutralize genetic disease traits and miasms. In addition, you will also learn:

- an overview of homeopathic nosodes, what they are, when to use them and how they target a disease or pathology and neutralize it.

### **Combining Classical Remedies, Nosodes and Sarcodes**

Discover the efficacy of using classical and complex homeopathy.

### **Homeopathic Nosodes Combined with Sarcodes**

Assessing and healing a degenerative disease or infection and its relationship to hormonal imbalance.

### **Repressed Emotions Effect Hormonal Production**

The Five Element Theory is a key to help identify the core energy pattern that anchors a disease and is a cause of blocked neurotransmitters, hormones, and thus meridians. The Neuro-Emotional Survey: What it is and how to use it with clients.

### **The Nine Causes of Endocrine Breakdown**

Includes Treatment Protocol

# Course Descriptions

## Vocational Certificate Programs

The requirements for the completion of this program include: (1) Read the material provided in the online learning platform and from the required textbooks (2) Request the module exam upon the completion of reading the module material and reviewing your notes (3) Complete the requested module exam within 48 hours of receiving it via electronic mail (email) communication with Microsoft Word attachments (4) Return the completed module exam to [ccnmadmissions@gmail.com](mailto:ccnmadmissions@gmail.com) for grading (grading will take up to 7 business days from the time the Institute has received the completed exam.) (5) Successfully pass your module exams with a score of 70% or higher. The passing of each module exam will demonstrate successful application of newly acquired knowledge and skills.

Instructor: Theresa Dale, PhD, CCN, NP

# Tuition

## **Practitioner Prerequisite**

Online Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$250.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$500.00
Textbooks .....	NOT included

## **Master Herbalist (Unavailable until 2020)**

Online Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$3,500.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$3,750.00
Equipment and Other Fees .....	None
Textbook.....	NOT included

## **Homeopathic Medical Practitioner**

Online Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$4,240.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$4,490.00
Equipment and Other Fees .....	None
Textbooks .....	NOT included

## **Clinical Nutritionist**

Online and Residential Classes (Web Teleseminar)	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$4,700.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$4,950.00
Equipment and Other Fees .....	None
Textbooks .....	NOT included

## **Nutraceutical Training**

Online	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$1,200.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$1,450.00
Textbooks .....	NOT included
Equipment and Other Fees .....	None

## **Holistic Health Practitioner Training**

Online and Residential Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$6,240.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$6,490.00
Equipment and Other Fees .....	None

# Tuition

Textbook.....	Included in tuition
Homeopathic Remedies .....	Included in tuition

## **Naturopathic Practitioner Training**

Online and Residential Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$14,900.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$15,150.00
Equipment and Other Fees .....	None
Textbook.....	NOT included
Approximate Cost of Textbooks \$800.00 .....	NOT included

## **Biological Dental Consultant (BDC)**

Online and Residential via web seminars	
Registration (Non Refindable) .....	\$250.00
Tuition: .....	\$1,750.00
*STRF .....	\$0.00
Total Tuition and Fees: .....	\$2,000.00
Textbooks .....	NOT included

## **Advanced Holistic Health Practitioner**

Residential	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$4,500.00
*STRF .....	\$0.00
Total Tuition and Fees .....	\$4,750.00
Equipment and Other Fees .....	None
Textbook.....	Included in tuition
Homeopathic Remedies .....	Included in tuition

## **NeuroEndocrine Regulation & Anti-Aging Certification**

Online and Residential Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$1,145.00
*STRF .....	\$0.00
Total Tuition & Fees .....	\$1,395.00
Textbooks .....	Included
Equipment and Other Fees .....	None
Hotel room and transportation NOT included in tuition	

## **Homeopathic Endocrinology**

Online Classes	
Registration (Non Refindable) .....	\$250.00
Tuition .....	\$2,900.00
*STRF .....	\$0.00
Total Tuition & Fees .....	\$3,150.00
Equipment and Other Fees .....	None
Textbooks .....	NOT included

# Tuition

All payments will be made payable and mailed to:  
The California College of Natural Medicine, Inc.  
1237 S. Victoria Ave. #169  
Oxnard, CA 93036

We also accept MasterCard and Visa payments.

\* STRF is assessed on .50 per \$1000 calculated on the nearest \$1,000. California Residents: The Student Tuition Recovery Fund will be assessed on total tuition and fees.

*Our mission is to empower both the health  
provider and the client in their healing process  
using evidence-based bioenergetic  
and natural health care.*

*Our goal is to set the highest moral  
and ethical standard possible, globally,  
for the practice and preservation of  
traditional naturopathy and natural medicine.*

Theresa Dale, PhD, CCN, NP



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