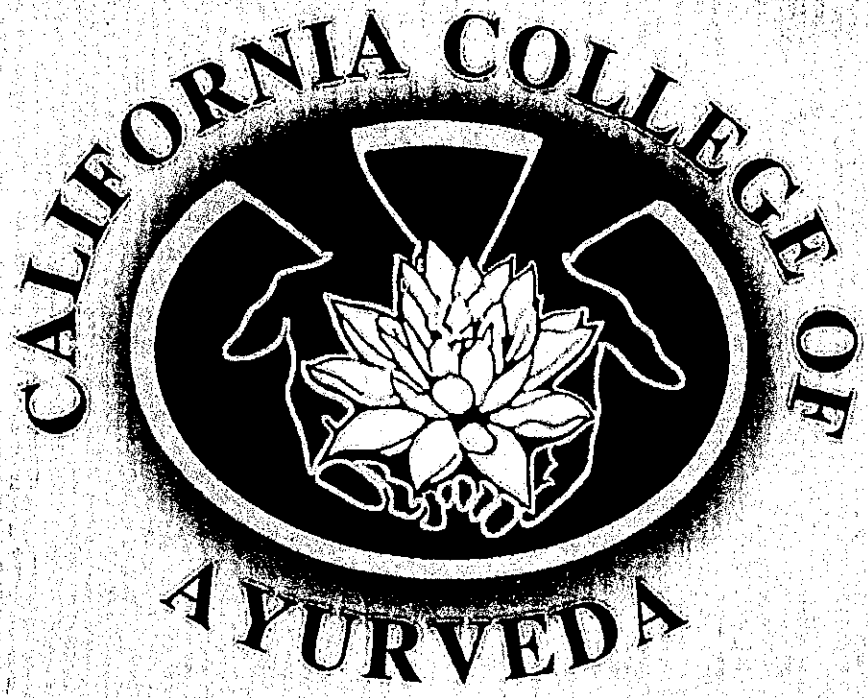
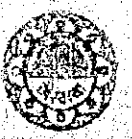


AYURVEDIC EDUCATION SINCE 1995



State-Approved Courses for Practitioner Certification

# 2018 CATALOG



## A Message from the Founder and President

Welcome to the California College of Ayurveda (CCA), the longest running, state-approved college and professional training program for the study of Ayurvedic Medicine in the United States.

I am very pleased that you are interested in learning about CCA and about the ayurvedic profession. Today we enjoy a rare opportunity to participate in the rebirth of this ancient ayurvedic healing science as it evolves into a primary form of healing for the 21st century.

Our graduates are pioneering this effort and are at the forefront, playing a vital role in the development of this new profession.

Studying ayurveda is more than a career; it is a personal transformation toward wholeness and wellness. Having applied the knowledge and wisdom of Ayurveda toward their selves, our graduates go back into their communities and become beacons of light, bringing healing and harmony to others. Together, our graduates are engaged in nothing less than a revolution of consciousness, supporting the transformation of humanity toward living in harmony with nature. Our philosophy is simple: Where there is harmony, there is health. Where there is disharmony, there is disease.

The California College of Ayurveda is dedicated to giving students the finest education in the field of Ayurveda. This is our mission and we have been the standard bearers within the profession supporting the development of quality education amongst all schools. We have done this through the founding of the National Ayurvedic Medical Association and the California Association of Ayurvedic Medicine. Our graduates have been the leaders of these organizations and we continue to support the highest standards.

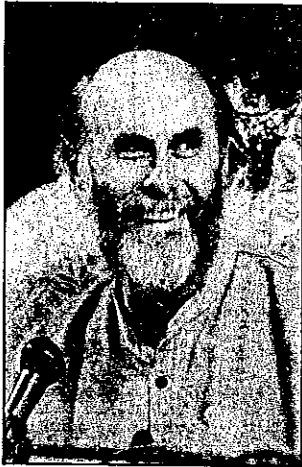
Our programs are designed to accommodate students who can dedicate themselves to full-time or weekend study and those who live at a distance. Regardless of the program our students are in, the standards are the same and the quality of the learning experience is exceptional. Every facet of CCA's program is coordinated to make sure that when you graduate you are competent and confident. While our program will challenge you, it is taught with great compassion and love. This is the Vedic way.

The learning process never ends as we endeavor to embody the wisdom of Ayurveda in all areas of our lives. If Ayurveda has inspired you and reached into your heart, we hope you will join us and our students as we travel together on a journey of personal growth, professional development, and planetary healing.

Namasté,

Dr. Marc Halpern, D.C., C.A.S., P.K.S.  
President

## A Letter to Students



I remember one of the first classes in Ayurveda in the West in 1983 in which there were only a half dozen students without much of an idea as to what they were studying or why. One wondered if the serious pursuit of Ayurveda was but a fantasy. I have watched Ayurveda grow worldwide since then, and today it is clear that the fantasy has turned into reality. The outstanding education provided by the California College of Ayurveda is the clearest example.

I first met Dr. Marc Halpern as a student in 1991, and he soon joined me for additional training programs that we offered. I introduced him to additional teachers from India and supported him to begin the California College of Ayurveda. Today the school has become the most recognized institution outside of India and is respected worldwide.

I see Ayurvedic education today as having five necessities. The first is that it should provide a strong foundation in the traditional principles of Ayurveda. The second is a good herbal program. Herbs, after all, are the main healing substance prescribed in Ayurveda. The third is that it should teach good counseling skills for Ayurvedic practitioners, and students should be well versed in Ayurvedic psychology. Most health problems today have mental and emotional complications that cannot be ignored. The fourth is integration with Yoga therapy, which also continues to grow in popularity. Ayurveda is the ancient medicine of the Yoga tradition, founded by the same rishis and resting upon the same philosophy as classical Yoga. The fifth is a deep clinical foundation. Beyond lifestyle counseling and preventative medicine, Ayurveda is a complete medical system capable of helping humanity to heal from a wide array of chronic diseases that confound Western physicians.

The California College of Ayurveda provides outstanding training in the principles of Ayurveda, extensive herbal training, a deep foundation in psychology, opportunities to study Ayurvedic Yoga therapy and has pioneered clinical ayurvedic education in this country. Students who choose to study at CCA will receive a solid foundation in the traditional knowledge and learn how to apply it in modern times. When you graduate, you will be very well prepared to go into practice and stand among the finest trained practitioners in this country.

Ayurveda is respected worldwide as one of the most important traditional systems of healing. The work of the California College of Ayurveda has made a serious contribution to the well-being of humanity.

Dr. David Frawley (Pandit Vamadeva Shastri)

*Dr. David Frawley is one of the most highly regarded scholars of the Vedic sciences and an advisor to the California College of Ayurveda. For more information about him, please see his biography later in this catalog.*

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The contents of this catalog are valid from the dates of  
January 1, 2018 through December 31, 2018.  
Information contained herein, including curriculum and tuition, pertains only to  
enrollment into each program during this calendar year.

### Mission of the California College of Ayurveda

The California College of Ayurveda is dedicated to transforming human consciousness by providing the highest quality education, health care, and research in the field of Ayurveda. We strive to express the principles of harmony in every action we take as we train students to become the doctors of the future, practitioners dedicated to understanding the whole person physically, emotionally, and spiritually.

**AYURVEDA FOR THE 21ST CENTURY** Ayurveda, which literally means "The Science of Life," is the healing science from India. It has been practiced for over 5,000 years by millions of individuals to assist the body in journeying back to optimal health. More and more people are discovering that these ancient principles are easily applicable to modern life and that they have the power to create health and contentment. Health is the end result of living in harmony with nature. Ayurveda allows us to become aware of our individual nature and to find the best ways to live a life of balance. It provides holistic understanding and healing to people on all levels: physically, emotionally, and spiritually. Ayurveda uses a multitude of healing modalities, including herbs, diet, colors, aromas, sound, lifestyle recommendations, pancha karma, meditation, and yoga.

**Facility in Nevada City** :CCA is comprised of a three buildings totaling 13,000 square feet. The main building consists of classrooms, administrative offices, and a community health center. The College is wired to the internet and uses computer equipment and projectors during the educational program. The College has an on-site student resource room, which contains a small library and is available to students during regular business hours. Additional academic resources are located on our website and are available to all students.

**Notice to Prospective Students:** As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 2535 Capitol Oaks Avenue, Suite 400, Sacramento, CA 95833, [www.bppe.ca.gov](http://www.bppe.ca.gov), (888) 370-7589, or by fax (916) 263-1897.

**Disclosure Statement** :This institution does not have a pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition in bankruptcy within the preceding five years, and has not had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101, et seq.).

## The Ayurvedic Health Counselor, the Clinical Ayurvedic Specialist and the Ayurvedic Doctor

CCA's Ayurvedic Health Counselors (A.H.C), Clinical Ayurvedic Specialists (C.A.S.), and Ayurvedic Doctors (Ay.D), are the most thoroughly trained practitioners in the field of Ayurveda in the United States. Ayurvedic Health Counselors are specialists in preventative medicine, Clinical Ayurvedic Specialists specialize in clinical medicine and Ayurvedic Doctors integrate a deeper knowledge of western medicine into their practice. With over 1000 graduates, CCA provides both academic and clinical training that prepares students to go into practice. It is the dharma (purpose) of each practitioner to share their knowledge of Ayurveda to uplift the health and well-being of their community.

### Professional Development

Through education and experience, our students are guided through the journey from student to health care professional. Our programs are designed with the goal of training graduates to become counselor, practitioners, and doctors of Ayurveda. To support this transformation, our program provides the opportunity for supervised internship in a clinical setting. In addition, our students receive training in the skills needed to become successful independently after graduation.



### FREQUENTLY ASKED QUESTIONS

#### *1. Why should I choose the California College of Ayurveda for my ayurvedic education?*

**Standards:** CCA has the highest academic and clinical standards in the West. Our students are well known to be the finest trained in North America.

**Success:** Because of the clarity, focus and excellence of CCA's educational process, CCA has graduated the most successful practitioners in the country. When you graduate from the California College of Ayurveda (CCA), you join an elite group of practitioners. CCA's reputation for high standards gives you a head start toward your success.

**Herbal Medicine:** CCA offers the most extensive herbal training in the country. Our program is one of the few in the United States where you learn to formulate and have the

opportunity to make the medicines you prescribe for your patients. Our program also includes the opportunity to participate in a special herbal apprenticeship program where you will learn to take herbs from seed to medicine.

*"Every day in my Ayurvedic practice I am so grateful and inspired by this wonderfully inclusive science and for the depth of training I received from the California College of Ayurveda. My training has given me the opportunity to see the world in a new way and to help people recreate balance and harmony in their lives."*

— Michelle Schaefer

*"CCA is a unique and ideal academic school for learning Ayurveda in a professional way in the USA. A unique feature of this school is that it helps students learn the deeper meaning of yoga, in action and dharma. CCA teaches how life can be more meaningful and successful in the material world and, at the same time, harmonious with nature through the medium of Ayurveda."*

— Usha Koshla, M.D.

## FREQUENTLY ASKED QUESTIONS CONTINUED:

**Internship:** CCA students can participate in up to 18 months of internship. Most internships at other schools include observing a teacher seeing patients or performing consultation on other students with limited supervision. CCA's internship program includes both observation and working directly with patients. Interns receive very close supervision and guidance. CCA is also the only school in the country in which C.A.S. and Ay.D. interns are paid while they are in school for the work they do. This builds self-esteem and confidence as students go into practice.

**Cohesive Program:** The program at CCA has been refined over a 23-year period. Every facet of CCA's training program is designed to coordinate a student's learning experience. CCA's teaching staff is an integrated unit working together to assure a cohesive learning experience.

**Excellence in Teaching Staff:** Teachers at CCA are hand-picked by Dr. Marc Halpern for their knowledge, their ability to communicate clearly, and their ability to teach in an organized manner. All teachers also go through special "teacher training" to assure competency in the classroom. Each teacher has also developed important insights into the knowledge and brings these insights into the learning experience of the student. Perhaps most importantly, our faculty is living the principles of Ayurveda every day.

**State and National Standards:** Dr. Marc Halpern is and has been instrumental in developing the currently accepted national guidelines for Ayurvedic education in the United States. He is leading the effort to raise those standards nationwide. Your education at CCA exceeds current guidelines and prepares you for the future of Ayurveda in the United States.

**Classroom Hours:** CCA offers more classroom hours of training in pure ayurvedic knowledge than any other major school in the United States.

**Post-Graduate Study in India:** Students who graduate from the California College of Ayurveda have opportunities to participate in training programs and internships in India. CCA has a relationship with Ayurvedic doctors and hospitals in India where interns can participate in apprenticeships.

**Traditional, "Authentic" Ayurvedic Education:** CCA is committed to helping students understand the complete science of Ayurveda as it was articulated thousands of years ago by the ancient teachers. This knowledge is contained in three major and three minor texts of Ayurveda written between 1500 BCE and 1500 CE. The curriculum at CCA helps to bring this ancient wisdom to you in a modern and easily understandable format.

### ***2. What is the most advanced training I can receive at CCA?***

Your training at CCA can take you all the way to becoming a Doctor of Ayurvedic Medicine. At the California College of Ayurveda, your education progresses from a Counselor to a Clinical Ayurvedic Specialist and then to an Ayurvedic Doctor.

## ACADEMIC PROGRAMS

**Overview:** The California College of Ayurveda offers the highest level of training and most comprehensive curriculum in the field of Ayurvedic Medicine in the United States. Our programs lead to three certificates of completion.

- 1. Ayurvedic Health Counselor (AHC)**
- 2. Clinical Ayurvedic Specialist (CAS)**
- 3. Ayurvedic Doctor (AyD)**

### **Required Courses for Each Certificate**

- 1. Ayurvedic Health Counselor:** Ayurvedic Health Counselor 1, Ayurvedic Health Counselor 2
- 2. Clinical Ayurvedic Specialist:** Ayurvedic Health Counselor 1, Ayurvedic Health Counselor 2  
Clinical Ayurvedic Specialist 1, Clinical Ayurvedic Specialist 2
- 3. Ayurvedic Doctor:** Ayurvedic Health Counselor 1, Ayurvedic Health Counselor 2  
Clinical Ayurvedic Specialist 1, Clinical Ayurvedic Specialist 2  
Ayurvedic Doctor Program

*"I feel that I have had excellent overall training at CCA. I feel confident going into practice."*— Krista Neumann

## Ayurvedic Health Counselor 1 (600 hours)

**Scope of Training:** This is a very high-level academic course providing students with a solid foundation in the most important principles of Ayurvedic medicine. Students who complete this course may do one of the following:

- Enroll into Ayurvedic Health Counselor-2 Internship (AHC 2) or
- Enroll into Clinical Ayurvedic Specialist-1 (CAS 1)
- Note: Only a letter of acknowledgement is provided upon completion of this program. A certificate is not provided until completion of the entire Ayurvedic Health Counselor Program which includes the Ayurvedic Health Counselor internship.

### Classes and Curriculum :

This program is both theoretical and practical. Students will learn the principles of Ayurveda and apply them to their own lives. Living Ayurveda is the best way to learn Ayurveda. Students will work on extensive case studies to reinforce the learning process.

Module 0: Introduction to Ayurveda and Ayurvedic Lifestyle

Module 1: Philosophy

Module 2: Ayurvedic Anatomy and Physiology 1

Module 3: Ayurvedic Anatomy and Physiology 2

Module 4: Introduction to Ayurvedic Pathology

Module 5: Ayurvedic Consultation & Evaluation: Body structure and function evaluation

Module 6: Ayurvedic Psychology 1

Module 7: Ayurvedic Psychology 2

Module 8: Dravya Guna: Ayurvedic Nutrition and Basic Herbalism (3 week module)

Module 9: Sensory Therapy: Aromatherapy, Color Therapy, Sound Therapy, and Daily Routines

**Additional Requirements:** Personal Research Paper: Students will write a 5 page research paper in which they analyze themselves from an Ayurvedic perspective and make recommendations for how they can improve their health and well-being. This will be due prior to the final exam.

Students completing this course have up to one year to either enter into the Ayurvedic Health Counselor 2 Internship or into C.A.S. 1. After one year, students will need to take a placement examination in order to test their recall of the Ayurvedic principles learned in A.H.C.1.

## Clinical Ayurvedic Specialist 1 (830 hours)

**Scope of Training:** Students will study clinical theory and the management of disease. Students who complete this program may do one of the following:

- Enroll into Ayurvedic Health Counselor 2 Internship (AHC 2) or
- Enroll into Clinical Ayurvedic Specialist 2 Internship (CAS 2): Students may enter into this internship program only if they have already completed the Ayurvedic Health Counselor 2 (Internship) program.
- Note: Only a letter of acknowledgement is provided upon completion of this course. A certificate/diploma is not provided until completion of the entire Clinical Ayurvedic Specialist Program which includes the Clinical Ayurvedic Specialist Internship.

**Prerequisites:** Students must first complete the Ayurvedic Health Counselor 1 (A.H.C. 1) course and a college-level course in Western Anatomy and Physiology.

### Classes and Curriculum:

Students will study the classical ayurvedic perspective on the management of disease in each system of the body as well as an overview of the western medical understanding of the condition. Students perform projects and work with case studies as part of the learning experience. The program integrates extensive additional study of herbal medicine and students practice designing herbal formulations.

### ***Classes and Curriculum con't:***

Module 1: Advanced Ayurvedic Pathology

Module 2: Advanced Ayurvedic Herbalism

Module 3: Pancha Karma Theory

Module 4: Diseases and Ayurvedic Management of the Digestive System 1

Module 5: Diseases and Ayurvedic Management of the Digestive System 2

Module 6: Diseases and Ayurvedic Management of the Respiratory System

Module 7: Diseases and Ayurvedic Management of the Urinary System

Module 8: Diseases and Ayurvedic Management of the Cardiovascular System

Module 9: Women's Health and Ayurveda 1: Pregnancy, Delivery, and Introduction to Pediatrics

Module 10: Women's Health and Ayurveda 2: Diseases of the Female Reproductive System

Module 11: Diseases and Ayurvedic Management of the Nervous System

Module 12: Ayurvedic Dermatology: The management of conditions of the skin.

Module 13: Ayurvedic EBENT: The management of the conditions of the ears, eyes, nose and throat (3 weeks)

Module 14: Chronic Diseases and the Ayurvedic Management of the Endocrine, Immune, and Musculoskeletal Systems

**Additional Requirements:** Research paper : Students will be required to write a 10 page research paper on an approved ayurvedic topic. This will be due prior to the final exam.

### **Internships**

Internship is the transition from student to practitioner. This is the most important time in a student's learning experience. Internships may take place either at our Nevada City Campus Clinic or in the student's community as a field internship. Students who are performing a field internship will be required to find a professional setting in which to perform their internships. Both onsite and field interns are supervised by our post-graduate clinical staff. Interns are assigned a clinical supervisor who oversees their cases through regular case review meetings. Both onsite and field interns provide healthcare consultations to the community.

#### **Internship Fees and Stipends**

The college establishes minimum fees for clinical services by A.H.C., C.A.S. and Ayurvedic Doctor interns. Interns working at the college clinic follow a set fee schedule. Field interns may charge additional fees above the minimum fee schedule in order to cover their overhead. Field interns are required to remit the minimum patient fees to the college to support intern supervision. For more information, see the internship disclosure and declaration statement prior to enrolling in the internship programs. All onsite C.A.S. and Ay.D. interns receive a stipend for each visit.

### **Ayurvedic Health Counselor-2—Preventative Medicine Internship (600 hours)**

**Scope of Training:** The student is trained for a scope of practice that focuses on preventative medicine, lifestyle transformation, and the promotion of health and wellness. This is an internship in preventative medicine and lifestyle counseling. During this six-month internship, students will learn how to provide dietary and lifestyle support including the use of aromatherapy, color therapy, sound therapy, meditation, self-massage therapy and how to support patients to create a healthy daily routine. Interns in this program will learn when to recommend predesigned herbal formulas to their patients.

**Prerequisites:** Students must complete the Ayurvedic Health Counselor 1 program.

#### **Classes and Curriculum:**

**On-Campus Intensive:** This is a 10-day intensive.

**Community-Based Education Class:** During this 4-day program, students will learn how to provide a six-week community-based educational program. based on Dr. Halpern's book: *Healing Your Life, Lessons on the Path of Ayurveda*.

**Diagnostics:** During this 2.5-day hands-on diagnostics program, students will solidify their ability to identify the prakruti and vikruti of the patient.

**Internship Preparation Class:** During this 3.5-day program, students will learn how to do the proper documentation when performing consultations and evaluations. Students will also begin to explore how to set up a counseling practice.



**Classes During Internship:**

**Clinical Module 1:** Teaching Diet, Healthy Eating Guidelines, and Food Combining to Patients

**Clinical Module 2:** Ayurvedic Counseling Skills; observation of an intake appointment

**Clinical Module 3:** Practice Management 1: Writing a business and marketing plan

**Clinical Module 4:** Teaching Lifestyle and Sensory Therapies to Patients

**Clinical Module 5:** Case Presentations

**Requirements:** Interns must complete a minimum of 50 one on one patient visits. In addition to providing consultations, interns will learn how to market themselves and build an ayurvedic practice as well as how to work in a professional clinic setting. Interns are responsible for using the knowledge learned in order to attract the patients needed to complete their program. Students are required to lead one six-week community-based educational course using the Healing your Life program in their own community or at the College's location. Interns are also required to put together a business plan and complete three introductory talks on Ayurveda in their community.

**Field Internships:** Students can choose to be conduct their internship on campus at CCA or in their own communities as field interns. Each field intern is supervised by a field intern supervisor who oversees individual cases, monitors progress, and assures completion of all required hours and reporting. Case discussions and reviews are scheduled in person or by telephone. Field interns may incur additional minor expenses for postage, phone calls, faxes, herb orders etc.

**Time Commitment:** Interns are expected to make the time necessary to complete their program in a timely manner. This is an internship and therefore requires time and focus. This requires work to be completed during the work-week.

**Extensions:** Students who cannot complete their program within the required six-month period may apply for up to two three-month extensions for a fee of \$300 each. (Additional extensions may be considered after a meeting with the Academics ) For more information about the expectations of internship, please see the internship disclosure and declaration form available from the College and included in A.H.C.-2 program enrollment materials.

**Stipends:** A.H.C 2 Interns do not receive stipends from the College during the Ayurvedic Health Counselor-2 internship.

### **Clinical Ayurvedic Specialist 2—Disease Management Internship (600 additional hours)**

**Scope of Training:** The intern is trained for a scope of practice that focuses on Clinical Ayurvedic Medicine and disease management. Interns will utilize all of the available tools of Ayurveda to support the healing process including Panchakarma and custom herbal formulas. Interns in this program are taught to design PK programs and herbal formulas specific to the needs of their patients.

**Prerequisites:** Students must first complete the Ayurvedic Health Counselor 1 & 2 and Clinical Ayurvedic Specialist 1 programs (academic and internship courses).

**Classes and Curriculum:**

**On-Campus Intensive:** This is an 11 day intensive.

**Documentation & Consultation:** During this 2 day program, students observe a patient consultation and discuss the case while learning clinical documentation procedures.

**Diagnostics:** During this 2 day program, students will learn how to perform abdominal exams and take the patient's blood pressure.

**Pulse Diagnosis:** During this 3 day program, students will learn the art of Ayurvedic pulse diagnosis.

**Making Herbal Medicines Workshop:** During this 4 day program, students will work in a laboratory setting and learn to prepare a wide variety of herbal preparations including churna, salves and medicated oils.

**Classes During Internship:**

**Clinical Module 1:** Panchakarma Case Management / Yoga of Success

**Clinical Module 2:** Cancer Management - Part 1 / Case Presentations

**Clinical Module 3:** Cancer Management - Part 2 / Case Presentations

**Clinical Module 4:** Attention Deficit Disorder / Case Presentations

**Clinical Module 5:** Case Presentations

**Case Presentations:** During each clinical module, interns present real cases to their classmates. A discussion of the case is facilitated by our faculty. Interns and faculty provide input into case management in order to enhance the learning experience of the intern.

**Advanced Study:** Interns will study the Management of Cancer and the Management of Attention Deficit and Hyperactivity Disorder. Interns will also explore the principles of becoming successful in practice after graduation.

**Advanced Herbal Medicine Training**

This exceptional program was developed by the California College of Ayurveda to help assure that the graduate is capable and competent to go into practice. All interns design complex herbal formulations. Interns working onsite prepare all herbal formulations under the direction of the Director of the Herb Department. The formulas designed by off-site interns are prepared by our staff in our herbal dispensary. Interns working off site perform additional herbal projects to meet the requirements of this aspect of the program.

**Requirements:** Interns must complete a minimum of 50 one on one patient visits. Interns are also required to complete 5 public talks in their communities during the internship. Interns are responsible for attracting the patients and/or audience needed to complete these requirements.

**Field Internships:**

Students can choose to be conduct their internship on campus at CCA or in the Field in their own communities. Each field intern is supervised by a field intern supervisor who oversees individual cases, monitors progress, and assures completion of all required hours and reporting. Case discussions and reviews are scheduled in person or by telephone. Field interns will perform several projects working with herbs to complete the internship's herbal preparation training which onsite interns perform by working in the herb department on campus. Field interns may incur additional minor expenses for postage, phone calls, faxes, herb shipping, etc.

**Time Commitment:** Interns are expected to make the time necessary to complete their program in a timely manner. This is an internship and therefore requires time and focus. This requires work to be completed during the work-week.

**Extensions:** Students who cannot complete their program within the required six-month period may apply for up to two three-month extensions for a fee of \$300 each. (Additional extensions may be considered after a meeting with the internship director.) For more information about the expectations of internship, please see the internship disclosure form available from the College and included in C.A.S.-2 program enrollment materials.

**Stipends:** Clinical Ayurvedic Specialist internship is considered advanced practitioner training. As such, onsite interns receive a stipend of \$50.00 for each required one on one visit during their internship. Interns who complete their entire internship successfully will have earned a total of at least \$2,500.00. Off-site interns can receive the equivalent or greater in patient fees after remitting the required minimum fee to the school for each one on one visit.

*"The depth of this course, the ease of learning, and the generosity of its delivery made a first time, one of a kind, lasting personal and professional experience. Thanks, Dr. Marc!" — Gina Caccavalla*

*"The experience was so gratifying and there is nothing else I would rather have been doing."  
— Jamie Lefcovich*

## Ayurvedic Doctor Internship (600 hours)

**Scope of Training:** The student is trained for a scope of practice that includes the ability to integrate deeper knowledge of Western medicine into the practice of Ayurvedic medicine. Students will be competent to act as a bridge between the two sciences and will be able to gain the highest level of understanding of the patient's condition.

**Recognition:** This program meets the requirements of the National Council on Ayurvedic Education and has been approved by the California Bureau for Private Postsecondary Education. The title "Doctor" may only be used in accordance with specific State regulations. All graduates may use the title in writing and in teaching.

**Prerequisites:** Students must first complete the Clinical Ayurvedic Specialist-2 Internship.

### Classes and Curriculum:

**On-Campus Intensive:** This is a 6 day intensive.

**Pulse Diagnosis:** During this 3 day program, students will advance the art of Ayurvedic pulse diagnosis. Students will learn how to perceive the 10 pairs of opposite qualities in the pulse and how to use this information to make treatment more specific. Students will also perform pulse evaluations on the general public providing a quick determination of the prakruti and vikruti of the patient. The location of these may be off campus at different centers within the local community.

**Western Diagnostic Testing:** During this 3-day intensive, students will learn the value of a wide variety of Western diagnostic tests and how to interpret them from an Ayurvedic perspective. This includes blood tests, urine tests and a wide variety of specialty tests.

### Classes During Internship:

**Module 1:** Pediatrics in Ayurveda / Overview of Surgery in Ayurveda

**Module 2:** Advanced Western Diagnostics / Case Presentation

**Module 3:** Geriatrics in Ayurveda / Case Presentations

**Module 4:** Toxicology / Case Presentations

**Module 5:** Research Methodology / Case Presentations

**Requirements:** Interns must complete a minimum of 50 one on one patient visits. Interns are responsible for attracting the patients needed to complete their program.

**Final Exam:** Students in the Ayurvedic Doctor program must pass a comprehensive clinical examination upon completion of the program in order to graduate. A passing grade is 75%.

### Field Internships:

Students can choose to conduct their internship on campus at CCA or in the Field in their own communities.

Each field intern is supervised by a field intern supervisor who oversees individual cases, monitors progress, and assures completion of all required hours and reporting. Case discussions and reviews are scheduled in person or by telephone. Field interns will perform several projects working with herbs to complete the internship's herbal preparation training which onsite interns perform by working in the herb department on campus. Field interns may incur additional minor expenses for postage, phone calls, faxes, herb shipping, etc.

**Extensions:** Students who cannot complete their program within the required six-month period may apply for up to two three-month extensions for a fee of \$300 each. (Additional extensions may be considered after a meeting with the internship director.) For more information about the expectations of internship, please see the internship disclosure and declaration form available from the College and included in Ay.D program enrollment materials

**Stipends:** On-site interns receive a stipend of \$60.00 per visit during their internship. Interns who complete their entire internship successfully will have earned a total of \$3,000.00. Off-site interns receive the equivalent or greater in patient fees after remitting the required minimum fee to the school for each one on one visit.



## EDUCATIONAL FORMATS

### **Full-Time Format**

In this format, the Ayurvedic Health Counselor-1 program takes approximately six months to complete. The corresponding internship takes an additional six months to complete. Hence, a student can be practicing as an Ayurvedic Health Counselor after about one year. The Clinical Ayurvedic Specialist-1 program may be completed in approximately eight months. The corresponding internship takes an additional 6 months to complete. Hence, the Clinical Ayurvedic Specialist Program takes a little more than a year to complete. The Ayurvedic Doctor program takes an additional six months to complete. Completing all of our programs in the full-time format can be completed in approximately 2.5 to 3 years of study.

### **Weekend Format**

In this format, the Ayurvedic Health Counselor-1 program may be completed in approximately one year, meeting one weekend each month. The corresponding internship takes an additional six months to complete. Hence, a student can be practicing as an Ayurvedic Health Counselor after about 1.5 years. The Clinical Ayurvedic Specialist-1 program may be completed in approximately 14 months. The corresponding internship takes an additional six months to complete. Hence, the Clinical Ayurvedic Specialist program takes a little more than 1.5 years to complete. The Ayurvedic Doctor program takes an additional six months to complete. Completing all of our programs in the weekend program format can be completed in approximately 3.5 to 4 years of study.

### **Live Internet (Vedaweb™) Classes**

Students may attend weekend and full-time classes live over the internet from the comfort of their own home. Vedaweb™ students are held accountable to the same attendance and performance standards as other students. Our Vedaweb™ internet technology allows students with high-speed internet access to view the teacher and the class presentation, and allows for two-way communication as if the student is in the classroom. Students must have high-speed internet access, a USB headset and a webcam. Additional technology requirements can be found in the technology disclosure within the enrollment documents. Students must be able to create a quiet space for study and not be distracted by external events during class. We require that all students to take our free training in how to use this technology. Please note that Vedaweb™ students need to attend an intensive on-site in Nevada City at the start of each internship.

### **Distance Learning Format**

CCA's Distance Learning format is a revolutionary and innovative format that integrates home schooling, internet, and a one-on-one relationship with a Master Teacher (traditionally called Gurukula-style education) who guides the student's education. Distance Learning is available for the A.H.C.-1 and the C.A.S.-1 academic programs. For the internship programs, Distance Learning students must come to the intensives in person. After that, they can join classes via the above described Vedaweb™ system. The pace of the Distance Learning format is similar to the weekend format.

## Summary of Course Formats and Hours

	<b>Full-Time Format In class/Vedaweb™</b>	<b>Weekend Format In class/Vedaweb™</b>	<b>Distance Learning</b>
<b>Ayurvedic Health Counselor-1 Theory</b>	Teacher Contact: 197	Teacher Contact: 176	Teacher Contact: 39
	Projects/Homestudy: 403	Projects/Homestudy: 424	Projects/Homestudy: 561
	<b>Total Hours: 600</b>	<b>Total Hours: 600</b>	<b>Total Hours: 600</b>
<b>Clinical Ayurvedic Specialist-1: Clinical Theory</b>	Teacher Contact: 267	Teacher Contact: 238	Teacher Contact: 50
	Projects/Homestudy: 563	Projects/Homestudy: 592	Projects/Homestudy: 780
	<b>Total Hours: 830</b>	<b>Total Hours: 830</b>	<b>Total Hours: 830</b>
<b>Ayurvedic Health Counselor -2 Internship</b>	Teacher Contact: 201	Available full-time/Vedaweb™	Available full-time/ Vedaweb™
	Internship Activities: 354		
	Outreach/Research Activities: 45		
	<b>Total Hours: 600</b>		
<b>Clinical Ayurvedic Specialist-2 Internship</b>	Teacher Contact: 120	Available full-time/Vedaweb™	Available full-time/ Vedaweb™
	Internship Activities: 378		
	Herb Preparation: 72		
	Community Outreach: 30		
	<b>Total Hours: 600</b>		
<b>Ayurvedic Doctor Internship</b>	Teacher Contact: 104		
	Internship Activities: 461		
	Additional Requirements: 35		
	<b>Total Hours: 600</b>		
<b>Total Hours for A.H.C. Program</b>	1200	1200	1200
<b>Total Hours for C.A.S. Program</b>	2630	2630	2630
<b>Total Hours for Ayurvedic Doctor Program</b>	3230	3230	3230

*"The Distance Learning program is a blessing in my life. I am eternally grateful to Dr. Halpern and the staff at CCA. I recommend the Distance Learning program without hesitation."* — Monique Jackson

## PROGRAM LOCATION

The campus of the California College of Ayurveda is located at 700 Zion Street in Nevada City, California. Both full-time and weekend formats are offered at this location.

## ADMISSIONS AND TUITION

### Admissions

The California College of Ayurveda accepts a limited number of students into each of its classes. Applications are accepted throughout the year. Individuals who submit their applications by the priority application deadline receive special consideration for admission into the class of their choice. When a class has been filled, students will be added to a waiting list for the next class. While the College accepts students from other countries, no special English-language services are offered, nor are the College's programs eligible for U.S. student visas. Students must be able to speak, read, and write English fluently, as all courses are taught in English. Acceptable documentation of English proficiency includes graduation from a high school that teaches all non-foreign language courses in English. Students may also provide to the school documentation of intermediate level English proficiency as confirmed through an internationally recognized proficiency exam.

### Admissions Prerequisites

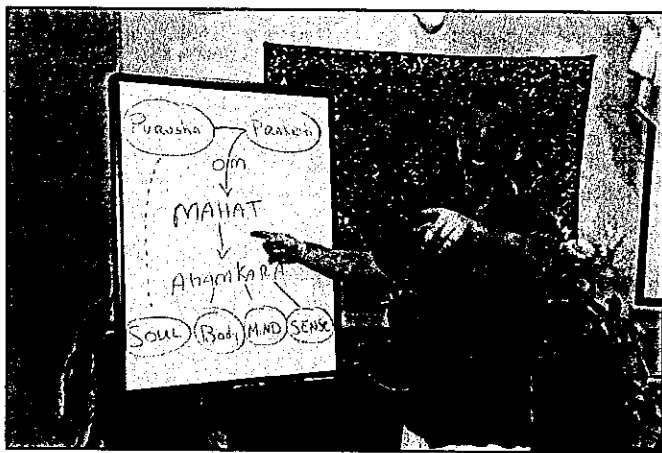
Students are required to have a high school diploma or the equivalent in order to enter into the Ayurvedic Health Counselor-1 program. In order to enroll in the Clinical Ayurvedic Specialist-1 program, students must show proof of completion of a college-level anatomy and physiology class. Such a class is currently offered in Nevada City at our school and runs concurrent with the A.H.C 1. program. Students living at a distance may attend this course, when available, via Vedaweb™ on a space-available basis. We also accept college, community college, and online classes. Please contact the College for a list of acceptable online courses. Please note that this requirement is waived for students with prior health care degrees upon documentation of the degree. More information on this can be provided by the enrollment department.

### Non-Discrimination Policy

All applicants are considered equally. CCA does not discriminate on the basis of gender, race, religion, age, nationality, sexual orientation or disability in its admissions process.

### Credits for Previous Ayurvedic Study

Students of other state approved programs in the United States may take a placement exam to determine their competency in ayurvedic principles and practices. This examination covers topics in our A.H.C.-1 training program only. Students who take this exam and do well may be exempted from the A.H.C.-1 program or be asked to take only specific modules. Others may be required to attend all AHC-1 modules. The fee for the placement examination is \$250.00. Due to variations in educational program standards, we do not accept direct transfer of credits from other institutions. Ayurvedic doctors with a B.A.M.S. degree from India may take placement exams for both the A.H.C.-1 and C.A.S.-1 programs. Each examination is \$250.00. Candidates who do well on both exams will be allowed to enter directly into the A.H.C.-2 internship program. To take a placement exam, students must first apply and be accepted as a student, and submit evidence of prior ayurvedic training. Please contact



the College for further information.

*Dr. Halpern is a true gem! Being in a room with him is very inspirational. He is a brilliant instructor and makes everyone feel comfortable.*

— Bernadette Mansori

## How to Apply

Step 1. Complete the Application for Admission form. It is essential that you supply all requested information.

Step 2. The application and fee can be submitted directly from CCA's website or send the completed Application for Admission form with the application fee of \$150, payable to the California College of Ayurveda, 700 Zion Street, Nevada City, CA 95959. The application processing fee is non-refundable.

Step 3. Schedule an interview with a member of the Admissions team.

## Fees

Application Processing Fee (non-refundable)	\$ 150.00
Registration Fee	\$ 100.00
STRF Fee (non-refundable, estimated amount, amount varies by program; California residents/residency programs only, see p. 20 for further information)	\$ 0.00
Textbooks, Teaching and Reference material required (without tax or shipping)	
Healing Your Life book	\$ 12.95
A.H.C.-1	\$ 150.00
C.A.S.-1	\$ 175.00
A.H.C.-2	\$ 50.00
C.A.S.-2	\$ 50.00
Ayurvedic Doctor	\$ 75.00

## Tuition

Ayurvedic Health Counselor-1	\$ 6000.00
Clinical Ayurvedic Specialist-1	\$ 6500.00
Ayurvedic Health Counselor-2, Internship*	\$ 6000.00
Clinical Ayurvedic Specialist-2, Internship*	\$ 6000.00
Ayurvedic Doctor, Internship*	\$ 6000.00

## Workshop discounts with program enrollment

Add on any Ayurvedic Therapy Workshop to a program	\$100.00 discount
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\*Additional fees are required in the Internship programs for offsite interns. Please see program descriptions for an explanation of these fees. The internship disclosure forms during enrollment also detail these additional fees.

The tuition and curriculum of our programs reflect enrollment within the calendar year of this catalog. Enrollment into any program during subsequent years is subject to tuition rates and program conditions in place at that time and as reflected in the latest catalog. Additional administrative fees may be charged under special circumstances, such as for a change in financial agreement.

## Payment and Financial Aid Information

The California College of Ayurveda offers in-house financing to allow students to make monthly payments as described herein. Students who qualify for vocational training or rehabilitation funds may apply to their local or regional programs for financing. The college is not eligible for federal or state financial aid/loan programs at this time.

**Scholarships:** For students with severe financial hardship, the College offers the Dhanvantari Scholarship Program, providing need-based scholarships of \$500.00 for the A.H.C.-1 and C.A.S.-1 programs. These scholarships are available to a limited number of qualified applicants. Depending on funding, CCA also offers Visionary Scholarships from time to time. These are essay based scholarships that are announced throughout the year when available.

*"Studying Ayurveda has been one of the best things I have done in my life. Though I use my education from CCA professionally, it would have been well worth it for my own health, longevity, and growth."*

— S.D., October 1995 Class

**Tuition Payment Options**  
**Full-Time Program, In Class/Vedaweb™, A.H.C.-1 & C.A.S.-1**

**Ayurvedic Health Counselor-1**

Option A. Payment of the entire tuition of \$6000.00 prior to the start of classes.

Option B. Payment of \$3000.00 prior to the start of classes and payment of \$3000.00 by the first day of the third month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6000.00 and time payment fee of \$193.13 for a total tuition of \$6193.13. Student agrees to pay a \$850 tuition deposit before the start of classes and pay the balance of \$5,343.13 in five (5) monthly payments of \$1,068.63 per month starting with the first day of the month following the start of classes. These include the time payment fee.

**Clinical Ayurvedic Specialist-1:**

Option A. Payment of the entire tuition of \$6500.00 prior to the start of classes.

Option B. Payment of \$3250.00 prior to the start of classes and payment of \$3250.00 by the first day of the third month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6500.00 and time payment fee of \$296.63 for a total tuition of \$6796.63. Student agrees to pay a \$850 tuition deposit before the start of classes and pay the balance of \$5946.63 in seven (7) monthly payments of \$849.52 per month starting with the first day of the month following the start of classes. These include the time payment fee.

**Weekend Program, In Class/Vedaweb™, and Distance Learning, A.H.C.-1 & C.A.S.-1**

**Ayurvedic Health Counselor-1**

Option A. Payment of the entire tuition of \$6000.00 prior to the start of classes.

Option B. Payment of \$2000.00 prior to the start of classes, payment of \$2000.00 by the first day of the fifth month after the start of classes, and payment of \$2000.00 by the first day of the ninth month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6000.00 and time payment fee of \$412.50 for a total tuition of \$6412.80. Student agrees to pay a \$500 tuition deposit before the start of classes and pay the balance of \$5912.00 in ten (10) monthly payments of \$591.25 per month starting with the first day of the month following the start of classes. These include the time payment fee.

**Clinical Ayurvedic Specialist-1:**

Option A. Payment of the entire tuition of \$6500.00 prior to the start of classes.

Option B. Payment of \$2166.66 prior to the start of classes, payment of \$2166.67 by the first day of the fifth month after the start of classes, and payment of \$2166.67 by the first day of the ninth month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6,500.00 and time payment fee of \$450.00 for a total tuition of \$6950.00. Student agrees to pay a \$500 tuition deposit before the start of classes and pay the balance of \$6450.00 in ten (10) monthly payments of \$645.00 per month starting with the first day of the month following the start of classes. These include the time payment fee.

**Internship Programs**

**Ayurvedic Health Counselor-2: Preventative Medicine Internship**

Option A. Payment of the entire tuition of \$6,000 prior to the start of classes.

Option B. Payment of \$3,000 prior to the start of classes, and payment of \$3,000 by the first day of the fifth month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6,000 and time payment fee of \$193.13 for a total tuition of \$6,193.13. Student agrees to pay a \$850 tuition deposit before the start of classes and pay the balance of \$5,343.13 in five (5) monthly payments of \$1,068.63 per month starting with the first day of the month following the start of classes. These include the time payment fee.



### **Clinical Ayurvedic Specialist-2: Disease Management Internship**

Option A. Payment of the entire tuition of \$6,000 prior to the start of classes.

Option B. Payment of \$3,000 prior to the start of classes, and payment of \$3,000 by the first day of the fifth month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6,000 and time payment fee of \$193.13 for a total tuition of \$6,193.13. Student agrees to pay a \$850 tuition deposit before the start of classes and pay the balance of \$5,343.13 in five (5) monthly payments of \$1,068.63 per month starting with the first day of the month following the start of classes. These include the time payment fee.

### **Ayurvedic Doctor Internship:**

Option A. Payment of the entire tuition of \$6,000 prior to the start of classes.

Option B. Payment of \$3,000 prior to the start of classes, and payment of \$3,000 by the first day of the fifth month after the start of classes.

Option C. Payment Plan: Includes the tuition of \$6,000 and time payment fee of \$193.13 for a total tuition of \$6,193.13. Student agrees to pay a \$850 tuition deposit before the start of classes and pay the balance of \$5,343.13 in five (5) monthly payments of \$1,068.63 per month starting with the first day of the month following the start of classes. These include the time payment fee.

*A late fee of \$100 applies if payments are not made within ten days of the date on which they are due.*

## **ADDITIONAL WORKSHOPS and PROGRAMS**

The California College of Ayurveda offers a wide variety of additional workshops and programs. See our website for the latest seminars, dates, feedback from past students, and additional information, as well as how to register. Below is a list of our regular, reoccurring workshops and programs. Additional trainings are added throughout the year.

### **Body Therapy Workshops**

All body therapy workshops are taught on site and are not available via Vedaweb™ or Distance Learning. Students who enroll in these workshops must have some prior knowledge of Ayurveda. These workshops are open to students from all ayurvedic schools. Students who have not studied Ayurveda at all must first complete the College's Foundations of Ayurveda program. This is a 30-day (50 -hours), self study program.

**Ayurvedic Body Therapy Certificate:** An Ayurvedic Body Therapist has a broad range of skills allowing them to provide a multitude of Ayurvedic Body Therapies. In order to receive recognition as an Ayurvedic Body Therapist through CCA, one must complete all of the following workshops: Bliss Therapy, Ayurvedic Facials, Pinda Svedana, Dough Basti, and Marma Therapy. Students can take each workshop individually and gain a certificate of completion for each individual workshop.

**Ayurvedic Massage and Bliss Therapy Workshop:** This 5 day, 45 hour course trains students to practice Abyhanga, Shirodhara (oil slowly poured onto the head), and Svedana (herbal steam treatment). This combination of therapies is affectionately called "Bliss Therapy". Students work in groups of three giving and receiving massages. 750 \$650.00

**Ayurvedic Facials Workshop:** During this 4 day course, students learn the hands-on procedures for working with the face and treating it with special herbs, pastes and oils. Students work in groups of two. 675 \$695.00

**Pinda Svedana Workshop:** This 3 day course provides students with hands-on experience preparing and using pindas (boluses) made from rice and herbs wrapped in cotton fabric and applied to specific areas of the body with gentle to moderate pressure to alleviate joint and muscle pain. Students work in groups of two. \$550.00

**Dough Basti Workshop:** A dough basti is a large circular container made from gram flour that is applied to various parts of the body. The container holds specially prepared herbal oils that are used to treat back pain, eye disorders, thyroid disorders and energetic imbalances in the chakras. During this 5 day course, students practice making the bastis and applying them to the body. Students work in groups of two. \$750.00

**Marma Therapy Workshop:** Marma points are energetic points that affect body, mind and consciousness. This 8 day course teaches students to identify the 107 classical points and interact with them utilizing pranic healing, essential oils and manipulation. Students work in groups of two. 800 \$850.00

**Abyhanga Review Workshop:** This 2 day class provides an opportunity for any student who took our bliss therapy course to review the ayurvedic massage (Abyhanga) portion. This class is excellent for students who have not been practicing regularly or who want to refine their technique. \$299.00

**Pancha Karma Specialist Certificate:** A Pancha Karma Specialist is clinical practitioner capable of administering and managing a patient through the process of Pancha Karma. Skills include all therapies provided by an Ayurvedic Body Therapist plus skill in the administration of herbal medicines via basti (enema) and nasya treatments. This skill is learned by taking the 4 day Nasya-Enema Basti Workshop below.

**Nasya-Enema Basti Workshop:** This 4 day, hands-on advanced program is only open to students who have an Ayurvedic Body Therapist certificate and who are enrolled in, or have completed, the Clinical Ayurvedic Specialist-2 Internship. Although this course may be taken before completing the Clinical Ayurvedic Specialist Internship, certificates of completion for this course are given only to students who have completed their internship program. Clinical case management experience is a requisite for competency. \$600.00

### Yoga Programs

**Ayurvedic Yoga Therapy Program:** This program taught in a variety of formats in different locations, trains Yoga teachers and Ayurvedic practitioners to apply the principles of Ayurveda to the practices of Yoga in order to support the healing process of the body and mind. The emphasis of this course is on the energetics of asana and pranayama. Students who complete this course will be able to provide individualized yoga instruction for their students / patients. Yoga teachers will be able to conduct dosha-specific classes. Not available via Vedaweb™. cost TBD by venue

**Yoga Nidra Teacher Certification Course:** This 5 day program, taught in a variety of formats in different locations, teaches students the history, physiology, and practice of Yoga Nidra, the Conscious Art of Deep Relaxation. Relevant research will also be presented into the health benefits of the practice. The emphasis of this course is on teaching participants how to teach Yoga Nidra to others in private and group settings. This program is not available via Vedaweb™. cost TBD by venue

**Classical Yoga Nidra Representative Program:** This is a 5 day training program designed to certify teachers to represent the California College of Ayurveda (CCA) and present Yoga Nidra Teacher Certification Courses (YN-TCC) that have been developed by Dr. Marc Halpern. The Yoga Nidra Teacher Certification Course is a pre-requisite of this program. Participants must complete this course, assist in one Yoga Nidra TCC and conduct at least 20 Yoga Nidra classes in order to become a Classical Yoga Nidra Representative (CYNR). \$995.00

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### Ayurvedic Herbal Apprenticeship

CCA is proud to be the first Ayurvedic College in the west to provide its own teaching herb garden, home to approximately 80 different species of plant medicines from around the world. While working in the garden under the guidance of the Director of the Herb department, students study plant identification and cultivation techniques gaining a deep understanding of the plants they are using in practice. During monthly classes, and while working in the College herbal dispensary, students receive the highest level of training in the United States in advanced Ayurvedic herbal medicine making and administration. The apprenticeship runs once every year April through December to cover an entire growing cycle. This program can only be taken in person. \$1900.00

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## GENERAL INFORMATION

### Attendance, Grading, Testing and Graduation Policies

**Attendance/Tardiness/Probation:** Students who miss or are late to 12 sessions in the full-time classes, or 2 weekends in the weekend classes will be placed on probation and may be withdrawn or transferred to the Distance Learning program. Distance students have 4 weeks to complete a module with a 1 week grace period each module. Students who take longer than 5 weeks total to complete may be withdrawn for lack of progress. Students on probation may not attend further classes without a discussion with Academics. Please see the Student Handbook for further details and policies regarding attendance.

**Distance Learning Program:** Distance study includes reading assignments, projects, and regular proctored examinations. Students are responsible for finding and paying for proctoring services. For each module of study there are monthly phone meetings with an assigned Master Teacher. Assignments for lessons are returned to the students within seven days of receipt by the Master Teacher, and graded exams are discussed with the student by the Master Teacher within two weeks.

**Homework, Quizzes and Attendance:** These are graded on a complete/incomplete basis. This will account for 25% of a student's overall grade. Papers are graded on a pass/fail basis. And while they are not a part of the overall percentage, you must get a pass in order to fulfill the requirement.

#### **Midterms, Final Exams and Passing Grades:**

*AHC-1:* There is one mid-term and a final exam. The midterm grade accounts for 25% of the overall grade. The final exam counts for 50%. An overall passing grade is 75% or higher.

*CAS-1:* There are 3 exams. There is no cumulative final exam. Each exams counts for 25% of the overall grade. Homework and projects count for the other 25% of the grade. An overall passing grade is 75% or higher.

*Internships (AHC-2 and CAS-2):* There are no exams. All projects are graded on a pass/fail basis. All internship requirements (patient visits and projects) must be completed with a pass in order to graduate.

*Ayurvedic Doctor Program:* In addition to the internship requirements, there is a cumulative final exam encompassing all Ayurvedic studies. A passing grade on the final exam is 75% or higher.

**Retaking Exams.** The Mid-Term may not be retaken. The final may be retaken if the student scores less than 75%. The grades from the two final exams are averaged together to get the final exam score. Any expenses for proctoring the retaken exam must be paid by the student.

**Extra Credit:** There are two possibilities for extra credit. In the AHC1 program and in the CAS1 program. Students who are within 10 percentage points of passing due to homework/attendance can write an additional paper for up to 10 percentage points in credit. There are three approved topics to choose from. Students will be awarded 1 percentage point per page up to a maximum of 10 total points to be counted directly toward.

#### **Satisfactory Academic Progress**

Students who fail to complete a program will be required to retake all or a portion of the curriculum for that program as determined by the Academic Department.

#### **Graduation**

An Ayurvedic Health Counselor, Clinical Ayurvedic Specialist or Ayurvedic Doctor certificate will be awarded to students who successfully complete the corresponding academic AND internship programs in good academic standing. Students must have all tuition and fees paid in full in order to graduate.

## Post-Graduation

### Placement Assistance

Like other complementary and alternative health care professionals, Ayurvedic Health Counselors, Clinical Ayurvedic Specialists and Ayurvedic Doctors, find the most success going into their own practices. CCA does not offer formal placement services and makes no guarantee of employment.

### Record Retention

All records regarding and concerning the California College of Ayurveda and all students who have enrolled are kept at CCA's administrative office, 700 Zion Street, Nevada City, CA 95959, for a period of at least five years after the student's graduation, withdrawal, or termination. Transcripts are to be kept indefinitely. Dr. Halpern is designated as the custodian of the records and maintains current and accurate records.

### Notice Concerning Transferability of Credits and Credentials Earned at our Institution

The transferability of credits you earn at California College of Ayurveda is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the credits you earn in the educational program is also at the complete discretion of the institution to which you may seek to transfer. If the credits that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the California College of Ayurveda to determine if your credits will transfer.

**Transfer or Articulation Agreements** The Institution has no transfer or articulation agreements with any other college or university that provides for the transfer of credits earned in the program of instruction.

## Leave-of-Absence, Withdrawal, Cancellation, and Refunds

### Leave-of-Absence:

A Leave of Absence (LOA) is a temporary cessation of classes for a defined period of time. If circumstances prevent a student from continuing a program as originally planned, a student may apply for a leave of absence for a period of 1 month to 12 months. To be eligible for a LOA, a student must be in the AHC1 or CAS1 programs. There are no opportunities to take a LOA during the internship programs. Tuition payments go on hold during a LOA. If a student must take a LOA due to financial reasons, arrangements must be made with the finance department before the LOA will be approved. There is a \$150 fee for a Leave of Absence. Once approved, the date of the last fully completed module will be the official LOA begin date.

To be reinstated into the program, a student must notify the Academic department at least one month prior to the desired return date.

Upon reinstatement, the student will resume classes exactly where they left off. If a program has changed between the time of a student's LOA and the date of return, the student will be placed into the program that is most similar to the one the student was originally enrolled in. Reinstated students must complete any new or additional requirements in the program they join. The student is responsible to pay any additional tuition fees and/or fees for materials (books or equipment) for the program if the rates and/or materials have changed. If students wish to re-take modules, they may request to do so for an additional fee. Reinstated students will sign new enrollment documents to join the program and will be responsible for the \$100 registration fee.

If a student on an approved LOA does not return to school within the designated timeframe, they will be automatically withdrawn from the program. If the student is withdrawn, they will need to apply for re-admission to a new class at the tuition rate in effect at that time. This is also the case if a student chooses to withdraw rather than go on a leave. See "Refund Policy for Withdrawal" below for further information on withdrawals. A student may also be withdrawn for financial and/or academic reasons.

### Cancellation of Enrollment Prior to the Start of Classes:

Students have the right to cancel the Enrollment Agreement for this course of instruction up through their attendance at the first class session or the seventh day after completing enrollment, whichever is later. Canceling students may obtain a refund of tuition minus non-refundable application and registration fees not to exceed \$250.00 dollars. All cancellations must be received in writing. A student can do this by mail, hand delivery, fax, or email. Any books (complete sets only), materials, and related supplies in excellent, resellable condition may be returned to the school for credit within thirty days following a notice of cancellation. If a student fails to do so, the school may deduct the documented cost of these books and equipment from any refund due to the student.

### **Class Cancellation Policy**

All campus based classes require a minimum number of enrolled students in order to be held. Should a class cancellation occur, the College is not responsible for any loss incurred by the student beyond the actual fees paid to the College. All fees paid to the College will be fully refunded. There will be no processing or administrative fees.

### **Refund Policy for Withdrawal**

A student may withdraw from a course after instruction has started by sending a written request to the school. Students may also be withdrawn by CCA for financial or academic reasons. A student who has withdrawn or been withdrawn by the College will receive a pro-rated refund for the unused portion of the tuition and other refundable charges only if 60% or less of the instruction in a particular program has been completed. Refunds will be paid within 45 days of cancellation or withdrawal. The application and enrollment fees are non-refundable. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund. If the student has received federal student financial aid funds, the student is entitled to a refund of the monies. Special courses and workshops have their own refund policies.

## **Other General Information**

### **Student Tuition Recovery Fund (STRF)**

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary Education. You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. There was a material failure to comply with the Act or the Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act. However, no claim can be paid to any student without a social security number or a taxpayer identification number.

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following apply to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and
2. Your total charges are not paid by any third-party payer such as an employer, government program, or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF, and you are not required to pay the STRF assessment, if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program, or other payer, and you have no separate agreement to repay the third party.

A student seeking reimbursement under the Student Tuition Recovery Fund must file a written application on the Bureau of Private Postsecondary Education's Student Tuition Recovery Fund Application Form, available at [www.bppe.ca.gov](http://www.bppe.ca.gov), signed under penalty of perjury that the form and all attachments are true and correct. Students must complete and file the STRF application form and all supporting documents with the Bureau within two years of receiving a closure notice explaining the student's rights under STRF, or within a maximum of four years if the student received no closure notice. STRF Fee: \$.50 per \$1,000 of institutional charges, rounded to the nearest thousand dollars.

### **Student Housing**

The California College of Ayurveda does not have dormitory facilities. Although it is the student's responsibility to find living accommodations, the Institution can help locate lodging for students needing assistance. Available lodging may include rooms in private homes, apartments, and rental houses. The college maintains a list of local accommodations and estimates that this housing will cost anywhere from \$400-\$1200 per month for one person.

### **Student Complaint Procedure**

From time to time, differences in school policies may arise among students, faculty, and/or the administration. If such differences arise, usually a miscommunication or misunderstanding is a contributing factor. The College urges students to communicate any differences that arise to the individuals involved. If the problem cannot be resolved in this manner, the President of the College or School Director should be contacted. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education (BPPE) by calling toll-free 888-370-7589 or by completing a complaint form, which can be obtained on the Bureau's internet website, [www.bppe.ca.gov](http://www.bppe.ca.gov).

### **Publicity/Advertising Rights**

The College reserves the right to photograph students and reproduce those photographs in school literature, publicity, and/or other advertising venues. The College also reserves the right to retain or request names of its graduates and/or to request and reproduce testimonials in school literature, publicity, and advertising. Any student or graduate who does not wish to grant permission to the College to use a photograph or testimonial should notify the College in writing.

### **Student Ayurvedic Health Care Benefits**

Students may receive unlimited ayurvedic health advice and support in creating an ayurvedic lifestyle from a Health Counselor-Intern in accordance with their availability. This will be free of charge for active students of CCA. This benefit only applies to students able to see an intern in person for their initial consultation. While this typically only applies to students seeing onsite interns, there may be times it is available with field interns. The academic department will have information on the availability of off site interns.

## **State, National and International Recognition and Licensure**

The California College of Ayurveda (CCA) is one of the foremost schools in the United States offering programs in the science of Ayurveda. Our programs are accredited by the National Council on Ayurvedic Education, approved by the Bureau of Private Post-Secondary Education and are recognized by the National Ayurvedic Medical Association.

**BPPE:** The California College of Ayurveda, Inc. (CCA) is a private college and is approved by the Bureau for Private Postsecondary Education (BPPE) to offer programs in the study of ayurvedic medicine, as prescribed by the California standards set forth in the Education Code. The California College of Ayurveda was the first State-approved college of Ayurveda in the United States and has been approved since 1995.

**National Council on Ayurvedic Education (NCAE):** The California College of Ayurveda is accredited by the National Council on Ayurvedic Education. This does not qualify CCA to participate in federal funding programs at this time.

### **National Ayurvedic Medical Association (NAMA):**

NAMA is a national membership organization that promotes Ayurveda. Ayurvedic Professionals have the opportunity to register as a member based on completing certain educational requirements. At the time of publication of this catalog, the Ayurvedic Health Counselor, Clinical Ayurvedic Specialist and Ayurvedic Doctor programs fulfill the requirements of NAMA. If a student wishes to join NAMA, CCA can furnish the required documents which include a school transcript along with a patient encounter (PE) verification. CCA can not anticipate or take responsibility for any changes NAMA may make to their membership requirements. CCA is also an approved PACE educator with NAMA.

### **International and other Recognition:**

The California College of Ayurveda was selected by the prestigious Gujarat Ayurveda University as a partner in developing international ayurvedic standards of education. Gujarat Ayurveda University is the most prestigious ayurvedic university in India.

Our Founder and President, Dr. Marc Halpern, has been the motivating force behind creating national standards for ayurvedic education. He is a founding member of the National Ayurvedic Medical Association, California Association of Ayurvedic Medicine and the National Council on Ayurvedic Education.

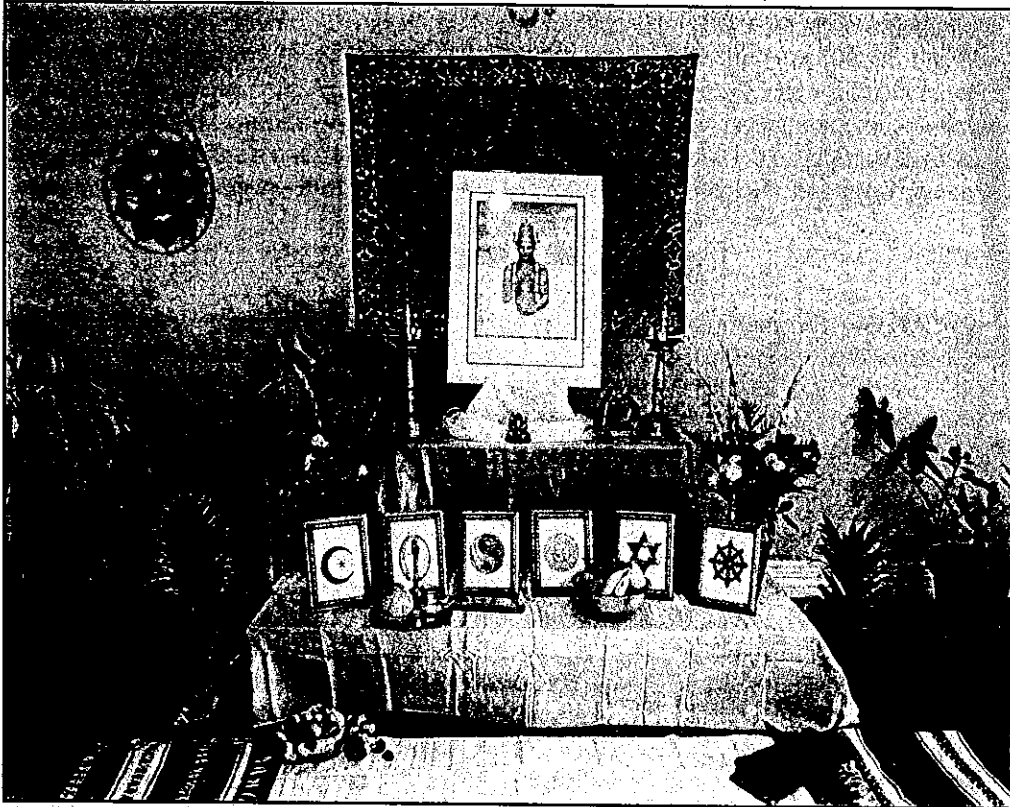
CCA is an Associate Member of the Academic Consortium for Complementary and Alternative Healthcare

**Continuing Education:**

CCA has an approved provider of Continuing Education credits through the **California Board of Registered Nursing**. Up to 500 contact hours of Continuing Education for registered nurses in California (Provider CEP13907). In addition, CCA is approved by the **National Certification Board for Therapeutic Massage and Bodywork** (NCBTMB) as a continuing education Approved Provider (Provider Organization 433824-00; Ayurvedic Massage and Body Therapy programs only). CCA is also an approved PACE educator with NAMA.

**Licensure :**

In the field of Ayurveda, there is currently no licensure process in the United States. As such, graduates of CCA's programs are not eligible to sit for any applicable licensure exam in California or any other states.



## FACULTY

### Founder and President

**Dr. Marc Halpern**, (Ayurvedacharya), is the Founder and President of the California College of Ayurveda. He is one of the pioneers of Ayurveda in the West and is considered to be a pre-eminent practitioner and teacher of Ayurveda in the United States. He is one of the few Westerners ever recognized in both the United States and in India as an authority on the subject of Ayurveda and was awarded the All India Award for Best Ayurvedic Physician. A pillar in the development of the profession in the United States, he is the co-founder of the National Ayurvedic Medical Association for which he served as Chairman of the National Committee on Ayurvedic Education. He is also a co-founder of the National Council on Ayurvedic Education and the California Association of Ayurvedic Medicine. A Doctor of Chiropractic with post-graduate certification in Holistic Medicine, Dr. Halpern has been studying and practicing Ayurveda since 1991. He has studied with many noted teachers from India and the United States including Dr. Subhash Ranade and Dr. David Frawley.



Dr. Halpern is the author of the popular book, *Healing Your Life, Lessons on the Path of Ayurveda* and the CD: *Yoga Nidra and Self Healing*. He has authored two important textbooks on Ayurvedic Medicine: *Principles of Ayurvedic Medicine and Clinical Ayurvedic Medicine*. He has published articles in almost every major journal and magazine on yoga or Ayurveda and in 2005 was interviewed by Mike Wallace on CBS's 60 Minutes. Dr. Halpern's own remarkable story of personal healing was featured in the national magazine, *Spirituality and Health*. He has been quoted in many major newspapers, including *The New York Times* and *The Los Angeles Times*. In addition to his work with the California College of Ayurveda, Dr. Halpern is a certified yoga instructor and a teacher at International Sivananda Yoga Vedānta Centers worldwide. He received his spiritual name, Shiva, from Swami Swaroopananda.

### Faculty Members



**Marisa Laursen (Sri Devi), C.A.S., P.K.S., A.Y.T.**, is a graduate of the California College of Ayurveda where she is a senior member of the teaching faculty, maintains an active clinical practice, and is the Director of Online Marketing. Marisa's certifications include Clinical Ayurvedic Specialist, Ayurvedic Yoga Therapist, Pancha Karma Specialist, Sivananda Yoga Teacher, Certified Massage Therapist, aromatherapist, Yoga Nidra practitioner and Marma practitioner. She received certification from the American Institute of Vedic Studies and completed post-graduate study with Dr. Geetha S.R., BAMS, ND of the Sree Sankara Ayurveda Hospital in Kerala, India. In addition to teaching at the College, Marisa teaches a variety of workshops worldwide, including Ayurvedic Yoga Therapy. Marisa considers herself a life-long student of Ayurveda, Yoga and Vedānta.



**Brenda Iglar, C.A.S., P.K.S. (Director of Herbalism)**: Brenda is a graduate of the California College of Ayurveda with certifications as a Clinical Ayurvedic Specialist and a Pancha Karma Specialist. Brenda has continued her education with studies in India, focusing on herbalism and complementary treatments of cancer. As part of the teaching faculty at the College, she is involved in teaching all levels of the curriculum. As the Director of Herbalism, Brenda runs the Advanced Ayurvedic Herbal Apprenticeship course. Brenda conducts her clinical practice at the College's health care center utilizing her compassion and inspiration to guide her patients in a creative way through their healing journey.



**Lance Roehrig, C.A.S., P.K.S., E-R.Y.T** is a graduate of the California College of Ayurveda where he is an onsite Instructor, Intern Supervisor and maintains an active clinical practice. His certifications are Clinical Ayurvedic Specialist, Pancha Karma Specialist and Registered Hatha Yoga Therapist. He has completed post graduate programs at Greens Ayur Hospital in Kerala, India and with, Dr. David Frawley and Yogini Shambhavi. He has studied herbalism with Brigitte Mars, attended Ayurvedic Cooking courses and studied Sanskrit Mantra therapy with Yogi Baba Prem. He has written programs for Yoga studio teacher trainings, cleanses and workshops.





**Ram Rao, PhD, C.A.S., R.Y.T.**, comes from a family of Ayurvedic practitioners and Vedic teachers in India tracing back to the illustrious Vedic-acharya Rishi Kaundinya. A graduate of the California College of Ayurveda with certification as Clinical Ayurvedic Specialist, Ram is also a dedicated yoga practitioner and certified teacher. He has published several articles in major Yoga and Ayurveda journals and has been a featured speaker in several meetings and symposia. Ram holds a doctorate degree in Neurosciences and works as a Research Associate Professor at the Buck Institute for Research on Aging, Novato, CA, on various aspects of age associated neurodegenerative diseases.



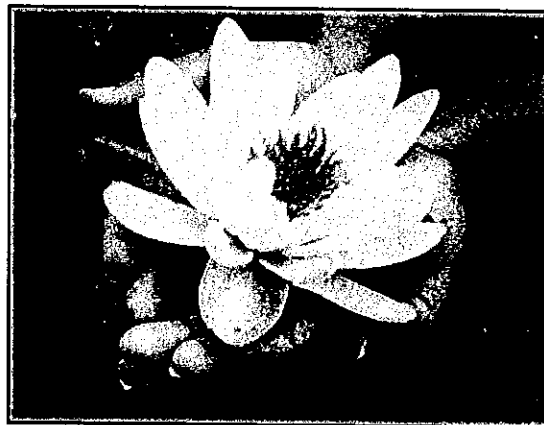
**Mary-Alice Quinn, C.A.S.**, graduated from the California College of Ayurveda with certification as a Clinical Ayurvedic Specialist. She is a practitioner member of the National Ayurvedic Medical Association and the California Association of Ayurvedic Medicine. She has completed a variety of advanced post-graduate Ayurvedic studies in the US and India and has been a practitioner of Yoga for more than fifteen years. Mary-Alice writes articles for popular yoga and Ayurveda publications, conducts public workshops and has an active private practice in Sacramento where she focuses on both preventative medicine and disease management.



**Sandra Gutierrez, C.A.S. Faculty Professor and Intern Supervisor** at the California College of Ayurveda in Nevada City. Sandra also maintains a private practice and is a Certified Yoga Teacher. She completed her Ayurvedic studies at the California College of Ayurveda and received a Bachelor's of Science in Psychology at the University of California at Davis. As a Clinical Ayurvedic Specialist, she weaves ancient traditional healing methods and education into an embodied practice to address the root cause of imbalances in the physical, emotional and spiritual bodies. Sandra's approach is gentle and offers wisdom, compassion and enthusiasm. Her intention is to empower her patients and students to draw out and promote innate health and knowing by aligning with the rhythms of nature.



**Ryan Phillip Strong, C.A.S.**, is a graduate of the California College of Ayurveda with certification as a Clinical Ayurvedic Specialist. He is also a practitioner and teacher of Kriya Yoga. Ryan was ordained by his guru, Roy Eugene Davis (a direct disciple of Paramahansa Yogananda), to teach Kriya Yoga, and is a minister for the Center for Spiritual Awareness. Ryan has spent 15 years studying yogic philosophy, including Ayurveda and Vedic Astrology (Jyotish). Ryan Strong is a professional member of the National Ayurvedic Medical Association. He runs an Ayurvedic Natural Healing Center in Sacramento where he lives with his wife and two children.



## BOARD OF ADVISORS



**Dr. David Frawley (Pandit Vamadeva Shastri)**, is recognized as one of the leading Vedic scholars in the world and an authority in the field of Ayurveda. He is the founder of the American Institute of Vedic Studies and is on the advisory board of the National Ayurvedic Medical Association. He has written numerous books on Ayurveda, Vedic astrology, and Yoga philosophy and practice. David Frawley also received a degree from the International Institute of Chinese Medicine in Santa Fe, NM in 1998, where he taught herbal medicine.



**Dr. Akhilesh Sharma, B.A.M.S., N.D., Ph.D.**, is an Ayurvedic physician at his clinic in New Delhi with his wife, Dr. Minakshi Sharma, a specialist in Ayurvedic Obstetrics and Gynecology. Dr. Sharma serves as Chief Physician

and Director of Research and Development for Multani Pharmaceuticals, manufacturer of over 400 Ayurvedic medicines and herbal products. He is Ayurvedic Advisor to the Minister of Health in New Delhi and has received the Dhanvantari Award and the Chikitsa Shiromani Award for his contributions to the field of Ayurveda.



**Dr. Liladhar Gupta, B.Sc., B.A.M.S.**, is a fourth-generation Ayurvedic physician from Vrindaban in northern India. Dr. Gupta was Director of the Herbal Medicare Center and Senior Physician at Prem Miketan Ashram in Jaipur. He taught at Wellpark College of Natu-

ral Therapies in Australia and currently directs a team of Indian physicians at Dhanvantari Dham, his own research, education, and healing center near Delhi.



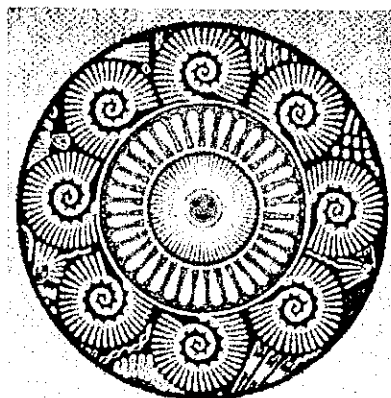
**Swami Sitaramananda**, from the classical Sivananda tradition of Yoga from India, is a gifted teacher of yoga and meditation. She has been teaching for more than twenty-five years in Canada, Bahamas, and Asia, and is the Director of the Sivananda Ashram in Grass Valley, CA. Swami Sitaramananda was ordained in 1985

as a Sannyasin in the lineage of Saraswati, one of the ten classical monastic orders founded in India. She is a direct disciple of Swami Vishnu-devananda, who is the disciple of Master Sivananda. She holds a degree in Jyotish (Vedic astrology) from the American College of Vedic Astrology and provides counsel to her students.

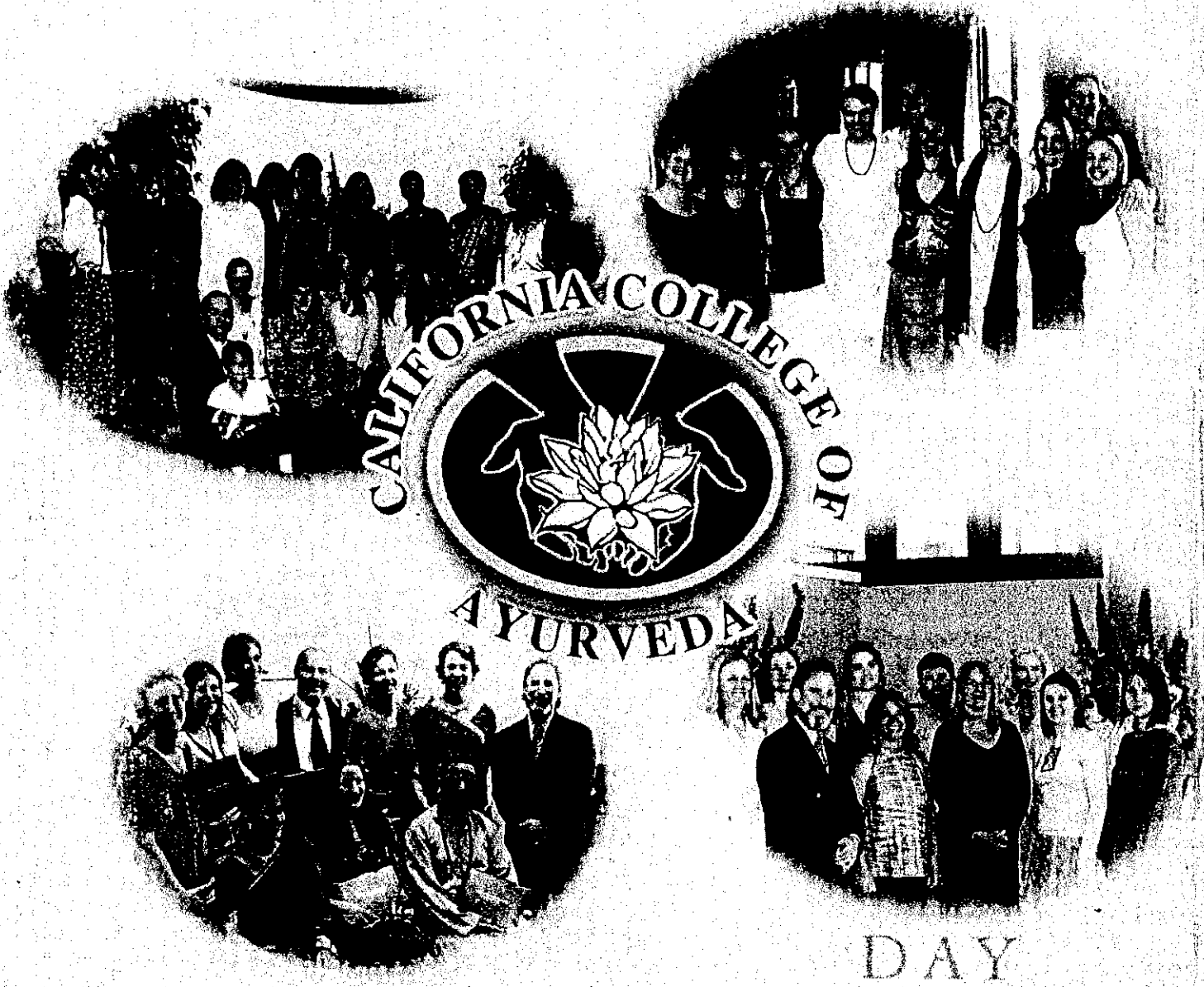


**Yogini Shambhavi** is a modern-day mystic, teacher of Vedanta and spiritual guide. She draws one to the deeper "Yogic Reality" awakening the Divine feminine power within our own hearts and minds, allowing its benevolent grace to flow into our daily life experiences. Co-

Director of the American Institute of Vedic Studies, Santa Fe, New Mexico, she leads spiritual retreats, Ayurvedic training programs, conferences and well-being workshops around the world. Yogini Shambhavi has written two bestselling books on the Goddess, *Yogini: Unfolding the Goddess Within* and *Yogic Secrets of the Dark Goddess: Lightning Dance of the Supreme Shakti*.



# GRADUATION



Every effort has been made to secure the accuracy of information in this catalog. All student obligations described in this catalog are considered part of signed enrollment agreements, referenced in the language of those agreements. Changes in schedules or administrative features of the program occasionally may be made and will be publicized by appropriate means.

CCA is a member of the California Association of Private Postsecondary Schools

"When you are inspired by some great purpose,  
some extraordinary project, all your thoughts break their bounds.

Your mind transcends limitations, your consciousness  
expands in every direction, and you find yourself in a new,  
great and wonderful world."

Patanjali



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