# DAOM C A T A L O G September 1, 2017 - December 31, 2018

ACCHS



All classes held at: Academy of Chinese Culture and Health Sciences 1600 Broadway, Oakland, CA 94612 Office: (510) 763-7787 Clinic: (510) 763-1299 FAX: (510) 834-8646 Web site: http://www.acchs.edu E-mail address: info@acchs.edu



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## **ACADEMIC CALENDAR 2017**

	Spring 2017	Summer 2017	Fall 2017
New course schedule available:	November 17, 2016	March 23, 2017	July 19, 2017
Registration for current students:	Nov. 23 - Dec. 7, 2016	Mar. 29 - Apr. 12, 2017	July 24 - Aug. 13, 2017
Last day for admissions application:	Dec. 6, 2016	April 11, 2017	August 12, 2017
New student orientation:	Betw. Jan. 10 - 12, 2017	Betw. May 5 - 7, 2017	Betw. Sep. 5 - 7, 2017
Classes begin:	January 9, 2017	May 8, 2017	September 5, 2017
Add / drop fee applied: (VA students last day for full drop)	After 1st week of school	After 1st week of school	After 1st week of school
Last day to drop:	Last weekend of courses*	Last weekend of courses*	Last weekend of courses*
Final examinations:	April 17 - 23, 2017	August 14 - 20, 2017	Dec. 11- 17, 2017
Holidays (school closed):	Martin Luther King Day	Independence Day	Thanksgiving

## ACADEMIC CALENDAR 2018

	Spring 2018	Summer 2018	Fall 2018
New course schedule available:	November 15, 2017	March 14, 2018	July 18, 2018
Registration for current students:	Nov. 20 - Dec. 10, 2017	March 19 - April 8, 2018	July 23 - Aug. 12, 2018
Last day for admissions application:	December 9, 2017	April. 7, 2018	August 11, 2018
New student orientation:	Betw. Jan. 2 - 4, 2018	Betw. May 2 - 4, 2018	Betw. Aug. 28 - 30, 2018
Classes begin:	January 8, 2018	May 7, 2018	September 4, 2018
Add / drop fee applied: (VA students last day for full drop)	After 1st week of school	After 1st week of school	After 1st week of school
Last day to drop:	Last weekend of courses*	Last weekend of courses*	Last weekend of courses*
Final examinations:	April. 16 - 22, 2018	August 13 - 19, 2018	Dec. 10- 16, 2018
Holidays (school closed):	Martin Luther King Day	Independence Day	Thanksgiving

\* See drop policy



## APPROVAL DISCLOSURE STATEMENT

The Academy of Chinese Culture and Health Sciences was established in 1982 to offer professional education in traditional Chinese medicine within the context of Chinese culture.

Graduates of the Doctorate of Acupuncture and Oriental Medicine (DAOM) degree program are not eligible to sit for any licensure examination given by the state of California or any other state in the United States. Licensure from the California Acupuncture Board (L.Ac.) is a prerequisite for admissions into the Academy of Chinese Culture and Health Sciences' DAOM program.

The Academy of Chinese Culture and Health Sciences is institutionally accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for freestanding institutions and colleges of acupuncture or Oriental medicine that offer such programs. ACAOM is located at 8941 Aztec Drive, Eden Prairie, MN 55347. Phone: (952) 212-2434; Fax: (952) 657-7068. http://www.acaom.org

The Academy of Chinese Culture and Health Science's Doctorate of Acupuncture and Oriental Medicine (ACCHS' DAOM) Program is not accredited or pre-accredited (candidacy) by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM). Graduates of this program are not considered to have graduated from an ACAOM accredited or candidate program and may not rely on ACAOM accreditation or candidacy for professional licensure or other purposes.

This program is eligible for ACAOM accreditation and the Academy of Chinese Culture and Health Sciences is currently in the process of seeking ACAOM candidacy/accreditation for the program. However, the Academy of Chinese Culture and Health Sciences can provide no assurance that candidacy or accreditation will be granted by ACAOM.

A degree program that is unaccredited or a degree from an unaccredited institution is not recognized for some employment positions, including, but not limited to, positions with the State of California. A student enrolled in the DAOM program at the Academy of Chinese Culture and Health Sciences is not eligible for federal financial aid programs.

The Academy of Chinese Culture and Health Sciences is approved by the California Acupuncture Board as a continuing education provider for licensed acupuncturists. California Acupuncture Board is located at 1747 N. Market Blvd. Suite 180, Sacramento, CA. 95834; telephone (916) 515-5200; fax (916) 928-2204. Website: http://www.acupuncture.ca.gov

The Academy is a Private Not-For-Profit California Public Benefit Corporation that has been approved to operate by the Bureau for Private Postsecondary Education. "Approved to operate" means compliance with state standards as set forth in the California Private Postsecondary Act of 2009. The Academy has been granted tax exempt status under 501(c)(3) of the U.S. Internal Revenue Code of 1954.

Persons seeking to resolve problems or complaints should utilize the grievance procedure as presented in this catalog. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education (BPPE) at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, www.bppe.ca.gov, toll-free number (888) 370-7589 or by fax (916) 263-1897. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's web site www. bppe.ca.gov.

This catalog outlines curriculum requirements, faculty information and course descriptions as per the effective date of issuance. The materials presented herein constitute the rules and regulations of the Academy and are intended to be accurate, complete, and binding. However, the Academy reserves the right to update or change any or all of these regulations to meet with all of the above accreditation requirements and/or the Academy's changing conditions. In the event of any change, written notice will be given, and such notice will post as an addendum to the catalog. All information in this school catalog is current and correct and is so certified as true by Andres Bella, Acting President.



## **BOARD OF DIRECTORS**

Yen Wei Choong, MSTCM, L.Ac., Chairman

Robert Barnhart, Eva WuChoi, MBA, Arthur Liu, Esq.,

Maria Kish, DC, Phillip Tou, MA, Jane Zhang, BA

## **ADMINISTRATION**

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The Academy of Chinese Culture and Health Sciences was established in 1982 to offer professional education in traditional Chinese medicine within the context of Chinese culture.

## **OBJECTIVES**

#### DAOM MISSION STATEMENT

The mission of the ACCHS DAOM program is to provide an advanced, clinicallyoriented program of study based on a foundation of Classical Chinese medicine and integrated orthopedics and pain management.

ADDENDUM: The job classification code associated with the DAOM program under the United States Department of Labor's Standard Occupational Classification code is 51.3301

Chinese Medicine has a rich history with many notable figures who embodied the ideals of the scholar physician. Through deep understanding of principles, these doctors were able to respond to the myriad manifestations of disease creatively and effectively, rather than applying pre-existing treatments in a formulaic or reflexive way. Striving towards this ideal necessitates a deep investigation of Chinese Medicine's theoretical principles, guided by scholar clinicians who are leaders of the resurgence of Classical Chinese Medicine.

ACCHS' doctoral program will draw from the Classical literature to provide instruction in the areas of acupuncture, herbal medicine, qi cultivation and energetics, diet and nutrition, and manual therapy. This will enable our DAOM candidates to navigate areas of clinical assessment, diagnosis and intervention with greater confidence and ability. The focus on returning to source texts will foster a spirit of inquiry in our students, and provide them with the solid foundation in knowledge synthesis and analysis that will encourage their growth as lifelong students of Chinese Medicine. It will also empower them to become leaders in the Chinese Medical field, developing along the ideal of the scholar-physician.

By learning the Classics in the context of clinical practice and advanced biomedical study, the Classical tenets will be grounded in a reality-based learning environment, enabling the DAOM candidate to communicate clearly and effectively with patients and other healthcare practitioners. In this way, clinical efficacy will guide our students' understanding and application of theoretical principles.

The program's second emphasis is a rigorous study in the principles that underlie pain conditions. This area includes a strong biomedical and integrative medical component, and students will expertise in the precise assessment, diagnosis and treatment of pain conditions, that don't always respond to treatment according to internal or external disease models.

Throughout all stages of ACCHS' DAOM program, academic discourse between faculty and students will be encouraged and facilitated through mediated online forum. This will allow the DAOM candidates to remain actively engaged in the course material between DAOM program weekends.









## DAOM EDUCATIONAL OBJECTIVES

At the time of graduation, a DAOM student from ACCHS will be able to:

- Draw upon an enhanced familiarity with the Chinese Medical classics (Neijing, Nanjing, Shang Han Lun, Jin Gui Yao Lue), and a deeper understanding of Chinese Medicine's foundational theory (such as classical physiology, formula architecture and modification, constitutional body-typing, meridian energetics, etc.) in order to guide their clinical reasoning in the areas of assessment, diagnosis and intervention.
- Precisely locate and effectively treat the source of musculoskeletal and pain conditions using knowledge of anatomy, orthopedic testing, and Chinese medical principles and techniques.
- Apply major Oriental medicine modalities including herbal medicine, acupuncture, and manual therapy with greater knowledge and skill.
- Assess appropriate care for their patients, and communicate clearly with patients and other healthcare practitioners, using an advanced understanding of biomedical physiology and pathology.
- Synthesize knowledge from different sources, engage in original scientific and scholarly inquiry, think critically and creatively, and communicate their ideas to different audiences.
- Utilize the resources necessary to further develop their knowledge, skills and attitude, as lifelong learners of Chinese Medicine.
- Actively and constructively engage with the greater Chinese Medicine community, advancing the profession and contributing to the development of future generations.
- Assess, measure and monitor their patients' conditions, and document their work appropriately in order to communicate effectively with other healthcare practitioners, as well as work with insurance companies, worker's compensation and personal injury cases.



## **GENERAL INFORMATION**

The Academy of Chinese Culture and Health Sciences is located in vibrant Oakland, California, just across the bay from San Francisco. The Academy campus is near Oakland's City Center, and is easily accessed by the Bay Area Rapid Transit (BART) public transportation system. It is within two blocks of federal, state, and city government buildings, within a few blocks of Oakland's growing Chinatown community, which has an abundance of restaurants, shops, and herbal pharmacies. Also within walking distance are bookstores, copy shops, cafes, and many businesses, which represent Oakland's rich ethnic diversity.

The Academy's facilities provide lecture classrooms, a teaching clinic, an herbal pharmacy, indoor herb garden, a library, a computer room, administrative offices, and lounges for faculty and students. Didactic courses are taught using white boards, projectors, anatomical models, and other media devices, such as laptops, DVDs, and televisions. Clinical training materials include acupuncture needles, moxabustion, cupping devices, and diagnostic medical equipment, such as stethoscopes and sphygmomanometers.

The Academy does not offer distance education.

The school maintains limited parking facilities. Reasonablypriced parking is available nearby. However the school is located one block from two nearby BART stations.

#### LIBRARY

The library is divided into two sections (Chinese and English) with a total of 3,200 volumes of traditional Chinese medical and related publications. It is open five days a week. Students can borrow books with their student ID cards. Students can also do individual research or have group study in the reading rooms. Computers, TV, a copier, periodicals, and dictionaries, as well as videos and slides are available for student and faculty use.

### LIVING AND HOUSING COSTS

There is no on-campus or dormitory housing, but the Academy in downtown Oakland is five miles from Berkeley and in the heart of the East Bay. Both Oakland and Berkeley have ample rental units available at a reasonable cost - from \$500 (shared housing) to \$1100 (studio apartment). The Academy bears no responsibility in assisting a student with housing, yet the Academy maintains a small bulletin board for a shared housing network as well as other community and professional listings.

#### THE NEIGHBORHOOD: OAKLAND, CA

- #1 Most exciting city in the US Movoto (2013)
- #8 Top destination in the US Lonely Planet (2015)
- #2 Best Small Business Cities in America Biz2Credit (2016)
- #6 Top 10 Cities with Highest Healthiest Cities Scores
   Sperling Report Card (2015)
- #6 Best Rising Star Destination Huffington Post
- #5 Hippest City in the US The Thrillist
- #5 Place to go in the World New York Times
- #9 Most walkable large city in the US Walkscore. com
- Oakland Named the Most Diverse City in America Priceonomics, December 15, 2014
- 20 Best Cities in America for Bicycling Redfin
- No. 5 Best Cities for Foodies Nerd Wallet
- #2 Best Mid-sized American Cities of the Future FDI Magazine





#### INSTITUTIONAL FISCAL DISCLAIMER

ACCHS has no pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, and has not had a petition of bankruptcy filed against it within the preceding five years.

#### FINANCIAL AID (School Code :G32883)

The Academy provides access to several Title IV financial aid programs. Federal Direct Loans and Work-Study may be utilized by MSTCM degree-seeking students who qualify. DAOM program students are currently NOT eligible for Federal Financial Aid programs. Eligibility for ACCHS SFA programs is based on completion of the FAFSA (Free Application for Federal Student Aid). A student must enroll at least half time to be eligible for Financial Aid at ACCHS.

If you obtain a loan to pay for an educational program, you will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund. If you default on a federal loan, the federal government or a loan guarantee agency may take action against you, including garnishing an income tax refund; and you may not be eligible for any other government financial assistance at another institution until the loan is repaid. You have the right to cancel and obtain a refund of charge paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. You can do this by submitting your written intent to cancel by email (admissions@acchs.edu), mail (1600 Broadway, Suite 200, Oakland, CA. 94612), fax (510-834-8646), or hand delivery.

The institution shall provide a pro rata refund of nonfederal student financial aid program moneys paid for institutional charges to students who have completed 60 percent or less of the period of attendance. The unused portion of tuition will be calculated, based on clock hours paid for versus clock hours passed. You will be charged from the first day of school until the last day of attendance, including the classes not attended in between and the documented cost of any books or equipment that were not returned. If you have received federal student financial aid fund, you are entitled to a refund of moneys not paid from federal student financial aid program funds.



## **DAOM OVERVIEW**

#### WHY FOCUS ON THE CLASSICS?

The primary goal of most Chinese Medical physicians is to address the root and branches of a patient's condition, with the intention of helping to facilitate a positive health outcome. In working towards this goal, the study and practice of Chinese Medicine can take on many forms and be guided by diverse philosophies. Two such philosophies are the ideal of the technical expert, who strives towards skillful application of useful protocols, and that of the scholar physician, guided by clinical reasoning based on principles.

By learning protocols, a clinician learns to apply useful treatments to general conditions. Over time most clinicians will have compiled a mental "cheat-sheet" of a number of protocols that they find to be most effective and reliable, and these serve as important tools in their clinical arsenal.

By focusing on the application of principles, a Chinese Medicine practitioner learns how to think. They will thus be able to respond to the specific circumstances of each clinical encounter with intelligence and creativity. In this way, medical practice is spontaneous and insightful, and every clinical outcome serves to refine one's understanding of the application of those theoretical principles.

These principles, or "rules" of Chinese Medicine, that have guided its thought and practice for roughly 2,000 years, were laid out in the Classical texts of the Han Dynasty. These rules are not simply statements to be memorized, but rather inform a worldview that allows us to frame health and disease in a unique and imminently useful way. Furthermore, learning the rules of the system will often allow a practitioner to deduce why or when an empirical approach or protocol is indicated, and so techniques that are generally useful can be employed more deliberately and with greater specificity.

The goal of learning from the Classics is to become a superior physician, who practices Chinese Medicine according to a deep understanding of its tenets, fulfilling the dual role of benefiting patients and carrying forward a rich tradition.

#### WHY FOCUS ON TREATING PAIN CONDITIONS?

In the US, pain is one of the primary reasons patients seek medical treatment, and musculoskeletal complaints currently account for 30% to 50% of all visits to acupuncturists. The systemic problems in the way pain is managed and treated serve to emphasize the role that acupuncture and Chinese Medicine can play in improving the lives of our patients and communities who struggle with pain.

Pain has many sources, and many of them respond very well to the traditional approaches of Chinese Medicine. There are also other sources of pain that do not adequately fall into the categories of internal or external disease, and are not always alleviated through local-channel-distal acupuncture methods. By developing their understanding of the anatomical, physiological (both Chinese and biomedical) and neurological sources of pain, and of ways in which this refined knowledge can inform the use Chinese Medicine's traditional modalities, our candidates will be able to more precisely assess, and more skillfully treat the roots of their patients' pain conditions.

In addition, the transition to national healthcare that will take place over the next few years will see more worker's comp, personal injury and MD-referred cases, dealing primarily with musculoskeletal issues. Learning to diagnose, treat and chart according to standards set up for this multi-disciplinary style of healthcare will prove invaluable for DAOM candidates.





## ADMISSIONS

### ADMISSIONS STATEMENT

The Academy is committed to a policy of equal opportunity. Admission is open to all qualified applicants. Equal educational opportunities will be provided to all persons, regardless of race, religion, gender, national origin, marital status, sexual preference, age, or physical handicap.

Candidates for admission are considered in the order in which their applications are completed. The Admissions Committee does not grant full admission to an applicant until all required information has been received by the Academy. Prospective students are encouraged to visit the school and discuss educational plans with the Admissions office. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you signing an enrollment agreement.

The Academy seeks and prioritizes applicants who wish to study traditional Chinese medicine within the context of Chinese philosophy and Chinese culture. A personal commitment to the study and practice of the medical arts, combined with a sound undergraduate academic background, are qualities common to the Academy student body. The Academy's DAOM curriculum is now presented in English only. Students come for lectures and clinical training four days per month for the entire program. Several options exist for clinical training, including an internship at the ACCHS clinical facility.

English program: Friday, Saturday, Sunday, Monday (one weekend per month)

The Academy's program supports the professional development of working adults by offering the option of either full-time or part-time studies. (note- there is no specifically designated part-time track).

Part-time studies - It is possible to complete the DAOM program on a part-time basis. Part-time students will take the same courses as full-time students; however part-time students may be precluded from participating every month. Each complete course will be completed during the designated weekend of the designated month. If a student registers for a particular weekend, he or she must complete the weekend and the courses associated in order to receive credit for the course. A part-time student can register to participate during the months in which he or she is registered. By comparison, a full-time student will attend every month. Students who wish to register for less than the full-time number of courses/units (4 weekends per trimester) must meet with an advisor in order determine the completion track so that all courses will be completed within 4 academic years.

#### **OPEN HOUSE**

Several times a year, the Academy hosts an Open House, which gives prospective students the opportunity to receive pertinent school information and to experience TCM first hand. Prospective students are invited to participate in special TCM technique demonstration classes, informational seminars, and campus tours. For exact dates, contact the Academy administration offices or visit the Academy website.





#### ADMISSIONS REQUIREMENTS

Applicants must have completed sufficient graduate studies to undertake an advanced, specialized post-graduate education. Applicants who possess a degree in TCM or OM, respectively, from an accredited TCM institution, as well as a license to practice acupuncture issued by the California Acupuncture Board, satisfy the prerequisite courses listed in Category A.

#### General Education

General education for the DAOM program consists of the courses that must be fulfilled as part of a curriculum in a professional Oriental medicine program, courses leading to a Master's degree from an ACAOM accredited institution, including courses in:

- Oriental medical theory, diagnosis, and treatment techniques in acupuncture and related studies;
- Oriental herbal studies; clinical training; and biomedical clinical sciences.

Total minimum for Category A: 146 units / 2625 hours in a professional Oriental medical curriculum.

**A.** Applicants must have successfully completed a professional Oriental curriculum and have a Master's degree in OM from an ACAOM accredited institution of Oriental medicine and must possess a license in acupuncture through the California Acupuncture Board

**B.** Applicants must have a GPA of at least 2.7 (B-) in all prerequisite course work and at least a 2.7 (C+) in any individual course if transferring from another DAOM program.

C. English Language Proficiency Requirement:

The Academy requires that students maintain English proficiency for successful didactic and practical clinical training purposes. Students may complete the Test of English as a Foreign Language (TOEFL) or the International English Language Testing System exam (IELTS).

The applicant must score at least 61 on the Test of English as a Foreign language (TOEFL) internet based test (iBT) which also requires a minimum speaking exam score of 26 and a minimum listening exam score of 22, or a level 6.5 on the International English Language Testing System (IELTS) exam; (b) for those who shall complete the program in another language, a TOEFL iBT score of at least 45 must be obtained with a minimum speaking exam score of 18 and a minimum listening exam score of 15, or the student must have completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education or from an equivalent English language institution in another country.

The Academy requires a TOEFL Web-based test score of 61 for all DAOM applicants, with a mean (average) score on the TSE. The Academy requires a computer-based test score of at least 173 and the mean (average) score on the TSE for students.

The Academy requires an IELTS test score of 6.5 for DAOM applicants.

The Academy requires that DAOM program applicants meet the TOEFL or IELTS requirements at the time of admission.







# In addition to admissions requirements for the DAOM program, the following criteria applies:

- A. Applicants must have a GPA of at least 2.7 in all course work and at least a 2.7 in any individual course if transferring from another DAOM program.
- B. The application process requires the following:
  - 1. File a completed application form with a \$100 application fee, (\$200 for foreign students) and three (3) passport-sized color photos.
  - 2. Submit an updated resume, which outlines educational and professional development.
  - 3. Submit a typed, full page, single-spaced statement of purpose essay, which explores his/her personal reasons for wanting to study and practice Chinese medicine.
  - 4. Ensure that official transcripts, documenting all previous post-secondary education credit applicable to Academy admissions requirements, **display credit units/class** hours and are sent directly to the Academy.
  - 5. Three letters of recommendation.
  - 6. In the process of admissions application, an admissions interview may be arranged.
  - 7. Accepted applicants will be notified of the Admissions Office's decision in writing.
  - 8. An admissions packet will be provided prior to registration.

The admissions office will not consider an application from a student who has been dismissed from any school for legal, ethical, or moral reasons.

Under certain circumstances, ACCHS may consider DAOM applicants who do not meet all the above criteria. Candidates who do not meet the above criteria will be evaluated on a case-by-case basis.

After receiving and reviewing all submitted documents, the DAOM Admissions Committee will schedule an interview with the applicant. This interview may be held in person, or by phone, and will assess the applicant's aptitude, interest, and capacity to complete the program.



### ADMISSIONS FOR FOREIGN STUDENTS

- The Academy accepts foreign students and is approved under the United States Department of Justice to enroll non immigrant alien students (INS school file number SFR 214F 1515 [E-21]). As an academic institution of higher education, the Academy is authorized to issue a Certificate of Eligibility, Form I-20 for F-1 student status.
- Foreign students interested in enrolling at the Academy must comply with all admissions requirements listed under Admission Requirements section of this catalog.
- 3. Foreign students must also submit a Declaration of Finance form to be completed by their bank. This document must show sufficient financial resources, with a minimum of US \$20,000 for one academic year to cover education and living costs.
- 4. If written in a foreign language, foreign students must have their official transcript(s) accompanied by a certified document providing English translation of course names, hours and grading system. College work completed outside of the United States must be evaluated by a foreign transcript evaluation agency.
- 5. A \$200 nonrefundable application fee and \$300.00 deductible admissions deposit fee.
- 6. All I-20 foreign students are required to enroll full-time, which is defined for the purposes of immigration as a minimum of 12 trimester units each term. Questions regarding visa status, accommodations, etc. should be directed to the Admissions office.





#### ADMISSIONS FOR NON-MATRICULATED STUDENTS

Non-matriculated students who wish to take courses for either credit or audit, must satisfy all of the ACCHS DAOM program admissions requirements before enrollment can occur.

## TRANSFER CREDIT POLICIES

The Academy has not entered into an articulation or transfer agreement with any other college or university.

The Academy may grant academic credit for a DAOM curriculum course taken previously, provided it was completed at:

- a university or college accredited by an agency recognized by the U.S. Secretary of Education;
- a post-secondary educational institution approved or authorized by an appropriate governmental agency in the jurisdiction in which it is located, or
- a program approved by the California Acupuncture Board and accredited by ACAOM <u>and</u> if the course name, credits, and necessary course descriptions indicate that the course meets the requirement of the Academy.

Up to 30 credits may be awarded for coursework and clinical instruction completed successfully at another DAOM school or college which is accredited by ACAOM.



Any student who wishes to transfer prior credit must submit a blue, Transfer Credit Request form for Admissions Committee review and approval within the first year of enrollment in the program.

In addition:

Courses must be completed with a grade of 2.5 (C+) or better;

Courses completed at foreign institutions must first be evaluated by a foreign transcript evaluation agency. Foreign courses may be transferred only upon the approval of the Admissions Committee;

Any student who wishes to transfer prior credit must submit a written Request Form for Admissions Committee review and receive approval within the first year of enrollment in the program.

## In addition:

- Courses must be completed with a grade of 2.5 (C+) or better;
- Courses completed at foreign institutions must first be evaluated by a foreign transcript evaluation agency. Foreign courses may be transferred only upon the approval of the Admissions Committee.

# TRANSFERCREDITFOREXPERIENTIAL PROFESSIONAL LEARNING

Due to the specialized nature of the DAOM program curriculum, the Academy does not accept experiential professional learning transfer credit. Currently, there are no professional evaluation organizations that maintain assessment or testing procedures for DAOM level courses.



## REGISTRATION

#### **REGISTRATION STATEMENT:**

- 1. Registration for freshmen and transfer students is held during New Student Orientation week. Continuing students must register during their designated time, beginning three weeks prior to the end of each trimester. Each student will be provided with a registration packet, which includes all registration and academic advising information.
- 2. All students who wish to register must fill out registration forms, which are distributed prior to registration, and register with the approval of the program administrator.
- Students can register for advanced courses: once completion of corresponding prerequisite courses has been verified; once the previous trimester's tuition has been fully paid; and with receipt of clinical training requirement materials.
- 4. Students who do not register during the announced designated time will be required to pay a late registration fee of \$30.00.



#### ADD / DROP CLASSES:

Students may add and drop courses, without charge, during the first week of school, with approval from the administration. A fee of \$50 will be charged each time thereafter. All add / drop requests must be submitted in writing to the administration office for processing. **See the Academic Calendar for exact drop deadline dates**.

#### CANCELLATION OF ADMISSIONS OR REGISTRATION:

The Academy reserves the right to cancel the admission or registration of individuals whose attendance at the Academy, in the opinion of the appropriate administrative officers and faculty, is not mutually beneficial to that person and to the institution.

Applicants must submit all academic records from all other institutions attended for an academic performance evaluation. If it is proven that an applicant has gained admission to the Academy through incomplete or fraudulent credentials, or that there are misrepresentations in the written application for admission, the individual may have his/her:

- 1. admission and registration canceled without any refund;
- 2. total credit rescinded that was earned following such admission; and
- 3. future registration at the Academy prohibited.

The Admissions Committee has the right to verify the accuracy of transcripts/documents. If it is determined that a student sought admission on the basis of incomplete or fraudulent credentials or misrepresentations in the written application for admission, the student will be notified in writing of the admissions office's intention to take one or all of the above actions.

The student has ten days thereafter to reply in writing. The admissions office will then make a determination and recommend appropriate actions to the president. Subsequently, the student will be notified in writing of the action to be taken. The student may file a written appeal to the president within ten days. The president's decision is final.



## CURRICULUM

# THE DOCTORATE OF ACUPUNCTURE AND ORIENTAL MEDICINE

The Doctorate in Acupuncture and Oriental Medicine program is a three academic year professional degree curriculum designed to provide an advanced, clinicallyoriented program of study based on a foundation of Classical Chinese medicine and integrated orthopedics and pain management. The Academy's DAOM program can be completed in two calendar years/ three academic years by full-time students. The DAOM program curriculum will demonstrate an elevated competency in consultation and collaboration, the interaction between the Oriental medicine practitioner and others, including patients and health care professionals. The DAOM program curriculum will demonstrate competency in clinical supervision, clinical teaching with the goal of enhancing the supervisee's competencies. The DAOM program curriculum will demonstrate a broader understanding of clinical practice management, which consists of those activities, including practical aspects that direct or organize the provision of patient care services. The DAOM program curriculum will demonstrate a greater understanding of procedures relating to evaluation and research, enabling graduates to become critical consumers of the body of professional literature. These competencies will compliment the graduate's abilities to engage the clinical research project in Oriental medicine.

The Academy's DAOM curriculum relates directly to its purpose and objectives by offering a comprehensive advanced and specialized education in traditional Chinese medicine (TCM). The curriculum covers all the core areas of TCM as defined by state, national, and Chinese TCM college standards. Throughout the curriculum, there is continual emphasis on the interrelating influences of Chinese medicine and culture, as noted by the inclusion of more in-depth classes: the four classics of TCM -- Nei Jing, Shang Han Lun, Jin Kui, and Wen Bing; Philosophy of Chinese Medicine; Advanced integrated Orthopedics and pain management.

#### UNIT / CLOCK HOUR CONVERSION

One academic unit is equal to 15 hours of didactic instruction or 30 hours of clinical instruction. Clinical studies receive half the units of lecture instruction hours; because, clinical studies require less outside preparation.

#### TIME CONSTRAINTS AND LIMITATIONS

The Doctor of Acupuncture and Oriental Medicine curriculum is a three academic year program. The program can be accomplished within two years/24-months of full-time studies. Instruction within the academic program is presented over six consecutive terms consisting of three 15-week trimesters per each calendar year. All credit earned is awarded in terms of trimester units.

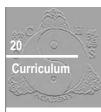
A student may elect to engage in part-time studies. In this case, a study plan will be designed to ensure that the program can be completed within the desired time period. For the Doctor of Acupuncture and Oriental Medicine degree to be awarded, students are required to complete all studies within four years of initial matriculation.



## NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at the Academy of Chinese Culture and Health Sciences is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the DAOM degree you earn in the DAOM program is also at the complete discretion of the institution to which you may seek to transfer. If the DAOM degree that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Academy of Chinese Culture and Health Sciences to determine if your DAOM credits will transfer.





## ACCHS DAOM Program Overview

Code	Course	Faculty	Hours = Did	actic/Clinical
RM	Integration and Research Module	RM	150	0
RM101	Medical Documentation and Report Writing	A. Von der Muhl	15	Q
RM102a	Case Research and Presentation 1	Carla Wilson	7.5	a
RM 1026	Case Research and Presentation II	Carla Wilson	7.5	a
RM103	Pedagogy in Chinese Medicine	Carla Wikson	7.5	a
RM104	Herb-Drug Interactions	TBD	7.5	a
RM105	The Science of Acupuncture	J. McDavald	15	a
RM106a	Research Methodology I	J. Williams	15	a
RM 1066	Research Methodology II	J. Williams	15	a
RM106c	Research Methodology II	J. Williams	15	a
RM107	Capatone Project	various	45	a
CF	Classical Foundations Module	CF	2	70
CF111a	Historical Schools of Chinese Medicine I	Z. Rosenberg	75	a
CF111b	Historical Schools of Chinese Medicine II	Z. Rosenborg	7.5	a
CFI11c	Historical Schools of Chinese Medicine III	Z. Rosenborg	7.5	a
<b>CF111d</b>	Historical Schools of Chinese Medicine IV	Z. Rosenberg	75	a
CF112a	<b>Ginical Strategies in the Shang Han Lun I</b>	P. Settels	75	a
<b>CF112b</b>	Cinical Strategies in the Shang Han Lun II	P. Settels	7.5	a
CF112=	Cinical Strategies in the Shang Han Lun II	P. Settels	7.5	a
CF112a	Clinical Strategies in the Shang Han Lun IV	P. Settels	7.5	a
CF113	Classical Pulse Diagnosis: Nan Jing Pulse System	J. Adams	15	a
CF114a	Key Formula Families in the Shang Han Lun I	H. Huang	22.5	۵
PT140	Cinic Theater - Classical Chinese Medicine	H. Huang	0	75
CFI14c	Key Formula Families in the Shang Han Lun II	H. Huang	22.5	a
PT140	Ginic Theater - Classical Chinese Medicine	H. Huang	0	75
CF115a	Six Channel Diagnosis in the Shang Han Lun I	S. Robideux	22.5	۵
PT140	Cinic Theater - Classical Chinese Medicine	S. Robideux	0	75
CF1156	Six Channel Diagnosis in the Shang Han Lun II	S. Robideux	22.5	a
PT140	Ginic Theater - Classical Chinese Medicine	S. Robideux	0	75
CFI15c	Six Channel Diagnosis in the Shang Han Lun III	S. Robideux	22.5	a
PT140	Cinic Theater - Classical Chinese Medicine	S. Robideux	0	75
CF116a	Nei Jing Su Wen - Key Concepts I	Z. Rozenberg	7.5	a
CF1166	Nei Jing Su Wen - Key Concepts II	Z. Rozenberg	7.5	a
CFI16c	Nei Jing Su Wen - Key Concepts II	Z. Rozenberg	7.5	a
CF116a	Nei Jing Su Wen - Key Concepts IV	Z. Roomberg	75	a
CF117a	Nan Jing - Key Concepts I	Z. Rosenberg	75	۵
<b>Œ117</b> Ъ	Nan Jing - Key Concepts II	Z. Rosenberg	75	a
CF116	Chesical Acupuncture: Sinew Vessel Treatment	J. Adams	75	۵
PT140	Cinic Theater - Classical Chinese Modicine	J. Adams	0	75
	Undated on 4/15/1			



	Accus NYON MARINE			
OP	Orthopedic Medicine and Pain Management Module	OP	285	
OP221	Essentials of Integrative Acupuncture and Physical Medicine	A. Von der Muhl	7.5	Q
OP222	Myofaccial Meridians I (Jing Jin)	A. Von der Muhl	15	۵
OP223	Myofaccial Meridians II (Jing Jin)	A. Von der Muhl	15	a
OPZ245	Advanced Onthopedics I - Head, Neck and Thoras.	A. Von der Muhl	15	a
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	A. Von der Muhl	0	75
OPZ25a	Advanced Pain Management I - Xing Nao Kai Oiso I	C. Shiu	15	a
OP2256	Advanced Pain Management I - Xing Nao Kai Oiso I	C. Shiu	7.5	a
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	C. Shiu	0	75
OP225h	Advanced Pain Management I - Xing Nao Kai Oiao I	C. Shiu	7.5	٥
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	C. Shiu	0	75
OPZ26a	Advanced Orthopedics I - Shoulder, Arm and Hand	A. Von der Muhl	15	a
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	A. Von der Muhl	0	75
OP227	Advanced Pain Management II - Master Tung Acupaneture I	H. McCann	22.5	a
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	H. McCann	0	75
OP228	Advanced Onhopedics II - Lumbo-Sacral Spine	A. Von der Muhl	15	a
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	A. Von der Muhl	0	75
OP227	Advanced Pain Management II - Master Tung Acupuncture II	H. McCann	22.5	Q
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	H. McCann	0	75
OP230	Advanced Onthopedics N - Buttock, Hip, Thigh and Knee	A. Von der Muhl	15	a
PT141	Clinic Theater - Orthopedic Mod & Pain Mgmt	A. Von der Muhl	0	75
OP231	Advanced Pain Management IV - Yuan Qi Acupuncture	S. Robideux	22.5	a
P∏141	Clinic Theater - Orthopedic Mod & Pain Mgmt	S. Robideux	0	75
OP232	Advanced Onthopedics V - Calf, Ankle, Foot	A. Von der Muhl	15	a
PT141	Clinic Theater - Orthopedic Med & Pain Mgmt	A. Von der Muhl	0	75
OP233	Advanced Pain Mogent V - Balance Method Acupuncture I	Dr. J. Chiu	75	a
OP2336	Advanced Pain Mogent V - Balance Method Acupuncture II	Dr. J. Chiu	7.5	a
OP234	Palpatory Anatomy	L Donak	15	
PT141	Clinic Theater - Orthopedic Med & Pain Mgmt	A. Von der Muhll	0	7.5
PT	Practicum Training Module	PT	0	585
PT140	Clinic Theater - Classical Chinese Med (1125 units)	various		counted
PT141	Clinic Theater - Orthopadic Mod & Pain Mgmt (0.25 units)	various		above
PT142	Internahip - Classical Chinese Med (0.5 units)	various		min 40
PT143	Internahip - Onthopedic Med & Pain Mgmt (ILS units)	VARIOUS		min <b>60</b>
PT144	Extenship Classical Chinese Medicine (ILS units)	various		
PT145	Extensible Orthopedics (0.5 units)	various		min 120
PT146	Externship other TCM or Biomedical (0.5 units)	various		
PT147	Professional Practicum (Clinic Supervision) (0.5 units)	variaus		100
PT148	Cases Study Review, Presentation and Discussion (D.5 units)	various		100
			592.5	697.5
	Total			290

## ACCHS DAOM Program Overview

Updated on 4/15/18



The Academy reserves the right to raise or lower tuition or fees and the regulations governing them whenever deemed necessary by the governing board of directors of the Academy. The Academy reserves the right to change any or all fees, in which case 30 days prior notice will be given.

## FINANCIAL INFORMATION (FEES AND EXPENSES)

Application Fee (no	onrefundable):		
	U.S. Resident		\$100.00
	Foreign Student		200.00
	it for Foreign Student (deductible)		300.00
Registration Fee:	(nonrefundable)		100.00
	STRF		.00 / \$1,000 tuition
	Facility Fee		25.00
	Credit Card Processing Fee		1% on all transactions
Graduation Fee / G	araduation Processing Fee		200.00 / 100.00
Tuition Fees for Cre	edit:		
	Didactic Course Instruction		270.00 / unit
	Clinic Instruction		18.00 / hour
Malpractice Insurar	nce for Clinic		38.00 / trimester
	cessing Fee (not applicable to GE courses):		30.00 / per course
Late Registration P			30.00
Late Tuition Payme			30.00
Late Installment Pa			30.00
Monthly Installmen			10% / year
Add / Drop Fee (afl	ter one week of class teaching)		50.00 per form
Challenge Exam			70.00/ unit
Returned Check			25.00 each
Transcript Fee:	Official Copy		10.00 each
	Official Copy (certified mail)		15.00 each
	(two business day turnaround and two-day priority po	ostage)	30.00 each
	Unofficial Copy		5.00 each
Fee for Additional (	Copy of Diploma:		
	With Cover		50.00 each
	No Cover		30.00 each
	endation or Verification		5.00 / each
Library Fee:	Overdue Charge Per Day		0.25 / each book
	Damaged Book		20.00 / each item
		Replacer	nent Price of Original Text
Student ID Replace	10.00		
Student Document	Copy Fee		30.00

NOTE: To graduate or be issued a transcript, all fees, current and due, must be paid in full.

 Doctor of Acupuncture and Oriental Medicine Program:
 Tuition \$2,830.00

 Total Chages for a Period of Attendance (based on 12 units without clinical training hours):
 Tuition \$2,830.00

 Estimated Scedule of Total Fees - DAOM Program:
 Tuition \$2,830.00

 Fees \$1,000.00
 (Total: \$24,268.00)

Tuition may be increased during the program at a rate similar to that of the national cost of living index increase; students should budget such a raise accordingly.

#### OTHER EXPENSES



In addition to the fees and estimated expenses outlined, when preparing a budget, all students should consider the costs of textbooks, housing and meals, health, transportation and miscellaneous expenses.

#### PAYMENT OF TUITION AND FEES

Students should be prepared to pay all tuition and fees each term at registration. All checks must be made payable to "ACCHS." Lowinterest installment agreements are available to students experiencing financial difficulties. The down payment is one third (1/3) of the total amount. Students who do not pay in full or complete their installment contracts are ineligible to register for the following term, graduate, or receive transcripts of academic credit. Students will be charged \$30 for each late installment and the monthly interest is based on 10% annual interest. The processing fee for each returned check is \$25.

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, (916) 431-6959 or (888) 370-7589.

To be eligible for STRF, you must be a California resident or are enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

- 1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
- 2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.
- 3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
- 4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
- 5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
- 6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
- 7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of noncollection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.





#### TUITION REFUND POLICIES

Calculation of refunds is done based on clock hours paid for versus clock hours passed at the time of the withdrawal or dismissal. A student may withdraw and obtain a refund at any time before they have completed 60% or less of the instruction for any DAOM course. Detailed explanation of these policies follows:

For refund purposes, an accepted applicant may only terminate enrollment in person or by certified mail. Termination notices received by mail take effect on date of postmark.

#### Full refund period - Cancellation after enrollment

When an accepted student has notified the Academy of intent to enroll by paying registration fees, the student will be considered enrolled with the newly entered class. A student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session of the first DAOM program course/ weekend. After the first class session of the DAOM program course/weekend, a student can obtain a refund for clock hours not attended any time before they have completed 60% or less of the instruction for any DAOM course.

#### Cancellation after the full refund period

If a student cancels after the first class session of the first DAOM program course/weekend, the Academy is entitled to retain the registration fee, but will refund other moneys paid according to the refund policies below.

#### Tuition refund after classes have begun

A partial tuition refund will be permitted if a student cancels enrollment when classes have completed 60% or less of the instruction. The unused portion of tuition will be calculated, based upon clock hours paid for versus clock hours passed, plus the drop fee of \$50.00 per form. The student will be charged from the first day of school until the last date of attendance, including the classes not attended in between. A \$50.00 drop fee per form will be applied.

#### Example of our refund policy

After enrollment (7 units didactic), a student notified the Academy of withdrawal from all classes on the 2nd day of the first DAOM program month of the trimester. The student must pay the tuition fees for two days of classes plus the \$50.00 drop fee. The remaining portion of the paid tuition will be refunded. There are 90 clock hours of instruction left. Calculation is as follows:

amount paid for instruction, not including registration fea		clock hours of instruction x <u>paid for but not yet occurred</u> - drop fee = refund amou Clock hours of instruction for which student has paid		fee = refund amount
\$1,744	Х	90 clock hours 105 clock hours	\$50	= \$1,445.00

#### For the clinical training refund policy, please refer to the ACCHS Clinic Handbook.

Students dismissed from the Academy for any reason will have their tuition returned according to the above schedule. All refunds are made within 30 days of cancellation of the enrollment agreement by either the student or the Academy.

#### Financial Aid Refunds

Refunds, for students who receive financial aid to cover the costs of tuition and living expenses, who drop below their full-time or part-time status, will be returned to the lender(s) to reduce the loan debt.



## ACADEMIC REGULATIONS

Students must observe the applicable rules and regulations of the Academy. Failure to do so, may result in disciplinary action.

#### ATTENDANCE AND DECORUM

Inconsistent attendance is a serious concern to the faculty and administration because it jeopardizes a student's eligibility to obtain licensure in many states, restricts the depth and scope of an individual's educational progress, and often results in only achieving the institution's minimum requirements, only achieving levels of professional development below the student's potential.

Faculty are required to take and record daily student attendance. Students who miss more than three classes must make an appointment with the administration within five days to assess their attendance problem. The administration may allow students with absences totaling less than five classes to return to class, depending on their mitigating circumstances. Otherwise, an "F" grade will be assigned and the course must be repeated. Three tardies will be counted as one absence. Using attendance forms provided by the administration office, instructors are directed to track and report any student attendance deficiencies by the middle of each trimester.

The Academy emphasizes the importance of knowledge of the healing arts, as well as maintaining respectful and ethical conduct. It is important to remember that in the classroom as well as in the clinic, decorum is an integral part of the learning process. Tardiness, absence, inappropriate attire, poor attitude, eating during class, etc. are viewed as showing a lack of respect and may be grounds for disciplinary action.

#### COURSE GRADES

Grading is done on the four-point system, and their interpretations are as follows:

Grade	Interpretation	Grade Point	Equivalent %
A	•	4.0	94 -100
A-	Excellent	3.7	90 - 93
B+	Good	3.3	87 - 89
В		3.0	83 - 86
B-	Moderate	2.7	80 - 82
C+		2.3	77 - 79
C (CR)	Minimum Passing	2.0	73 - 76
C- to D-	Fail	1.7 - 0.7	60 - 72
F (NC)	Fail	0.0	0 - 59
In	Incomplete	0.0	0
Р	Pass		
F	Fail	0.0	

Individual instructors may grade certain courses on a CR/NC basis (Credit / No Credit). A "No Credit" will be included in an individual's grade point average as 0.0. A "Credit" will be reflected in the GPA as a 2.0 and will be counted as completed credit. A failed course must be repeated and passed before the student enrolls in any course for which the failed course is a prerequisite.



#### GRADE OF INCOMPLETE

For a didactic course in which the student fails to complete required work before the end of term, the instructor may optionally assign an Incomplete as an alternative to a grade of Fail only if:

- the student requests an Incomplete credit before the end of the term;
- the student has made arrangements in writing with the instructor for completion of the course requirements by a specified date;
- the arrangement has been approved in writing by the administration; and
- the Incomplete will be converted to a grade by the beginning of the following trimester.

#### AUDITING

Students may register to audit a class when they have completed all of the course prerequisites, and upon approval of the administrator. Students auditing classes must follow the general rules and regulations that apply to all students, such as those regarding attendance, decorum, student conduct, etc. Failure to abide by school rules, as an audit student, will result in disciplinary action. Under no circumstances will an audit course be converted to credit.



#### LEAVE OF ABSENCE / WITHDRAWAL

A student who chooses to interrupt his or her course of study may apply to the administration for a leave of absence. Each request will be considered individually and on its own merits. Students who drop a class before the last day to drop will receive a "W" on their transcript. Students who drop after the drop date will receive an "F" grade for the course(s).

#### ACADEMIC PROBATION AND DISMISSAL

Students must maintain a 2.5 grade point average (GPA) each trimester in order to maintain good academic standing. A student whose GPA falls below 2.5 will be placed on a two-trimester academic probationary period, during which the student must maintain a 2.5 GPA for each trimester within the probationary period. Any class not completed with at least a 2.3 must be retaken at the next available time. Probationary students who have maintained a 2.5 GPA for the length of the probationary period will have their probationary status removed. If a student fails to maintain a 2.5 GPA for each trimester during the two-trimester, probationary period, he/ she will be dismissed from the Academy.

If dismissed, students may be considered for readmission after a significant amount of time separated from the Academy and after the student has demonstrated some or all of the following: Remedial course work at an accredited college; academic or personal counseling; or demonstration of having overcome the difficulties that led to the dismissal. Once a student is readmitted, s/he is expected to maintain at least a 2.7 trimester GPA. Failure to do so after being readmitted may result in immediate and final dismissal from the Academy.

Restriction: The course credit load of a student who has been academically dismissed or is on probation will be determined through consultation with an academic advisor.

#### ASSESSMENTS

ACCHS will use a variety of assessment activities in order to determine that student learning and achievement are in line with the educational objectives. Assessments include but are not limited to, examinations, essays, in class demonstrations, projects, case studies related to didactic materials, capstone research project, observations, clinical interactions, in-class discussions and presentations.

### ACADEMIC NOTICE

A student will be put on academic notice when s/he has failed a course twice. The Academy will dismiss the student if on the third attempt s/he is unsuccessful at passing the course.

#### INVOLUNTARY WITHDRAWAL

A student's continued enrollment at ACCHS is a privilege based not only on satisfactory scholastic status and adequate clinical TCM psychomotor skills, but also upon good psychological health and personal conduct. If, in the opinion of the faculty, administration and/or dean of the Academy, a student demonstrates evidence of a psychological problem, an informal meeting will be scheduled with the student to inquire into his/her conduct or attitude. Subsequent to this meeting, the administration will seek professional opinions as to the likely implications of such conduct from the Academy. If it is determined that counseling is suggested or necessary, an effort will be made to have the student attend counseling on a voluntary basis. However, refusal to obtain counseling, initially or on a subsequent basis, shall be cause for involuntary withdrawal from the Academy. The administration shall inform the student, in writing, of the effective date of the involuntary withdrawal.

## STUDENT CONDUCT

After a review by the board of directors, a student may be dismissed for failure to follow Academy regulations or for disrespectful behavior to a student, administrator, faculty member, and/or clinic patient. Any conduct or action, which endangers life, violates the law, or violates the physicianpatient relationship, is also grounds for dismissal. The name of any student so dismissed shall be reported to the California Acupuncture Board, Division of Allied Health Professions, and Board of Medical Quality Assurance.

#### UNLAWFUL (SEXUAL) HARASSMENT POLICY

The Academy vehemently prohibits sexual, racial, and other forms of harassment by its faculty, staff, and students. The Academy maintains a policy that prohibits harassment on the basis of sex, race, religion, color, national origin, disability, medical condition, marital status, age, sexual orientation, or any other basis protected by federal, state, or local ordinance or regulation.

#### **DISCIPLINARY ACTION**

Violation of regulations of the Academy could lead to suspension, expulsion, termination, and in the context of criminal activity, referral to law enforcement agencies. If you have further questions regarding the regulations of the Academy, please contact the admissions office at 510-763-



7787, Monday through Saturday between the hours of 9:00 A.M. - 5:00 P.M. Also, refer to section *Involuntary Withdrawal* of this catalog.

### ACADEMIC INTEGRITY / DISHONESTY POLICY

Plagiarism and cheating are offenses against the integrity of the courses in which they occur and against the ACCHS community as a whole. Plagiarism and cheating involve intellectual dishonesty, deception, and fraud, which inhibit the honest exchange of ideas. In accordance with the Academy of Chinese Culture and Health Sciences Student Conduct policy, students are entitled to notice of what constitutes plagiarism and cheating, and the right to appeal penalties. Plagiarism and cheating may be grounds for dismissal from the institution. For definitions, penalties, and procedures, refer to the current ACCHS *Student Handbook*.

## A DRUG-FREE ENVIRONMENT

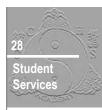
Employees and students of the Academy are hereby notified that the unlawful manufacture, distribution, dispensation, or possession of alcohol or a controlled substance is prohibited in all areas of ACCHS. Action will be taken against any employees/students for violating such prohibition.

#### STUDENT RIGHTS AND GRIEVANCE PROCEDURE

Students with concerns about academic or administrative rulings or procedures should first bring their concern directly to the instructor or administrator involved. If resolution is not possible, the complaint should then be presented in writing to the Grievance Committee, which will hear the matter and respond with a decision within ten working days of receipt. If the Grievance Committee's decision does not provide resolution, an appeal for review can be made to the Academy's president on behalf of the Board of Directors. Any resolution will be kept in both the student file and school grievance file. Also, after initiating the institutional Grievance Procedure, the student may report any grievances to BPPE and/or ACAOM, respectively (see page 5 of this catalog for contact info.).

## STUDENT RECORDS

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. State law requires the Academy to maintain school and student records for at least a five-year period. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.



## STUDENT SERVICES

#### ADVISING AND CONSULTATION

The Academy's academic advisors and administration staff provide consultation services to students in order to either direct them to appropriate counseling agencies for personal services or help them solve their academic issues.

### COMPUTER FACILITIES

Students have access to word processors and the Internet in the computer room located on the 5th floor. Also, Internet accessibility is provided in the Library. Students may go online during normal library hours. Students may access the Academy's wireless Internet services using their own Wi-Fi compatible devices. More information on wireless settings can be found in the Academy administration offices.

### STUDENT LOUNGE

Student lounges are available on the Academy's third and fourth floors, with microwave ovens and refrigerators for student convenience, and with a space for group or individual clinical case study.

## STUDENT ID

An ID will be issued to MSTCM program students at the beginning of the trimester. Students must evidence their ID when checking out materials from the library or when purchasing herbs in the Academy clinic. Also, students may use their ID to receive discounts wherever applicable.

## BOOKSTORE

All textbooks, reference materials, herb samples, medical charts, etc. are available at the school bookstore, with discounts provided. Per specific requests, the bookstore helps place specific orders for student groups.

## COPYING SERVICE

Copiers are conveniently located at the reception, in the administration office, and in the library. A low-cost copy fee is applied for students' specific copy needs.

## HEALTH CARE

The Academy teaching clinic is available for students and their immediate family. Health care is provided at only \$20 per visit. Herbs are additional at half price.

### STUDENT SUPPORT SERVICES

Prospective students are encouraged to contact ACCHS early in the admissions process in order to receive assistance and information about services. Students with disabilities need to apply for admission to the Academy using the standard admissions process. Current students may also be eligible for one or more services, depending on the specific nature of their disabilities. Disability verification must be provided to the Institutional Relations Office when registering at ACCHS. The Disability verification must be in the form of a certified document from a qualified medical professional.

### STUDENT REQUEST FORM

Student requests should be submitted on a "Student Request Form," which may be found in the administration office or on the ACCHS website. Completed student request forms should be given to an administration official or dropped in the administration mailbox (located outside the main administration door) if no counselor is available. When a determination is made by the administration regarding the request, the counselor will notify the student in writing.

#### ORIENTATION

The Academy provides an opportunity for new students to become acquainted with the campus, the Academy system, and other aspects of ACCHS student life. In addition, s/he can meet classmates and professors and can begin to feel at home, sharing intellectual and social activities before the academic program begins.

#### REFUSAL OF SERVICE TO STUDENTS

The Academy may refuse any type of service to a student who has an outstanding balance of unpaid tuition and/ or fees. The Academy may refuse services to a student who has terminated college matriculation with financial obligations remaining unpaid.



## **GRADUATION REQUIREMENTS**

All students will be held to graduation requirements, which were in effect at the time of their admittance to the Academy, barring a change in state law, or state or national authorization of the Academy's degree program. All candidates for graduation from the Academy must:

- 1. Complete each class and term of clinic with a grade of 2.7.
- 2. Maintain a GPA of at least 2.5 in all graded work.
- 3. Successfully complete the Capstone project
- 4. File a Notice of Candidacy for Graduation during the final term before graduation.
- 5. Have cleared all financial obligations to the Academy, including the graduation fee, which covers the costs of: California licensure exam application processing; diploma and diploma cover; renting cap and gown; and attendance at the graduation ceremony.

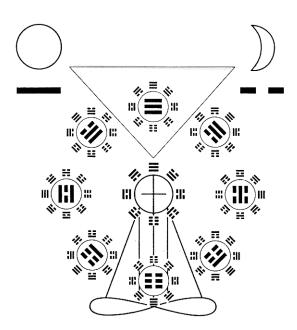
When a candidate for graduation has completed all requirements listed above, his or her file is reviewed for degree eligibility by the Academic Standards Committee. Those candidates who have satisfactorily met all the requirements set forth by the Committee are awarded the degree of Doctor of Acupuncture and Oriental Medicine.

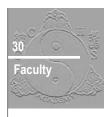
## PLACEMENT

The Academy posts notices of known job openings on a centrally located bulletin board and refers students to successful alumni and practitioners; though ACCHS offers no guarantee of employment.

### STUDENT RECORDS

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. State law requires the Academy to maintain school and student records for at least a five-year period. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.





#### FACULTY

#### Joseph Adams, L.Ac. MTOM (guest lecturer) Educational Experience:

Licensed Acupuncturist, State of California, California Acupuncture Board, 2004; Orthopedic Acupuncture, Fred Lerner, 2002-2004; Master of Oriental Medicine, Emperor's College of Oriental Medicine, Santa Monica, 2003; Cardiopulmonary Resuscitation, & First Aid, 2010; Certified in the management of Hepatitis C, Quan Yin Healing Center, San Francisco, 2005; Clean Needle Technique, Council of Colleges, 2004; Certified Massage Therapist, Alive and Well Massage School, Kentfield, 1992; Advanced Auricular Therapy, NADA Protocol 2003-2005, Steve Meeker L.Ac. Homotoxicology, Japanese Needling, Shang Han Lun, Dr. Miki Shima, 2003-2007; Neo-classical Pulse, & Shen-Hammer pulse lineages, Dr. William Morris, 1998-2005; Eight Extra Vessels, Divergents, Sinew Vessels, Shen Hammer, Celia Dermont L.Ac., 2000-2005; Treatment of Degenerative Conditions With Extraordinary Vessels, Jeffrey Yuen, 2004-2006; I Ching Acupuncture, Dr. Chen, 2004; Secondary Vessels, Dr. David Chan, 2003; Shiatsu, Tuina, and Acupressure, Emperor's College, Dr. Gu, & Ingrid Marsten 1997

#### **Present Positions:**

AIMC Berkeley: Instructor, Clinical Supervisor, 2006-present; Adams Acupuncture Family Practice, 2008-present Bayside Recovery of Marin, Resident Acupuncturist, San Rafael, 2008-Present; CJOM & American Acupuncturist, Field Editor. In Addition to receiving a Master's Degree in Oriental Medicine from Emperor's College in Santa Monica, Joseph is a second-generation acupuncturist and often calls upon needling techniques and formulas that were handed down to him. In Addition to his formal training and family lineage, Joseph spent many years serving as a senior student to William Morris, Ph.D., L.Ac. Ultimately, Joseph was entrusted with the mission of teaching the specialized pulse systems he had mastered with Dr. Morris. Following in the footsteps of his significant teachers, Joseph continues his own research of classical Chinese literature with the goal of bringing practical systems to life. Joseph has published articles relating to health, pulse diagnosis, and Chinese philosophy and also works as a peer review editor for The American Acupuncturist. He regularly teaches a variety of pulse and secondary vessel classes at the Acupuncture and Integrative Medical College in Berkeley and is a visiting instructor at ACCHS-Oakland, Five Branches-San Jose, Emperor's College-Santa Monica, and at a variety of other locales throughout California.

## Dr. Huang Huang, Ph.D. TCM Educational Experience:

Master's Degree in TCM, Nanjing University of Traditional Chinese Medicine, 1982; Ph.D. Degree from Juntendo University, Japan; Publications - Numerous articles in both Eastern and Western medical journals; Acute Abdominal Syndromes: Their Diagnosis and Treatment according to Combined Chinese-Western Medicine (Blue Poppy Press, 1991); Musculoskeletal Disorders: Healing Methods from Chinese Medicine, Orthopedic Medicine, and Osteopathy (North Atlantic Books, 1998).

#### **Present Positions:**

Professor - Nanjing University of Traditional Chinese Medicine; Ph.D. Research Director, Nanjing University of Traditional Chinese Medicine; Lecturer – throughout China, Europe, the United States; Author – some of his books have been translated into English: Ten Key Formula Families in Chinese Medicine; Zhang Zhong Jing's Clinical Application of 50 Medicinals; Applications of Medicinals with Classical Formulas; Huang Huang's guide to Clinical Application. Dr. Huang teaches at Nanjing University of Traditional Chinese Medicine, and also travels across China and internationally, lecturing about the clinical use of classical medicinals and formulas. His particular area of focus is on the application of classical formulas according to constitutional types.

## Dr. Wallace Li, L.Ac ,DAOM

#### **Educational Experience:**

DAOM, 2005, OCOM University, Portland, Oregon. MSTCM, 1998, Academy of Chinese Culture and Health Sciences,

#### Oakland, California

#### **Present Positions:**

Professor, ACCHS; Professor, Five Branches Institute; Private Clinic - doctcm Acupuncture and Herbal Care Clinic. Dr. Li practices classic TCM, and advocate integrative medical care. He specializes in Fertility and Women's Health, as well as Internal Medicine and Pain Management. Since childhood, Dr. Li has studied the core of Chinese culture — Taoism, Confucianism, and Buddhism. This naturally led him to become a lifelong seeker of metaphysical and spiritual knowledge. He has conducted intensive research and studies on TCM principles and models originating from Taoism. He travels to China frequently, and has learned clinical skills from various renowned and senior practitioners in China. Since early 2000, Dr. Li has been teaching various, major courses at TCM colleges in northern California, and he has lent his voice to the cause of preserving and restoring an emphasis on the medical Classics within our TCM education in the US. His long his-



tory of studying and teaching Classical Chinese Medicine make him an ideal candidate to teach Sequential Time in the Shang Han Lun. Classical Pulse Diagnosis, Classical Herbalism (10

Key Formula Families & Jin Gui Yao Lue), Yi Jing, and Clinical Training.

#### Dave Dahe Liu, Ph.D., L.Ac. (guest lecturer) Educational Experience:

Coming from four generations of family medical practitioners, Dave Liu has been learning TCM since 1970. B.M. in traditional Chinese medicine, Shanghai University of TCM, PRC, 1984. Received Masters, Doctorate, and a Fellowship in TCM/Oriental Medicine in the U.S.

<u>Present Positions</u>: Heads Research and Management division and is professor and academic advisor at ACCHS; President and professor at the American Institute of Acupuncture Orthopedics & Traumatology; Clinical Director, professor, and advisor for the Chinese Medicine Clinic and Education Center in San Francisco, CA.

<u>Previous Positions</u>: Staff physician, Hong Kow District Clinic, Shanghai, PRC; staff physician, Xin Jia Jiao Clinic, Shanghai, PRC; instructor, physician, and assistant to the president of Shu Guang Hospital, Shanghai, PRC.

Mr. Liu received his California acupuncture license in 1988 after 14 years of schooling, clinical experience, and teaching experience in traditional Chinese medicine in Shanghai, PRC, which followed graduation from Shanghai University of Traditional Chinese Medicine in 1984. He worked in the Shu Guang Teaching Hospital as an instructor to both Chinese and international students of Chinese medicine for W.H.O. He has numerous published articles and is the first TCM practitioner to speak at the Hepatitis B Conference hosted by the Asian Liver Foundation and Stanford University.

# Dr. Henry McCann, DAOM Educational Experience:

OCOM, Portland, OR Doctor of Acupuncture and Oriental Medicine, September 2008 ; Specializations in Women's Health and Geriatric Medicine CHENGDU UNIVERSITY OF CHINESE MEDICINE, Chengdu, China; Certificate, Advanced clinical training in Chinese medical gynecology, June 2008 NEW ENGLAND SCHOOL OF ACUPUNC-TURE, Watertown, MA; Diploma; Certificate in Chinese Herbal Medicine; Certificate in Japanese Hari, August 1999; Practitioner in the Huo Shen Pai and Dong Shi Pai lineages of classical Chinese medicine; BCLS for Healthcare providers certified (American Heart Association); First Aid certification (American Heart Association); Language proficiency in Japanese, Spanish, Chinese (intermediate); working reading ability classical Chinese; Graduate of 2 year post-graduate course in Chinese medical classics with Jeffrey Yuen; Certificate in Huang Di Nei Jing with Dr. Henry Lu at International College of TCM of Vancouver Certificate of the Hunyuan Institute for Chinese Classics in Classical Chinese Medicine; Certificate in Japanese Psychology, ToDo Institute (Vermont); Certified teacher of the Pangu Shengong lineage of Qigong; 12th Generation Lineage Disciple Chen Style Taijiquan, 3rd Generation Lineage Disciple Hunyuan Chen Taiji.

#### Present Positions:

North Jersey for Acupuncture and Oriental Medicine, Madison, NJ Founding Partner, 2001 - present Practiced Oriental medicine in private practice setting; average between 60 - 80 patient visits per week; Professor: OCOM, Portland, OR Core Faculty Member, Doctoral Degree Program, 2009; ACTCM, San Francisco, CA Visiting Faculty, Doctoral Degree Program, 2012; PCOM, New York, NY Faculty Member, Clinical Supervisor, 2006 present; Lecture: INSTITUTE FOR CLASSICAL ASIAN MEDICINE, Madison, NJ Director, 2005 - present Dr. McCann is licensed to practice acupuncture and Oriental medicine in NJ, NY, MA and OR. He earned his diploma from the New England School of Acupuncture and his doctoral degree in acupuncture and Oriental medicine from the Oregon College of Oriental Medicine. As part of his doctoral studies he interned at the Chengdu University of Chinese Medicine in Sichuan, China.ntal Medicine and is a core faculty member for the Oregon College of Oriental Medicine doctoral degree program. He also lectures to doctoral students at the American College of TCM (San Francisco), and has taught Chinese medicine in Ireland, Germany, Austria, Holland and Indonesia. He is the author of two books and numerous articles on Chinese medicine and currently sits on the New Jersey State Board of Acupuncture by gubernatorial appointment.

#### Dr. Quoc Vo, MD

#### **Educational Experience:**

Board certified, Neuromusculoskeletal Medicine-Osteopathic Manipulative Medicine (2003 to current); Neuromusculoskeletal Medicine Residency, Osteopathic Manipulative Medicine, (Chief Resident-2003), St. Barnabas Hospital, Bronx, NY 10458 (2001 to 2003); Traditional Rotating Internship, St. Barnabas Hospital, Bronx, NY 10458 (2000 to 2001); Doctor of Osteopathic Medicine, Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA 91766 (1996 to 2000) **Present Positions:** 

Osteopathic Physician, St. Mary's Medical Center and St. Mary's Spine Center, San Francisco CA (2003 to present); Adjunct Instructor in Human Anatomy, Cell and Tissue Biol-



ogy, School of Dentistry, UCSF, San Francisco, CA (2005 to present); Dr. Quoc Vo's experience in his studies, research, practice and teaching of osteopathic medicine has involved an in-depth focus on the anatomy, neuro-anatomy, and physiology related to pain syndromes. His residency and board certification in neuromusculoskeletal medicine qualify him to teach to the Anatomy and Physiology of Pain courses in the ACCHS DAOM program.

# Dr. Suzanne Robidoux Ph.D. Educational Experience:

Post-Doctorate Fellowship, Beijing (2013 to present); PhD in Acupuncture and Tuina, Nanjing University of TCM (2007); College DEC Chinese Acupuncture (May 2001); MA in Oriental Medicine, International Institute of Chinese Medicine, Santa Fe, NM, USA (1999); BAC in Health Sciences, Bois de Boulogne, Quebec, Canada (1996); Executive council member, World Federation of Chinese Medicine Societies, WFCMS (2008); Publications 13 Publications, mostly with People's Medical Publishing House (2007 to 2012)

#### **Present Positions:**

12 International Speaking Engagements (2007 to present) University Professor, Southeast University, Nanjing, China (2004 to 2007); Post-Doctorate Fellowship in Chinese Medicine – Beijing University of Chinese Medicine, Beijing, China (2013 to present); Chinese Medicine Physician (1997 to present)

Dr. Suzanne Robidoux has now been living in China and Taiwan for the last 14 years studying with various masters with a focus on classics and clinical practice. She started by spending three years in the south of Taiwan to master mandarin while learning with clinical masters. Then she moved to Nanjing and completed her Ph.D. in acupuncture at the Nanjing University of Chinese Medicine in 2007. Suzanne came to Beijing in 2007 and worked with several masters all over China to bring their life's work to the printing press and make the knowledge available to the West. She has translated and edited over 20 professional Chinese medical textbooks related to acupuncture and Chinese medicine, during which she had the chance to work with Dr. Shi Xuemin, specialist in neurological disorders and famous for getting the best results with his needling technique. Suzanne is now a fellow at the Beijing University of Chinese Medicine researching the clinical efficacy of the classical approach of the Zhang Zhongjing's classical texts "Shang Han Lun" and "Jin Gui Yao Lue" in Beijing. She also works at the SuicidePreventionCenter in Beijing to contribute to the benefit of society providing acupuncture treatment severe cases of depression and suicidal tendencies. In her free time she continues to research and practice the art of Bagua Zhang and the Zhou yi.

## Z'ev Rosenberg, L. Ac., Dipl. Ac., F.N.A.A.O.M. (guest lecturer)

#### **Educational Experience:**

Master's in Oriental Medicine from Emperor's College of Oriental Medicine, 1989; Degree in Oriental Medicine from Southwest Acupuncture College, 1983; Private Apprenticeship with Michael Broffman, L.Ac. (1975 to 1985); Studies in Macrobiotics and Shiatsu, Kushi Institute, 1979; Degree in Herbology and Massage, Santa Fe School of Natural Medicine, 1976

#### **Present Positions:**

Full-time practice in Acupuncture and Chinese Herbology, since 1983; Professor Emeritus, Pacific College of Oriental Medicine (PCOM), San Diego, since 1999; Chair of the Department of Herbal Medicine at Pacific College of Oriental Medicine (PCOM), San Diego; Senior Researcher at Xinglin Institute in Early East Asian Medical Research. Z'ev has lectured widely both to the public and to students of both Chinese medicine and macrobiotics over the last twenty-five years. He is the former president of the Acupuncture Association of Colorado, where he spearheaded a successful drive to the registration of acupuncture practitioners in that state. For the last twelve years he has served as a professor and Chair of the Department of Herbal Medicine at Pacific College of Oriental Medicine in San Diego, and he also maintains a private practice in Chinese internal medicine, specializing in autoimmune disorders. Z'ev has written several articles for professional Chinese medical journals, including Oriental Medicine magazine, Protocol Journal of Botanical Medicine and Journal of Oriental Medicine in America, Journal of Chinese Medicine, and is presently an associate editor for the Clinical Acupuncture and Oriental Medicine Journal. Z'ev also serves as consultant, writer and product developer for Kan Herbs in Scott's Valley, California. Kan Herb company distributes a line of his herb formulas, Alembic Herbals. Current projects include writing and compiling texts on 1) herbal prescriptions and pattern diagnosis and 2) pulse diagnosis according to the Nan Jing/Difficult Classic. He is also designing new formulas for the Alembic Herbals line.

#### Dr. Feng Shi Lun, Ph.D. Educational Experience:

1960 – 1965: Studied at the Beijing College of Traditional Chinese Medicine (now known as the Beijing University of Chinese Medicine); Studied under Professor Tung Cheehwa, the iconic TCM gastroenterologist, Zhao Shao qin, Hu Xi Shu and other famous Chinese medicine doctors; Currently he has a large followers of his academic philosophy inherited from Professor Hu Xi Shu; His area of expertise includes internal medicine, pediatric disorders and gyneco-



#### logical disorders. Present Positions:

Professor, chief physician, worked for the Ministry of Health-Japan Friendship Hospital; Head of the 3 +3 projects and served as Passing on the heritage of Traditional Chinese Medicine, Beijing -Hu Xi Shu Specialist Research Centre in Beijing; 1965 -1984: Worked as a clinical physician at the Dongzhimen Hospital, Beijing; he was transferred to the Ministry of Health, the Sino-Japanese Friendship Hospital since 1984; Currently he heads the Hu Xi Shu Specialist Research Centre in Beijing. Dr. Feng Shi Lun is the primary disciple of the late contemporary herbal master, Dr. Hu Xi Shu. Dr. Feng Shi Lun is the director of the Hu Xi Shu Institute, and is the main teacher of a particular style of Shang Han Lun diagnosis and herb prescription that will figure in the ACCHS DAOM program. As such, he is highly gualified to teach this method, in the Six Channel Diagnosis in the Shanghan Lun class.

## Thomas Siemann, MSTCM, DAOM, L.Ac. Educational Experience:

Freie Universitaet Berlin, Philosophy, Universita` di Ancona, Universita` di Milano – Facolta` di Medicina, MSTCM at ACCHS.

#### **Present Positions:**

Founder & co-owner of Getting the Point Acupuncture, faculty member and Dean of Academic Affairs at ACCHS.

#### **Previous Positions:**

Nursing intern at Stadtkrankenhaus Wolfsburg, shift nurse at St. Gertrauden Krankenhaus Berlin. Teacher, Director of Studies, Director and CEO of private schools in Northern Italy. CEO and co-founder of the American Branch of a German Bicycle Component manufacturer.

# Dr. Chady Wonson, DC, L.Ac., CTN, CNC Educational Experience:

Doctor of Chiropractic, Life Chiropractic College West; MSTCM, Academy of Chinese Culture and Health Sciences (ACCHS), 1998; Certified Traditional Naturopathy; Certified Nutrition Consultant.

#### **Present Positions:**

Doctor of Acupuncture & Oriental Medicine, licensed Acupuncturist; Owner/Operator/Doctor at Private Clinic, 400 Montgomery St., San Francisco, CA, since 1986; Professor ACCHS (MSTCM, since 2001); Lecturer, Continuing Education Seminars.

Dr. Wonson specializes in chiropractic care, acupuncture, acupressure, physiotherapy, Chinese herbal remedies, and natural supplements. Dr. Wonson unites time-honored

Eastern healing arts with modern Western medical knowledge, provides paths to greater emotional and physical wellbeing. In addition, Dr. Wonson teaches diagnosis techniques and practice management to students. She is an active member of the California Chiropractic Association and the National Acupuncture and Oriental Medicine Alliance. Dr. Wonson is bilingual in Chinese and English and is professionally based in the heart of the San Francisco Financial District. Dr. Chady Wonson's many qualifications and vast experience treating pain syndromes from numerous sources make her an ideal candidate to teach Pain Management in ACCHS' DAOM program.

## Dr. Dan Tao, DAOM, L.Ac. Educational Experience:

MSTCM from ACCHS, 2010; DAOM from Five Branches University, 2014; Doctorate studies in Chengdu as part of his DAOM, clinic observation and lectures; Extensive training in Master Tung acupuncture system, Young Wei-Chieh, Robert Chu; Extensive training in Classical Herbalism, Dr. Huang Huang, Dr. Yaron Seidman (Certificate from the Hunyuan Institute).

### **Present Positions:**

Professor at ACCHS, since 2015; Clinic Supervisor, ACCHS, since 2014; Private clinical practice in Stockton, CA, sees 40 – 60 patients per week.

After graduating with an MSTCM degree in 2010, Dr. Tao has immersed himself in further studies in CM. This has led to advanced studies with Dr. Young Wei Chieh in Los Angeles, a certification of Classical Chinese Herbalism from the Hunyuan Institute, and a doctorate degree from Five Branches University. Dr. Tao has worked in several different clinical settings, including a Worker's Comp clinic where rigorous assessment and recording were required, private clinics, and a community acupuncture clinic where he primarily uses distal acupuncture to treat medical conditions of both internal and musculoskeletal origin.



#### Dr. Sarah Tsang, MD Educational Experience:

MD from University of Chicago; Residency in Family Medicine at UCSF.

#### **Present Positions:**

Instructor of Biomedical Sciences at ACCHS; Family Doctor at Asian Health Services, Oakland; Dr. Tsang is a family doctor at Asian Health Services. She treats members of the Asian community in the San Francisco Bay Area in all manners of health conditions, performing physical examinations, ordering lab tests, prescribing medications, and coordinating their care. This makes her an ideal candidate to teach Introductory Western Medicine.

# Anthony Von der Muhll, L.Ac., DNBAO, FAAPM. (guest lecturer)

#### **Educational Experience:**

MSTCM, Five Branches University; Certificate in Integrative Sports Medicine, Five Branches University; Fellow, American Academy of Pain Management (FAAPM); Post-graduate training and national board certification in Acupuncture Orthopedics, Lerner Education, Cedars-Sinai Medical Center; Diplomate, National Board of Acupuncture Orthopedics; Certified Personal Trainer (American College of Sports Medicine); Acupressure Diploma, Acupressure Institute; Certificate in Sports and Deep Tissue Massage, McKinnon Institute.

#### **Present Positions:**

Private Practice, Licensed Acupuncturist, Santa Cruz; Clinical Instructor and Assistant Professor, Five Branches University of Traditional Chinese Medicine; Contracted acupuncture provider; Physical Therapy Aide and Athletic Training Assistant, Palo Alto/Santa Cruz Medical Foundation; Approved Continuing Education Instructor, California Acupuncture Board, "Recognition and Management of Serious Medical Conditions for Acupuncturists in Primary Care" and "Integrative Acupuncture Orthopedics."; Expert Witness, California Acupuncture Board.

Anthony Von der Muhll's training and clinical experience includes four years of graduate studies at the Five Branches University of Traditional Chinese Medicine, and post-graduate training and national board certification in Acupuncture Orthopedics. He was the first Licensed Acupuncturist to graduate from Five Branches' Integrative Sports Medicine Certificate program, and has served as a Clinical Instructor in Integrative Sports Medicine at Five Branches since 2003. He combines traditional Chinese acupuncture with myofascial trigger point and neuroanatomical dry needling techniques. Anthony cycles, runs, swims, plays racquetball, basketball and frisbee, and enjoys rock climbing and wilderness backpacking. He has also studied and practiced yoga and martial art forms including taiji, qi gong, and bagua.

## Dr. Sherry Yang, DAOM, MSTCM, MB/BS, LAc Educational Experience:

DAOM from American College of Traditional Chinese Medicine, SF CA, 2012; MSTCM from Academy of Chinese Culture and Health Sciences, Oakland CA, 2003; Bachelor of Medicine from Shanghai Medical University, Shanghai China, 1985.

#### Present positions:

Faculty at ACCHS; Private practice; Adjunct: clinic supervisor

Dr. Yang was a physician in Zhongshan Hospital of Shanghai Medical University; a physician and lecturer in Medical Psychology and Psychiatry Department in Shanghai Medical University; and the director of Academic Affairs at ACCHS. In addition to having a Chinese medical career spanning over 30 years, Dr. Sherry Yang has been intimately involved in teaching Foundation Module courses for ACTCM's DAOM program. This makes her an ideal candidate for teaching Research Methodology, Case Management, and Pedagogy.



I. Integration and Research Module

# RM101 - Clinical Evaluation and Assessment (.5 units / 7.5 hours)

Description: This course teaches students the importance of incorporating a thoughtful strategy and specific tools for objective monitoring and evaluation of patient progress, in order to minimize bias. The students will review literature documenting the disparity between patient and physician impression of progress and actual patient outcomes. Students will review case studies in which both the practitioner and the patient felt subjectively as if the patient's condition was improving, and yet objectively it was not. Students will then learn specific tools that they may incorporate into their practice in order to gather higher quality feedback as the effectiveness of their treatments. This will allow them to identify and control for variables, and document appropriately so that any case studies and clinical trials they produce will be medically and educationally useful. Prerequisites: None

**Competencies:** Clinical evaluation and research skills **Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

**Methods of Evaluation**: Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Faculty: Dr. Thomas Siemann

## RM102 - Case Research and Presentation (1 units / 15 hours)

Description: This course teaches students how to research relevant biomedical and Chinese medical literature about the specific disease mechanisms involved in a case, to structure treatment, monitor outcomes, and present the results to medical practitioners of different backgrounds using technical language that is relevant and appropriate to the audience. In learning to work through this incremental process for the patients they see and the case studies they prepare during their DAOM, students will become very knowledgeable in the conditions they encounter in clinic, and adept at structuring treatment with consideration of the sum knowledge of both Chinese Medical and biomedical literature. Later in the program, students will incorporate what they learn in this course to guide their preparation of a pre-proposal, proposal, capstone paper and capstone presentation.

#### Prerequisites: None

**Competencies:** Consultation and collaboration skills; Clinical evaluation and research skills

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Essays, Examination, Case Study report Faculty: Dr. Sherry Yang

## RM103 - Pedagogy in Chinese Medicine (.5 units / 7.5 hours)

**Description**: This course teaches a modern understanding of knowledge acquisition, with focus on the particular teaching methods that are most relevant to the transmission of Chinese medical knowledge in both a classroom and clinical setting. Upon completion of the course, students will have learned the distinguishing features of effective teaching, and will have developed the skills necessary to be effective didactic teachers and clinical supervisors.

#### Prerequisites: None

**Competencies:** Consultation and collaboration skills; Clinical supervision and practice management **Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, out of class assignments and presentations.

**Methods of Evaluation**: In-class participation, Essay, Examination, Presentation

Faculty: Dr. Sherry Yang



# RM104 - Herb-Drug Interactions (1 units / 15 hours)

**Description**: This course will explore classes of pharmaceuticals, as well as the potential interactions between those pharmaceuticals and Chinese medicinal herbs, and documented in the medical literature. It will cover principles and case studies regarding the management of concurrent prescriptions of herbal formulas and pharmaceuticals. **Prerequisites**: None

**Competencies:** Advanced clinical intervention and treatment.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments

Methods of Evaluation: In-class participation, Essay, Examination, Patient Drug-Herb reports Faculty: Dr. Chady Wonson

## RM105 - The Science of Acupuncture (1 units / 15 hours)

**Description**: This course will review the most recent literature and theories regarding the anatomical and physiological mechanisms through which acupuncture achieves its efficacy. These include the neurological, myo-fascial and circulatory models of acupuncture, gaso-transmission of nitrous oxide, Bonghan channels, and other models. **Prerequisites**: None

**Competencies:** Consultation and collaboration skills. **Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

**Methods of Evaluation**: In-class participation, Essays, Examination

Faculty: Dr. Sarah Tsang

# RM106 - Research Methodology (3 units / 45 hours)

**Description**: All the Research Methodology courses serve as to prepare and guide the students in working towards the completion of their capstone research projects.

This first course discusses Chinese Medicine as both Medical Science as well as a field within the realm of humanities. It discusses the types of research that pertain to each of these facets of Chinese Medicine, with an emphasis on epistemology, philosophy of science, and distinguishing between ancient Chinese and modern methodologies for pursuing knowledge and validating truths. Students will also be introduced to the ACCHS library resources, and shown how to access peer-reviewed TCM journals. This second course explores the distinguishing characteristics of evidence-based medicine, and serves as an introduction to scientific research, with a particular emphasis on conducting research within the field of TCM. It explores the relevant methodology for designing and conducting clinical research, covering different types of research: survey trials, case-study research, pilot studies, QA studies, clinical trials, randomized controlled trials. Students will specifically learn how to develop a hypothesis, define of the population set with regards to the ideals of Chinese Medicine, determine strategies and methods to test their hypothesis, select methods to gather and analyze data, and present their results and conclusions.

This third course presents and critically analyzes research and original contributions in the field of Chinese Medicine. Students will learn about the different ways that a practitioner and/or scholar of Chinese Medicine may engage in original thought and creative work (including survey studies, clinical studies of a specific herb, formula or disease, analysis of literature with new conclusions, translation work, etc.). The students will learn to critically evaluate work in terms of validity and relevance according to the parameters that lend credence in Chinese medicine. This final research methodology course covers the actual writing of a professional paper. Students will learn to conduct and summarize their literature review, define their research question and hypothesis, succinctly include relevant material in their introduction, comprehensively plan and describe their methods, clearly document their results, and insightfully discuss their conclusions.

#### Prerequisites: None

**Competencies:** Consultation and collaboration skills; Clinical evaluation and research skills

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments

Methods of Evaluation: In-class participation, Essays, Examination, Research Critique, Research Proposals, Case Studies, Literature Review and Sample Research Paper Faculty: Dr. Sherry Yang



# Capstone Project

## (1 units / 15 hours)

**Description**: The Capstone Project is a synthesis of the knowledge and skills that the DAOM candidate has gained throughout the course of their doctorate studies, focused into the completion of a clinically oriented research project. The students will apply in a clinical context the material they've learned in their didactic classes, as well as the current research and both current and classical literature. Research projects must demonstrate original thought and inquiry, systematic methodology, and a meaningful contribution to the field of Chinese Medicine. The research, its presentation, and its publication must all be done in a professional manner, and will be assessed by a panel made up of DAOM supervisors and administrators, who will grade the work according to the DAOM Capstone Assessment Rubric provided.

Research projects may take several forms, including:

- Theoretical analyses
- Surveys, analyses of archival data
- Outcomes research
- Systematic, qualitative investigations
- Public policy issues
- Case studies
- Evaluative research
- Interpretive translation research
- Educational research professional and patient **Prerequisites**: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills; Clinical evaluation and research skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

**Methods of Evaluation**: In-class participation, Essays, Examination

Faculty: Various

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### **Classical Chinese Medicine Modules**

# CF111 - Historical Schools of Chinese Medicine (2 units / 30 hours)

**Description**: This course presents the important historical schools of Chinese Medical thought in chronological order. Students will learn about the important figures, works and movements, with an emphasis on the world wide at the heart of each school. Important works and doctors that will be explored include Zhang Zhongjing and his Shang-

han Zabing Lun; Sun Simiao and his Qianjin Yaofang; Li Dongyuan and the Spleen/Stomach School; Liu Wansu, Ye Tianshi, Wu Jutong and the development of Wenbing school; Zhu Danxi and the Yin Nourishing School; Zhang Zihe and his schools of attack and purgation, as well as more modern schools such as the Menghe tradition and modern Jing Fang traditions (Fire Spirit School, Hu Xishu lineage, Dr. Huang Huang).

### Prerequisites: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Clinical evaluation and research skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Essays, SOAP Notes from Clinic Theater Faculty: Dr. Wallace Li

# CF112 - Clinical Strategies in the Shang Han Lun (2 units / 30 hours)

Description: This course covers the theories written into the verses of the Shanghan Lun, and the strategies elucidated by scholars over the ages regarding how to interpret and practice herbalism from the Shanghan Lun. The student will learn liu jing xue shuo/six channel/warp theory in determining the location of a disorder/illness according to a 'time line' analysis, from origin to the present, and how to make a prognosis of the future development of the disorder. By tracing the progression of a disease through the six channels, the physician can determine the proper therapeutic strategies necessary at a given point in time, in a particular location. In this course, students will explore the six channels and their interactions of xie gi/evil gi and zheng qi/correct qi showing how to utilize this 'immunological map' to explain pathological changes in the body and mind and how to treat them. Students will also learn theories of Qi Transformation (Qi Hua), theories of Open, Close and Pivot (Kai He Shu), Five Phases and Six Qi (Wu Yun Liu Qi), and how they relate clinical practice. Prereguisites: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Essays, Final Examination, Case Study. Faculty: Dr. Suzanne Robidoux



### CF113 - Classical Pulse Diagnosis (1 units / 15 hours)

Description: Drawing upon passages from the Nan Jing, Nei Jing and Mai Jing, this class reveals pulse-taking methods that reinforce and = build upon the knowledge and skill-set garnered at the MSTCM level. Systems such as the Nan Jing's Five-Depth system and the Mai Jing's Six Channel Sinew Vessel system are introduced. Students are taught to use the pulse as a beacon for discerning appropriate point selections. Upon completion participants will be able to identify normal and anomalous pulse characteristics, confirm other learner's findings, and formulate effective treatments utilizing pulse-balancing therapeutics Prerequisites: Master's level Diagnosis classes Competencies: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment. Methods of Instruction: Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Essay, Final Examination, Pulse Intake Assignments, Case Study Faculty: Dr. Thomas Siemann

# CF114 - Key Formula Families in the Shang Han Lun (4 units / 60 hours)

**Description**: The Formula Families style of herbalism is the study of the formula "presentations", which allow informed inferences to be made regarding patient constitution and the specific medicinals and treatment principles that would be appropriate to both patient and disease. Through studying this course, students will gain basic knowledge of these formula presentations, and gain some proficiency in making the connections between patient, disease, and appropriate formula. In this way, students will be able to correctly prescribe Shang Han Lun formulas in future clinical practice. This class will introduce about 10 most commonly formula formulas.

**Prerequisites**: Master's level Herbology and Formulas classes.

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Content Summaries and Reflections, Case Studies, Essay, SOAP Notes from Clinic Theater. Faculty: Dr. Huang Huang

# CF115 - Six Channel Diagnosis in the Shang Han Lun (2 units / 30 hours)

**Description**: This course will explore the Six Channels of the Shang Han Lun in terms of the Eight Principles students have learned in their TCM studies, according to the herbal system developed by the late Dr. Hu Xi Shu. Students will learn the essential qualities of the Six Channels, guiding their diagnosis to a relevant subset of formulas that work on a specific energetic level. Theory will be supplemented by case studies, so that students will develop an understanding of how this material translates into an effective clinical approach.

**Prerequisites**: Master's level Herbology and Formulas classes

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Case Studies, Essays, Final Examination.

Faculty: Dr. Suzanne Robidoux

# CF116 - Jin Gui Yao Lue Formulas for Modern Diseases (2 units / 30 hours)

**Description**: The latter half of Zhang Zhong Jing's Shang Han Za Bing Lun, the Jin Gui Yao Lue, focuses on diseases of internal origin. In this course students will learn the disease categories and their respective medicinal formulas. Students will develop a clinically focused understanding of diagnostics and treatment using formulas from this text. **Prerequisites**: Master's level Herbology and Formulas classes.

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

**Methods of Evaluation**: In-class participation, Case Studies, Essays, Final Examination.

Faculty: Dr. Feng Shi Lun



# CF117 - Clinical Application of Acupuncture Classics (4 units / 60 hours)

**Description**: In this course, students will develop an understanding of the energetic fundamentals of the body and the meridians, and learn the key principles and methods to open and access these meridians. In this system, there are 60 key points, known as Yuan Qi Points, that access the appropriate energy of the appropriate channel. This is a highly theoretical system, based on the classics, but is also a highly practical system, yielding great clinical results literally within minutes when the technique is understood and mastered. Students will learn to locate pain and dysfunction according to two super-imposed five-element body maps, to choose the appropriate Yuan Qi point for treatment, and to locate and needle that point correctly.

### Prerequisites: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

**Methods of Evaluation**: In-class participation, Case Studies, Essays, Final Examination, SOAP Notes from Clinic Theater.

Faculty: Dr. Suzanne Robidoux

# CF118 - Classical Cosmology in Chinese Medicine (2 units / 30 hours)

**Description**: In this course, students will revisit, in greater depth, many of the concepts with which they have already developed some familiarity. Some of the topics that will be revisited, with specific reference to the source texts, include: Qi, Yin and Yang, the 5 Phases, Jing Qi Shen, Gan Ying. Furthermore, students will go into far greater depth in their study of the Yi Jing, which is one of the oldest of the Chinese classic texts, and a foundational text that has influenced all spheres of Chinese thought. Students will study the trigrams and the hexagrams. Application of Yi Jing in diagnostic systems, acupuncture systems and herbal systems will be discussed, as will the relevance of Yi Jing principles in other facets of Chinese thought. **Prerequisites**: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment. **Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, and out of class assignments.

Methods of Evaluation: In-class participation, Essays. Faculty: Dr. Thomas Siemann

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### **Orthopedic Medicine & Pain Management Modules**

### OP221 - Anatomy of Pain (1.5 units / 22.5 hours)

**Description**: This course covers topical, muscle and joint anatomy, with a heavy emphasis on palpation. Students will learn clinically important muscles and muscle attachments, joint mechanics and typical range of motion, healthy joint end-feel, manual muscle testing, and orthopedic testing. Furthermore, students will have hands-on practice evaluating the health of muscles and joints, as well as palpation training to locate clinically important tissues.

Prerequisites: Introduction to Anatomy and Physiology. Competencies: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment. Methods of Instruction: Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

Methods of Evaluation: In-class participation, In-class demonstrations, Examination, Essays. Faculty: Dr. Quoc Vo

### OP222 - Physiology of Pain (1.5 units / 22.5 hours)

Description: This course covers the neurology and physiology of pain. Students will learn how pain occurs, covering such topics as: include nociceptors and the transduction of painful stimuli, the spinothalamic and trigeminal pathways, damage to nerves by inflammation, direct injury, invasion by other tissues, injury to adjacent tissues, and abnormal cavities, and referred pain. Students will also learn how modulation of the perception of pain occurs, covering such topics as: segmental inhibition, the endogenous opioid system, and the descending inhibitory nerve system. Prerequisites: Introduction to Anatomy and Physiology. Competencies: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment. Methods of Instruction: Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

**Methods of Evaluation**: In-class participation, Examination, Essays.

Faculty: Dr. Quoc Vo



# OP223 - Survey of Classical and Alternative Approaches to Pain Management

### (1.5 units / 22.5 hours)

Description: This course introduces students to the various modalities and techniques, including Chinese Medical modalities but also a survey of other approaches, so that students may guide their patients to receive optimal care for their pain conditions. Chinese medical modalities that are covered in greater depth than at the Master's level include Moxibustion, Cupping and Guasha. Classical theories that underlie the use of these systems will be explored, as will the relevant modern literature documenting their mechanisms and proven effects. Alternative modalities introduced, with reference to the research validating their application, include osteopathic techniques (myofascial techniques, manipulative techniques, lymphatic drainage, visceral osteopathy, and muscle energy techniques), physical therapy techniques (taping, rehabilitation exercises, ultrasound), and chiropractic techniques (adjustments). Students will watch demonstrations and engage in discussion, as well as participating in hands-on practice.

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

**Methods of Evaluation**: In-class participation, Demonstrations, Examination, Essays, SOAP Notes from Clinic Theater.

Faculty: Dr. Dan Tao

### OP224 - Advanced Orthopedics I - Disorders of the Spine, Neck, Shoulders, and Upper Back (1 units / 30 hours)

**Description**: This course will emphasize a clinical approach to diagnosis that will steer the students towards specific treatments for soft tissue issues involving syndromes of the spine, neck, shoulders and upper back. The methods involved will include orthopedic testing and manual muscle testing of the relevant joints and muscles, and treatments will include an integration of osteopathy, reflex release technique, myofascial techniques, tui na, joint mobilization and acupuncture. There will be a significant hands-on component in order to help students develop both clarity and skill with the techniques being instructed. **Prerequisites**: Anatomy of Pain.

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments

**Methods of Evaluation**: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic Theater.

Faculty: Dr. Thomas Siemann

## OP225 - Advanced Pain Management - Neurological Disorders and Pain

### (2 units / 30 hours)

**Description**: This course explores diseases of the neurological system (brain, spinal cord and nerves) from both a biomedical and Chinese medical perspective. Students will first learn about physiology of the neurological system, and then will learn about general pathology and specific neurological diseases. There will be a strong focus on diagnostic methods, including radiographic imaging, neurological testing, and the four diagnostic methods of Chinese medicine, as well as on prognosis and treatment options from both biomedical and Chinese medical perspectives.

**Prerequisites**: Anatomy of Pain, Physiology of Pain **Competencies**: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

Methods of Evaluation: In-class participation, Examination, Essay, Case Studies, SOAP Notes from Clinic Theater Faculty: Dr. Chady Wonson



### OP226 - Advanced Orthopedics II - Disorders of the Hips and Lower Back

### (2 units / 30 hours)

**Description**: This course will emphasize a clinical approach to diagnosis that will steer the students towards specific treatments for soft tissue issues involving syndromes of the hips and lower back. The methods involved will include orthopedic testing and manual muscle testing of the relevant joints and muscles, and treatments will include an integration of osteopathy, reflex release technique, myofascial techniques, tui na, joint mobilization and acupuncture. There will be a significant hands-on component in order to help students develop both clarity and skill with the techniques being instructed. Methods to accurately measure and document dysfunction will also be addressed, so the student may learn skills and strategies to communicate their findings and approach with other agents in the healthcare field.

Prerequisites: Anatomy of Pain

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

**Methods of Evaluation**: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic Theater.

Faculty: Dr. Thomas Siemann

### OP227 - Pain Management II - Pre-Modern Acupuncture Systems (2 units / 30 hours)

**Description**: This course explores pre-modern acupuncture systems and their application in the treatment of pain syndromes. Students will go into greater depth in the study of Master Tung style acupuncture, Dr. Tan's Balance Method, and application of acupuncture according to the theory of the sinew vessels (Jing Jin). Classical theories that underlie the use of these systems will be explored. Students will watch demonstrations and engage in discussion, as well as participating in hands-on practice, as will the relevant modern literature documenting their mechanisms and proven effects. Students will watch demonstrations and engage in discussion, as well as participating in hands-on practice.

### Prerequisites: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

**Methods of Evaluation**: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic.

Faculty: Dr. Henry McCann



# OP228 - Advanced Orthopedics III - Disorders of the Upper Extremities

## (2 units / 30 hours)

**Description**: This course will emphasize a clinical approach to diagnosis that will steer the students towards specific treatments for soft tissue issues involving syndromes of the upper extremities. The methods involved will include orthopedic testing and manual muscle testing of the relevant joints and muscles, and treatments will include an integration of osteopathy, reflex release technique, myofascial techniques, tui na, joint mobilization and acupuncture. There will be a significant hands-on component in order to help students develop both clarity and skill with the techniques being instructed. Methods to accurately measure and document dysfunction will also be addressed, so the student may learn skills and strategies to communicate their findings and approach with other agents in the healthcare field.

### Prerequisites: Anatomy of Pain

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

**Methods of Evaluation**: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic Theater.

Faculty: Dr. Thomas Siemann

# OP229 - Pain Management III - Inflammation and Pain (2 units / 30 hours)

**Description**: This course explores the role of inflammation in pain conditions of both internal as well as musculoskeletal origins. Students will learn the physiology of inflammation and its crucial role in healing, as well as the pathological aspects of persistent inflammation, and of auto-immune conditions. Students will learn to frame inflammation and inflammatory conditions in a Chinese medical world view. Students will also learn methods to reduce inflammation from both traditional Chinese medical sources as well as modern literature, which include acupuncture, Chinese herbal formulas, dietary therapy, and movement. **Prerequisites**: None

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment. **Methods of Instruction:** Teaching methods include pre-

readings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

Methods of Evaluation: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic. Faculty: Dr. Chady Wonson

# OP230 - Advanced Orthopedics IV - Disorders of the Lower Extremities

### (2 units / 30 hours)

**Description**: This course will emphasize a clinical approach to diagnosis that will steer the students towards specific treatments for soft tissue issues involving syndromes of the lower extremities. The methods involved will include orthopedic testing and manual muscle testing of the relevant joints and muscles, and treatments will include an integration of osteopathy, reflex release technique, myofascial techniques, tui na, joint mobilization and acupuncture. There will be a significant hands-on component in order to help students develop both clarity and skill with the techniques being instructed. Methods to accurately measure and document dysfunction will also be addressed, so the student may learn skills and strategies to communicate their findings and approach with other agents in the healthcare field.

Prerequisites: Anatomy of Pain

**Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills.

**Methods of Instruction:** Teaching methods include prereadings, lectures, discussion, handouts, slides, demonstrations and out of class assignments.

**Methods of Evaluation**: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic Theater.

Faculty: Dr. Thomas Siemann



#### \*\*\*\*\*\*\*

**Practicum Training** 

### PT141 - Internship: Classical Chinese Medicine Training

**Description**: This component of the DAOM candidate's clinical training will be completed at ACCHS during DAOM internship shifts either Tuesdays or Thursdays. It will incorporate diagnostic and treatment methodology covered in the Classical Chinese Medicine focus of the DAOM's curriculum. Focus will be on patient constitution, formula presentation, six-channel differentiation, classical pulse diagnosis, and application of appropriate treatment and formulas.

Prerequisites: MSTCM degree or equivalent Competencies: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills and clinical supervision. Methods of Instruction: Teaching methods include discussions, clinical interactions, case studies, and demonstrations.

Methods of Evaluation: In-class participation, Demonstrations, Examination, Essay, Case Studies, SOAP Notes from Clinic Theater. Faculty: Dr. Daniel Tao

### PT141b - Internship: Orthopedic Medicine and Pain Management Clinical Training

**Description**: This component of the DAOM candidate's clinical training will be completed at ACCHS during DAOM internship shifts either Tuesdays or Thursdays. It will incorporate diagnostic and treatment methodology covered in the Orthopedic Medicine and Pain Management focus of the DAOM's curriculum. Focus will be localizing the lesion in both biomedical anatomical as well as Chinese medical terms, and applying treatment based on either or both systems.

Prerequisites: MSTCM degree or equivalent Competencies: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills and clinical supervision. Methods of Instruction: Teaching methods include discussions, clinical interactions, case studies, and demonstrations.

Faculty: Dr. Chady Wonson, Dr. Daniel Tao

# PT142 - Externship: (CCM, Orthopedics, TCM, Biomedical or Other)

**Description**: As part of their clinical training, DAOM candidates are able to fulfill a portion of their hours with professional supervisors who have diverse medical backgrounds. Students can study with qualified practitioners (terminal degree, 10+ years experience, approved by DAOM Director) from outside the field of Chinese Medicine (Medical Doctor (MD), Doctor of Osteopathic (DO), Naturopathic Doctor (ND), Doctor of Chiropractic (DC), Doctor of Physical Therapy (DPT)). By doing so, DAOM candidates will be able to intern in settings with an adequate number of professional supervisors and provide a wide range of educational experiences, and they will have opportunities to engage in collaborative interactions with other medical providers in appropriate clinical settings.

**Prerequisites**: MSTCM degree or equivalent **Competencies**: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills and clinical supervision.

**Methods of Instruction:** Teaching methods include discussions, clinical interactions, case studies, and demonstrations.

Faculty: Various



PT143 - Professional Practicum (Clinic Supervision) Description: DAOM Candidates will develop Clinical Supervision and Practice Management Skills (enhancing their professional development and leadership capacity) by participating in 100 hours of clinical supervision as part of a their practicum training. Those DAOM candidates who are Clinical Supervisors in a TCM school may obtain credit for their clinical supervision activities if their clinical directors are willing to communicate with ACCHS and monitor the DAOM candidate's performance according to a rubric provided by ACCHS. For those DAOM students who cannot obtain credit for clinical supervisors in another TCM school, ACCHS is making available Clinical Supervision shifts in which DAOM candidates will supervise ACCHS MSTCM students, under the supervision of the DAOM Clinical Director or experienced clinical supervisors (10+ years of experience, 5+ years as a supervisor).

**Prerequisites**: MSTCM degree or equivalent **Competencies**: Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills; Clinical supervision and practice management skills.

**Methods of Instruction:** Teaching methods include discussions, clinical interactions, case studies, and demonstrations.

Faculty: Various

# PT144 - Case Study Review, Presentation and Discussion

Description: As part of their clinical training, DAOM candidates will engage in 100 hours of Case Study Review, Presentation and Discussion, which will be focused on one or both of the two specializations. This form of clinical training consists of a small group (3-6) of students meeting with a DAOM Clinical Supervisor. Students prepare cases, with complete health history, a summary and explanation of the biomedical understanding of the disease/symptom with which their patient presented, important clinical findings (signs and symptoms), the assessment and conclusions, with explanation of their reasoning process, the treatment selected, the outcomes and the ways in which the outcomes were measured or determined, and finally their conclusions. The group will engage in conversation, discussing, critiquing, and offering other ideas. The supervisor will participate as desired, and assesses the case presenter according to the grading rubric provided in the appendices.

**Prerequisites:** MSTCM degree or equivalent **Competencies:** Advanced patient assessment and diagnosis; Advanced clinical intervention and treatment; Consultation and collaboration skills.

**Methods of Instruction:** Teaching methods include discussions, clinical interactions, case studies, and demonstrations.

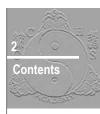
Faculty: Dr. Daniel Tao, Various

# C A T A L O G September 1, 2017 - August 31, 2019

# ACCHS



All classes held at: Academy of Chinese Culture and Health Sciences 1600 Broadway, Oakland, CA 94612 Office: (510) 763-7787 Clinic: (510) 763-1299 FAX: (510) 834-8646 Web site: http://www.acchs.edu E-mail address: info@acchs.edu



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# ACADEMIC CALENDAR 2017 - 2018

	Fall 2017	Spring 2018	Summer 2018
New course schedule available:	July 20, 2017	Nov. 16, 2017	March 22, 2018
Registration for current students:	July 26 - Aug. 9, 2017	Nov. 22 - Dec. 6, 2017	Mar. 28 - Apr. 11, 2018
Last day for admissions application:	August 6, 2017	Dec. 5, 2017	
New student orientation:	Betw. Aug. 28 - 31, 2017	Betw. Jan 4 - 7, 2018	
Classes begin:	September 5, 2017	January 8, 2018	May 7, 2018
Add / drop fee applied: (VA students last day for full drop)	After 1st week of school	After 1st week of school	After 1st week of school
Last day to drop:	Nov. 6, 2017	March 10, 2018	July 7, 2018
Comprehensive exam:	2nd week of school	2nd week of school	2nd week of school
Final examinations:	Dec. 12 - 18, 2017	April 16 - 22, 2018	Aug. 13 - 19, 2018
Holidays (school closed):	Thanksgiving	Martin Luther King Day	Independence Day

# ACADEMIC CALENDAR 2018 - 2019

	Fall 2018	Spring 2019	Summer 2019
New course schedule available:	July 19, 2018	Nov. 15, 2018	March 21, 2019
Registration for current students:	July 25 - Aug. 8, 2018	Nov. 21 - Dec. 5, 2018	Mar. 27 - Apr. 10, 2019
Last day for admissions application:	August 5, 2018	Dec. 3, 2018	
New student orientation:	Betw. Aug. 27 - 30, 2018	Betw. Jan 3 - 6, 2019	
Classes begin:	September 4, 2018	January 7, 2019	May 6, 2019
Add / drop fee applied: (VA students last day for full drop)	After 1st week of school	After 1st week of school	After 1st week of school
Last day to drop:	Nov. 5, 2018	March 10, 2019	July 7, 2019
Comprehensive exam:	2nd week of school	2nd week of school	2nd week of school
Final examinations:	Dec. 11 - 17, 2018	April 15 - 21, 2019	Aug. 12- 28, 2019
Holidays (school closed):	Thanksgiving	Martin Luther King Day	Independence Day

### APPROVAL DISCLOSURE STATEMENT

As of December 11, 1990, the Academy of Chinese Culture and Health Sciences (ACCHS), 1600 Broadway, Oakland, California, 94612, was granted full institutional approval as a California Degree-Granting Institution. The approved degree program is the **Master of Science in Traditional Chinese Medicine**.

Graduates of the Master of Science in Traditional Chinese Medicine (MSTCM) degree program are eligible to sit for the acupuncture licensure examination given by the California State Acupuncture Board and sit for the National Commission for the Certification of Acupuncturists and Oriental Medicine (NCCAOM) exam.

The Academy of Chinese Culture and Health Sciences is institutionally accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for freestanding institutions and colleges of acupuncture or Oriental medicine that offer such programs. ACAOM is located at 8941 Aztec Drive, Eden Prairie, MN 55347. Phone: (952) 212-2434; Fax: (952) 657-7068. http://www.acaom.org

The Academy's Master of Science in Traditional Medicine program in English and Chinese of the Academy of Chinese Culture and Health Sciences is accredited under the Master's Degree standards, by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), the recognized accrediting agency for programs preparing acupuncture and Oriental medicine practitioners. ACAOM is located at 8941 Aztec Drive, Eden Prairie, MN 55347. Phone: (952) 212-2434; Fax: (952) 657-7068.

The Academy of Chinese Culture and Health Sciences is approved by the California Acupuncture Board as a continuing education provider for licensed acupuncturists. California Acupuncture Board is located at 1747 N. Market Blvd. Suite 180, Sacramento, CA. 95834; telephone (916) 515-5200; fax (916) 928-2204. Website: http://www. acupuncture.ca.gov

The Academy is a Private Not-For-Profit California Public Benefit Corporation that has been approved to operate by the Bureau for Private Postsecondary Education. "Approved to operate" means compliance with state standards as set forth in the California Private Postsecondary Act of 2009. The Academy has been granted tax exempt status under 501(c)(3) of the U.S. Internal Revenue Code of 1954.

Persons seeking to resolve problems or complaints should utilize the grievance procedure as presented in this catalog. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education (BPPE) at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, www.bppe.ca.gov, toll-free number (888) 370-7589 or by fax (916) 263-1897. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's web site www. bppe.ca.gov.

This catalog outlines curriculum requirements, faculty information and course descriptions as per the effective date of issuance. The materials presented herein constitute the rules and regulations of the Academy and are intended to be accurate, complete, and binding. However, the Academy reserves the right to update or change any or all of these regulations to meet with all of the above accreditation requirements and/or the Academy's changing conditions. In the event of any change, written notice will be given, and such notice will post as an addendum to the catalog. All information in this school catalog is current and correct and is so certified as true by Andres Bella, Acting President.





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Fitzgerald, Michael, L.Ac., Herbal Pharmacy Manager
Wei, Marion, MSTCM, L.Ac., Director of Student Tutoring and Learning Center
Ma, Wendy, Clinic Receptionist
Williams, Christina, Clinic Receptionist
Morris, Beth, MLIS, Librarian

Zhang, Jane Miaozhen, B.A., Vice President of Administration (jmzhang@acchs.edu)
Diskin, Jon, B.A. Admissions and Marketing Coordinator (jdiskin@acchs.edu)
Alvarez, Christopher, B.A., English Tuina and TCM Program Admin. (calvarez@acchs.edu)
Chen, Sophia, B.S., Chinese TCM/Tuina Program Administrator (sophia@acchs.edu)
Dang, Jessica, Registrar (jdang@acchs.edu)
Yu, Mandy, A.A., Financial Controller (mandy@acchs.edu)
Xiao, Angel, Administrative Assistant (angel@acchs.edu)

Zhao, Ronyuan, MSTCM., L.Ac., Director of the Acupuncture Division
Hsiao, Han Hsiung, MSTCM, L.Ac., Director of the Herbology Division
Liu, Dave, OMD, Ph.D., L.Ac., Director of the Research Management Division
Zhang, Zhi Bin, B.M., MSTCM, L.Ac., Director of the Graduate Education Division
Morris, Ken, DAOM, L.Ac., Director of Clincal Academic Programs
Phillips, Kalli, N.D., Director of the Western Medicine Division
Davis, Joseph, MSTCM, L.Ac., Director of the TCM Foundation Division



## STATEMENT OF PURPOSE

The Academy of Chinese Culture and Health Sciences was established in 1982 to offer professional education in traditional Chinese medicine within the context of Chinese culture.

ADDENDUM: The job classification code associated with the MSTCM program under the United States Department of Labor's Standard Occupational Classification code is 51.3301

### MESSAGE FROM THE PRESIDENT

Over 20 years ago, Sifu Wei Tsuei, the founder and president, asked me about my beliefs. He asked me what I found to be true in life. I remember the encounter because I answered that truth could be found in the nature of all things, if one knew how to look for it. At



the time, I did not realize the gravity of the moment. However, after he hired me, Dr. Tsuei explained that my answer intrigued him; because I had touched on the essence of ACCHS. He explained that the principle underlying the formation of ACCHS is the Tao of nature, the theory of Ying-Yang and the principles of oneness of the universal, earth, and human being (three into one). He then pointed to his calligraphy and recited, "Ying and Yang are the Tao (way) of heaven and earth."

As acting president of ACCHS, it is my honor to perpetuate Dr. Tsuei's legacy, his dream to unite East and West, America and China, Western medicine and Chinese medicine. Since my beginnings at ACCHS, TCM has become a popular and positive ally in the pursuit of balance and health. The world has witnessed the good that TCM has brought – and the phenomenon is spreading around the world faster than ever before. At ACCHS, we have always maintained that balance begins with understanding the oneness (three into one), the cultivation of the intellect, and the comprehension of human nature. As Dr. Tsuei always said, "you must first learn to heal yourself before you learn to heal others."

At ACCHS, our students learn to examine the physical and spiritual, to exercise balance and health through the lens of both philosophy and science. As one of the oldest schools of TCM in the nation, we believe our approach towards education best suits those individuals looking for more than a degree and license; because we offer much more than courses and grades. We offer the promise of evolution, community, and balance. This is what has always separated ACCHS from all other schools. Our aim has always been to pursue, through the medium of medical learning, the goal of an ideal society and civilization, and to make a significant contribution towards the development and prosperity of mankind. This is the principle underlying the Academy of Chinese Culture and Health Sciences today.

Sincerely, Andres Bella, MA Acting President of ACCHS

acchs.edu



## HISTORY AND OBJECTIVES

### ACCHS HISTORY

The Academy of Chinese Culture and Health Sciences was established in 1982 by Master Wei Tsuei. Master Tsuei is an accomplished practitioner of traditional Chinese medicine. Taiji Quan, and Taiji meditation. In addition, he is a sixth generation Qi Gong master. During Master Tsuei's youth, China was many years behind the west technologically. Even though, China had highly developed arts focused on cultivating longevity through maintenance of good health and an open mind. His grandfather, a traditional medical doctor, was a strong influence. From boyhood, Master Tsuei received instruction in the martial arts. Later he studied many forms of meditation and completed his formal medical training. He spent his life learning, practicing and sharing this knowledge. It is rare to find someone who has been able to combine into one practice these outwardly diverse, yet inwardly identical disciplines.

### MISSION STATEMENT

The goal of the Academy of Chinese Culture and Health Sciences is to provide to its students a professional graduate education in traditional Chinese medicine, with the skills necessary to obtain licensure and become competent primary health care providers.

The program emphasizes the cultivation of the intellect and understanding of human nature. The corpus of Chinese medical knowledge is vast, and although rote learning is necessary, emphasis at the Academy is placed on the development of critical thinking. The ability to analyze, evaluate, and effectively translate Chinese medical information into practical clinical use is essential. In addition to didactic and clinical training, the Academy's Master of Science in Traditional Chinese Medicine degree program includes supervised research projects. Participation in scientific research stimulates students to develop professional skills, ethics, and confidence. It is our belief that diligent practice of particular disciplines enables students to cultivate health, well being, and inner harmony. Through the practice of Taiji, Qi Gong, and meditation, the Academy also strives to provide its students with the necessary roots for the development of self-awareness and growth. It is our hope that training students in these disciplines, while increasing their understanding of human nature, will help them make a significant contribution toward the development, wellness, and prosperity of humanity.

The Academy further endeavors to promote the rooting of traditional Chinese medicine in the United States by establishing communication with existing medical establishments, by creating successful clinical programs, by promoting exchange of medical knowledge, and by facilitating the expansion of the public's perception of traditional Chinese medicine. We seek dedicated individuals who wish to study a classical Chinese curriculum and actively develop the roots of the Chinese medical profession in the U.S.A.

As an educational institution, we realize there are only certain parameters which can be used to assess our instructional methodologies. Because Chinese medicine is a regulated practice, we may verify its evolution by examining the success of the alumni after graduation. Over the years, according to our statistics, Academy graduates have proven their competence and excellence by passing their respective licensing exams, by developing successful practices, and by becoming prominent members of their profession in the Bay Area and around the U.S.

### EDUCATIONAL OBJECTIVES

At the time of graduation, a student from ACCHS:

- Will be competent in the fundamental philosophy and methodologies which underline TCM, including acupuncture, herbal medicine, nutrition, and energy cultivation.
- Will be able to sit for and pass the California State Licensing exam and NCCAOM exam.
- Will be able to use medical knowledge to determine the course of a patient's ailments and apply the appropriate treatment to alleviate and to eliminate the source of the discomfort.
- Will be able to use TCM knowledge in guiding the general health care of his/her patients.
- Will be knowledgeable in the capabilities and differences between TCM and Western medicine.
   Will know some fundamental Western medicine techniques, such as first aid and CPR.
- Will know the ethical principles of conducting a medical practice.
- Will have the business knowledge to operate an independent clinic or group practice.
- Will be able to continue their education and advance their knowledge through independent study, research, or a post-professional program.



## **GENERAL INFORMATION**

The Academy of Chinese Culture and Health Sciences is located in vibrant Oakland, California, just across the bay from San Francisco. The Academy campus is near Oakland's City Center, and is easily accessed by the Bay Area Rapid Transit (BART) public transportation system. It is within two blocks of federal, state, and city government buildings, within a few blocks of Oakland's growing Chinatown community, which has an abundance of restaurants, shops, and herbal pharmacies. Also within walking distance are bookstores, copy shops, cafes, and many businesses, which represent Oakland's rich ethnic diversity.

The Academy's facilities provide lecture classrooms, a teaching clinic, an herbal pharmacy, a library, a computer room, administrative offices, and lounges for faculty and students. Didactic courses are taught using white boards, projectors, anatomical models, and other media devices, such as laptops, DVDs, and televisions. Clinical training materials include acupuncture needles, moxibustion, cupping devices, and diagnostic medical equipment, such as stethoscopes and sphygmomanometers.

The Academy does not offer distance education.

Reasonably- priced parking is available nearby. However the school is located one block from two nearby BART stations.

### LIBRARY

The library is divided into two sections (Chinese and English) with over 3,000 volumes of traditional Chinese medical and related publications. It is open five days a week. Students can borrow books with their student ID cards. Students can also do individual research or have group study in the reading rooms. Computers, TV, a copier, periodicals, and dictionaries, as well as videos and slides are available for student and faculty use.

### LIVING AND HOUSING COSTS

There is no on-campus or dormitory housing, but the Academy in downtown Oakland is five miles from Berkeley and in the heart of the East Bay. Both Oakland and Berkeley have ample rental units available at a reasonable cost - from \$500 (shared housing) to \$1500 (one-bedroom apartment).

The Academy bears no responsibility in assisting a student with housing, yet the Academy maintains a small bulletin board for a shared housing network as well as other community and professional listings.

### INSTITUTIONAL FISCAL DISCLAIMER

ACCHS has no pending petition in bankruptcy, is not operating as a debtor in posession, has not filed a petition within the preceding five years, and has not had a petition of bankruptcy filed against it within the preceding five years.





## ADMISSIONS

### ADMISSIONS STATEMENT

The Academy is committed to a policy of equal opportunity. Admission is open to all qualified applicants. Equal educational opportunities will be provided to all persons, regardless of race, religion, gender, national origin, marital status, sexual preference, age, or physical handicap.

Candidates for admission are considered in the order in which their applications are completed. The Admissions Committee does not grant full admission to an applicant until all required information has been received by the Academy. Prospective students are encouraged to visit the school and discuss educational plans with the Admissions office. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you upon signing an enrollment agreement.

The Academy seeks applicants who wish to study traditional Chinese medicine within the context of Chinese philosophy and Chinese culture. A personal commitment to the study and practice of the medical arts, combined with a sound undergraduate academic background, are qualities common to the Academy student body. The Academy's curriculum is now presented in English and Chinese, providing equal access to native speakers of each language. Students come for lectures two days per week for the entire program:

English program: Tuesday & Thursday (Years 1 & 2) English program: Monday & Wednesday (Year 3) Chinese program: Saturday & Sunday

The Academy's program supports the professional development of working adults by offering the option of either full-time or part-time studies.

### OPEN HOUSE

Several times a year, the Academy hosts an Open House, which gives prospective students the opportunity to receive pertinent school information and to experience TCM first hand. Prospective students are invited to participate in special TCM technique demonstration classes, informational seminars, and campus tours. For exact dates, contact the Academy administration offices or visit the Academy website.

### FINANCIAL AID (School Code :G32883)

The Academy participates in several Title IV financial aid programs. Federal Direct Loans and Work-Study may be utilized by degree-seeking students who qualify. Eligibility for ACCHS SFA programs is based on completion of the FAFSA (Free Application for Federal Student Aid). A student must enroll at least half time to be eligible for Financial Aid at ACCHS. For more information on eligibility requirements, refer to the ACCHS Student Handbook. The Academy does not participate in any state financial aid programs.

If you obtain a loan to pay for an educational program, you will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund. If you default on a federal loan, the federal government or a loan guarantee agency may take action against you, including garnishing an income tax refund; and you may not be eligible for any other government financial assistance at another institution until the loan is repaid. You have the right to cancel and obtain a refund of charge paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. You can do this by submitting your written intent to cancel by email (admissions@acchs.edu), mail (1600 Broadway, Suite 200, Oakland, CA. 94612), fax (510-834-8646), or hand delivery.

The institution shall provide a pro rata refund of nonfederal student financial aid program moneys paid for institutional charges to students who have completed 60 percent or less of the period of attendance. The unused portion of tuition will be calculated, based on clock hours paid for versus clock hours passed. You will be charged from the first day of school until the last day of attendance, including the classes not attended in between and the documented cost of any books or equipment that were not returned. Please see example from ACCHS catalog (pg. 22). If you have received federal student financial aid fund, you are entitled to a refund of moneys not paid from federal student financial aid program funds.

### VETERANS BENEFITS

Students who are veterans may receive the appropriate related benefits. Contact an Academy administrator or advisor for more information. This institution will conduct an evaluation of previous education and training per CFR 21.4256(d)(3), grant appropriate credit, shorten the veteran or eligible person's duration of course proportionally, and notify the VA and student accordingly. This evaluation must be completed within the first two terms during which one received veteran educational benefits. If not completed in a timely manner, the student will be certified again until the evaluation is complete.



### ADMISSIONS REQUIREMENTS

Applicants must have completed sufficient undergraduate studies (60 semester credits / 90 quarter credits, i.e. 900 hours), equivalent to at least two years of general education studies, or possess an A.A., B.A., or B.S. degree from an institution accredited by an agency recognized by the U.S. Secretary of Education.

A. General Education Requirements:60 semester credits / 90 quarter credits (900 hours)

English Composition/Language/Literature Mathematics/Logic/Statistics Humanities Social Sciences Natural Sciences Electives

B. Science Course Corequisites for MSTCM: 20 semester units (300 hours)

BS110 General Biology	3 units (45 hrs)
BS111 General Chemistry	2 units (30 hrs)
BS111bio Biochemistry	1 unit (15 hrs)
BS112 General Physics	1.5 units (22.5 hrs)
BS112bio Biophysics	0.5 units (7.5 hrs)
BS113 General Psychology	2 units (30 hrs)
BS116 Western Medical Terminology	2 units (30 hrs)
BS114 Human Anatomy	4 units (60 hrs)
BS115 Human Physiology	4 units (60 hrs)

- The Anatomy corequisite must be successfully completed before enrolling in Acupuncture courses; The Physiology prerequisite must be completed before enrolling in Pathology.
- All category B corequisites must be completed before the registration of advanced courses and before the Basic Comprehensive Exam.
- Category B courses may be offered pending faculty availability and minimum class size requirements.

C. English Language Proficiency Requirement:

The Academy requires that students maintain English proficiency for successful didactic and practical clinical training purposes. Students may complete the Test of English as a Foreign Language (TOEFL) or the International English Language Testing System exam (IELTS).

The Academy requires a TOEFL Web-based test score of 61 for students entering the English program and 45 for students entering the Chinese program. Additionally, English program applicants must achieve a minimum speaking exam score of 26 and a minimum listening score of 22. The Academy requires a minimum speaking exam score of 18 and a minimum listening exam score of 15 for applicants seeking admissions to the Chinese language program.

The Academy requires an IELTS test score of 6 for students entering the English program and 5.5 for students entering the Chinese program.

The Academy requires that English and Chinese program applicants meet the TOEFL or IELTS requirements at the time of admission. A student may be exempt from the English language assessment exams if he/she has successfully completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education.

# In addition to admissions requirements for the MSTCM program, the following criteria applies:

- A. Applicants must have a GPA of at least 2.5 in all course work and at least a 2.0 in any individual course.
- B. The application process requires the following:
  - 1. File a completed application form with a \$100 application fee (\$200 for foreign students) and one (1) passport-sized color photos. Apply online http://acchs. edu
  - Submit an updated resume, which outlines educational and professional development.



- Submit a typed, full page, single-spaced statement of purpose essay, which explores his/her personal reasons for wanting to study and practice Chinese medicine.
- 4. Ensure that official transcripts, documenting all previous post-secondary education credit applicable to Academy admissions requirements, **display credit units/class** hours and are sent directly to the Academy.
- 5. Three letters of recommendation.
- 6. In the process of admissions application, an admissions interview may be arranged.
- 7. Accepted applicants will be notified of the Admissions Office's decision in writing.
- 8. An admissions packet will be provided prior to registration.

The admissions office will not consider an application from a student who has been dismissed from any school for legal, ethical, or moral reasons.

### ADMISSIONS FOR FOREIGN STUDENTS

- The Academy accepts foreign students and is approved under the United States Department of Justice to enroll non immigrant alien students (INS school file number SFR 214F 1515 [E-21]). As an academic institution of higher education, the Academy is authorized to issue a Certificate of Eligibility, Form I-20 for F-1 student status.
- Foreign students interested in enrolling at the Academy must comply with all admissions requirements listed under Admission Requirements section of this catalog.
- 3. Foreign students must also submit a Declaration of Finance form to be completed by their bank. This document must show sufficient financial resources, with a minimum of US \$20,000 for one academic year to cover education and living costs.
- 4. If written in a foreign language, foreign students must have their official transcript(s) accompanied by a certified document providing English translation of course names, hours and grading system. College

work completed outside of the United States must be evaluated by a foreign transcript evaluation agency.

The Academy currently recommends the following evaluation agencies:

International Education Research Foundation Inc. P.O. Box 3665 Culver City, CA. 90231-3665 Tel: 310-258-9451, Fax: 310-342-7086 Email: info@ierf.org Web Site: http://www.ierf.org

or

Educational Records Evaluation Service 601 University Avenue, Suite 127 Sacramento, CA. 95825-6738 Tel: 916-921-0790, Fax: 916-921-0793 Email: edu@eres.com Web Site: http://www.eres.com

- 5. A \$200 nonrefundable application fee and \$200.00 deductible admissions deposit fee.
- 6. All I-20 foreign students are required to enroll full-time, which is defined for the purposes of immigration as a minimum of 12 trimester units each term. Questions regarding visa status, accommodations, etc. should be directed to the Admissions office.

# MSTCM DEGREE PROGRAM ADMISSIONS FOR CALIFORNIA LICENSED ACUPUNCTURISTS

The Academy recognizes and credits the pre-professional education and training of all California licensed acupuncturists. A special graduate level program containing a minimum of 60 ACCHS graduate trimester units is offered to such applicants who wish to earn an MSTCM degree. Courses required are primarily selected from the graduate curriculum, Western medical courses, as well as special elective courses which vary from term to term. 200 clinic hours onsite at the Academy's teaching clinic is also required. One and a half years residency at the Academy is required of all students. All licensed, special MSTCM program students must successfully complete the Final Comprehensive Exam or evidence a GPA of at least 3.0 (B) in all coursework related to the special MSTCM degree program.

### READMISSIONS AFTER LAPSE IN ATTENDANCE

Students who have not registered for more than three trimesters (one year) must apply for readmission and may be required to submit a new application with supporting documentation. Applicants must meet the admissions and degree requirements in effect at the time of readmission, follow the new curriculum, and pay the tuition according to the most current standards. Students seeking readmission should write an application letter for readmission and have all official transcripts from any other institutions attended, during the period not attended, forwarded directly to the admissions office.

### TRANSFER CREDIT POLICIES

The Academy of Chinese Culture and Health Sciences has not entered into an articulation or transfer agreement with any other college or university.

The Academy may grant academic credit for a course taken previously, provided it was completed at:

- a university or college accredited by an agency recognized by the U.S. Secretary of Education;
- a post-secondary educational institution approved or authorized by an appropriate governmental agency in the jurisdiction in which it is located, or
- a program approved by the California Acupuncture Board and accredited by ACAOM <u>and</u> if the course name, credits, and necessary course descriptions indicate that the course meets the requirement of the Academy.

Up to 50% of the program's total credit requirements may be transfered when transferring from an Acupuncture Board and/or BPPE approved or ACAOM accredited school. Of that 50%, no more than 25% of the program clinical training requirements may be accepted as transfer credit. The maximum credit for traditional Chinese medicine (TCM) transfer courses from a school not approved by the Acupuncture Board (must be BPPE approved) is 50% of the ACCHS curriculum (MSTCM) or required individual courses or subjects. 100% maximum transfer credit may be awarded for an applicant's corequisite Western medical science courses from an institution that is recognized by the U.S. Secretary of Education.

Up to 100% of transfer credit may be awarded for courses completed successfully in basic sciences and clinical medicine at a school which is approved under Article 4 (commencing with Section 94770) of Chapter 7 of Part 59 of the Education Code or by an accrediting agency recognized by the U.S. Secretary of Education.

Up to 50% credit, by transfer or challenge exam, for clinical



practice coursework and instruction in acupuncture and Oriental medicine principles, theories and treatment procedures completed successfully at a school which is not approved by the Acupuncture Board may be awarded by a school approved by the Acupuncture Board, provided that at least 50% of the course hours in individual subjects are completed successfully at a school approved by the Acupuncture Board.

Any student who wishes to transfer prior credit must submit a written Request Form for Admissions Committee review and receive approval within the first year of enrollment in the program.

### In addition:

- Courses must be completed with a grade of 2.0 (C) or better; and the overall GPA for such courses must be 2.3 (C+) or better.
- Transfer courses completed more than five years earlier must be evaluated and approved by the Admissions Committee;
- Courses completed at foreign institutions must first be evaluated by a foreign transcript evaluation agency. Foreign courses may be transferred only upon the approval of the Admissions Committee;
- MSTCM courses completed at an institution not accredited by an agency recognized by the U.S. Secretary of Education, pending Admissions Committee approval, will require a challenge exam.
- Third year program didactic and clinical credit must be earned in residency at the Academy, except case management, which must be completed at a school which is approved under Article 4 (commencing with Section 94770) of Chapter 7 of Part 59 of the Education Code or by an accrediting agency recognized by the U.S. Secretary of Education.

# TRANSFER CREDIT FOR EXPERIENTIAL PROFESSIONAL LEARNING

The Academy recognizes that significant graduate level learning can be accomplished outside of the traditional classroom environment and that properly evaluated prior experiential professional learning can be used for completion of some curriculum requirements. For general education or Western science requirements, the Academy accepts the **College Level Examination Program (CLEP)** assessment and testing procedures for prior evaluation. The Academy will accept a maximum combined 20 semester units of CLEP and/or challenge exam credit, with a passing score in each subject. Please note that the Academy counts individual subject exams for transfer credit but does **not** count general exams. Information regarding the CLEP testing agency can be obtained from the Academy's admissions office.



## REGISTRATION

### **REGISTRATION STATEMENT:**

- 1. Registration for freshmen and transfer students is held during New Student Orientation week. Continuing students must register online, using the ACCHS Student Portal, during their designated time, beginning three weeks prior to the end of each trimester. Each student will be provided with a registration packet, which includes all registration and academic advising information.
- All students who wish to register for clinical training must fill out registration forms, which are distributed prior to registration, and register with the approval of the program administrator.
- Students can register for advanced courses: once completion of corresponding prerequisite courses has been verified; once the previous trimester's tuition has been fully paid; and with receipt of clinical training requirement materials.
- 4. Students who do not register during the announced designated time will be required to pay a late registration fee of \$30.00.



In the Clinical Theater class, students learn to distinguish and understand the many effects of acupuncture treatment.

### ADD / DROP CLASSES:

Students may add and drop courses, without charge, during the first week of school, with approval from the administration. A fee of \$50 will be charged each time thereafter. **The end of the third week is the last day to add classes**. All add / drop requests must be submitted in writing to the administration office for processing. **See the Academic Calendar for exact drop deadline dates**.

CANCELLATION OF ADMISSIONS OR REGISTRATION:

The Academy reserves the right to cancel the admission or registration of individuals whose attendance at the Academy, in the opinion of the appropriate administrative officers and faculty, is not mutually beneficial to that person and to the institution.

Applicants must submit all academic records from all other institutions attended for an academic performance evaluation. If it is proven that an applicant has gained admission to the Academy through incomplete or fraudulent credentials, or that there are misrepresentations in the written application for admission, the individual may have his/her:

- 1. admission and registration canceled without any refund;
- 2. total credit rescinded that was earned following such admission; and
- 3. future registration at the Academy prohibited.

The Admissions Committee has the right to verify the accuracy of transcripts/documents. If it is determined that a student sought admission on the basis of incomplete or fraudulent credentials or misrepresentations in the written application for admission, the student will be notified in writing of the admissions office's intention to take one or all of the above actions.

The student has ten days thereafter to reply in writing. The admissions office will then make a determination and recommend appropriate actions to the president. Subsequently, the student will be notified in writing of the action to be taken. The student may file a written appeal to the president within ten days. The president's decision is final.



## CURRICULUM

# THE MASTER OF SCIENCE IN TRADITIONAL CHINESE MEDICINE PROGRAM

The Master of Science in Traditional Chinese Medicine is a four academic year professional degree curriculum designed to prepare graduates to be effective, competent, and caring members of the Chinese medicine profession. The Academy's MSTCM program can be completed in three calendar years/ four academic years by full-time students. The curriculum is divided into two portions: the pre-professional courses of the first two calendar years; and the graduate courses of the final calendar year. The preprofessional courses are considered to be equivalent to the latter two upper division years of a baccalaureate program. Written and practical comprehensive examinations are given in order to assess and determine each student's eligibility for the next level of study and for graduation.

The Chinese arts of acupuncture, acupressure, herbal prescription, Taiji, and meditation are all based upon the study of the foundational theories of yin and yang, the five elements, and eight principles. The practitioner of traditional Chinese medicine is able to determine the condition of the patient's health by feeling and studying the pulse, observing the tongue, and asking specific questions. Whether the diagnosis is understood and explained in terms of the meridians, the internal zangfu organs, qi and blood, nutrition, or lifestyle, the patient's imbalances and the practitioner's treatment plan are always unified by the coherent framework which is traditional Chinese medicine.

In Taiji, students learn the concept of three into one: "mind, breath, action" and its integral role in their personal lives and professional progress. By practicing Taiji Quan, students learn that simple, graceful, moving meditation takes motivation, dedication, perseverance and sensitivity. Development of these character traits through meditative practice helps students to sustain the rigorous academic program and develop the perception necessary to practice an energetic form of medicine.

### UNIT / CLOCK HOUR CONVERSION

One academic unit is equal to 15 hours of didactic instruction or 30 hours of clinical instruction. Clinical studies receive half the units of lecture instruction hours; because, clinical studies require less outside preparation.

### TIME CONSTRAINTS AND LIMITATIONS

The Master of Science in Traditional Chinese Medicine curriculum is a four academic year program. The program can be accomplished within 3.3 years/40-months of full-time studies. Instruction within the academic program is presented over nine consecutive terms consisting of three 15-week trimesters per each calendar year. All credit earned is awarded in terms of trimester units.

A student may elect to engage in part-time studies. In this case, a study plan will be designed to ensure that the program can be completed within the desired time period. For the Master of Science in Traditional Chinese Medicine degree to be awarded, students are required to complete all studies within eight years of initial matriculation.



"Your fellow students and classmates help you through the program...and you end up making best friends with the people around you."

### NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at the Academy of Chinese Culture and Health Sciences is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the MSTCM degree you earn in the MSTCM program is also at the complete discretion of the institution to which you may seek to transfer. If the MSTCM degree that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Academy of Chinese Culture and Health Sciences to determine if your MSTCM credits will transfer.



# 3.3 YEAR (FULL-TIME) CURRICULUM SCHEDULE 2017 - 2019

## PRE-PROFESSIONAL CURRICULUM (Course Levels 100 - 200)

## GRADUATE CURRICULUM (Course Levels 300 - 400)

Course Name	Course No	Unit/Hour	Prerequisites	Total Unit/Hour
TERM I: Fall (15 weeks) 1st Year				10 u / 150 hrs.
Medical Chinese Foundations of TCM I Taiji & TCM Philosophy Meridian Theory & Point Classification History of Medicine	OM140 OM141 OM146 AT170 PD134	1 / 15 3 / 45 2 / 30 3/ 45 1 / 15	None None None None None	
TERM II: Spring (15 weeks) 1st Year				12 u / 180 hrs.
Foundations of TCM II Taiji & Qigong Acu Points I Herbology I Western Medical Pathology I	OM142 OM147 AT172 HM150 BS117	3 / 45 2 / 30 3 / 45 2 / 30 2 / 30	OM141 None BS114, AT170 None BS114, BS115	
TERM III: Summer (15 weeks) 1st Year				14 u / 210 hrs.
TCM Diagnosis I Acu Points II Acu Techniques I Herbology II Assessment I Western Medical Pathology II	OM143 AT173 AT174 HM151 RV126 BS118	3 / 45 3 / 45 2 / 30 3 / 45 1 / 15 2 / 30	OM141, OM142 AT172 BS114, AT170 HM150 OM142, HM150 BS117 (BS114)	, BS117, AT170 / 172
TERM IV: Fall (15 weeks) 1st Year				12 + 2.5u/ 255 hrs.
Pre-Comprehensive Examination TCM Diagnosis II Acu Techniques II Clinic Procedures (CNT & Orientation) Herbology III Western Medical Pharmacology Research Methodology Clinic I (Observer)	OM144 AT175 AT171 HM152 WM120 PD135 CP181	2 / 30 2 / 30 1 / 15 3 / 45 3 / 45 1 / 15 2.5 / 75	OM143 AT173, AT174 None HM151 BS111, BS118 None BS116, AT173, J corequisite AT1	
TERM V: Spring (15 weeks) 2nd Year				12 + 2.5u/ 255 hrs.
TCM Diagnosis III Tui Na - <i>Acupressure Technique</i> Acu Techniques III Herb Formulas I Western Medical Diagnosis I Clinic II (Observer)	OM245 AT239 AT276 HM253 WM221 CP282	2 / 30 4 / 60 2 / 30 2 / 30 2 / 30 2.5 / 75	OM144 None AT175 HM152 BS118, WM120 AT171, CP181	



Course Name	Course No	Unit/Hour	Prerequisites	Total Unit/Hour
TERM VI: Summer (15 weeks) 2nd Year				14 + 5 u / 360 hrs.
Orthopedic Acupuncture	AT277	3 / 45	AT276	
Herb Formulas II	HM254	3 / 45	HM253	
Assessment II	RV227	3 / 45		s, WM120, AT276
Western Medical Diagnosis II	WM222	3 / 45	WM221	,
Nutrition & Vitamins	BS219	2/30	BS111	
Clinic III (Observer - Pre-internship)	CP283	5 / 150	CP282	
TERM VII: Fall (15 weeks) 2nd Year Basic Comprehensive Examination				13 + 5 u / 345 hrs.
Acupuncture Treatment I	AT278	2/30	AT276	
Herb Formulas III	HM255	3 / 45	HM254, (HM253	3)
Western Medical Sciences I	WM223	3 / 45	WM222	)
Public Health	PH236	2/30	BS117	
Ethics	PM230	1 / 15	None	
Practice Management	PM231	2/30	None	
Clinic IV (Pre-Internship - Internship)	CP284	5 / 150	CP283	
	01 204	57 150	01 200	
TERM VIII: Spring (15 weeks) 3rd Year				15 + 5.7 u / 395 hrs.
Acupuncture Treatment II	AT379	2 / 30	AT070 (AT076)	
TCM Internal Medicine I	HM360	3 / 45	AT278 (AT276) OM245, HM253	
TCM Internal Medicine T	HM362	3 / 45	OM245, HM255 OM245, HM255	
Introduction to Four TCM Classics	HM365	4 / 60	OM245, HM255 OM245, HM255	
Western Medical Sciences II	WM324	3 / 45	WM223	
Clinic V (Internship)	CP385	5.7 / 170	CP284	
TERM IX: Summer (15 weeks) 3rd Year				14 + 5.7 u / 380 hrs.
Acupuncture Treatment III	AT380	2/30	AT379	
TCM Internal Medicine II	HM361	3 / 45	HM360, (OM24	5, HM255)
Herb Pharmacology & Chinese Nutrition	HM356	2 / 30	HM255	
Assessment III	RV328	2 / 30	HM255, OM245	5, AT379, WM324
Western Medical Sciences III	WM325	2 / 30	WM324	
Case Management I	CM332	3 / 45	None	
Clinic VI (Internship)	CP386	5.7 / 170	CP385	
TERM X: Fall (15 weeks) 3rd Year				13 + 5.7 u / 365 hrs.
Final Comprehensive Examination				
Clinical Applications of TCM (Case Studies)	OM348	3 / 45		i, HM361, AT379
TCM Research Seminar	OM349	2/30	PD135, OM245	, HM255, AT379
TCM External Medicine	HM363	2/30	HM255, OM245	i
TCM Traumatology	HM364	3 / 45	HM255, OM245	i
Case Management II	CM333	3 / 45	CM332	
Clinic VII (Internship)	CP387	5.7 / 170	CP386	

The Academy reserves the right to change the curriculum sequence and structure, at any time, to meet academic developments, changes in state licensure, and/or national certificate requirements.



ELECTIVES (Optional; not limited to the following, and pending faculty availability):

Course Name	Course No	Unit/Hour	Prerequisites
Drug Detoxification	401	2 / 30	HM253, AT275
Chinese Herbal Dietetics	402	2 / 30	OM245, HM253, HM254
Tui Na II	403	2 / 30	OM141
TCM Geriatrics	404	2 / 30	AT377, HM360-361, HM363
Chinese Medicine and AIDS	405	2 / 30	HM253, AT275, OM245
TCM Otolaryngology	406	2 / 30	OM245, HM253
Advanced Diagnosis	407	2 / 30	OM245, HM253
TCM Pharmacology	408	2 / 30	WM221, HM253
Medical Sexology	409	2 / 30	BS115
Introduction to Combined W.& Ch. Med.	410	2 / 30	WM222-223, HM360-361
TCM Dermatology	411	2 / 30	OM245, AT275, HM253
TCM ENT	412	2 / 30	OM245, HM253
TCM Pulse Analysis Practice	413	2 / 30	OM245, HM253
Medical Chinese Conversation	414	1 / 15	OM140
Meridian Qi Gong	415	1.5 / 22.5	None
Ortho. Anatomy, Diagnostics, and Acupun.	416	2 / 30	OM245, AT275

### TUI NA MASSAGE THERAPY CERTIFICATE PROGRAM

In 2002, the Academy began offering a California approved, Tui-Na Massage Therapy Certificate Program, which focuses on Chinese acupressure therapies and techniques. Classes are held on weekdays and weekends. Program objectives and requirements are available in the administration office. Detailed information can be found on the ACCHS website (www.acchs.edu). A special program is offered to ACCHS MSTCM students.

### COMPREHENSIVE EXAMINATIONS

Comprehensive exams are given in order to assess the students' readiness for the next level of study. The first, pre-comprehensive exam, held in the fourth trimester, measures cognition of core TCM concepts. The second, basic comprehensive exam, held in the seventh trimester, measures the students' academic readiness to progress to the professional curriculum. The third, final comprehensive exam, held in the tenth trimester, evaluates students' academic readiness to graduate.

Students must obtain a passing score on each exam, determined by a criterion-referenced method of establishing the passing point (73%), to progress to the next year of study and to graduate from the Academy. Specific information and requirements for the comprehensive exams are found in the student handbook and in the comprehensive exam preparation guide.

### Pre-Comprehensive Examination:

Taken upon completion of the integral first-year courses, including the Assessment I course, Foundations of TCM II, Meridian Theory, Acu Points II, Acupuncture Techniques I, Herbology I, Anatomy, Physiology, and Western Medical Pathology II. Students who do not successfully complete and pass the pre-comp can enroll in a tutoring program before advancing in the curriculum. Students must pass the pre-comp in order to take the Basic Comprehensive Examination.

### Basic Comprehensive Examination:

Taken upon completion of and including material from all classes prior to the Basic Comprehensive Examination, including the Assessment II course, Acupuncture Techniques III, Herbology III, TCM Diagnosis III, Western Medical Diagnosis II, and all corequisites. Also, students must have completed a minimum 150 hours of practical clinical training. Successful completion of this examination is required prior to advancing to graduate level curriculum. In addition to the Basic Comprehensive Exam, students must successfully complete a basic clinical exam in herb identification and case studies. Successful completion of this examination is required prior to advancing in the practical clinical training.

### Final Comprehensive Examination:

Taken upon completion of and including materials from all MSTCM courses prior to the 10th term, as well as corequisite science courses. Also, students must have completed a minimum of 500 hours of practical clinical training. Successful completion of the final comprehensive examination is required for graduation.



## **CLINICAL TRAINING**

Before enrolling in the teaching clinic, each student is individually responsible for completing the required didactic courses, submitting an HBV Waiver form, successfully completing a certified adult/child CPR& First Aid course (10 hours), as well as submitting the results of a health exam, which includes a Tuberculosis (TB) test. Also, the student must satisfy the proficiency in English, complete the Western Medical Terminology course, CNT, and clinic orientation requirement before beginning his/her clinical training.

In their 960 hours of clinical training, students advance from observer (0 - 275 hours) to pre-intern (276 - 550 hours) to intern (551 - 960 hours) only upon recommendation by their clinic supervisor and clinic director. A student must complete 350 patient treatments with at least 60 different patients. If a student displays unsatisfactory progress in learning and practice, the supervisors may decline to advance the student, pending performance of remedial work. Credit for the course will be withheld during this time.

Students are expected to be professional both in appearance and attitude, being neat and clean at all times. The clinic assigns white lab coats with a name tag appropriately identifying the students as observer, pre-intern, or intern. Attentiveness and sensitivity to the needs of patients, clinic supervisors, staff, and fellow students must be practiced. Additional information about clinic policies can be found in the clinic handbook.

Pending ACCHS approval, students may exercise the option to complete 200 hours of clinical externship training. Externship training is practical clinical training completed outside the Academy's on-site teaching clinic. For detailed information regarding externship clinical training, contact the ACCHS administration offices.

## COREQUISITE HOURS:

TOTAL ACCHS CURRICULUM - didactic hour - clinic hours

- CPR & First Aid

129 units / 1,935 clock hours 32 units / 960 clock hours 10 clock hours 181 units / 3,195.00 clock hours 3,205.00 clock hours

20 units / 300 clock hours

TOTAL CLOCK HOURS TOWARDS MSTCM:



In the ACCHS teaching clinic, students watch carefully as the supervisor demonstrates tongue diagnosis procedures.





he Academy reserves the right to raise or lower tuition or fees and the regulations governing them whenever deemed necessary by the governing board of directors of the Academy. The Academy reserves the right to change any or all fees, in which case 30 days prior notice will be given.

## FINANCIAL INFORMATION (FEES AND EXPENSES)

Application Fee (no	onrefundable):	
	U.S. Resident	\$100.00
	Foreign Student	200.00
Admissions Deposi	it for Foreign Student (deductible)	200.00
Registration Fee:	(nonrefundable)	30.00
	STRF (NON-REFUNDABLE)	.00 / \$1,000 tuition
	Facility Fee	25.00
	Credit Card Processing Fee	1% on all transactions
Graduation Fee / G	Graduation Processing Fee	200.00 / 100.00
Pre-Comprehensiv	6	70.00
Basic Comprehens		100.00
Final Comprehensi		130.00
Tuition Fees for Cro		130.00
ruilion rees for Cr		201 00 /it
	Didactic Course Instruction	261.00 / unit
	Clinic Instruction	17.40 / hour
	Malpractice Insurance for Clinic	40.00 / trimester
	cessing Fee (not applicable to GE courses):	20.00 / per unit
Late Registration P		30.00
Late Tuition Payme		30.00
Late Installment Pa		30.00
Late Comp Exam A	Application Fee	30.00
Monthly Installmen	t Interest:	10% / year
Add / Drop Fee (aff	ter one week of class teaching)	50.00 per form
Make-up Examinat		·
	Course Exam	75.00 each
	Pre-comprehensive Exam	50.00 each
	Basic Comprehensive Exam	80.00 each
	Basic Clinical Exams	40.00 each
	Final Comprehensive Exam	110.00
Challenge Exam		70.00/ unit
	it:Matriculating Student and Alumni (excluding elective co	
	Non-Matriculating Student and Authin (excluding cleave co Non-Matriculating Student and/or Any Elective Course(s	
Returned Check	Non-mathemating Student and/or Any Elective Course(s	25.00 each
	Official Copy	10.00 each
Transcript Fee:		15.00 each
	Official Copy (certified mail)	
	(two business day turnaround and two-day priority posta	
	Unofficial Copy	5.00 each
Fee for Additional (		
	With Cover	50.00 each
	No Cover	30.00 each
	endation or Verification	5.00 / each
Library Fee:	Overdue Charge Per Day	0.25 / each book
	Damaged Book	20.00 / each item
		placement Price of Original Te
Student ID Replace	Lost book Re	placement Price of Original Te 10.00

NOTE: To graduate or be issued a transcript, all fees, current and due, must be paid in full.

Total Chages for a Period of Attendance (based on 12 units without clinical training hours): (\$3,187.00) Total Estimated Schedule of Fees: Master of Science in Traditional Chinese Medicine Program: ·MSTCM Program: Tuition \$50,373.00; Fees \$1,800.00 ·MSTCM Special Program for Licensed Acupuncturists: Tuition \$19,140 Fees about \$750.00

(Total: \$52,173.00) (Total: \$19,890.00) Tuition may be increased during the program at a rate similar to that of the national cost of living index increase; students should budget such a raise accordingly.

### OTHER EXPENSES

In addition to the fees and estimated expenses outlined, when preparing a budget, all students should consider the costs of textbooks, housing and meals, health, transportation and miscellaneous expenses.

### PAYMENT OF TUITION AND FEES

Students should be prepared to pay all tuition and fees each term at registration. All checks must be made payable to "ACCHS." Low-interest installment agreements are available to students experiencing financial difficulties. The down payment is one third (1/3) of the total amount. Students who do not pay in full or complete their installment contracts are ineligible to register for the following term, graduate, or receive transcripts of academic credit. Students will be charged \$30 for each late installment and the monthly interest is based on 10% annual interest. The processing fee for each returned check is \$25.

Financial

Information

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, (916) 431-6959 or (888) 370-7589.

To be eligible for STRF, you must be a California resident or are enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

- 1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
- 2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.
- 3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
- 4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
- 5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
- 6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
- 7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of noncollection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.





### TUITION REFUND POLICIES

Calculation of refunds is now done based on clock hours paid for versus clock hours passed at the time of the withdrawal or dismissal. A student may withdraw and obtain a refund at any time before the end of the ninth week of the term. Detailed explanation of these policies follows:

For refund purposes, an accepted applicant may only terminate enrollment in person or by certified mail. Termination notices received by mail take effect on date of postmark.

### Full refund period - Cancellation after enrollment

When an accepted student has notified the Academy of intent to enroll by paying registration fees, the student will be considered enrolled with the newly entered class. A student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later.

### Cancellation after the full refund period

If a student cancels after the full refund period has expired, the Academy is entitled to retain the registration fee, but will refund other moneys paid according to the refund policies below.

### Tuition refund after classes have begun

A partial tuition refund will be permitted if a student cancels enrollment when classes have completed 60% or less of the instruction. The unused portion of tuition will be calculated, based upon clock hours paid for versus clock hours passed, plus the drop fee of \$50.00 per form. The student will be charged from the first day of school until the last date of attendance, including the classes not attended in between. A \$50.00 drop fee per form will be applied.

### Example of our refund policy

After enrollment (12 units), a student notified the Academy of withdrawal from classes at the end of the sixth week. He was absent on the 1st week and the 3rd week, but he attended the 2nd and 4th week of classes. The student must pay the tuition fees for four weeks of classes plus the \$50.00 drop fee. The remaining portion of the paid tuition will be refunded. There are 132 clock hours of instruction left. Calculation is as follows:

amount paid for instruction, not including registration fee		clock hours of inst paid for but not yet Clock hours of ins which student has	occurre truction		o fee = refund amour	ıt
\$2,736.00	х	132 clock hours 180 clock hours		\$50	= \$1,956.40	

### For the clinical training refund policy, please refer to the ACCHS Clinic Handbook.

Students dismissed from the Academy for any reason will have their tuition returned according to the above schedule. All refunds are made within 30 days of cancellation of the enrollment agreement by either the student or the Academy.

### Financial Aid Refunds

Refunds, for students who receive financial aid to cover the costs of tuition and living expenses, who drop below their full-time or part-time status, will be returned to the lender(s) to reduce the loan debt.



## ACADEMIC REGULATIONS

Students must observe the applicable rules and regulations of the Academy. Failure to do so, may result in disciplinary action.

### ATTENDANCE AND DECORUM

Inconsistent attendance is a serious concern to the faculty and administration because it jeopardizes a student's eligibility to obtain licensure in many states, restricts the depth and scope of an individual's educational progress, and often results in only achieving the institution's minimum requirements, only achieving levels of professional development below the student's potential.

Faculty are required to take and record daily student attendance. Students who miss more than 20 percent of any individual class must make an appointment with the administration within five days to assess their attendance problem. The administration may allow students with absences totaling less than 30 percent, in any individual class, to return to class, depending on their mitigating circumstances. Otherwise, an "F" grade will be assigned and the course must be repeated. Three tardies will be counted as one absence. Using attendance forms provided by the administration office, instructors are directed to track and report any student attendance deficiencies by the middle of each trimester.

The Academy emphasizes the importance of knowledge of the healing arts, as well as maintaining respectful and ethical conduct. It is important to remember that in the classroom as well as in the clinic, decorum is an integral part of the learning process. Tardiness, absence, inappropriate attire, poor attitude, eating during class, etc. are viewed as showing a lack of respect and may be grounds for disciplinary action.

### COURSE GRADES

Grading is done on the four-point system, and their interpretations are as follows:

Grade	Interpretation	Grade Point	Equivalent %
А		4.0	94 -100
A-	Excellent	3.7	90 - 93
B+	Good	3.3	87 - 89
В		3.0	83 - 86
B-	Moderate	2.7	80 - 82
C+		2.3	77 - 79
C (P)	Minimum Passing	2.0	73 - 76
C- to D-	Fail	1.7 - 0.7	60 - 72
F (NP)	Fail	0.0	0 - 59
In	Incomplete	0.0	0

Individual instructors may grade certain courses on a P/NP basis (Pass/ No Pass). A "No Pass" will be included in an individual's grade point average as 0.0. A "Pass" will be reflected in the GPA as a 2.0 and will be counted as completed credit. A failed course must be repeated and passed before the student enrolls in any course for which the failed course is a prerequisite.





### GRADE OF INCOMPLETE

For a didactic course in which the student fails to complete required work before the end of term, the instructor may optionally assign an Incomplete as an alternative to a grade of Fail only if:

- the student requests an Incomplete credit before the end of the term;
- the student has made arrangements in writing with the instructor for completion of the course requirements by a specified date;
- the arrangement has been approved in writing by the administration; and
- the Incomplete will be converted to a grade by the beginning of the following trimester.

# TRANSCRIPT GRADES FOR REPEATED COURSES OR CLEARED INCOMPLETES

Grades for courses repeated to clear a failure, to improve a low grade(s), or to clear an incomplete will be transcribed on the student academic record, showing both the original grade and the new grade.

# LATE EXAMINATIONS OR IRREGULARLY SCHEDULED EXAMINATIONS

Course examinations that are taken late or scheduled irregularly must be requested in writing by the student within the first week of the following trimester and must be completed by the end of the second week of the following trimester. All late, make-up, or irregularly scheduled examinations must first be approved by the instructor. Students will receive a "P" (Pass) or "NP" (Not Pass) on the make-up/retake exam, the exact determination to be made by the instructor. An irregular exam fee of \$75.00 will be charged for the time spent by the instructor in preparing an alternate exam and for added administrative costs. If the student does not schedule or take the make-up/retake exam before the specified time, the student will receive a "NP" for the course. The course must be retaken, and any newly registered courses, of which the original is a prerequisite, will be dropped automatically.

### AUDITING

Students may register to audit a class when they have completed all of the course prerequisites, and upon approval of the administrator. Students auditing classes must follow the general rules and regulations that apply to all students, such as those regarding attendance, decorum, student conduct, etc. Failure to abide by school rules, as an audit student, will result in disciplinary action. Under no circumstances will an audit course be converted to credit.

### CHALLENGE EXAMINATIONS

Western Science corequisite courses and/or MSTCM courses completed at an institution not accredited by an agency recognized by the U.S.Secretary of Education will require a challenge exam. The student must receive a passing score on the challenge exam for credit in the subject. The score will not be factored or reflected in the student's GPA.

### LEAVE OF ABSENCE / WITHDRAWAL

A student who chooses to interrupt his or her course of study may apply to the administration for a leave of absence. Each request will be considered individually and on its own merits. Students who drop a class before the last day to drop will receive a "W" on their transcript. Students who drop after the drop date will receive an "F" grade for the course(s).

### ACADEMIC PROBATION AND DISMISSAL

Students must maintain a 2.3 grade point average (GPA) each trimester in order to maintain good academic standing. A student whose GPA falls below 2.3 will be placed on a two-trimester academic probationary period, during which the student must maintain a 2.3 GPA for each trimester within the probationary period. Mandatory tutoring shall be required during the first trimester of probation. Any class not completed with at least a 2.0 must be retaken at the next available time. Probationary students who have maintained a 2.3 GPA for the length of the probationary period will have their probationary status removed. If a student fails to maintain a 2.3 GPA for each trimester during the two-trimester, probationary period, he/she will be dismissed from the Academy.

If dismissed, students may be considered for readmission after a significant amount of time separated from the Academy and after the student has demonstrated some or all of the following: Remedial course work at an accredited college; academic or personal counseling; or demonstration of having overcome the difficulties that led to the dismissal. Once a student is readmitted, s/he is expected to maintain at least a 2.7 trimester GPA. Failure to do so after being readmitted may result in immediate and final dismissal from the Academy.

Restriction: The course credit load of a student who has been academically dismissed or is on probation will be determined through consultation with an academic advisor.

### ACADEMIC NOTICE

A student will be put on academic notice when s/he has failed a course twice. The Academy will dismiss the student if on the third attempt s/he is unsuccessful at passing the course.

### INVOLUNTARY WITHDRAWAL

A student's continued enrollment at ACCHS is a privilege based not only on satisfactory scholastic status and adequate clinical TCM psychomotor skills, but also upon good psychological health and personal conduct. If, in the opinion of the faculty, administration and/or dean of the Academy, a student demonstrates evidence of a psychological problem, an informal meeting will be scheduled with the student to inquire into his/her conduct or attitude. Subsequent to this meeting, the administration will seek professional opinions as to the likely implications of such conduct from the Academy. If it is determined that counseling is suggested or necessary, an effort will be made to have the student attend counseling on a voluntary basis. However, refusal to obtain counseling, initially or on a subsequent basis, shall be cause for involuntary withdrawal from the Academy. The administration shall inform the student, in writing, of the effective date of the involuntary withdrawal.

### STUDENT CONDUCT

After a review by the board of directors, a student may be dismissed for failure to follow Academy regulations or for disrespectful behavior to a student, administrator, faculty member, and/or clinic patient. Any conduct or action, which endangers life, violates the law, or violates the physicianpatient relationship, is also grounds for dismissal. The name of any student so dismissed shall be reported to the California Acupuncture Board, Division of Allied Health Professions, and Board of Medical Quality Assurance.

### UNLAWFUL (SEXUAL) HARASSMENT POLICY

The Academy vehemently prohibits sexual, racial, and other forms of harassment by its faculty, staff, and students. The Academy maintains a policy that prohibits harassment on the basis of sex, race, religion, color, national origin, disability, medical condition, marital status, age, sexual orientation, or any other basis protected by federal, state, or local ordinance or regulation.

### **DISCIPLINARY ACTION**

Violation of regulations of the Academy could lead to suspension, expulsion, termination, and in the context of criminal activity, referral to law enforcement agencies. If you have further questions regarding the regulations of the Academy, please contact the admissions office at 510-763-



7787, Monday through Saturday between the hours of 9:00 A.M. - 5:00 P.M. Also, refer to section *Involuntary Withdrawal* of this catalog.

### ACADEMIC INTEGRITY / DISHONESTY POLICY

Plagiarism and cheating are offenses against the integrity of the courses in which they occur and against the ACCHS community as a whole. Plagiarism and cheating involve intellectual dishonesty, deception, and fraud, which inhibit the honest exchange of ideas. In accordance with the Academy of Chinese Culture and Health Sciences Student Conduct policy, students are entitled to notice of what constitutes plagiarism and cheating, and the right to appeal penalties. Plagiarism and cheating may be grounds for dismissal from the institution. For definitions, penalties, and procedures, refer to the current ACCHS *Student Handbook*.

### A DRUG-FREE ENVIRONMENT

Employees and students of the Academy are hereby notified that the unlawful manufacture, distribution, dispensation, or possession of alcohol or a controlled substance is prohibited in all areas of ACCHS. Action will be taken against any employees/students for violating such prohibition.

### STUDENT RIGHTS AND GRIEVANCE PROCEDURE

Students with concerns about academic or administrative rulings or procedures should first bring their concern directly to the instructor or administrator involved. If resolution is not possible, the complaint should then be presented in writing to the Grievance Committee, which will hear the matter and respond with a decision within ten working days of receipt. If the Grievance Committee's decision does not provide resolution, an appeal for review can be made to the Academy's president on behalf of the Board of Directors. Any resolution will be kept in both the student file and school grievance file. Also, after initiating the institutional Grievance Procedure, the student may report any grievances to BPPE and/or ACAOM, respectively (see page 5 of this catalog for contact info.).

### STUDENT RECORDS

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. The Academy maintains school and student records for 50 years and maintains transcripts permanently. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.



## STUDENT SERVICES

### ADVISING AND CONSULTATION

The Academy's academic advisors and administration staff provide consultation services to students in order to either direct them to appropriate counseling agencies for personal services or help them solve their academic issues.

### COMPUTER FACILITIES

Students have access to word processors and the Internet in the computer room located on the 2nd floor. Also, Internet accessibility is provided in the Library. Students may go online during normal library hours. Students may access the Academy's wireless Internet services using their own Wi-Fi compatible devices. More information on wireless settings can be found in the Academy administration offices.

### STUDENT LOUNGE

Student lounges are available on the Academy's 1st and 2nd floors, with microwave ovens and refrigerators for student convenience, and with a space for group or individual clinical case study.

### STUDENT ID

An ID will be issued to MSTCM program students at the beginning of the trimester. Students must evidence their ID when checking out materials from the library or when purchasing herbs in the Academy clinic. Also, students may use their ID to receive discounts wherever applicable.

### STUDENT TUTORING CENTER

The ACCHS Tutoring Center on the second floor offers free tutoring for students in need of extra academic assistance. Students may inquire about computerized tutoring exercises, tutoring appointments, and tutor assistance.

### BOOKSTORE

All textbooks, reference materials, herb samples, medical charts, etc. are available at the school bookstore, with discounts provided. Per specific requests, the bookstore helps place specific orders for student groups.

### COPYING SERVICE

A copier is conveniently located in the library. A low-cost copy fee is applied for students' specific copy needs.

### HEALTH CARE

The Academy teaching clinic is available for students and their immediate family. Health care is provided at only \$20 per visit. Herbs are additional at a reduced price.

### STUDENT SUPPORT SERVICES

Prospective students are encouraged to contactACCHS early in the admissions process in order to receive assistance and information about services. Students with disabilities need to apply for admission to the Academy using the standard admissions process. Current students may also be eligible for one or more services, depending on the specific nature of their disabilities. Disability verification must be provided to the administration office when registering at ACCHS. The Disability verification must be in the form of a certified document from a qualified medical professional.

### STUDENT REQUEST FORM

Student requests should be submitted on a "Student Request Form," which may be found in the administration office or on the ACCHS website. Completed student request forms should be given to an administration official or dropped in the administration mailbox (located outside the main administration door) if no counselor is available. When a determination is made by the administration regarding the request, the counselor will notify the student in writing.

### ORIENTATION

The Academy provides an opportunity for new students to become acquainted with the campus, the Academy system, and other aspects of ACCHS student life. In addition, s/he can meet classmates and professors and can begin to feel at home, sharing intellectual and social activities before the academic program begins.

### REFUSAL OF SERVICE TO STUDENTS

The Academy may refuse any type of service to a student who has an outstanding balance of unpaid tuition and/or fees. The Academy may refuse services to a student who has terminated college matriculation with financial obligations remaining unpaid.



## **GRADUATION REQUIREMENTS**

All students will be held to graduation requirements, which were in effect at the time of their admittance to the Academy, barring a change in state law, or state or national authorization of the Academy's degree program. All candidates for graduation from the Academy must:

- 1. Complete each class and term of clinic with a grade of 2.0.
- 2. Maintain a GPA of at least 2.3 in all graded work.
- 3. Pass comprehensive examinations.
- 4. File a Notice of Candidacy for Graduation during the final term before graduation.
- 5. Have cleared all financial obligations to the Academy, including the graduation fee, which covers the costs of: California licensure exam application processing; diploma and diploma cover; renting cap and gown; and attendance at the graduation ceremony.

When a candidate for graduation has completed all requirements listed above, his or her file is reviewed for degree eligibility by the Academic Standards Committee. Those candidates who have satisfactorily met all the requirements set forth by the Committee are awarded the degree of Master of Science in Traditional Chinese Medicine.

## **POST GRADUATION**

### LICENSURE

Licensure to practice acupuncture in the State of California is regulated by the Acupuncture Board of California, located in Sacramento, California. Licensure in other states is regulated by individual states, respectively. Applicants should review the licensure regulations in their state. The MSTCM program prepares individuals to become licensed physicians of Chinese medicine and acupuncture, and the MSTCM degree provides the eligibility for individuals to take the California state licensing exam (CALE) and the National certification exam (NCCAOM). For more information about licensure in California, contact the California Acupuncture Board, 1747 N. Market Blvd, Suite 180, Sacramento, CA 95834; telephone (916) 515-5200; fax (916) 928-2204.

Website: http://www.acupuncture.ca.gov

For more information about the NCCAOM certification exam, contact the NCCAOM, 76 South Laura Street, Suite 1290, Jacksonville, FL, 32202, USA; telephone (904) 598-1005. Website: http://www.nccaom.org

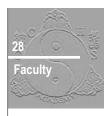
### PLACEMENT

The Academy posts notices of known job openings on a centrally located bulletin board and refers students to successful alumni and practitioners; though ACCHS offers no guarantee of employment.

### DOCTORAL OF ACUPUNCTURE & ORIENTAL MEDICINE

The ACCHS Doctorate of Acupuncture and Oriental Medicine (DAOM) program will provide licensed acupuncturists with an opportunity to deepen their studies of Chinese medicine, increase their clinical competence and confidence, and become leaders in the field of TCM.

ACCHS DAOM candidates will specialize in Classical Chinese Medicine, as well as Orthopedics and Pain Management. This dual focus will bolster students' understanding of the foundational principles of Chinese medicine, greatly increase their proficiency with herbal medicine, and give them the tools to successfully treat and manage pain conditions in today's integrative healthcare landscape. In addition, the curriculum will be designed to optimally prepare students to thrive in the changing landscape of US healthcare.



## FACULTY

### Yen-Wei Choong, MSTCM, L.Ac.

Educational Background: B.S. in Marine Science, The College of Chinese Culture, Taiwan, 1974; B.A. in Chinese Medicine, China Academy, Taiwan, 1980; MSTCM from ACCHS, 1993.

<u>Present Positions</u>: Board member and professor at ACCHS, private clinical practice in San Anselmo, CA.

Previous Position: Dean of academic affairs, ACCHS; Private clinical practice in Taiwan.

Mr. Choong studied Chinese medicine at the China Academy in Taiwan. Later he taught acupuncture and theory of Chinese medicine at the Mei Yun Clinic in Taiwan. He has practiced acupuncture and herbal medicine in Taiwan and the U.S. since 1978. Currently he is director of the Yellow Emperor Natural Healing Center in San Anselmo.

### Huibo Carol Chen, MTCM, L.Ac.

<u>Educational Background</u>: B.A. in Business Administration; B.A. in Accounting; MTCM from Nine Star University of Health Sciences.

<u>Present Positions</u>: Clinical manager and acupuncturist at Four Connections Oriental Medicine Inc.; instructor at ACCHS.

<u>Previous Position</u>: Chief Administrator at Nine Star University of Health Sciences.

Ms. Chen has experience as an instructor and administrator at various TCM facilities. She is a DAOM candidate at ACCHS.

### Xia Chen, B.S.

Educational Background: B.S. in Physical Science at South China Normal University, Guang Zhou, China, 1986; Advanced studies in C.A.D. and electronic circuits at South China University of Technology, 1991.

<u>Present Positions</u>: Chinese TCM Program and Tuina Administrator at ACCHS; Instructor at ACCHS.

Previous Positions: Physics instructor.

After she graduated from South China Normal University, she taught General Physics, Electric & Color Television Principles , as well as coordinated student affairs for ten years. In America, she worked at Zoom Inc, as an engineer, repairing computers for customs service.

### Winston Chung, B.A., L.Ac.

<u>Educational Background</u>: B.A., Industrial Arts, San Diego State University, CA, 1983; Traditional tutorial with Acupuncturist Andrew Wu, 1990-1994.

<u>Present Positions</u>: Associate Professor at ACCHS, private practice in San Jose, CA.

Previous Position: Private clinical practice in Taiwan.

Mr. Chung studied Chinese medicine at SFCA from 1989 to 1991 and at ACCHS from 1992 to 1994. He has maintained a private practice in the San Jose since 1994.

### Joe Davis, B.A., MSTCM, L.Ac.

Educational Background: B.A. from UC Berkeley; MSTCM from ACCHS; Certified NADA detoxification specialist from Lincoln Recovery Center, Bronx, NY; Healing apprenticeship and Daoist studies with Liu Ming.

<u>Present Positions</u>: Co-founder of Octagon North Oakland Community Acupuncture Clinic; Didactic Instructor and Clinical Supervisor at ACCHS; Instructor at Golden Gate School of Feng Shui; Acupuncturist for Crossover Health.

<u>Previous Position</u>: Clinical Intern at Lifang Liang's fertility clinic in SF, Taiji and Qi Gong instructor at Fitness SF and Club One.

## Deshaye Faughtner, MSTCM, L.Ac.

Educational Background: MSTCM from ACCHS.

<u>Present Positions</u>: CEO, acupuncturist, health educator, and curriculum designer at Muse of Healing Acupuncture Wellness Center; instructor at ACCHS

<u>Previous Position</u>: Herbalist and health educator at Women's Healing Clinic of Oakland; case manager and health educator at Youth Employment Partnership.

Ms. Faughtner specializes in fertility and hormonal rebalancing for QTPOC reproductive health. She prepares presentations, conducts health screenings and patient outreach.



### Michael Fitzgerald, MSTCM, L.Ac.

Educational Background: Humboldt State University, University of Claifornia, Berkeley; Chinese Culture University; Taiwan Normal University; MSTCM from ACTCM <u>Present Positions</u>: Instructor at ACCHS; private practice <u>Previous Positions</u>: Lecturer, Chinese Medical University; Translator, SunTen Pharmaceutical Company.

Mr. Fitzgerald is an accomplished TCM practitioner and translator. He has advanced clinical training from Huang Huang at Nanjing University, Dr. Li Bo Jian, and Dr. Song Ping at Guan An Men TCM Hospital. He also has had extensive clinical studies with Wang Ju Yi, the author of *Applied Channel Theory in Chinese Medicine*.

### Jason Frye, MSTCM, L.Ac.

Educational Background: MSTCM at ACCHS, 2009; Acupressure Institute, 1998.

<u>Present Positions</u>: Instructor at ACCHS, private practice in Oakland.

<u>Previous Positions</u>: Tuina practitioner and teacher, Acupressure Institute.

Jason Frye studied at ACCHS and quickly became renown for his Tuina work and skills. He has a certificate in Tuina, is certified in Jin Shin Jyutsu and continues to teach at ACCHS.

### Vincent Fengyun He, L.Ac., Dipl.OM

Educational Background: B.S., California State University, Sacramento, 2002; MSTCM at ACCHS, 2007

<u>Present Positions</u>: Instructor at ACCHS; Private practice in Sacramento & Rocklin, CA.

<u>Previous Positions</u>: Clinic administator at ACCHS, Manager in herbal clinic in Sacramento; clinic assistant at ACCHS; private computer program design in Sacramento

Mr. He has been studying Chinese herbal medicine for years before he attended ACCHS for his master degree in TCM. After his graduation from ACCHS, he has been conducting research and attending seminars on traumatology and facial acupuncture.

### Michelle Hirsch, MSTCM, L.Ac.

Educational Background: BS from University of Michigan; MSTCM from ACCHS.

<u>Present Positions</u>: Instructor at ACCHS; Instructor at AIMC; Instructor for comprehensive rerview courses.

Previous Position: Instructor for TCM Review.

Professor Hirsch received a Masters of Science in Chinese Medicine in 2009 at the Academy of Chinese Culture and Health Sciences (ACCHS). Prior to her studies in Chinese medicine, she spent 13 years devoted to organic farming and sustainable, community agriculture. She graduated from the University of Michigan in 1997 with a major in Women's Health. Currently she is also teaching for a TCM review classes. She has farmed organic vegetables, flowers, and herbs in Michigan, New Zealand, New Hampshire, and Northern California.

### Han Hsiung Hsiao, B.A., MSTCM, L.Ac.

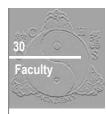
Educational Background: B.A. from Fu Hsing College, Tapei, 1979; MSTCM from ACCHS, 2000.

<u>Present Positions</u>: Professor at ACCHS; Tuina massage therapist at ACCHS; acupuncturist and herbalist on the Buddhist Tzu-Chi Foundation Medical team.

Previous Positions: Ma Labs, San Jose, Ca.

Mr. Hsiao graduated from college in Taipei. He studied TCM at ACCHS and became a licensed acupuncturist and Tuina therapaist.





### Min Li Dao Liang, B.M., L.Ac.

<u>Educational Background</u>: Studied at Traditional Chinese Medical Specialty from Sept. 1963 to Aug. 1969.

<u>Present Positions:</u> Professor at ACCHS; private practice in San Francisco, CA.

<u>Previous Positions</u>: He was a doctor and Director of traditional Chinese medicine at the Traditional Chinese Medicine Department of Xiehe Hospital attached to Fujian Medical College from July 1971 to April 1994.

Mr. Liang got technology prizes four times, and published more than fifty articles in the academic journals in China and abroad. He is the consultant of the Research Institution of Chinese Medicine of China and he is also a member of U.S. Chinese Medical Association.

### Dave Dahe Liu, Ph.D., L.Ac.

Educational Experience: Coming from four generations of family medical practitioners, Dave Liu has been learning TCM since 1970. B.M. in traditional Chinese medicine, Shanghai University of TCM, PRC, 1984. Received Masters, Doctorate, and a Fellowship in TCM/Oriental Medicine in the U.S.

<u>Present Positions</u>: Heads Research and Management division and is professor and academic advisor at ACCHS; President and professor at the American Institute of Acupuncture Orthopedics & Traumatology; Clinical Director, professor, and advisor for the Chinese Medicine Clinic and Education Center in San Francisco, CA.

<u>Previous Positions</u>: Staff physician, Hong Kow District Clinic, Shanghai, PRC; staff physician, Xin Jia Jiao Clinic, Shanghai, PRC; instructor, physician, and assistant to the president of Shu Guang Hospital, Shanghai, PRC.

Mr. Liu worked in the Shu Guang Teaching Hospital as an instructor to both Chinese and international students of Chinese medicine for W.H.O. He has numerous published articles and is the first TCM practitioner to speak at the Hepatitis B Conference hosted by the Asian Liver Foundation and Stanford University.

### Perry Peng Xuan Liu, MD, China

<u>Educational Background</u>: MD from China, medical school at Tianjin University; Tianjing Traditional Chinese Medicine College.

<u>Present Positions</u>: Instructor at ACCHS; staff scientist, Bayer HealthCare.

<u>Previous Positions</u>: Instructor for surgeons, Manager of Animal Study, Gene Therapy Laboratories; Research Associate; MD Opthalmologist, Tianjin Eye Hospital.

Dr. Liu has been a successful physician for many years. Additionally, he is a member of the Society of Microsurgical Specialists in the US and has multiple publications related to Western medicine.

### Wei Lou, L.Ac.

<u>Educational Background</u>: Economic Law at Beijing University; acupuncture and massage at Beijing Jinghua Medical University and Beijing University.

Present Positions: Instructor at ACCHS

<u>Previous Positions</u>: Health consultant at Beijing University; instructor.

### Kenneth Morris, DAOM, MSTCM, L.Ac.

Educational Background: MSTCM and DAOM from ACTCM; BA from Sonoma State University.

<u>Present Positions</u>: Director of Clincal Programs at ACCHS, instructor at ACCHS; Private practice, Oakland, CA. Lead Acupuncturist at Kaiser Permanente.

<u>Previous Positions</u>: Clinical supervisor at ACTCM; researcher/acupuncturist at Pacific Acupuncture Associates. Dr. Morris has extensive experience as a TCM practitioner in the Bay Area. He has worked as a researcher, counselor, and consultant and is a member of numerous health-related associations in the Bay Area

### Teresa Ng, B.S., MSTCM, L.Ac.

Educational Background: B.S. Arizona State University; M.S. in Traditional Chinese Medicine at ACCHS 2007; Advance study of Chinese Medicine in Guang Zhou Chinese Medicine University in China.

<u>Present Positions</u>: Instructor at ACCHS; Director of Student Tutoring Center at ACCHS; Acupuncture practice in the East Bay.

<u>Previous Positions</u>: Tutor and interpreter at ACCHS. Interpreter for California Licensed Acupuncturist Association. Teresa started learning Chinese medicine when she was a teenager from her parents' integrated private clinic that specialized in both Western Medicine and Traditional Chinese Medicine in Macau. Teresa had the privilege to work for the famous 93 years old Chinese Medicine Master, Dr. Lee, a specialist in gynecological disorders.



#### Jorge Nunez-Adler, MSTCM, L.Ac.

Educational Background: MSTCM at ACCHS, 1999.

<u>Present Positions</u>: Instructor at ACCHS; Private practice in Oakland, CA. Veterinary assistant at Animal Eye Care in Fremont, CA.

<u>Previous Positions</u>: Mr. Nunez-Adler worked as a veterinary educator in Chiapas, Mexico. After graduating from the School of Veterinary Medicine in 1989, Jorge immigrated to the United States. He studied TCM, graduated and began a practice in Oakland. Today, Jorge works as a successful TCM practitioner, as a clinical supervisor in the Academy clinical training facility, and as an assistant at Animal Eye Care in Fremont.

### Li-Chun Ou, Ph.D. DOM, L.Ac.

<u>Educational Background</u>: Doctor of Oriental Medicine from South Byalo Uinversity, 2006, Doctor of Philosophy from American Global University, 2000

<u>Present Positions</u>: Professor at ACCHS; Private practice in Oakland, CA.; acupuncturist for Concentra Medical Group Oakland.

<u>Previous Positions</u>: TCM instructor at NSUHS; Bay Area Comprehensive Spine and Sports Medical Group; Military Services General Hospital in Taiwan.

Dr. Ou received a fellowship from the American Institute of Acupuncture Orthopedics and Traumatology. He also holds a QME in California, has received numerous accolades in California.

### Kalli Phillips, ND

Educational Background: B.S. from the University of Oregon; ND from National College of Naturopathic Medicine.

<u>Present Positions</u>: Instructor at ACCHS; Instructor at AIMC <u>Previous Position</u>: Columnist for The Student Naturopath; primary student clinician; provider at Oregon Breast and Cervical Cancer Program; instructor

Dr. Phillips is board certified in Oregon as a primary care physician. Recently, she discovered a passion for teaching. She has extensive clinical training in all Naturopathic modalities, including nutrition, botanical and homeopathic medicines, lifestyle counseling, physical medicine, as well as judicious prescription of pharmaceuticals.

### Timothy Potts, MSTCM, L.Ac.

Educational Background: MSTCM from ACTCM; BA from UCLA;

<u>Present Positions</u>: Instructor at ACCHS; private practice in Emeryville

<u>Previous Position</u>: Consultant for Mayway Corp.; Presenter and Instructor for education on herb manufacturing.

Mr. Potts is highly dedicated to the growth and development of Chinese Medicine. He has spent many years growing his practice, teaching, and working as a TCM consultant.

### Jackie Shek, M.S., L.Ac.

Educational Background: M.S., California State University, San Francisco, 1989; Ph.D. in Epidemiology, University of California, San Francisco.

<u>Present Positions</u>: Associate professor at ACCHS; instructor, CSU-SF, research associate, UCSF, private practice in TCM, San Francisco, CA.

<u>Previous Position</u>: Professor, San Francisco College of Acupuncture and American College of Traditional Chinese Medicine. After earning her M.S. degree at San Francisco State University, Ms. Shek continued her graduate studies at the University of California, San Francisco. She is currently finishing a Ph.D. in Epidemiology. Ms. Shek has taught at San Francisco State University, as well as at colleges of traditional Chinese medicine throughout the Bay Area.

### Phil Settels, MSTCM, L.Ac.

Educational Background: MSTCM from ACCHS, 2011

<u>Present Positions</u>: Instructor and Clinical Administrator at ACCHS; Ph.D. candidate at Nanjing University; private practice.

<u>Previous Position</u>: Octagon Community Clinic; Alameda Acupuncture.

Mr. Settels' passion for Chinese Medicine has led him to pursue advanced learning of its classical sources. He has obtained a certificate of advanced herbal studies from the Institute of Canonical East Asian Medicine and finished a mentorship program with Dr. Feng Shilun. Phil travels each spring to study in Nanjing, China, where he is pursuing a Ph.D. with Dr. Huang Huang.



### Thomas Siemann, DAOM, L.Ac.

<u>Educational Background:</u> Freie Universitaet Berlin, Philosophy, Universita` di Ancona, Universita` di Milano – Facolta` di Medicina, MSTCM at ACCHS.

<u>Present Positions</u>: Founder & co-owner of Getting the Point Acupuncture, faculty member and Dean of Academic Affairs at ACCHS.

<u>Previous Position</u>: Nursing intern at Stadtkrankenhaus Wolfsburg, shift nurse at St. Gertrauden Krankenhaus Berlin. Teacher, Director of Studies, Director, Director and CEO of private schools in Northern Italy. CEO and co-founder of the American Branch of a German Bicycle Component manufacturer.

#### Larry Spears, B.Sc. Eng.

Educational Background: B.Sc. Eng. from Glasgow University; M.Eng / MBA, Glasgow University; certificate in Online Teaching and Learning, CSUEB.

<u>Present Positions</u>: Instructor at ACCHS; Instructor at AIMC. <u>Previous Position</u>: Mr. Spears' career spans four parallel fields: education; semiconductor engineering and manufacturing; vibration and acoustical design, sound recording, and environmental noise treatment; and theater. He has won key awards in business management, theater, and direction. He has been a teacher at ACCHS since 2005, and his subjects include Physics, Biophysics, Chemistry, Biology, Qi Gong, and TCM.

### Phillip Keh-chung Tou, M.S.

Educational Background: Graduate studies in the Center for Brain Research; Master of Science from University of Rochester, Rochester NY.

<u>Present Positions</u>: Professor and VP at ACCHS; Chemistry instructor, College of San Mateo.

<u>Previous Positions</u>: General Manager and owner of Artin Chemical Products Inc. Chemistry instructor at Diablo Valley and Merritt colleges.

Mr. Tou has a wealth of experience in the field of chemistry; though, he also has volunteered for numerous health care and charity related organizations in the Bay area.

### David Wei, B.S.

<u>Educational Background</u>: B.S. University of Honolulu; 11,000-hour training Wudang Mountain Traditional Internal Martial Arts Academy.

<u>Present Positions</u>: Instructor at ACCHS; founder of Wudang West Cultural Heritage Center; private practice in Oakland, CA.

<u>Previous Positions</u>: International Wellness Arts - Wudang Wen Wu. David Wei is a 16th generation lineage holder of traditional internal martial arts from Wudang Mountain, China, where he completed over 11,000 hours of training over the course of five years. He is also the founder of Wudang West Cultural Heritage Center, a non-profit wellness ministry committed to the preservation and practice of the classical wellness arts of Wudang. David is also proficient in orthopedic body work, specializing in Tuina, Hawaiian Lomi Lomi, and Thai Yoga Massage. He now resides in Oakland, CA. where he leads a small practice community.

### Tsu-Yi Wei, MSTCM, L.Ac.

<u>Educational Background</u>: Bachelor of Accountancy & Bachelor of Commerce, University of Witwatersrand; MSTCM from ACCHS.

<u>Present Positions</u>: Administrator and tutor at ACCHS; private practice.

<u>Previous Position</u>: Qualified CA (Chartered Accountant) in South Africa; bookeeper; tax preparer.

Ms. Wei received her MSTCM degree and acupuncture licesne in 2013. She has been an integral part of the ACCHS development since her admission to the school in 2010.

### Stephen Woodley, MSTCM, L.Ac.

Educational Background: Engineering at University of Illinois, MSTCM at ACCHS, 2000

<u>Present Positions</u>: Professor at ACCHS; didactic instructor at FBU; private practice Burlingame; Director, Shang Han Lun Seminars.

<u>Previous Positions:</u> Dean of Academic Affairs; Business management; Management and Marketing Trainer.

Mr. Woodley has operated a private practice for 10 years. He has studied and taught Tai Ji for over 20 years. He teaches courses on the fundamental theories of Chinese medicine and TCM diagnosis, as well as the TCM herbal formulas and treatment based on the 4 classics of Chinese medicine. Stephen has lectured on the use of Chinese herbal medicine in the treatment of Perimenopausal Complaint, Premenstrual Dysphoria, Anxiety, Depression and Insomina to other acupuncturists, MDs, RNs, and students.



### Steven Chenjing Xia, Ph.D., L.Ac.

Educational Background: Doctor of Philosophy from Sun Yat-Sen University of Medical Science. Doctor of Chinese Medicine from Guangzhou University of Traditional Chinese Medicine.

<u>Present Positions</u>: Instructor at ACCHS; private practice in San Leandro, CA.

<u>Previous Positions</u>: Dr. Xia worked in the Guangzhou Chest Hospital and was engaged in the clinical treatment and research of tuberculosis and diseases of the respitory system. He has worked as a doctor and teacher for many years.

### Xin Zhu Xu (Hauling), B.M., MSTCM, L.Ac.

Educational Background: B.M. in Chinese Medicine, Guang Zhou University of TCM, China, 1975; Subspeciality: Ob/ Gyn in Western and Chinese Medicine, training at Lan Zhou University Hospital of Western Medicine, China, 1979; MSTCM at Guang Zhou University of TCM, China, 1989.

<u>Present Positions</u>: Professor and VP of Education at ACCHS; Private practice in San Francisco, CA.

<u>Previous Positions:</u> Integrative Chinese and Western Medical OB/GYN physician in different hospitals in China for 15 years; author of several books and research papers on Gynecology; senior medical editor at Guang Dong publishing Company in China for 6 years; professor of various TCM and integrative medical courses at AIMC, U.S. for 17 years; professor at ACCHS since 1996. She has a wealth of medical expertise and clinical experience.

### Zhidong Xu, MSTCM, Ph.D.

Educational Background: Ph.D. from the University of Texas Medical Branch in Galveston; MS from Western Illinois University.

<u>Present Positions</u>: Instructor at ACCHS; Assistant Adjunct Professor at Department of Surgery, Cancer Center, UCSF. <u>Previous Positions</u>: Post-graduate researcher at UCSF, Department of Surgery, Cancer Center; Postdoctoral fellow at UCSF, Human Genome Mapping Center.

Dr. Xu holds many honors and awards for his work in environmental mutagens. He has given many lectures and presentations throughout the world on microarray technology and lung cancer. He currently resides in San Francisco, CA.

### Helen L. Ye, B.M., L.Ac.

Educational Background: B.M. in Chinese Medicine, Guangzhou TCM University, 1984.

<u>Present Positions</u>: Professor and Clinical supervisor at ACCHS; private practice in the Bay area.

<u>Previous Positions</u>: Dean of Academic Affairs, ACCHS; Vicechief physician at Zhongshan Hospital, Guangdong province, China; Associate Professor; and Clinical Supervisor at Guangzhong TCM University for ten years.

Ms. Ye received her Chinese Medicine degree and began specializing in gynecology. She has extensive experience as a TCM instructor and practitioner.

### Martin (Yao Hua) Zhang, MSTCM, L.Ac.

Educational Background: MSTCM from ACCHS

<u>Present Positions</u>: Instructor at ACCHS; private practice in Martinez, CA.

<u>Previous Positions</u>: Researcher for UCSF in pediatrics and nutrition.





### Tong Zhang, B.M. L.Ac.

Educational Background: B.M. from Guangzhou University of TCM, 1983.

<u>Present Positions</u>: Instructor and clinical supervisor at ACCHS.

Mr. Zhang received his B.M. from Guangzhou University. In the United States, Mr. Zhang retained his L.Ac. and began practicing and teaching. He has a private practice in San Francisco.

### Zhi-Bin Zhang, B.M., MSTCM, L.Ac.

<u>Educational Background</u>: Educational Background: B.M. in Chinese Medicine, Guang Zhou University of TCM, China, 1973; MSTCM at Guang Zhou University of TCM, China, 1988.

<u>Present Positions</u>: Professor at ACCHS and AIMC; private practice in San Francisco, CA.

<u>Previous Positions</u>: Mr. Zhang served as Instructor of Guang Zhou University of TCM and Ji Na University of Medicine for 22 years before coming to the United States. He has published numerous TCM books and articles reflecting his clinic research; professor of various TCM courses at ACCHS since 1993, at AIMC since 1997; acupuncturist at Acupuncture Department of NEMS (North East Medical Services) for 5years. He has a wealth of medical expertise and clinical experience.

### Ronyaun Zhao, MSTCM, L.Ac.

Educational Background: Graduated from Western medicine, Jiaozuo Health and Medical School, PRC 1983; B.M. Western Medicine, Xinxiang Medical College, PRC 1999; MSTCM at ACCHS 2006

<u>Present Positions</u>: Professor at ACCHS; private practice in Fremont and Redwood City, CA.

<u>Previous Positions</u>: Physician in Jiaozuo Colliery Central Hospital in1980-1995; Physician in Shanghai Xinhua Hospital, PRC 1995-1996; Deputy Chief Physician in Jiaozuo Colliery Hospital from 1999. Instructor at ACCHS, 2012.

He has been teaching at ACCHS since 2012 and has practiced acupuncture in Fremont and Redwood City since 2006.





### **COURSE NUMBERS & DESCRIPTIONS**

**General Biology** BS110 (3 units/45 hrs.): The course is a study of the origin of life systems; of biological molecules, and organization of living things at the subcellular, cellular and organismic levels; and of the activities of living forms in obtaining and utilizing energy and materials in growth, maintenance and reproduction. The course is an examination of living things. It will include the principles of information storage, transmission and utilization at the levels of the cell and organism. There will be a discussion of the mechanisms of evolutionary change in the diversification of living things; and of energy flow and biochemical cycling. Pre-requisites: None

**General Chemistry** BS111 (2 units/30 hrs.): This is an introductory course in fundamental chemical concepts. Topics include atomic structure, periodic classification of elements, stoichiometry, solutions, acids and bases, pH and buffers, the gas laws, and chemical equilibrium. Pre-requisites: None

**Biochemistry** BS111bio (1 unit/15 hrs.): An introduction to the study of the structures and physical properties of biological molecules, including proteins, carbohydrates, lipids, enzymes, vitamins, energy utilization in the cell (ATP), DNA and radioisotopes. Emphasis is placed on physiological function. Pre-requisites: None

**General Physics** BS112 (1.5 units/22.5 hrs.): The course introduces fundamental principles of physics in mechanics, electricity, and modern physics as applied to conservation laws: energy, momentum, etc. An in-depth analysis of several selected topics including equilibrium, energy, momentum, rotation, electric fields and potentials, current and resistance, magnetic fields and forces, electromagnetic properties of matter, sound, electromagnetic waves, light, polarization and relativity. This course will include a survey of biophysics.

Pre-requisites: None

**Biophysics:** BS112bio (0.5 units/7.5 hrs.): The course is an introduction to the study of the application of physical sciences, to the structures of living organisms, and the mechanisms of life processes. Its subjects include bone, nerve impulses, muscle, and vision, as well as organic molecules, using such tools as paper chromatography, Xray crystallography, optical methods, such as absorption spectroscopy and laser as well as the response of organisms to various kinds of radiations.

Pre-requisites: None

**General Psychology** BS113 (2 units/30 hrs.): The course introduces the students to a broad spectrum of psychological research and thought. Topics will include biological psychology, perception, consciousness, memory, language, problem solving, intelligence, emotions, personality, psychotherapy, social interactions, and development. Emphasis will be placed on the science of psychology, the ways psychosocial science has impacted our understanding of human nature and behavior, and the training on psychological counseling skills. Pre-requisites: None

Human Anatomy BS114 (4 units/60 hrs.): The course is a study of basic structure, including cellular structure and histology. Topics covered will include: integumentary, skeletal, and nervous systems, blood and the circulatory, immune, respiratory, digestive, excretory, endocrine, and reproductive systems. The course will give an overview of normal structure as well as selected structural changes due to dysfunction of cells, tissues, and systems for in-depth study of both health and disease. Pre-requisites: None

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Human Physiology BS115 (4 units/60 hrs.): The course is a study of function, including cellular function (including cellular respiration, protein synthesis, and cell division) and organ function. Topics will include integumentary, skeletal, and nervous systems, blood and the circulatory, immune, respiratory, digestive, excretory, endocrine, and reproductive systems. The course will give an overview of normal function as well as selected dysfunction of cells, tissues, and systems for in-depth study of both health and disease. Pre-requisites: None

Western Medical Terminology BS116 (2 units/30 hrs.): This course is an introduction to the specialized language of medicine through the study of Greek and Latin prefixes, suffixes, and root words. Students will develop a familiarity with the highly technical and specialized terminology of modern medicine.

Pre-requisites: None



Western Medical Pathology I BS117(2 units/30 class hours): Western Pathology I is the first part of a survey of the nature and mechanisms of disease and illness, including cell injury, inflammation, neoplasm, immunopathology, chromosomal abnormalities, systemic pathology, psychopathology, microbiology, and epidemiology. At the end of BS117, students will have a basic understanding of pathologies at the molecular and cellular levels, and of the cardiovascular, hematological, respiratory, gastrointestinal, renal and urinary systems. Pre-requisites: BS114, BS115

Western Medical Pathology II BS118 (2 units/30 class hours): Western Pathology II is the second part of a survey of the nature and mechanisms of disease and illness, including cell injury, inflammation, neoplasm, immunopathology, chromosomal abnormalities, systemic pathology, psychopathology, microbiology and epidemiology. At the end of BS118, students will have a basic understanding of pathologies at the reproductive, endocrine, and nervous systems. An overview over dermatological and orthopedic pathologies will be given as well.

Pre-requisites: BS114, BS115, BS117

**Nutrition and Vitamins** BS219 (2 units/ 30 hrs.): The course focuses on the study of human nutrition, which includes the assimilation and utilization of vitamins and minerals. The course uses a biochemical and medical paradigm. Pre-requisites: BS111

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Western Medical Pharmacology WM120 (3 units/45 hrs.): The course provides the student with an overview of basic pharmacological principles, terminology, and the use of drug references. These concepts are applied to help the student understand drugs and their application to the treatment process. At the end of the course, students understand the mechanisms and uses of most common prescription drug classes that their patients may be taking.

Pre-requisites: BS111, BS115, BS117, BS118

Western Medical Diagnosis I WM221 (2 units/30 hrs.): In Western Medical Diagnosis I, students will be introduced to the Western medical diagnostic methods, such as history taking, physical examination, and diagnostic tests. Students will gain knowledge and skills essential for performing a medical history and physical examination. The Course emphasizes patient interviewing, acquiring a medical data base, and performing a comprehensive physical examination. Lectures and reading assignments emphasize the introduction to history taking, examination, and case write-ups.

Pre-requisites: BS114, BS115, BS117, BS118, WM120

Western Medical Diagnosis II WM222 (3 units/45 hrs.): In Western Medical Diagnosis II, students will learn the techniques of the physical examination and practice these techniques in the setting of a normal physical examination. Students will be able to orderly perform a complete physical examination and begin to differentiate between a screening physical examination and a more focused examination, and when each type of examination is indicated. Finally, students will demonstrate how to use instruments, including an oto-ophthalmoscope, stethoscope, reflex hammer and tuning forks.

Pre-requisites: BS114, BS115, BS117, BS118, WM120, WM221

Western Medical Sciences I WM223 (3 units/45 hrs.): Upon completion of Western Medical Sciences courses, students will have learned the clinical presentation and treatment of the current major diseases seen in Western medical practice. Furthermore, students will recognize red-flag cases that need urgent referral to an MD or emergency room, how to interact with Western medical practitioners, and demonstrate diagnostic skills and physical exam techniques. This first part of the Western Medical Sciences trilogy will focus on: Infectious diseases, Hematology, Neurology, Musculoskeletal Disorders and Endocrinology

Pre-requisites: BS114, BS115, BS117, BS118, WM120, WM221, WM222

Western Medical Sciences II WM324 (3 units/45 hrs.): Upon completion of Western Medical Sciences courses,, students will have learned the clinical presentation and treatment of the major diseases seen in Western medical practice today. Furthermore, students will recognize redflag cases that need urgent referral to an MD or emergency room, how to interact with Western medical practitioners, and demonstrate diagnostic skills and physical exam techniques. This second part of the Western Medical Sciences trilogy will focus on: Diabetes, Renal Disorders, Gastrointestinal, Liver, Gallbladder & Pancreatic Disorders, Gynecology & Immunology

Pre-requisites: BS114, BS115, BS117, BS118, WM120, WM221, WM222, WM223



Western Medical Sciences III WM325 (2 units/30 hrs.): Upon completion of Western Medical Sciences courses, students will have learned the clinical presentation and treatment of the major diseases seen in Western medical practice today. Furthermore, students will recognize redflag cases that need urgent referral to an MD or emergency room, how to interact with Western medical practitioners, and demonstrate diagnostic skills and physical exam techniques. This third and last part of the Western Medical Sciences trilogy will focus on: Dermatology, Pulmonary Medicine, Cancer, Cardiology & Geriatrics & Gerontology. Pre-requisites: BS114, BS115, BS117, BS118, WM120, WM221, WM222, WM223, WM324

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**Ethics** PM230 (1 unit/15 hrs.): The course is designed to elaborate to students both American and Chinese medical ethics and state acupuncture laws. Pre-requisites: None

**Practice Management** PM231 (2 units/ 30 hrs.): The course introduces the basic knowledge of acupuncture practice requirements, teaches how to build up and develop an office, set up accounting and billing systems, insurance claims, professional liability, and record keeping, etc. Pre-requisites: None

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**Case Management I** CM332 (3 units/45 hrs.): An introduction to appropriate theoretical case management procedures of acupuncturists. Included will be the nature of primary care responsibility, secondary and specialty care responsibilities, functional assessment testing, pyschosocial assessment, treatment planning and communication, referrals and recommendations, prognosis and future medical care, final case review, and completion of patient care. Pre-reguisites: None

**Case Management II** CM333 (3 units/45 hrs.): The course covers practical, advanced, and special case management procedures, covers injury and illness prevention, CalOSHA policy, the workers compensation system, QME requirements, Medicare, and Medi-Cal, personal injury cases, medical testimony, Medical Legal Report writing, CPT coding, ICD-9 diagnostic coding, special care and seriously ill patients. Pre-requisites: None

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**History of Medicine** PD134 (1 unit/15 hrs.): A survey of the history of medicine, emphasizing Chinese medicine, and including transcultural healing practices. Pre-requisites: None

**Research Methodology** PD135 (1 unit/15 hrs.): An introduction to research methods and basic statistics that will give students the ability to critically evaluate existing research studies and to employ sound methodological practices in their own research projects. This course is the theoretical base for the TCM Research class which follows. Pre-requisites: None

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**Public Health** PH236 (2 units/30 hrs.): The course introduces students to public health by describing its history and its principles, including the following subjects: disease prevention, health education, health promotion, community health, the social, behavioral, and environmental factors to health and illnesses, chemical dependency, communicable diseases, public health alerts, and epidemiology. Pre-requisites: BS117

**CPR and First-Aid** (10 hrs.): The course includes training in CPR and first-aid and includes topics: airway management; choking rescue; rescue breathing; CPR for adults, children and infants; first-aid for bleeding and shock victims; patient assessment; and familiarization with Automatic External Defibrillation. The student must provide an AHA CPR certificate and complete the 2-hour review session. Pre-requisites: None

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**Medical Chinese** OM140 (1 unit/15 hrs.): This course familiarizes students with the pronunciation of the Chinese language with an emphasis on terms commonly encountered in a traditional medical practice. Pre-requisites: None

**Foundations of TCM I** OM141 (3 units/45 hrs.): In the first part of Foundations, the student will learn the fundamental theories on which TCM is built, including Yin Yang theory, Five Phase theory, the fundamental substances and Zang/ Fu theory in detail. Pre-requisites: None



Foundations of TCM II OM142 (3 units/45 hrs.): In the second part of Foundations, the student will learn about the causes of disease, the prevention of disease and principles of treatment. Students learn in detail the signs and symptoms of the patterns of disharmony. Pre-requisites: OM141

**TCM Diagnosis I** OM143 (3 units/45 hrs.): TCM Diagnosis I, the first of three diagnosis courses, introduces the four methods of diagnosis "Inspection, Auscultation, Olfaction, Inquiry and Palpation". OM143 covers Auscultation, Olfaction and Inspection. Inspection will focus on building a diagnostic hypothesis starting with body typing, age and complexion. The study continues with tongue diagnosis. After completing OM143, students will be able to build reasonable pattern differentiations based on observation, to support them by auscultation and olfaction, and confirm these conclusions by tongue observation. Pre-requisites: OM141, OM142

**TCM Diagnosis II** OM144 (2 units/30 hrs.): TCM Diagnosis II, the second of three diagnosis courses, continues the study of the four methods of diagnosis "Inspection, Auscultation, Olfaction, Inquiry and Palpation." OM144 covers Palpation pulse diagnosis. Students will learn the 28 pulse names, images and indications. In the practical portion, students will learn the proper pulse taking procedures as well as the documentation of diagnostic findings, as a preparation for clinical training in pulse diagnosis. Furthermore, students will learn in-depth differential diagnosis based on Zang-Fu organ, eight principles, six channels, four stages as well as qi, blood and body fluids differentiation. Pre-requisites: OM141, OM142, OM143

**TCM Diagnosis III** OM245 (2 units/30 hrs.): TCM Diagnosis III, the last of the diagnosis courses, continues the study of the four methods of diagnosis "Inspection, Auscultation, Olfaction, Inquiry and Palpation". OM245 covers Inquiry and is the culmination of all previous study of Foundations and Diagnosis courses. Upon completion of OM245, students will know how to deduce patterns based on the "10 Questions" of Chinese medicine. Students will be able to ask questions purposefully, draw reasonable conclusions and come to a proper diagnosis that leads to an appropriate treatment plan.

Pre-requisites: OM141, OM142, OM143, OM144

Taiji & TCM Philosophy OM146 (2 units/30 hrs.): The class covers the daily practice of Taiji Quan and Qi Gong, strengthens and harmonizes the body, enabling the student to learn the energy channels of the body firsthand. The practice of Taiji Quan functions as a bridge to good meditation. In turn, it leads to a dynamic understanding of traditional Chinese medicine through the unification of mind, breath and action.

Pre-requisites: None

Taiji & Qi Gong OM147 (2 units/30 hrs.): The student learns several foundational stretching, basic way of meditation and Qi Gong exercises, and the basic postures of the traditional short Taiji form. Pre-requisites: None

**Tui Na Acupressure Technique** OM239 (4 units/60 hrs.): Chinese massage therapy is an integral part of Traditional Chinese Medicine, is a system of both diagnosis and treatment. Students learn the principles, characteristics, uses, and techniques of Tui Na; theory, functions and internal-external pathways of the 14 primary channels; and clinical applications.

Pre-requisites: None

**Clinical Applications of TCM** (Case Studies) OM348 (3units/45hrs.): The course emphasizes case studies and disease diagnosis through analysis of patients' history and examination, then applies TCM treatment and therapeutic methods.

Pre-requisites: HM361, AT379, OM245, HM255

**TCM Research Seminar** OM349 (2 unit/30 hrs.): Students will learn how to search TCM scientific information through classroom lecturing, discussion, and field training, through self study and academic references of selected topics. Students will design a TCM research subject, conduct TCM research and write a paper under the professor's instruction. Basic theories and ideas are presented and discussed. Pre-requisites: PD135, OM245, HM255, AT379

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Herbology I HM150 (2 units / 30 hrs.): Herbology I marks the Students beginning of the studies of the Chinese medicine Materia Medica herbs. Upon completion of HM150, students will be able to recognize the names of all of these herbs when spoken, spell the names in proper pinyin and know how to pronounce them accurately. Students will be able to visually identify and correctly categorize these herbs into their proper chapters and subchapters according to the text. Finally, students will demonstrate understanding of the functions of herbs based on the chapter and subchapter that they are categorized in.

Pre-requisites: None

**Herbology II** HM151 (3 units/45 hrs.): The Herb II course provides a detailed introduction to herbs that release surface, clear heat, cool blood, clear damp heat; relieve toxicity; clear summer heat, purgatives, moist laxatives, harsh expellants; drain dampness; expel wind damp;expel hot and cold phlegm; stop cough and asthma, aromatic transform dampness.

Pre-requisites: HM150

**Herbology III** HM152 (3 units/45 hrs.): Part III provides a detailed introduction to herbs that relieve food stagnation; regulate qi; stop bleeding; invigorate blood, warm interior, and expel cold; tonify qi and blood; tonify yang, stabilize; settle the spirit; open orifices; stop internal wind; expel parasites and external application. Pre-requisites: HM150, HM151

Herbology-Formulas I HM253 (2 units/30 hrs.): Formula I is an introductory course to formulas and serves as a bridge between the study of single herbs and complex formulas. The core of Chinese herbal Medicine is based on the relationships between various herbs. In this course, students will learn about the proper pairing of medicinals to improve results. Upon completion of HM253, students will have acquired knowledge of the foundational theories that govern herbal combination, including: A Brief History of Herbal Formulas in China, Techniques for Combining Herbs, Relationship of Formulas to Strategies, Hierarchies of Ingredients, Types of Formulations for Ingestion or External Application. Students will also learn 100 of the most common herbal combinations that appear frequently in herbal formulas. Through the proper pairing and combining of medicinals, students will be able to construct formulas using time-tested combinations, as well as modify standard formulas to fit individual needs.

Pre-requisites: HM150, HM151, HM152

**Herbology-Formulas II** HM254 (3 units/45 hrs.): The second part of Herb Formulas includes: release surface, clear qi level heat, cool the blood, clear heat toxin, clear heat form the organs, clear the false heat, purge, moisten the intestine, tonify and purge, harmonize the liver and spleen, stomach and intestine, stop malaria, warm interior and channels, tonify qi, blood etc.

Pre-requisites: HM150, HM151, HM152, HM253

Herbology-Formulas III HM255 (3 units/45 hrs.): This course includes: stabilize and bind, calm the spirit, open orifices, regulate qi, blood, relieve food stagnation, transform dampness, clear phlegm and stop coughing, extinguish internal wind, moisten the dryness, expel parasites etc. Pre-requisites: HM150, HM151, HM152, HM253, HM254

Herb Pharmacology & Chinese Nutrition HM356 (2 units/30 hrs.): The course is an overview of herb pharmaceutical interactions in the clinical setting, including the prevention of adverse reaction to herb formulas. The course also introduces Chinese dietary theory and clinical dietetic practice as a branch of TCM.

Pre-requisites: HM150, HM151, HM152, HM253, HM254, HM255

TCM Internal Medicine I HM360 (3 units/ 45 hrs.): Through the study of this course, students will systematically understand the TCM pathogen and pathology from common diseases of Internal Medicine. Students will be able to determine treatment based on the differentiation of symptoms and signs, the rules of herb prescriptions, and also the principles of TCM treatments of acute and complicated diseases. Therefore, in future clinical practice, students will be able to independently treat common & frequently occurring disease by applying the basic theories, knowledge and skills of courses. This course emphasizes introduction of common diseases including flu, catch cold, fever, cough, asthma, fluid retention, abscess, tuberculosis, stomachache, vomiting, damp obstruction, edema, diarrhea, dysentery and cholera, etc. Cases studies will be presented and their diagnosis and treatments will be discussed. Pre-requisites: HM150, HM151, HM152, HM253, HM254, HM255, OM245



TCM Internal Medicine II HM361 (3 units/ 45 hrs.): Based on the knowledge students have learned from Internal Medicine I, further introduction will be given on common diseases including constipation, flanks pain, jaundice, dysuria, oliguria, low back pain, arthritis, diabetes, insomnia, palpitations, depression, chest pain, dizziness and vertigo, etc. Case studies will be presented and their diagnosis and vertigo, etc. Case studies will be presented and their diagnosis and treatments will be dissuaded.

Pre-reguisites: HM150, HM151, HM152, HM253, HM254, HM255, HM360, OM245

TCM Gynecology HM362 (3 units/45 hrs.): Gynecology covers the traditional Chinese medical view of anatomy and physiology, and explores the special characteristics of female pathophysiology, the importance of the menstrual cycle as an indicator of systematic balance, and the principles of Chinese diagnosis and medical treatment, including mestrual diseases, diseases associated with pregnancy, postpartum diseases, and other gynecological diseases.

Pre-requisites: HM150, HM151, HM152, HM253, HM254, HM255

TCM External Medicine HM363 (2 units/ 30 hrs.): After reviewing the fundamentals of general care practice and previously learned related material (covered in other classes), students will examine in depth the diagnosis and treatment of both surgical and dermatological problems. Case histories will be presented and discussed.

Pre-requisites: HM150, HM151, HM152, HM253, HM254, HM255, OM245

TCM Traumatology HM364 (3 units/ 45 hrs.): Covers the classification of injuries and the diagnostic and therapeutic methods used in treating them. A range of bone, joint, and soft-tissue ailments will be covered, including fractures, dislocation, and internal injury.

Pre-reguisites: HM150, HM151, HM152, HM253, HM254, HM255, OM245

Introduction to Four TCM Classics HM365 (4 units/60 hrs.): Having built a solid foundation in Traditional Chinese Medicine theory, students will be introduced to the general basic ideas about four TCM classics: Huang Di Nei Jing, Jin Kui Yao Lue, Shang Han Lun and Wen Bing.

Pre-requisites: HM150, HM151, HM152, HM253, HM254, HM255, OM245

Meridian Theory & Point Classification AT170 (3 unit/45 hrs.): One way to start a journey is to study the map before beginning the journey, from the topography of the land mass to its legend and symbols. In doing so, the journey will become a richer experience filled with nuance. Meridian Theory will introduce the various channel systems (primary, luo connecting, divergent, sinew, 8 extra), including their routes and levels. Students will learn the many points of the channels systems that have special energetics and the categories these points are divided into. The point categories studied include: the five shu (transport) points, the five phase points, the xi-cleft points, the yuan-source points, the luoconnecting points, the back-shu points, the front-mu points, the hui-meeting points, the confluent points of the eight extraordinary vessels, the four and six command points, the points of the four seas. Upon completion of AT 170, students will have acquired knowledge of the internal and external pathways of the 12 primary channels including their luo connecting vessels, sinew vessels and divergent channels. Students will also know the paths of the 8 extraordinary vessels and their luo connecting vessels. Pre-requisites: None

Clinic Procedures, CNT & Orientation AT171 (1 unit/15 hrs.): The course introduces students to the skills and procedures that are required to maintain a safe and competent acupuncture practice. The course includes sections on sterility, asepsis, hygienic practices, and practical clinical guidelines. The course emphasizes practical technique and introduces clinic regulations, guidelines, and policies. Pre-requisites: None

Acu Points I AT172 (3 units/45 hrs.): The course introduces the basic knowledge of Acupuncture and covers the following: meridians theory, the study of acupuncture points, the study of meridians methods of locating acupoints and the study of points theory-du meridian, ren meridian, lung meridian, large intestine meridian, stomach meridian, spleen meridian, and the pathways, symptoms, points, connecting points, indications and needling techniques along with precautions.

Pre-requisites: BS114, AT170



Acu Points II AT173 (3 units/45 hrs.): The course covers the following: heart meridian, small intestine meridian, urinary bladder meridian, kidney meridian, pericardium meridian, sanjiao meridian, gallbladder meridian, liver meridians—pathways, symptomatology, points, connecting points, point functions and indications, needling technique and precautions.

Pre-requisites: BS114, AT170, AT172

Acupuncture Techniques I AT174 (2 units/30 hrs.): Upon completion of AT174, the first of three Acupuncture Techniques courses, students will be able to differentiate styles of needles, their appropriate applications and their safe use by maintaining a clean field. Students will be able to name indications and contraindications of bleeding, moxibustion, cupping and guasha, apply these treatments, and know how to appropriately manage and effectively prevent accidents. Holographic systems such as ear, scalp, hand and foot micro-systems will be introduced. Students will be able to identify the different parts of the ear, and find and needle its major points. Pre-requisites: BS114, AT170

Acupuncture Techniques II AT175 (2 units/30 hrs.): During AT175, the second of three Acupuncture Techniques courses, students acquire a deeper theoretical knowledge of the acupuncture points, including their indications, actions, and clinical relevance. Point classifications and special empirical points will be emphasized. Students will learn how to correctly needle points below the elbows and knees. Upon completion of AT175, students will able to identify the proper needling depths, angles, precautions and contraindications for points throughout the body. The participants will be able to needle points below the elbows and knees applying the proper technique, and they will be able to discuss point indications and actions of the major points. Students will have learned about the different styles of and be able to apply electro stimulation.

Pre-requisites: BS114, AT170, AT171, AT172, AT173, AT174

Acupuncture Techniques III AT276 (2 units/30 hrs.): During AT276, the last of three Acupuncture Techniques courses, students acquire a deeper theoretical knowledge of the acupuncture points, including their indications, actions, and clinical relevance. Students will learn, through practical application, how to correctly needle points throughout the body including torso, face and head. Upon completion of AT276, students will able to identify the proper needling depths and angles for all points and the precautions and contraindications for the major points. The participants will be able to needle any clinically relevant point and apply the proper needling technique. The participants will be able to discuss point indications and actions of the channel as well as the extra points.

Pre-requisites: BS114, AT170, AT171, AT172, AT173, AT174, AT175

**Orthopedic Acupuncture** AT277 (3 units/45 hrs.): Orthopedic Acupuncture is an introductory course related to the evaluation and treatment of orthopedic and sports injuries. Students will learn to examine, diagnose and treat musculoskeletal injuries based on the meridian theory and acupuncture principles. Specific needling techniques and point combinations will be reviewed, and meridian palpation will be practiced. Students will be able to apply the sports acupuncture principles in the treatment of injuries, effectively diagnose and treat musculoskeletal injuries, apply the correct needling technique (depending on the patient's condition), palpate meridians to identify blockages and points of treatment, locate and use Master Tung points for the treatment of pain, and use microsystems and herbal formulas for pain management.

Pre-requisites: BS114, AT170, AT171, AT172, AT173, AT174, AT175, AT276

Acupuncture Treatment I AT278 (3 units/45 hrs.): Acupuncture Treatment I, the first of three Acupuncture Treatment courses, introduces and discusses the following: Wind stroke, dizziness, cold, cough, asthma, stomach pain, vomiting, hiccup, abdominal pain, diarrhea, abdomen bloating, jaundice, constipation, edema, urination, retention of urine, impotence, premature seminal emission, insomnia, palpitation, epilepsy, forgetfulness, disturbance, manic depressive disorders, headache, facial pain, facial paralysis, back pain, hypochondriac, poor memory, deviation of eyes and mouth and other disease related point prescriptions. Pre-requisites: BS114, AT170, AT171, AT172, AT173, AT174, AT175, AT276



Acupuncture Treatment II AT379 (2 units/30 hrs.): Acupuncture Treatment II, the second of three Acupuncture Treatment courses, covers the following: bi syndrome, wei syndrome, gynecologic conditions, pediatric conditions, skin conditions, deafness and tinnitus, eye problems, nose problems, toothache, sore throat, smoking and/or drug cessation and other point prescriptions related to patterns of disharmony.

Pre-requisites: BS114, AT170, AT171, AT172, AT173, AT174, AT175, AT276, AT278

Acupuncture Treatment III AT380 (2 units/30 hrs.): AT380 is the third of three Acupuncture Treatment Courses. Upon completion of the course, students will be able to assess a patient's condition and create the appropriate treatment plan. The treatment plan will be based on the fundamental principles of acupuncture point selection and include elements of the various systems of Chinese medicine.

Pre-requisites: BS114, AT170, AT171, AT172, AT173, AT174, AT175, AT275, AT278, AT379

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**Clinic I-VII** CP181, CP282, CP283, CP284, CP385, CP386, CP387 (2.5, 2.5, 5, 5, 5.7, 5.7, 5.7 units/75, 75, 150, 150, 170, 170, 170 hrs.): The clinical portion of the Academy program is 960 hours, part of which is devoted to the study of herbs in a clinical setting. Evidence of completion of TOEFL, Medical Terminology, an approved CPR course and a physical exam including TB test must be submitted before a student may enter the Teaching Clinic.

Assessment I RV126 (1 unit/15 hrs.): Assessment I is the first of three review courses designed to reinforce the material students have learned, and prepare them for comprehensive examinations. This course helps students have a general review of the main contents of each course they learned in the first year, including Foundation of TCM I, Meridian Theory & Point Classification, Acupoints II, Herbology I, Human Anatomy, Human Physiology, Western Medical Pathology etc. After a review, students will have a better understanding of fundamental knowledge in TCM; meanwhile analyze their study methods, and find the best way of learning for themselves. As a result, students will be able to lay a solid foundation of their future TCM studies and well prepare for the Pre Comprehensive Exam. Assessment II RV227 (3 units/45 hrs.): Assessment II is the second of three review courses designed to reinforce the material students have learned, and prepare them for comprehensive examinations. This course helps students review the contents of each main course they learned in the first and second years (with primary emphasis on the second year), including TCM Diagnosis II, Acu Techniques III, Herbology III, Western Medical Diagnosis II, Western Pharmacology, Nutrition & Vitamins etc.. After a comprehensive review, students will develop more efficient learning habits and acquire good exam skills; therefore they will be able to advance to their practical studies effectively; and well prepare for the Basic Comprehensive Exam.

Assessment III RV328 (2 units/30 hrs.): Assessment III is the third of three review courses designed to reinforce the material students have learned, and prepare them for comprehensive examinations. This course helps students review entirely the contents of the main courses they learned in the previous three years (with primary emphasis on the third year), including TCM Internal Medicine II, TCM Genecology, Acu. Treatment III, Herbal Formulas III, Western Medical Sciences III etc. Upon completion of the course, students will be able to have a good mastery of TCM knowledge; identify potential deficiencies in their overall TCM learning; better their analytical and problem-solving ability and their examination skills. Also, students can well prepare for the Final Comprehensive Exam and ultimately for graduation and the California Acupuncture Licensing Exam or the series of NCCAOM exams .

#### Clinic is presented in three stages:

1. Observer Level (1- 275 hours): Phase I: 150 hours - supervised observation. The student does not take an active role in the evaluation, diagnosis, and treatment or patients. Student observes only. Phase II: 125 hours (151-275) - transition (at the discretion of supervisors), and while under constant supervision - clinical trainees may conduct evaluations and patient intakes, which may include observing the patient's tongue and pulse (evaluate patients etc.) Students can begin to record patient numbers. The student learns maintenance, preparation of needles, herb dispensing (including inventory control), patient record-keeping, and clerical duties. In the area of patient treatment, the student observes senior students, the supervisor and patient during interview, diagnosis, treatment and prescription of herbs, and performs Tui Na acupressure.



2. Pre-internship Level (276-550 Hours): The student is promoted to pre-intern. In this phase of clinical training, the student assists with taking medical history, performs Tui Na acupressure, and, under supervision, stimulates patients' needles. The student also performs patient treatment under direct supervision. The student assists the interns to interview patients, make initial diagnosis, and evaluate the patient's condition using Chinese and, when applicable, western diagnostic techniques. Under the supervisor's direction the student participates in discussions about the diagnosis and the principle of treatment, and administers needles, moxibustion, cupping, etc. Under supervision, the student starts to write patients' histories, prescribes and prepares herbal medicines for the patient.

3. Internship Level (551-960 hours): In the final stage, as an intern, the student assumes primary responsibility for patient diagnosis and treatment, but discusses each case with the clinic supervisor before and after treatment. The Intern is responsible for demonstrating accurate clinical procedures when treating patients, is responsible for showing pre-interns methodologies characteristic to acupuncturists within a clinical environment. The intern must show leadership, poise, and confidence when addressing assistant pre-interns and observer questions. The Intern never assumes complete authority. Each case will be reviewed and signed by the on-duty supervisor in order to maintain consistency.

### **ELECTIVES**

**Drug Detoxification** 401(2 units/30 class hours): This course discusses the use of traditional Chinese medical and western psychotherapeutic techniques for drug and alcohol detoxification in the United States. The student is given an in-depth analysis of the standard acupuncture and herb protocol used in detox, including both early stage points and herbs. In addition to the TCM protocol, related issues such as addiction psychology, cross-cultural and class differences, physiology of detox, dangers and contraindications, community updates, and history and politics of detox are discussed.

**Chinese Herbal Dietetics** 402 (2 units/30 class hours): Chinese herbal dietetics is one of the traditional healing arts. Building on the theories introduced in Combined Chinese and Western Nutrition, this course offers an indepth study of the methods of herbal food preparation based on the fundamental theories of TCM, with emphasis on disease prevention. Students will learn the properties, functions, formulas and preparations of common foods, as they are used to regulate and treat commonly seen diseases.

**Tui Na II** 403 (2 units/30 class hours): Students should have acquired the basic Tui Na techniques. This course will cover clinical application of Tui Na methods, internal, and topical herbal treatments on various disorders.

**TCM Geriatrics** 404 (2 units/30 class hours): The course covers diseases and treatment for older people, as viewed by traditional Chinese medicine. The course includes the basic changes in physiologic function with aging and the most common diseases that result, with both traditional Chinese and western medical information presented.

**Chinese Medicine and AIDS** 405 (2 units/ 30 class hours): The class covers the comparative studies of western medical and traditional Chinese medical treatments for patients who are HIV-positive and/or have AIDS

**TCM Otolaryngology** 406 (2 units/30 class hours): Based on the study of the physiology and pathology, this course will offer TCM diagnosis, prevention, and treatment of common problems of the eyes, ears, nose, throat, and mouth.

Advanced Diagnosis 407 (2 units/ 30 class hours): This course Introduces the important content of the TCM Diagnosis as well as the classic and advanced methods of diagnosis in details. This is a subject that includes the main points, interrelationship and comparison of the Four Major Methods of Diagnosis, Eight principals and Differential Diagnosis both vertically and horizontally, also, analyze the application of the different diagnosis methods in clinical case study and in the previous California Acupuncture Licensing Examination.

**TCM Pharmacology** 408 (2 units/30 class hours): Introduces the basic knowledge of Chinese herbal pharmacology, and the current progress of pharmacological studies of Chinese herbs.

**Medical Sexology** 409 (2 units/30 class hours): Introduces the student to the basic principles and practices in the study of human sexuality relating to health and disease, viewed from the western and traditional Chinese medical traditions. Emphasis is on traditional Chinese sexual medicine and Taoist sexology. Students will learn to utilize these concepts and methods as a combined form of therapy in clinical medical care, and as an important aspect in the promotion of health and well-being.



Introduction to Combined Western & Chinese Medicine 410 (2 units/30 class hours): The course shows its glamour by its new point of view in guiding the clinical practice, making many complicated diseases treated accordingly, hence open a new field in clinical sciences. The goal of the study of this subject is to let the students master the diagnosis and treatment methods of the combined western & Chinese Medicine, the idea of diagnosis by using the western medical theory, as well as differential diagnosis and treatment according to the TCM theory.

**TCM Dermatology** 411 (2 units/30 class hours): This class introduces to the students how to describe the appearance of different skin lesion accurately and the importance of the medical record; how to explain the symptoms of the skin problems in TCM theory, differentiation of the skin diseases according to the organs, differentiation according to the four levels, differentiation according to subjective skin sensation; the principle of the treatment, internally and externally herbs and acupuncture treatment; and the diagnosis and deferential diagnosis of some common skin diseases and their different treatment.

**TCM ENT** 412 (2 units/30 class hours): This class includes TCM Ophthalmology and TCM Otolaryngology, is one of the major component of the various TCM clinical sciences. It is relatively independent among the various TCM clinical sciences with prosperous contents, introducing the diagnosis and treatment of Keratitis, Glaucoma, Cataract, Central Retinitis, Unspecified Chronic Suppurative Otitis Media, Tinnitus, Deafness, Sinusitis, Allergic Rhinitis, Tonsillitis, Pharyngitis, Thyroid related diseases, and other five sensory organ diseases.

TCM Pulse Analysis Practice 413 (2 units/30 hours): This course builds on the training begun in TCM Diagnosis. After reviewing the fundamental principles, the course will delve deeper into the classical basis for pulse diagnosis, the roots of analysis, and the energetics behind each image. Students will perform supervised practice of pulse reading on actual patients to compare the images presented with the pattern discrimination of that patient.

**Medical Chinese Conversation** 414 (1 unit/15 hours): In this course, students will be able to warm up to what they learned in the Medical Chinese course and learn more medical terminology related to their future TCM practice. Also, students will be able to learn more about Chinese culture and language and speed up their everyday Chinese language communication skills.

**Meridian Qigong** 415 (1.5 unit/22.5 hours): This course introduces Meridian Qigonog forms. Students will trace the primary channel pathways, connect with each channel's associated internal organs and the major points of that channel. Participants will build an experiential understanding of the primary channel pathways as well as increase sensitivity to the presence and quality of qi as it moves through the points and channels. Finally, students will demonstrate their ability to teach Meridian Qigong to patients as a form of medical qigong and be able to select specific channels according to the pathology or utilize the entire form for general health benefits.

#### Orthopedic Anatomy, Diagnostics and Acupuncture

416 (2 units/30 hours): In this course, students will learn orthopedic diagnostic and treatment protocols for classical conditions. There will be an emphasis on both Oriental and Western Medical diagnostics with Acupuncture treatment protocols from Oriental and Western modalities. Treatment methods will include acupuncture and manual manipulation. Classes will have both didactic and practical elements allowing hands-on practice of various treatment techniques.

The Academy reserves the right to change any policy set forth in this catalog without prior notification to the extent that such changes do not conflict with state or federal law.

### ACCHS

## Tui Na Massage Therapy Certificate Program

Catalog January 1, 2016 - December 31, 2017



Academy of Chinese Culture and Health Sciences 1600 Broadway, Oakland, CA. 94612 (classes held here)

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### **President's Message**



Hello and welcome to the Academy of Chinese Culture and Health Sciences (ACCHS). ACCHS was founded in 1982 by Master Tsuei Wei with the aim of integrating classical Chinese medicine and culture with modern higher education and the needs of American society. It is a mission to which we still firmly adhere. While a major part of the Academy's focus is in enabling students to obtain a license to practice acupuncture, it does not stop there. The curriculum engages with the classical Chinese belief in the importance of the practitioner cultivating his/her own well-being, and that through the healing of oneself, one can better understand how to heal others as whole people.

Located in the heart of downtown Oakland and the San Francisco Bay area, ACCHS offers bilingual Master of Science in Traditional Chinese Medicine program and a Tuina (Chinese therapeutic massage) certificate program. ACCHS has an excellent and dedicated teaching faculty of Chinese and Western medical experts, and brand new and well-equipped teaching clinic. In addition we offer various continuing education courses for licensed acupuncturists and are expanding our education and outreach programs to the community. To this end we are introducing a series of life cultivation and Chinese culture classes. We are further planning to launch both Doctorate and international collaboration programs in the near future.

I hope that students will be able to diligently pursue a course in their personal and professional lives that will allow them to make a significant contribution to building a healthy and harmonious society. Our goal is to encourage and support them in that aim, in the hope that together we can advance the field of medicine and human well-being. Thank you very much for your support!

Respectfully,

Jun Wang, Ph.D President



### **Approval and Disclosure Statement**

The Academy of Chinese Culture and Health Sciences is institutionally accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for freestanding institutions and colleges of acupuncture or Oriental medicine that offer such programs. ACAOM is located at 8941 Aztec Drive, Eden Prairie, Minnesota 55347. Phone: (952) 212-2434; Fax: (952)657-7068.

The Academy is a Private Not-For-Profit California Public Benefit Corporation that has been approved to operate by the Bureau for Private Postsecondary Education. "Approved to operate" means compliance with state standards as set forth in the California Private Postsecondary Act of 2009. The Academy has been granted tax exempt status under 501(c)(3) of the U.S. Internal Revenue Code of 1954.

Persons seeking to resolve problems or complaints should utilize the grievance procedure as presented in this catalog. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education (BPPE) at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, www.bppe.ca.gov, toll-free number (888) 370-7589 or by fax (916) 263-1897. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's web site www.bppe.ca.gov.

The Tuina Certificate program is an unaccredited certificate program. The Tuina Certificate program leads to eligibility for applicable permits in bodywork in the United States. The Tuina Certificate Program does not lead to employment positions specific to the certificate. There is no Federal financial aid available for this program.

ACCHS has no pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, and has not had a petition of bankruptcy filed against it within the preceding five years.

A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy Council at One Capitol Mall, Suite 320, Sacramento, CA 95814, www.camtc.org, phone (916) 669-5336, or fax (916) 669-5337.



This catalog outlines curriculum requirements, faculty information and course descriptions as per the effective date of issuance. The materials presented herein constitute the rules and regulations of the Academy and are intended to be accurate, complete, and binding. However, the Academy reserves the right to update or change any or all of these regulations to meet with all of the above accreditation requirements and/or the Academy's changing conditions. In the event of any change, written notice will be given, and such notice will post as an addendum to the catalog. All information in this school catalog is current and correct and is so certified as true by Jun Wang, Ph.D., President.

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you signing an enrollment agreement.

### **Board of Directors and Administration**

Yen Wei Choong, MSTCM, L.Ac., Hwei-Jung Hsu, M.D. Tung-Chia Wong, Ed.D. Eva WuChoi, MBA Robert J. Barnhart

## Administration

Wang, Jun, Ph.D, President
Bella, Andres, M.A., Executive Vice-President
Tou, Phillip, M.S. Vice-President of Education
Zhang, Jane Miaozhen, B.A., Vice-President of Administration
Siemann, Thomas, MSTCM, LAc., Dean of Academic Affairs
Ye, Helen, L.Ac., Clinical Academic Director
Settels, Phil, L.Ac., Clinical Administrator
Winchell, Mara, B.A. Enrollment and Recruiting Manager
Young, Kevin, English Program Administrator
Chen, Sophia, B.S., Chinese TCM/Tui Na Program Administrator
Nguon, Long Tao, English Tui Na Program Administrator
Dang, Jessica, Registrar
Yu, Mandy, A.A., Financial Controller
Beth Morris, MLIS, Librarian
Sloane, Lisa, L.Ac., Director of Student Learning Center



### **Statement of Purpose**

The Academy of Chinese Culture and Health Sciences was established in 1982 as a non-profit institution offering a professional education in traditional Chinese medicine and Tui Na bodywork within the context of Chinese culture.

## **Tui Na Educational Objectives**

Tui Na promotes and re-establishes health, and it restores injured tissues. Some treatment protocols require major Tui Na focus to attack the root of the pain, move blood stasis, and fight off disease. Tui Na practitioners seek to treat beyond producing just a relaxed result. The Academy offers a 500 Tui Na Massage Therapy Certificate Program. This special program focuses on the integration of Western massage and Oriental Acupressure therapies and techniques. The Academy wants to encourage the use of alternative medicine to inspire pharmaceutical-free health awareness. Throughout the program, instructors use classroom space, massage tables, white boards, lecture notes and handouts, projectors, and overhead screens to facilitate learning. At the time of gradation:

- The student will be able to practice massage therapy consistent with the techniques related to Chinese medicine.
- The student will be able to practice interpersonal skills while following ethical client/therapist relations as applied to Tui Na.
- The student will be able to understand the applications of Tui Na as they are related to physiology, anatomy, and pathology of the body, understanding adjunct therapy, modality theory, and technique.
- The student will be fully prepared for the upcoming California statelevel massage certification exam.

## Federal and State Financial Aid Programs

Students enrolled in the ACCHS Tuina Massage Therapy Certificate Programs are not eligible for state or federal financial aid assistance programs. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student has received federal student financial aid funds, the student is entitled to a refund of the moneys not paid from federal student financial aid programs.

## **Location and Facilities**



The Academy of Chinese Culture and Health Sciences is located in vibrant Oakland, California, just across the bay from San Francisco. The Academy campus is near Oakland's City Center, and is easily accessed by the Bay Area Rapid Transit (BART) public transportation system. It is within two blocks of federal, state, and city government buildings, within a few blocks of Oakland's growing Chinatown community, which has an abundance of restaurants, shops, and herbal pharmacies. Also within walking distance are bookstores, copy shops, cafes, and many businesses, which represent Oakland's rich ethnic diversity. The Academy is also just five miles from the University of California at Berkeley, a major Western academic resource, and is a few blocks from the main branch of the Oakland Public Library.

### Library

The library is divided into two sections (Chinese and English) with a total of 3,000 volumes of traditional Chinese medical and related publications. It is open five days a week. Students can borrow books with their student ID cards. Students can also do individual research or have group study in the reading rooms. Computers, TV, a copier, periodicals, and dictionaries, as well as videos and slides are available for student and faculty use.

## Notice Concerning Transferability of Credits and Credentials Earned at Our Institution

The transferability of credits you earn at the Academy is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the Tuina Massage Therapy Certificate you earn in the Tuina program is also at the complete discretion of the institution to which you may seek to transfer. If the Tuina Certificate that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Academy to determine if your Tuina credits will transfer.



### **Admissions Statement**

The Academy is committed to a policy of equal opportunity. Admission is open to all qualified applicants. Equal educational opportunities will be provided to all persons, regardless of race, religion, gender, national origin, marital status, sexual preference, age, or physical handicap. Candidates for admission are considered in the order in which they are completed.

English Program: Wednesday, Saturday, Sunday Chinese Program: Monday - Friday

The Tuina Massage Therapy Certificate program duration is 25 weeks.

### **Admissions Requirements**

Students who are 18-years-old and older who are in good health are eligible to apply for the Tui Na Massage Therapy Program. A high school diploma, GED, or its equivalent is required. Applicants must have a successful physical and health exam result/copy. To enroll in English classes, applicants must demonstrate proficient language communication skills, (an interview may be required for non-english speaking applicants). To enroll in Chinese classes, applicants must demonstrate English language comprehension. Applications must include:

- Application form
- Copy of government issued ID
- Two passport-sized photographs
- Health exam results
- English language comprehension

Class sizes are limited to 20 students per program.



## **Completion Requirements**

In order to pass the Tui Na program successfully, the student must:

- Pass all courses related to the Tui Na Massage Therapy Certificate program.
- Have a good understanding of the concepts, modalities and techniques related to Tui Na massage therapy.
- Possess an independent ability to practice Tui Na massage techniques and therapies to patients and clients.

Attendance and/or graduation from a California Massage Therapy Council approved school does not gaurantee certification by CAMTC. Applicants for certification shall meet all the requirements as listed in California Business and Professions Code section 4600 et. seq.

## **Post-Certification Training**

Upon completion of the Tui Na Certificate Program, graduates who are interested in pursuing the Master of Science in Traditional Chinese Medicine may wish to contact the ACCHS MSTCM Admissions office for program eligibility and requirements.

## Placement

The Academy posts notices of known job openings on a centrally located bulletin board and refers students to successful alumni and practitioners; though ACCHS offers no guarantee of employment.

## STRF (Student Tuition Recovery Fund)

In California, a student who pays his or her tuition is required to pay a stateimposed assessment for the Student Tuition Recovery Fund. The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by California residents who were students attending schools approved by the Bureau for Private Postsecondary Education (BPPE). You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:



1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all of part of your tuition by cash, guaranteed student loans, and

2. Your total charges are not paid by any third-party payer, such as an employer, government program, or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies: 1. You are not a California resident, or not enrolled in a residency program, or

2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.

2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.

3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.

4. There was a material failure to comply with the Act or the Division within the 30-days before the school closed or, if the material failure began earlier than 30-days prior to closure, the period determined by the Bureau.

5. An inability after diligent efforts to prosecute, prove, or collect on a judgment against the institution for a violation of the Act.

## **Transfer Credit**

The Academy only considers transfer hours from CAMTC approved schools and accepts transfer hours that may not make up more than 50 percent of the 500 hours required for certification.

## **English Language Proficiency Requirement**



The Academy requires that English program applicants maintain English proficiency for successful didactic and practical clinical training purposes. Students may complete the Test of English as a Foreign Language (TOEFL) or the International English Language Testing System exam (IELTS). English language services are provided by ACCHS.

The Academy requires a TOEFL Web-based test score of 61 for students entering the English program. Additionally, English program applicants must achieve a minimum speaking exam score of 26 and a minimum listening score of 22.

The Academy requires an IELTS test score of 6 for students entering the English program.

The Academy requires that English program applicants meet the TOEFL or IELTS requirements at the time of admission. A student may be exempt from the English language assessment exams if he/she has successfully completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education.

The Academy requires that Chinese program applicants maintain basic English comprehension. Chinese program students must successfully complete the required English comprehension courses within the curriculum, which include English for Tuina Service, Medical Terminology I & II, and Case Studies, before the practical training portion of the curriculum begins.

## CAMTC Application and Eligibility (www.camtc.org)

CAMTC (California Massage Therapy Council) provides oversight for the application, certification and renewal processes of Certified Massage Therapists (CMTs) and Certified Massage Practitioners (CMPs) to ensure that all standards have been met. CAMTC is required by state law California Business and Professions Code Section 4600 et seq. to:

- Create and implement voluntary certification for the massage therapy profession that will enable consumers to easily identify credible Certified Massage Therapists (CMTs) and Certified Massage Practitioners (CMPs);
- 2. Ensure that CMTs and CMPs have completed sufficient training at approved schools; and
- 3. Increase education and training standards consistent with other states.



## Tui Na Curriculum

Course No.	Hours
MC01	64
MC02	18
MC03	5
MC04	13
MC05	30
MC06	20
MC07	60
MC08	40
MC09	
	20
	20
MC10	
	40
	20
MC11	
	10
	20
) MC12	20
MC13	20
MC14	40
MC15	40
Total	500
MC16	40
MC17	40
MC18	28
	MC01 MC02 MC03 MC04 MC05 MC06 MC07 MC08 MC09 MC10 MC10 MC11 ) MC12 MC11 MC13 MC14 MC15 Total

### **Practical Training**

Students undergoing the practical training portion of the program are encouraged to invite friends and family to the Tui Na clinic for treatment at a cost of only \$20 per visit.

During the practical training portion of the curriculum, students will apply Tui Na theories and practice acquired techniques and skills on patients from the community. Experienced practitioners and ACCHS instructors supervise performed treatments.



## **Financial Information (Fees and Expenses)**

Program tuition fee:\$7.00/hourSingle course tuition fee:\$10.00/hour500 hours Tui Na program tuition:\$3,500Additional 250 hours Tui Na training tuition:\$1,750Registration fee:\$50 (non-refundable)

(NON-REFUNDABLE) California Student Tuition Recovery Fund: \$.00 / \$1,000 of Tuition

School facility fee:	\$15.00
Late tuition fee:	\$30.00
Drop fee:	\$30.00 per form
Make-up fee:	\$30.00 per form
Transfer fee:	\$50.00 per form
Tuition installment interest (annual):	10%

Students should be prepared to pay all tuition and fees at the time of registration. All tuition is due on the first day of class. All checks must be made payable to "ACCHS." Low-interest installment agreements are available to students experiencing financial difficulties. The down payment is one third (1/3) of the total amount. Students who do not pay in full or who do not complete their installment contracts are ineligible to graduate or receive transcripts of academic credit. The processing fee for each returned check is \$25.

The Academy's Tuina Massage Therapy Certificate Program does not lead to licensure of any kind. Graduates of the Tuina program are eligible for application of a bodywork certificate through CAMTC or per the laws and regulations of the local government and/or municipalities.

### East Bay Works Training Program

The Academy's Tui Na Certificate Program has been placed on California's Eligible Training Provider List (ETPL). If you are currently unemployed and have signed up with East Bay Works training program, you may consider applying funds from your Individual Training Account (ITA). Contact the Oakland PIC or East Bay Works in your area for more information.



## **Tuition Refund Policy**

Calculation of refunds is now done based on clock hours paid for versus clock hours passed at the time of the withdrawal or dismissal. A student may withdraw and obtain a refund any time before he or she completes 60 percent of the program curriculum. Detailed explanation of these policies follows:

For refund purposes, an accepted applicant may only terminate enrollment in person or by certified mail. Termination notices received by mail take effect on date of postmark.

### Full refund period - Cancellation after enrollment

When an accepted student has notified the Academy of intent to enroll by paying registration fees, the student will be considered enrolled with the newly entered class. A student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later.

### Cancellation after the full refund period

If a student cancels after the full refund period has expired, the Academy is entitled to retain the registration fee, but will refund other moneys paid according to the refund policies below.

#### Tuition refund after classes have begun

A partial tuition refund will be permitted if a student cancels enrollment when classes have completed 60% or less of the instruction. The unused portion of tuition will be calculated, based upon clock hours paid for versus clock hours passed, plus the drop fee of \$50.00 per form. The student will be charged from the first day of school until the last date of attendance, including the classes not attended in between. A \$30.00 drop fee per form will be applied.

### Leave of Absence/Withdrawal

A student who chooses to interrupt his or her course of study may apply to the administration for a leave of absence. Each request will be considered individually and on its own merits. Students who drop a class before the last day to drop will receive a "W" on their transcript. Students who drop after the drop date will receive an "F" grade for the course(s).



## **Academic Regulations**

Students must observe the applicable rules and regulations of the Academy. Failure to do so, may result in disciplinary action.

### Attendance

Inconsistent attendance is a serious concern to the faculty and administration because it jeopardizes a student's eligibility to obtain licensure in many states, restricts the depth and scope of an individual's educational progress, and often results in only achieving the institution's minimum requirements, only achieving levels of professional development below the student's potential.

Faculty are required to take and record daily student attendance. Students who miss 20 percent of each course must make an appointment with the administration within five days to assess their attendance problem. Three tardies will be counted as one absence. Using attendance forms provided by the administration office, instructors are directed to track and report any student attendance deficiencies by the middle of each program. There is no leave-ofabsence from the Tuina program.

### COURSE GRADES

Grade	Interpretation	Grade Point	Equivalent %
А		4.0	94 -100
A-	Excellent	3.7	90 - 93
B+	Good	3.3	87 - 89
В		3.0	83 - 86
B-	Moderate	2.7	80 - 82
C+		2.3	77 - 79
C (CR)	Minimum Passing	2.0	73 - 76
C- to D-	Fail	1.7 - 0.7	60 - 72
F (NC)	Fail	0.0	0 - 59
In	Incomplete	0.0	0

Grading is done on the four-point system, and their interpretations are as follows:



## Academic Probation and Dismissal

Students must maintain a 2.0 grade point average (GPA) in order to maintain good academic standing. Any class not completed with at least a 2.0 must be retaken at the next available time and the student will be placed on probation. Probationary students who have re-established a 2.0 GPA will have their probationary status removed. If a student fails to maintain a 2.0 GPA for subsequent classes that are taken at the next available period, he/she will be dismissed from the Academy.

If dismissed, students may be considered for readmission after a significant amount of time separated from the Academy and after the student has demonstrated some or all of the following: Remedial course work at an accredited college; academic or personal counseling; or demonstration of having overcome the difficulties that led to the dismissal. Once a student is readmitted, s/he is expected to maintain at least a 2.0 GPA. Failure to do so after being readmitted may result in immediate and final dismissal from the Academy.

### Grievances

Students with concerns about academic or administrative rulings or procedures should first bring their concern directly to the instructor or administrator involved. If resolution is not possible, the complaint should then be presented in writing to the Grievance Committee, which will hear the matter and respond with a decision within ten working days of receipt. If the Grievance Committee's decision does not provide resolution, an appeal for review can be made to the Academy's president on behalf of the Board of Directors. Any resolution will be kept in both the student file and school grievance file. Also, after initiating the institutional Grievance Procedure, the student may report any grievances to BPPE, respectively (see page 4 of this catalog for contact info.).

## **Student Services**

### ADVISING AND CONSULTATION

The Academy's academic advisors and administration staff provide consultation services to students in order to either direct them to appropriate counseling agencies for personal services or help them solve their academic issues.

### COMPUTER FACILITIES



Students have access to word processors and the Internet in the computer room located on the 2nd floor. Also, Internet accessibility is provided in the Library. Students may go on-line during normal library hours. Students may access the Academy's wireless Internet services using their own Wi-Fi compatible devices. More information on wireless settings can be found in the Academy administration offices.

### STUDENT LOUNGE

Student lounges are available on the Academy's 1st and 2nd floors, with microwave ovens and refrigerators for student convenience, and with a space for group or individual clinical case study.

### STUDENT TUTORING CENTER

The ACCHS Tutoring Center on the second floor offers free tutoring for students in need of extra academic assistance. Students may inquire about computerized tutoring exercises, tutoring appointments, and tutor assistance.

### BOOKSTORE

All textbooks, reference materials, herb samples, medical charts, etc. are available at the school bookstore, with discounts provided. Per specific requests, the bookstore helps place specific orders for student groups.

### COPYING SERVICE

A copier is conveniently located in the library. A low-cost copy fee is applied for students' specific copy needs.

#### HEALTH CARE

The Academy teaching clinic is available for students and their immediate family. Health care is provided at only \$19 per visit. Herbs are additional at half price.

### REFUSAL OF SERVICE TO STUDENTS

The Academy may refuse any type of service to a student who has an outstanding balance of unpaid tuition and/or fees. The Academy may refuse services to a student who has terminated college matriculation with financial obligations remaining unpaid.



## Living and Housing Costs

There is no on-campus or dormitory housing, but the Academy in downtown Oakland is five miles from Berkeley and in the heart of the East Bay. Both Oakland and Berkeley have ample rental units available at a reasonable cost - from \$500 (shared housing) to \$1100 (onebedroom apartment). The Academy bears no responsibility in assisting a student with housing, yet the Academy maintains a small bulletin board for a shared housing network as well as other community and professional listings.

## **Student Records**

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. The Academy maintains school and student records for a 50-year period and maintains student transcript records permanently. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.

## Hygiene, Decorum, Draping

The Academy emphasizes the importance of knowledge of the healing arts, as well as maintaining respectful and ethical conduct. It is important to remember that in the classroom as well as in the clinic, decorum is an integral part of the learning process. Tardiness, absence, inappropriate attire, poor attitude, eating during class, etc. are viewed as showing a lack of respect and may be grounds for disciplinary action.

During all training in the ACCHS Tuina Massage Therapy Certification program, students shall wear clean, nontransparent outer garments. Any student attire deemed inappropriate by the ACCHS administration will result in removal of the student from the class or practical training session.

During any portion of the Tuina practical training curriculum, students shall use proper draping techniques. All genitalia shall be fully draped at all times. Draping shall occur at the navel line and across the torso and at the knees at all times. Additionally, females shall be draped on the breasts immediately above the top of the areola. Any student not following the ACCHS draping policies will be removed from the class or practical clinical training session.

## Faculty



**JOHNSON CHIU L.AC.** Johnson was certified as a massage therapist and tuina practitioner in 2001 and became a California licensed acupuncturist in 2003 and also got his certification in acupuncture orthopedics in 2003. Currently, he is an instructor at ACTCM and ACCHS and teaches Sports Acupuncture Treatment for Diseases and Pain Management in Tuina Level 2.

**JON FELLMAN, L.AC., MSTCM.** Jon has been a practicing massage therapist since 1992. He is well-versed in many massage disciplines, including Shiatsu, Tuina, Thai, and other advanced styles. He is also educated in traditional Chinese medicine, having completed the MSTCM program at ACCHS. He currently has a practice in San Francisco, treating with massage, acupuncture, herbs, and other TCM modalities.

**JASON FRYE, MSTCM, L.AC.** Jason Frye began a study of Tui Na and Acupressure along side a study of Tai Chi and Qigong with Brian O'Dea and Kathleen Davis in 1998. He is a certified Jin Shin Jyutsu practitioner and combines this with Tui Na and Medical Qigong in every session. Jason has been an instructor of Tui Na and Acupressure at The Acupressure Institute in Berkeley and McKinnon Institute in Oakland since 2002. He practices these healing arts in his home office in Uptown Oakland just a few blocks from Lake Merritt.

VINCENT FENGYUN HE, L.AC., DIPL.OM. Vincent graduated with a B.S., at California State University, Sacramento in 2002 and ACCHS in 2007. Currently, he has a private practice in Sacramento & Rocklin, CA. Mr. He has been studying Chinese herbal medicine for years before he attended ACCHS for his master degree in TCM.

**SEAN HSIEH, L.AC, CMT.** Sean graduated from China Culture University in Taiwan. Fluent in Chinese and English, he is currently running a successful TCM clinic in San Francisco.

**HONG JI HU.** Hong Ji Hu received his massage education at the Acupuncture and Massage Institute of America in Hacienda, CA. He has held positions at Far East Wellness Center in Walnut Creek and A Perfect Day Spa in Millbrae, CA. He has worked as an instructor for more than ten years and has focused on health-care and sports training.



**QIREN LI, L.AC**. Qiren graduated from Shandong TCM school in 1993 and received his California acupuncture license in 2006. Li has been practicing Chinese traumatology for over 20 yrs. Has plenty of tuina teaching experience. He currently teach sports injury in ACCHS tuina program.

**KEITH R. LA BRYER, LMT**. Keith is an intuitive and gifted massage therapist with experience in spa management treatments. He attended and completed a program at the American Institute of Massage Therapy in Kailua, Hawaii, where he received his massage therapy license. Currently, he specializes in Swedish, Shiatsu, Lomi, Lomi, Reflexology, Deep Tissue, Sports Massage, Hot Stone Massage, Aroma Therapy, and Sugar/Salt Scrubs.

**TERESA NG, MSTCM, L.Ac.** Teresa Ng, M.S., L.Ac. has a MSTCM and is licensed by the State of California. Teresa had the privilege to work and learn from the famous 93-year-old Chinese Medicine Master, Dr. Bing Yan Li, before her retirement; Dr. Li specialized in women's health problems. She is being recognized by China in the Famous People Record as one of the top 300 knowledgeable Chinese medicine doctors.

**BRIAN O'DEA, L.AC.** Brian has over 40 years of martial arts, meditation, and health care practice. As a Senior Instructor, he taught "Winds and Waters" Tui Na bodywork, Acupressure, Tai Chi, Qi Gong, and Traditional Chinese Philosophy at the Acupressure Institute and other acupuncture and bodywork schools since 1988. He completed over 1000 hours of study at the Acupressure Institute, and he is a graduate of Academy of Chinese Culture and Health Sciences. He has studied Jin Shin Jyutsu with Mary Burmeister and Pat Meador, and Qi Gong with Simu Ou Yang Min for over 25 years. Brian also studied Yang style Tai Chi Chuan with Prof. Cheng Man Ching and Aikido with Lou Kleinsmith, as well as Qi Gong, Tai Chi, Acupuncture, Tui Na, and Taoist Philosophy with Sifu Tsuei Wei since 1975.

JANET OLIVER, L.Ac. Janet has practiced and taught Asian Bodywork Therapy and Traditional Chinese Medicine for over 25 years. Janet began her career in Asian Bodywork Therapy at the Acupressure Institute in 1982, as a teacher and practitioner. She completed over 1000 hours of study at the Acupressure Institute. Also, Janet became a faculty member of Jin Shin Jyutsu in 1993. Furthermore, Janet has taught at various Acupuncture and Bodywork schools in California, where she developed



the curriculum for her 500-hour Acupressure Therapy Program and wrote four textbooks. She studied Qi Gong with Simu Min Ou Yang for ten years, and apprenticed with Dr. Alex Feng in Acupuncture for several years. In addition, Janet studied Jin Shin Jyutsu for many years with Mary Burmeister. She has taught throughout the United States and internationally.

**MARION WEI, L.AC.** In 2010, Marion pursued her life-long dream of becoming a healer and attended ACCHS. Marion is familiar with the famous Master Tung points which is effective for pain management and a wide variety of ailments. Marion is currently a faculty member and tutor at the Academy of Chinese Culture and Health Sciences. She is a shift acupuncturist at Octagon Community Acupuncture Clinic and also volunteers at Charlotte Maxwell Complementary Clinic as an acupuncturist.

**RONGRONG YE, CMT**, graduated from Nanjing Chinese medicine college massage program in 2005. Highly experienced in basic and advanced tuina techniques, he teaches tuina massage around the United States as well as overseas. Currently, he teaches fundamental tuina techniques and treatment of common ailments in the ACCHS tuina program.

**AARON YU, L.AC.** graduated from the Advanced TCM Orthopedics program at the Research Institute of Chinese Medicine in 2011 and is a California licensed acupuncturist. Experienced in treating a variety of conditions, work and auto-related injuries, Mr. Yu practiced acupuncture, acupressure, orthopedic massage and pain management in San Francisco.

**CATHERINE POWER, MSTCM, L.AC.** Catherine completed her certification in Advnaced Acupressure and Oriental Bodywork from the Acupressure Institute in 2000 and graduated from ACCHS in 2005. She has practiced Shiatsu, Chi Nei Tsang, Deep Tissue Massage, and acupuncture at her private clinic and throughout various community clinics.

**TONG ZHANG, B.M. L.AC.** Tong graduated with a B.M. from Guangzhou University of TCM in 1983. Currently he works as an instructor and clinical supervisor at ACCHS. In the United States, Mr. Zhang retained his L.Ac. and began practicing and teaching. He has a private practice in San Francisco.



#### **Course Numbers and Descriptions**

- 1. Fundamental Anatomy & Physiology (MC01/64hrs): The course will give an overview of basis structure, including skeletal, muscular, nervous, circulatory, immune, respiratory, digestive, endocrine and reproductive systems. The course will give an overview of normal function as well as selected dysfunction of cells, tissues, and systems for in-depth study of both health and disease.
- 2. Business and Ethics (MC02/9hrs): This course is designed to give students, both American and Chinese, essential medical ethics and state laws. The course also introduces the basic knowledge of practice management, including how to build up and develop an office, billing system, insurance information, professional liability, record keeping, etc.
- **3.** Health and Hygiene (MCO3/5hrs.): The course teaches how to understand the disciplines of occupational hygiene in a clinical setting. The student will learn the prevention of ill-health from work through recognizing, evaluating, and controlling risks and health hazards in the environment with the objective of protecting the patient's health and well-being.
- 4. Massage Contraindications (MC04/4hrs): This course is designed to teach the conditions limited to massage practice: local contraindications and absolute contraindications. Caution must be exercised, and the massage therapist must adapt to certain conditions. This is done to protect the health and safety of the clients as well as the massage therapist.
- 5. Meridians & Acupoints (MC05/30hrs): The course introduces the basic knowledge of meridians theory, as it applies to the practice of Asian Bodywork/Tui Na. The course focuses on the study of meridians methods, of locating acupressure points, the study of Du & Ren meridians, and the twelve major meridians. It also teaches the therapeutic functions of the major acupoints throughout the body.



- 6. Fundamental TCM Theory & Diagnosis (MC06/20hrs): The course will introduce fundamental theoretical concepts of Traditional Chinese Medicine as well as the four methods of diagnosis "inspection, auscultation, olfaction, inquiry and pulse". Differential diagnosis based on the eight principles, pathogenic conditions, six channels, triple warmer, Qi, blood, and body fluids, etc.
- Essentials of Tui Na Techniques (MC07/60hrs): This course provides a hands-on learning of the essential techniques of Tui Na massage and will include corrective exercises and Qi Gong as well.
- 8. Medical Terminology I (MC08/40hrs): This course is an introduction to the specialized language of medicine through the study of root words. Students will develop a familiarity with the highly technical and specialized terminology of modern medicine, focused on the vocabulary related to the Tuina service.
- 9. Fundamental Kinesiology & Applications (MC09/40hrs):

**Sports Injury (MC09A/20hrs):** Injuries are common in all sports activities. In this class, the students will be able use various massage techniques to treat different types of painful conditions caused by muscle trauma and overuse of muscles during sports activities.

**Deep Tissue Massage (MC09B/20hrs):** The student will learn the techniques of Swedish, Deep tissue and Shiatsu massage, as well as stretches ergonomics. Students will be able to incorporate these styles comfortably within their own practices. The course covers how to do a sequence on the table and on the mat starting with a demonstration on how to do a full body session using Swedish and Deep tissue techniques.

10. Client Assessment and Treatment Plan (MC10/60hrs): This course will provide students with the opportunity for hands-on experience in treating a variety of conditions including treatment of the head, trunk, upper limps, lower back, hips, and lower limps, as well as the energy meridians and internal diseases. Students will be able to refine the previously learned Tui Na Techniques and develop the use of their internal energy for healing.



**Pain Management (MC10A/40hrs):** This course introduces and develops Tuina technologies for minor aches, pains, and stiffness. Basic stances and self-care will also be introduces along with set "packages" for major joints and areas of the body.

**Treatments of Common Ailments (MC10B/20hrs):** This course will provide an overview of treatments for common ailments. We will consider each major section of the body and all major articulations. We will focus on treatment of pain from trauma, chronic postural misalignment, with structural integration techniques. All material will be hands on with no texts or handouts. Students are expected to stay focused and attentive and practice techniques outside of class weekly.

#### 11. Professional Practice Guidelines (MC11/30hrs):

**Professional Performance and Procedures (MC11A/10hrs):** The course introduces students to the skills and procedures that are required to maintain a safe an competent massage practice. The course also introduces sections on sterility, asepsis, and hygienic practices, and practical clinical guidelines. The course emphasize professional service manner, attitude, and procedure.

**English for Tuina Service (MC11B/20hrs):** This course familiarizes students with the pronunciation of the English language with an emphasis on the terms commonly encountered in a massage practice.

- **12. Practice Management (MC12/20hrs):** This course includes how to build a practice, setup accounts, and the laws applicable to massage therapy, with special consideration given to office setup, office management, billing systems, medical insurance claims, record-keeping, professional liability, and insurance.
- **13.** Medical Terminology II (MC13/20hrs): A continuation of Medical Terminology I. This course is an introduction to the specialized language of medicine through the study of root words. Students will develop a familiarity with the highly technical and specialized terminology of modern medicine, focused on the vocabulary related to the Tuina service.



- **14. Clinical Applications Case Studies (MC14/hrs40):** This course emphasizes case studies based on anatomy and physiology, kinesiology, pathology, and contraindications, physiological effects of massage through client assessment. This course also focuses on ethics, laws, and regulations, along with professional guidelines, etc.
- **15.** Clinical Practice (MC15/40hrs): The clinical portion of the academy Tuina program, part of which is devoted to the hands-on practice in a clinical setting. Evidence of completion of a physical exam, including a TB test, must be submitted before a student may enter the teaching clinic.





#### ELECTIVES

**Five Elements Acupressure Technique** (MC16/40hrs): The student learn advanced Tuina techniques and sinews channels. Students will be proficient in applying these techniques. Also, students learn to assess and give acupressure sessions to address basic syndromes defined by the Eight Parameters Theory, and be proficient in utilizing these session.

**Eight Parameters Acupressure Tuina** (MC17/40hrs): The student will learn a variety of Five Element Acupressure and Advanced Tuina Techniques. At the end of the course, the student will be proficient in the basic application of advanced techniques, including Five Elements and applicable meridians, including supine, Chi Nei Tsang, Alarm points with Triple cross techniques.



The patient must also be aware of his or her body in order to recognize signs and symptoms and imbalances. The patient can then seek remedies at the earliest possible moment.

-Yellow Emporer's Classic of Medicine Huang Di (2700-2600 BCE)



**Thai Massage** (MC18/20hrs): This course covers a sequence for the Supine position from feet to head, as well as a sitting sequence. Students will be able to apply stretches, acupressure points, and proper use of body weight, thumbs, palms, elbows, knees, and feet, including focused abdominal work.

**Hot Stone Therapy** (MC19E3/16hrs): Students will learn massage techniques using Basalt stones (water-heated), applying pressure and heat to the body, integrating the techniques with TCM meridian therapy. The stones are coated in oil and can also be used by therapists to deliver various massage strokes, which helps to release muscle tension and achieve a therapeutic effect.

**Chair Massage** (MC20E4/16hrs): This course gives you information on how to start a successful massage therapy practice, all based on seated massage. Chair massage is convenient, popular in place of business and shopping malls. You will learn several techniques to alleviate your client's pain, and to boost their energy.



**Reflexology** (MC21E5/16hrs): This unique Chinese method teaches you the technique of massage on parts of the feet, with foal to manipulate the areas on the foot, to regulate the function of internal organs. The benefit of pressure on the reflex zones is to be able to relieve stress and pain, and achieve the effect of body healing.

**Table Shiatsu** (MC22E6/16hrs): Shiatsu is based on a system of points on the body called meridians. You will learn several different techniques used in this modality including: pressure pint work, assisted stretching and movement. It can be relaxing and rejuvenating, help with general health and well beings, and be used for injury treatment.

**Chi Nei Tsang** (MC23E7/16hrs): Students participate in a practical, crosssectionalsurvey of three Asian Healing Arts: Chi Nei Tsang, Japanese Hara diagnosis, and Mu points massage. All involve palpation and massage of the abdomen and internal organs: Students complete the class with enough hands-on practice to give basic abdominal treatments.

**Facial Massage** (MC24E8/12hrs): The instructor will share this gentle massage technique allowing students to master the skill for good skin-care for men and women, to maintain healthy and youthful skin. Students also can use this technique on face to treat several facial disorders and internal imbalance.

## The Academy of Chinese Culture and Health Sciences

Tui Na Massage Therapy Program Catalog





Master Tsuei and his calligraphy in both Chinese and English: Yin and Yang are the Tao (way) of Heaven and earth, the great principle and outline of everything, the parents of change, the root and source of birth and destruction, the palace of God. \_\_\_\_\_ From «Nei Jing», it was written by ancient Chinese philosopher/physician about 2,500 years ago.

Apinane jong are the DO (Day) of Heaven and Earth 14 00 (Day) of Heaven and Earth 14 18 8K Heil R: The goest principleans Outline of Everything \$1002400/kl, The parents of Change & West H. The parents of Change & West H. The Rost and Source of Birth and Destruction 4 \$2 × 16. J. The palece of Goel in HER 10 

Front cover: Most of the pictures were copied from a painted silk shroud that was excavated in 1972 in Changsha, China. It was identified as being 2,100 years old. The top images symbolize Yin and Yang with paintings of the sun holding a crow, and the moon holding a toad and a rabbit. The Five Elements are depicted as five birds, corresponding with a legend that the earliest from of acupuncture was a pecking bird.

#### ACCHS

#### Tui Na Massage Therapy Certificate Program

Catalog January 1, 2018 - December 31, 2019



Academy of Chinese Culture and Health Sciences 1600 Broadway, Oakland, CA. 94612 (classes held here)

Office: (510) 763-7787 Clinic: (510) 763-1299 FAX: (510) 834-8646

Website: http://www.acchs.edu E-mail: info@acchs.edu



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#### **President's Message**



Over 20 years ago, Sifu Wei Tsuei, the founder and president, asked me about my beliefs. He asked me what I found to be true in life. I remember the encounter because I answered that truth could be found in the nature of all things, if one knew how to look for it. At the time, I did not realize the gravity of the moment. However, after he hired me, Dr. Tsuei explained that my answer intrigued him; because I had touched on the essence of ACCHS. He explained that the principle underlying the formation of ACCHS is the Tao of nature, the theory of Ying-Yang and the principles of oneness of the universal, earth, and human being (three into one). He then pointed to his calligraphy and recited, "Ying and Yang are the Tao (way) of heaven and earth."

As Acting President of ACCHS, it is my honor to perpetuate Dr. Tsuei's legacy, his dream to unite East and West, America and China, Western medicine and Chinese medicine. Since my beginnings at ACCHS, TCM has become a popular and positive ally in the pursuit of balance and health. The world has witnessed the good that TCM has brought – and the phenomenon is spreading around the world faster than ever before. At ACCHS, we have always maintained that balance begins with understanding the oneness (three into one), the cultivation of the intellect, and the comprehension of human nature. As Dr. Tsuei always said, "you must first learn to heal yourself before you learn to heal others."

At ACCHS, our students learn to examine the physical and spiritual, to exercise balance and health through the lens of both philosophy and science. As one of the oldest schools of TCM in the nation, we believe our approach towards education best suits those individuals looking for more than a degree and license; because we offer much more than courses and grades. We offer the promise of evolution, community, and balance. This is what has always separated ACCHS from all other schools. Our aim has always been to pursue, through the medium of medical learning, the goal of an ideal society and civilization, and to make a significant contribution towards the development and prosperity of mankind. This is the principle underlying the Academy of Chinese Culture and Health Sciences today.

Sincerely, Andres Bella MA, Acting President



## ACADEMIC CALENDAR 2018

Spring 2018 (Chinese)	Summer 2018 (English)	Fall 2018 (Chinese)	
January 8, 2018 - June 7, 2018	May, 16, 2018 - October 21, 2018	August 20, 2018 - Decmeber 21, 2018	
Registration Date	Registration Date	Registration Date	
November 8, 2017	March 16, 2018	April 18, 2018	
Last Day to Drop April 6, 2018	Last Day to Drop August 25, 2018	Last Day to Drop November 2, 2018	
		CALENDAR 2019	
	ACADEMIC	CALENDAR 2019	
Spring 2019 (Chinese)	Summer 2019 (English)	Fall 2019 (Chinese)	
<b>Spring 2019 (Chinese)</b> January 7, 2019 - June 6, 2019			
January 7, 2019 -	Summer 2019 (English) May, 15, 2019 -	Fall 2019 (Chinese) June 17, 2019 -	
January 7, 2019 - June 6, 2019	Summer 2019 (English) May, 15, 2019 - October 20, 2019	Fall 2019 (Chinese) June 17, 2019 - November 14, 2019	
January 7, 2019 - June 6, 2019 Registration Date	Summer 2019 (English) May, 15, 2019 - October 20, 2019 Registration Date	Fall 2019 (Chinese) June 17, 2019 - November 14, 2019 Registration Date	



#### **Approval and Disclosure Statements**

#### Business and Professions Code - BPC

**DIVISION 2. HEALING ARTS [500 - 4999.129]** (Division 2 enacted by Stats. 1937, Ch. 399.)

CHAPTER 10.5. Massage Therapy Act [4600 - 4621] (Chapter 10.5 added by Stats. 2014, Ch. 406, Sec. 2.)

4611. (a) It is an unfair business practice for a person to do any of the following:

(1) To hold himself or herself out or to use the title of "certified massage therapist" or "certified massage practitioner," or any other term, such as "licensed," "certified," "CMT," or "CMP," in any manner whatsoever that implies or suggests that the person is certified as a massage therapist or massage practitioner, unless that person currently holds an active and valid certificate issued by the council pursuant to this chapter.

(2) To falsely state or advertise or put out any sign or card or other device, or to falsely represent to the public through any print or electronic media, that he or she or any other individual is licensed, certified, or registered by a governmental agency as a massage therapist or massage practitioner.

(b) In addition to any other available remedies, engaging in any of the prohibited behaviors described in subdivision (a) constitutes unfair competition under Section 17200. (Added by Stats. 2014, Ch. 406, Sec. 2. (AB 1147) Effective January 1, 2015. Repealed as of January 1, 2021, pursuant to Section 4621.)

The ACCHS CAMTC school approval code is SCH0026. Attendance and/or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all requirements as listed in California Business and Professions Code section 4600 et. seq.

A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy Council at One Capitol Mall, Suite 800, Sacramento, CA. 95814, <u>www.camtc.org</u>, phone (916) 669-5336, or fax (916) 669-5337.



## Approval and Disclosure Statements (cont.)

The Academy of Chinese Culture and Health Sciences is institutionally accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for freestanding institutions and colleges of acupuncture or Oriental medicine that offer such programs. ACAOM is located at 8941 Aztec Drive, Eden Prairie, Minnesota 55347. Phone: (952) 212-2434; Fax: (952)657-7068.

The Academy is a Private Not-For-Profit California Public Benefit Corporation that has been approved to operate by the Bureau for Private Postsecondary Education. "Approved to operate" means the institution exceeds minimum state standards as set forth in the California Private Postsecondary Act of 2009. The Academy has been granted tax exempt status under 501(c)(3) of the U.S. Internal Revenue Code of 1954.

Persons seeking to resolve problems or complaints should utilize the grievance procedure as presented in this catalog. Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education (BPPE) at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, P.O. Box 980818, West Sacramento, CA. 95798-0818, www.bppe. ca.gov, toll-free number (888) 370-7589 or by fax (916) 263-1897, (916) 431-6959 or by fax (916) 263-1897. A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's web site www.bppe.ca.gov.

The Tuina Certificate program is an unaccredited certificate program. The Tuina Certificate program leads to eligibility for applicable permits in bodywork in California. The Tuina Certificate Program does not lead to employment positions specific to the certificate. There is no Federal financial aid available for this program.

ACCHS has no pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, and has not had a petition of bankruptcy filed against it within the preceding five years.

This catalog outlines curriculum requirements, faculty information and course descriptions as per the effective date of issuance. The materials presented herein constitute the rules and regulations of the Academy and are intended to be accurate, complete, and binding. However, the Academy reserves the right



to update or change any or all of these regulations to meet with all of the above accreditation requirements and/or the Academy's changing conditions. In the event of any change, written notice will be given, and such notice will post as an addendum to the catalog. All information in this school catalog is current and correct and is so certified as true by Andres Bella, MA, Acting President.

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you signing an enrollment agreement.

## **Board of Directors and Administration**

Yen Wei Choong, MSTCM, L.Ac., Jane Zhang, B.A. Arthur Liu, Esq. Eva WuChoi, MBA Maria Kish, D.C. Robert J. Barnhart Phillip Tou, M.A.

## Administration

Bella, Andres, M.A., Acting President
Xu, Xin Zhu (Hualing), BM, MSTCM (China), L.Ac. Vice-President of Education
Zhang, Jane Miaozhen, B.A., Vice-President of Administration
Siemann, Thomas, DAOM, LAc., Dean of Academic Affairs
Morris, Ken, DAOM, L.Ac., Director of Clinical Academic Programs
Settels, Phil, L.Ac., Assistant Dean of Academic Affairs, DAOM Administrator
Diskin, Jon, B.A. Admissions and Marketing Coordinator
Alvarez, Chris, English Program Administrator
Chen, Sophia, B.S., Chinese Program Administrator
Dang, Jessica, Registrar
Yu, Mandy, A.A., Financial Controller
Wong, Connie, MLIS, Librarian

#### **Statement of Purpose**

The Academy of Chinese Culture and Health Sciences was established in 1982 as a non-profit institution offering a professional education in traditional Chinese medicine and Tui Na bodywork within the context of Chinese culture.



The job classification code associated with the Tuina Massage Therapy Certificate program under the United States Department of Labor's Standard Occupational Classification code is 51.3501

#### **Tui Na Educational Objectives**

Tui Na promotes and re-establishes health, and it restores injured tissues. Some treatment protocols require major Tui Na focus to attack the root of the pain, move blood stasis, and fight off disease. Tui Na practitioners seek to treat beyond producing just a relaxed result. The Academy offers a 500 Tui Na Massage Therapy Certificate Program. This special program focuses on the integration of Western massage and Oriental Acupressure therapies and techniques. The Academy wants to encourage the use of alternative medicine to inspire pharmaceutical-free health awareness. At the time of graduation:

- The student will be able to practice massage therapy consistent with the techniques related to Chinese medicine.
- The student will be able to practice interpersonal skills while following ethical client/therapist relations as applied to Tui Na.
- The student will be able to understand the applications of Tui Na as they are related to physiology, anatomy, and pathology of the body, understanding adjunct therapy, modality theory, and technique.
- The student will be fully prepared for the upcoming California state-level massage certification exam.

#### Federal and State Financial Aid Programs

Students enrolled in the ACCHS Tuina Massage Therapy Certificate Programs are not eligible for state or federal financial aid assistance programs. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student has received federal student financial aid funds, the student is entitled to a refund of the moneys not paid from federal student financial aid programs.



## **Location and Facilities**

The Academy of Chinese Culture and Health Sciences is located in vibrant Oakland, California, just across the bay from San Francisco. The Academy campus is near Oakland's City Center, and is easily accessed by the Bay Area Rapid Transit (BART) public transportation system. It is within two blocks of federal, state, and city government buildings, within a few blocks of Oakland's growing Chinatown community, which has an abundance of restaurants, shops, and herbal pharmacies. Also within walking distance are bookstores, copy shops, cafes, and many businesses, which represent Oakland's rich ethnic diversity. The building/facility is comprised of two floors, each floor approximately 8,000 square feet. Throughout the program, instructors use classroom space, massage tables, white boards, lecture notes and handouts, projectors, and overhead screens to facilitate learning.

#### Library

The library is divided into two sections (Chinese and English) with a total of 3,000 volumes of traditional Chinese medical and related publications. It is open five days a week. Students can borrow books with their student ID cards. Students can also do individual research or have group study in the reading rooms. Computers, TV, a copier, periodicals, and dictionaries, as well as videos and slides are available for student and faculty use.

# Notice Concerning Transferability of Credits and Credentials Earned at Our Institution

The transferability of credits you earn at the Academy of Chinese Culture and Health Sciences is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the Tuina Massage Therapy Certificate you earn in the Tuina program is also at the complete discretion of the institution to which you may seek to transfer. If the Tuina Certificate that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Academy of Chinese Culture and Health Sciences to determine if your Tuina credits will transfer.



#### **Admissions Statement**

The Academy is committed to a policy of equal opportunity. Admission is open to all qualified applicants. Equal educational opportunities will be provided to all persons, regardless of race, religion, gender, national origin, marital status, sexual preference, age, or physical handicap. Candidates for admission are considered in the order in which they are completed.

English Program: Wednesday, Saturday, Sunday Chinese Program: Monday - Friday

The English Tuina Massage Therapy Certificate program duration is 23 weeks.

The Chinese Tuina Massage Therapy Certificate program duration is 22 weeks.

#### **Admissions Requirements**

Students who are 18-years-old and older who are in good health are eligible to apply for the Tui Na Massage Therapy Program. A high school diploma, GED, or its equivalent is required. Applicants must have a successful physical and health exam result/copy. To enroll in English classes, applicants must demonstrate proficient language communication skills, (an interview may be required for non-english speaking applicants). To enroll in Chinese classes, applicants must demonstrate English language comprehension. Applications must include:

- Application form
- Copy of educational background showing completion of high school or its equivalent
- Copy of government issued ID
- Two passport-sized photographs
- Health exam results
- English language comprehension

Class sizes are limited to approximately 30 students per program.



## **Completion Requirements**

In order to pass the Tui Na program successfully, the student must:

- Complete all 500 hours and pass all courses related to the Tui Na Massage Therapy Certificate program.
- Have a good understanding of the concepts, modalities and techniques related to Tui Na massage therapy.
- Possess an independent ability to practice Tui Na massage techniques and therapies to patients and clients.

Attendance and/or graduation from a California Massage Therapy Council approved school does not gaurantee certification by CAMTC. Applicants for certification shall meet all the requirements as listed in California Business and Professions Code section 4600 et. seq.

## **Post-Certification Training**

Upon completion of the Tui Na Certificate Program, graduates who are interested in pursuing the Master of Science in Traditional Chinese Medicine may wish to contact the ACCHS MSTCM Admissions office for program eligibility and requirements.

#### Placement

The Academy posts notices of known job openings on a centrally located bulletin board and refers students to successful alumni and practitioners; though ACCHS offers no guarantee of employment.

## STRF (Student Tuition Recovery Fund)

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid STRF assessment,



and suffered an economic loss as a result of any of the following:

- 1. The school closed before the course of instruction was completed.
- 2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.
- 3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
- 4. There was a material failure to comply with the Act or the Division within 30-days before the school closed or, if the material failure began earlier than 30-days prior to closure, the period determined by the Bureau.
- 5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

- You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all of part of your tuition either by cash, guaranteed student loans, or personal loans, and
- Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies:

- 1. You are not a California resident, or are not enrolled in a residency program, or
- 2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.



## **Transfer Credit**

The Academy may considers transfer hours from CAMTC approved schools and, based on the current curriculum, accepts transfer hours that may not make up more than 50 percent of the 500 hours required for certification. The Academy of Chinese Culture and Health Sciences has not entered into an articulation or transfer agreement with any other college or university.

# Transfer Credit for Experiential Professional Learning

The Academy of Chinese Culture and Health Sciences does not accept or award credit for prior experiential learning. Challenge exams will not be allowed or considered.

## **English Language Proficiency Requirement**

The Academy of Chinese Culture and Health Sciences does not admit students from other countries. The Academy requires that English program applicants maintain English proficiency for successful didactic and practical clinical training purposes. Students may complete the Test of English as a Foreign Language (TOEFL) or the International English Language Testing System exam (IELTS). English language services are provided by ACCHS.

The Academy requires a TOEFL Web-based test score of 61 for students entering the English program. Additionally, English program applicants must achieve a minimum speaking exam score of 26 and a minimum listening score of 22.

The Academy requires an IELTS test score of 6 for students entering the English program.

The Academy requires that English program applicants meet the TOEFL or IELTS requirements at the time of admission. A student may be exempt from the English language assessment exams if he/she has successfully completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education.



The Academy requires that Chinese program applicants maintain basic English comprehension. Chinese program students must successfully complete the required English comprehension courses within the curriculum, which include English for Tuina Service, Medical Terminology I & II, and Case Studies, before the practical training portion of the curriculum begins.

#### Tui Na Curriculum

Course Name	Course No.	Hours
Fundamental Anatomy & Physiology	MC01E	64
Business and Ethics	MC02E	18
Health and Hygiene	MC03E	5
Massage Contraindications	MC04E	13
Meridians and Acupoints	MC05E	30
Fundamental TCM Theory & Pathology	MC06E	20
Essentials of Tui Na Techniques (TT)	MC07E	60
Five Elements Acupressure/Tuina	MC08E	40
Fundamental Kinesiology & Applications	MC09E	
Sports Injury Tuina		20
Treatment of Common Ailments		20
Client Assessment and Treatment Plan	MC10E	
Pain Management		40
Treatments of Common Ailments		20
Professional Practice Guidelines	MC11E	
Professional Performance Proced.		10
Practice Management (Boundaries and Law	) MC12E	20
Eight Parameters Acupressure	MC13E	40
Clinical Applications (Case Studies)	MC14E	40
Clinical Practice	MC15E	40
	Total	500

## **Practical Training**

Students undergoing the practical training portion of the program are encouraged to invite friends and family to the Tui Na clinic for treatment at a cost of only \$20 per visit.

During the practical training portion of the curriculum, students will



apply Tui Na theories and practice acquired techniques and skills on patients from the community. Experienced practitioners and ACCHS instructors supervise performed treatments.

## Schedule of Total Charges (Fees and Expenses for the Period of Attendance)

Program tuition fee:	\$7.00/hour
Single course tuition fee:	\$10.00/hour
500 hours Tui Na program tuition:	\$3,500
1st Time Registration fee:	\$50 (non-refundable)
Total tuition and fees:	\$3.550.00

\$3,550.00

#### **Estimated Schedule Fees**

Teaching material fee:	\$30
School facility fee:	\$25
Transcript Processing fee	\$20
Total estimated fees:	\$75

Total Charges:	\$3,625.00
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(NON-REFUNDABLE) California Student Tuition Recovery Fund:

	\$.00 / \$1,000 of Tuition
Late tuition (installment) fee:	\$30.00
Add/Drop fee:	\$50.00 per form
Missing-hours make-up fee:	\$50.00 per time
Irregular exmaination fee	\$50 per course

Students should be prepared to pay all tuition and fees at the time of registration. All tuition is due on the first day of class. All checks must be made payable to "ACCHS." Low-interest installment agreements are available to students experiencing financial difficulties. The down payment is one third (1/3) of the total amount. Students who do not pay in full or who do not complete their installment contracts are ineligible to graduate or receive transcripts of academic credit. The processing fee for each returned check is \$25.

The Academy's Tuina Massage Therapy Certificate Program does not lead to licensure of any kind. Graduates of the Tuina program are eligible for application of a bodywork certificate through CAMTC or per the laws and regulations of the local government and/or municipalities.



## **Tuition Refund Policy**

Calculation of refunds is now done based on clock hours paid for versus clock hours passed at the time of the withdrawal or dismissal. A student may withdraw and obtain a refund any time before he or she completes 60 percent of the program curriculum. Detailed explanation of these policies follows:

For refund purposes, an accepted applicant may only terminate enrollment in person or by certified mail. Termination notices received by mail take effect on date of postmark. In order for a student to cancel or withdraw from the Tuina Massage Therapy Certificate program, a student must submit the ACCHS Add/Drop Course and Withdrawal Form and indicate "Withdrawl from Academy" on the ACCHS Add/Drop Course and Withdrawal Form.

#### Full refund period - Cancellation after enrollment

When an accepted student has notified the Academy of intent to enroll by paying registration fees, the student will be considered enrolled with the newly entered class. A student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later.

#### Cancellation after the full refund period

If a student cancels after the full refund period has expired, the Academy is entitled to retain the registration fee, but will refund other moneys paid according to the refund policies below.

#### Tuition refund after classes have begun

A partial tuition refund will be permitted if a student cancels enrollment when classes have completed 60% or less of the instruction. The unused portion of tuition will be calculated, based upon clock hours paid for versus clock hours passed, plus the drop fee of \$50.00 per form. The student will be charged from the first day of school until the last date of attendance, including the classes not attended in between. A \$50.00 drop fee per form will be applied.



## Leave of Absence/Withdrawal

A student who chooses to interrupt his or her course of study may apply to the administration for a leave of absence. Each request will be considered individually and on its own merits. Students who drop a class before the last day to drop will receive a "W" on their transcript. Students who drop after the drop date will receive an "F" grade for the course(s).

## CAMTC Application and Eligibility (www.camtc.org)

CAMTC (California Massage Therapy Council) provides oversight for the application, certification and renewal processes of Certified Massage Therapists (CMTs) and Certified Massage Practitioners (CMPs) to ensure that all standards have been met. CAMTC is required by state law California Business and Professions Code Section 4600 et seq. to:

- Create and implement voluntary certification for the massage therapy profession that will enable consumers to easily identify credible Certified Massage Therapists (CMTs) and Certified Massage Practitioners (CMPs);
- 2. Ensure that CMTs and CMPs have completed sufficient training at approved schools; and
- 3. Increase education and training standards consistent with other states.

#### East Bay Works Training Program

The Academy's Tui Na Certificate Program has been placed on California's Eligible Training Provider List (ETPL). If you are currently unemployed and have signed up with East Bay Works training program, you may consider applying funds from your Individual Training Account (ITA). Contact the Oakland PIC or East Bay Works in your area for more information.



#### Attendance

Inconsistent attendance is a serious concern to the faculty and administration because it jeopardizes a student's eligibility to obtain licensure in many states, restricts the depth and scope of an individual's educational progress, and often results in only achieving the institution's minimum requirements, only achieving levels of professional development below the student's potential.

Faculty are required to take and record daily student attendance. Students who miss less than 20% of a course shall make up the missing hours before the completion of the program. Student tardies are disruptive to the program. Three tardies or early departures from a course or any combination thereof will be considered one absence. Students can apply for the make-up per the teacher's availability and pay the make-up fee within the current program or follow the next class to make up the missing hours without extra charge.

Students who miss more than 20% of a course are not eligible to apply for make-up and must retake the whole course.

#### COURSE GRADES

Grading is done on the four-point system, and their interpretations are as follows:

Grade	Interpretation	Grade Point	Equivalent %
А		4.0	94 -100
A-	Excellent	3.7	90 - 93
B+	Good	3.3	87 - 89
В		3.0	83 - 86
B-	Moderate	2.7	80 - 82
C+		2.3	77 - 79
C (CR)	Minimum Passing	2.0	73 - 76
C- to D-	Fail	1.7 - 0.7	60 - 72
F (NC)	Fail	0.0	0 - 59
In	Incomplete	0.0	0



#### **Academic Probation and Dismissal**

Students must maintain a 2.0 grade point average (GPA) in order to maintain good academic standing. Any class not completed with at least a 2.0 must be retaken at the next available time and the student will be placed on probation. Probationary students who have re-established a 2.0 GPA will have their probationary status removed. If a student fails to maintain a 2.0 GPA for subsequent classes that are taken at the next available period, he/she will be dismissed from the Academy.

If dismissed, students may be considered for readmission after a significant amount of time separated from the Academy and after the student has demonstrated some or all of the following: Remedial course work at an accredited college; academic or personal counseling; or demonstration of having overcome the difficulties that led to the dismissal. Once a student is readmitted, s/he is expected to maintain at least a 2.0 GPA. Failure to do so after being readmitted may result in immediate and final dismissal from the Academy.

#### **Student Conduct and Regulations**

Students must observe the applicable rules and regulations of the Academy. Failure to do so, may result in disciplinary action.

After a review by the board of directors, a student may be dismissed for failure to follow Academy regulations or for disrespectful behavior to a student, administrator, faculty member, and/or clinic patient. Any conduct or action, which endangers life, violates the law, or violates the physician patient relationship could lead to suspension, expulsion, termination, and in the context of criminal activity, referral to law enforcement agencies. If you have further questions regarding the regulations of the Academy, please contact the admissions office at 510-763-7787, Monday through Saturday between the hours of 9:00A.M. - 5:00 P.M. The name of any student so dismissed shall be reported to the California Massage Therapy Council.

## **Unlawful (Sexual) Harassment Policy**

The Academy vehemently prohibits sexual, racial, and other forms of harassment by its faculty, staff, and students. The Academy maintains a policy that prohibits harassment on the basis of sex, race, religion, color, national origin, disability, medical condition, marital status, age, sexual orientation, or any other basis protected by federal, state, or local ordinance or regulation.



#### Grievances

Students with concerns about academic or administrative rulings or procedures should first bring their concern directly to the instructor or administrator involved. If resolution is not possible, the complaint should then be presented in writing to the Grievance Committee, which will hear the matter and respond with a decision within ten working days of receipt. If the Grievance Committee's decision does not provide resolution, an appeal for review can be made to the Academy's president on behalf of the Board of Directors. Any resolution will be kept in both the student file and school grievance file. Also, after initiating the institutional Grievance Procedure, the student may report any grievances to BPPE, respectively (see page 4 of this catalog for contact info.).

#### **Student Services**

#### ADVISING AND CONSULTATION

The Academy's academic advisors and administration staff provide consultation services to students in order to either direct them to appropriate counseling agencies for personal services or help them solve their academic issues.

#### COMPUTER FACILITIES

Students have access to word processors and the Internet in the computer room located on the 2nd floor. Also, Internet accessibility is provided in the Library. Students may go on-line during normal library hours. Students may access the Academy's wireless Internet services using their own Wi-Fi compatible devices. More information on wireless settings can be found in the Academy administration offices.

#### STUDENT LOUNGE

Student lounges are available on the Academy's 1st and 2nd floors, with microwave ovens and refrigerators for student convenience, and with a space for group or individual clinical case study.



## **Student Services (cont.)**

STUDENT TUTORING CENTER

The ACCHS Tutoring Center on the second floor offers free tutoring for students in need of extra academic assistance. Students may inquire about computerized tutoring exercises, tutoring appointments, and tutor assistance.

#### BOOKSTORE

All textbooks, reference materials, herb samples, medical charts, etc. are available at the school bookstore, with discounts provided. Per specific requests, the bookstore helps place specific orders for student groups.

#### COPYING SERVICE

A copier is conveniently located in the library. A low-cost copy fee is applied for students' specific copy needs.

#### HEALTH CARE

The Academy teaching clinic is available for students and their immediate family. Health care is provided at only \$19 per visit. Herbs are additional at half price.

#### REFUSAL OF SERVICE TO STUDENTS

The Academy may refuse any type of service to a student who has an outstanding balance of unpaid tuition and/or fees. The Academy may refuse services to a student who has terminated college matriculation with financial obligations remaining unpaid.



## Living and Housing Costs

There is no on-campus or dormitory housing, but the Academy in downtown Oakland is five miles from Berkeley and in the heart of the East Bay. Both Oakland and Berkeley have ample rental units available at a reasonable cost - from \$500 (shared housing) to \$1100 (one-bedroom apartment). The Academy bears no responsibility in assisting a student with housing, yet the Academy maintains a small bulletin board for a shared housing network as well as other community and professional listings.

#### **Student Records**

Student records are kept in individual charts in a fireproof cabinet in the Academy administrative office. The Academy maintains school and student records for a 50-year period and maintains student transcript records permanently. Please note that all admission documents submitted to the Academy become the property of the Academy and will not be returned to the student.

## Hygiene, Decorum, Draping

The Academy emphasizes the importance of knowledge of the healing arts, as well as maintaining respectful and ethical conduct. It is important to remember that in the classroom as well as in the clinic, decorum is an integral part of the learning process. Tardiness, absence, inappropriate attire, poor attitude, eating during class, etc. are viewed as showing a lack of respect and may be grounds for disciplinary action.

During all training in the ACCHS Tuina Massage Therapy Certification program, students shall wear clean, nontransparent outer garments. Any student attire deemed inappropriate by the ACCHS administration will result in removal of the student from the class or practical training session.

During any portion of the Tuina practical training curriculum, students shall use proper draping techniques. All genitalia shall be fully draped at all times. Draping shall occur at the navel line and across the torso and at the knees at all times. Additionally, females shall be draped on the breasts immediately above the top of the areola. Any student not following the ACCHS draping policies will be removed from the class or practical clinical training session.

## Faculty



**WINSTON CHUNG, B.A., L.Ac.** Winston has extensive training in TCM. He has a private practice in San Jose and clinical private practice in Taiwan. He attended San Diego State University in 1983 and studied TCM at SFCA.

JASON FRYE, MSTCM, L.AC. Jason Frye began a study of Tui Na and Acupressure along side a study of Tai Chi and Qigong with Brian O'Dea and Kathleen Davis in 1998. He is a certified Jin Shin Jyutsu practitioner and combines this with Tui Na and Medical Qigong in every session. Jason has been an instructor of Tui Na and Acupressure at The Acupressure Institute in Berkeley and McKinnon Institute in Oakland since 2002. He practices these healing arts in his home office in Uptown Oakland just a few blocks from Lake Merritt.

**LIXIN HAN, CMT**. Mr. Han has been in bodywork for approximately 30 years. He completed his physical education research education and obtained a Qigong certificate from China Higher Education in 1989. He completed a 650-hour massage teacher training program at Fuzhou Massage Hospital in China He received his massage certificate from the Academy of Chinese Culture and Health Sciences and has been a massage therapist in the Bay Area since 2011.

**TONI HAFTER, CMT**. Ms. Hafter is a holistic intuitive massage therapist practicing an integrative approach to healing. Her work is based on Traditional Chinese Medicine principles with formal and intuitive healing methods that include Tui Na medical massage and other forms of clothed body therapies, inncluding Qigong healing and Reiki healing. Her intention is to empower her students and patients by offering them the tools they can call upon to participate in their healing.

**HONG JI HU, L.Ac., CMT.** Hong Ji Hu received his massage education at the Acupuncture and Massage Institute of America in Hacienda, CA. He has held positions at Far East Wellness Center in Walnut Creek and A Perfect Day Spa in Millbrae, CA. He has worked as an instructor for more than ten years and has focused on health-care and sports training.

**MIN LI DAO LIANG, L.Ac.**. Dr. Liang got technology prizes four times, and published more than fifty articles in the academic journals in China and abroad. He is the consultant of the Research Institution of Chinese Medicine of China and he is also a member of U.S. Chinese Medical Association.



**TERESA NG, MSTCM, L.Ac.** Teresa Ng, M.S., L.Ac. has a MSTCM and is licensed by the State of California. Teresa had the privilege to work and learn from the famous 93-year-old Chinese Medicine Master, Dr. Bing Yan Li, before her retirement; Dr. Li specialized in women's health problems. She is being recognized by China in the Famous People Record as one of the top 300 knowledgeable Chinese medicine doctors.

**BRIAN O'DEA, L.Ac., CMT.** Brian has over 40 years of martial arts, meditation, and health care practice. As a Senior Instructor, he taught "Winds and Waters" Tui Na bodywork, Acupressure, Tai Chi, Qi Gong, and Traditional Chinese Philosophy at the Acupressure Institute and other acupuncture and bodywork schools since 1988. He completed over 1000 hours of study at the Acupressure Institute, and he is a graduate of Academy of Chinese Culture and Health Sciences. He has studied Jin Shin Jyutsu with Mary Burmeister and Pat Meador, and Qi Gong with Simu Ou Yang Min for over 25 years. Brian also studied Yang style Tai Chi Chuan with Prof. Cheng Man Ching and Aikido with Lou Kleinsmith, as well as Qi Gong, Tai Chi, Acupuncture, Tui Na, and Taoist Philosophy with Sifu Tsuei Wei since 1975.

JANET OLIVER, L.Ac., CMT. Janet has practiced and taught Asian Bodywork Therapy and Traditional Chinese Medicine for over 25 years. Janet began her career in Asian Bodywork Therapy at the Acupressure Institute in 1982, as a teacher and practitioner. She completed over 1000 hours of study at the Acupressure Institute. Also, Janet became a faculty member of Jin Shin Jyutsu in 1993. Furthermore, Janet has taught at various Acupuncture and Bodywork schools in California, where she developed the curriculum for her 500-hour Acupressure Therapy Program and wrote four textbooks. She studied Qi Gong with Simu Min Ou Yang for ten years, and apprenticed with Dr. Alex Feng in Acupuncture for several years. In addition, Janet studied Jin Shin Jyutsu for many years with Mary Burmeister. She has taught throughout the United States and internationally.

**KALLI PHILLIPS, ND**. Dr. Phillips is board certified in Oregon as a primary care physician. Recently, she discovered a passion for teaching. She has extensive clinical training in all Naturopathic modalities, including nutrition, botanical and homeopathic medicines, lifestyle counseling, physical medicine, as well as judicious prescription of pharmaceuticals.



**CATHERINE POWER, MSTCM, L.AC.** Catherine completed her certification in Advnaced Acupressure and Oriental Bodywork from the Acupressure Institute in 2000 and graduated from ACCHS in 2005. She has practiced Shiatsu, Chi Nei Tsang, Deep Tissue Massage, and acupuncture at her private clinic and throughout various community clinics.

**ERIN TERRY, MSTCM, L.Ac.** Erin completed her training in acupuncture and Traditional Chinese Medicine from the Academy of Chinese Culture and Health Sciences. She is currently working at the Womens' Community Clinic and Quan Yin Healing Arts Center. She specializes in stress management through acupuncture, orthopedic bodywork, and reiki. She is also a certified Acupuncture Detoxification Specialist.

**DAVID WEI, B.A.** International Wellness Arts - Wudang Wen Wu. David Wei is a 16th generation lineage holder of traditional internal martial arts from Wudang Mountain, China, where he completed over 11,000 hours of training over the course of five years. He is also the founder of Wudang West Cultural Heritage Center, a non-profit wellness ministry committed to the preservation and practice of the classical wellness arts of Wudang. David is also proficient in orthopedic body work, specializing in Tuina, Hawaiian Lomi Lomi, and Thai Yoga Massage. He now resides in Oakland, CA. where he leads a small practice community.

**MARION WEI, L.AC.** In 2010, Marion pursued her life-long dream of becoming a healer and attended ACCHS. Marion is familiar with the famous Master Tung points which is effective for pain management and a wide variety of ailments. Marion is currently a faculty member and tutor at the Academy of Chinese Culture and Health Sciences. She is a shift acupuncturist at Octagon Community Acupuncture Clinic and also volunteers at Charlotte Maxwell Complementary Clinic as an acupuncturist.

**LIN YANG, DAOM, L.Ac., CMT**. Lin has been a CMT since 2012. She completed her acupuncture studies at the Academy of Chinese Culture and Health Sciences and went on to open her own practice. She received her DAOM from FBU and is currently teaching in the TCM and Tui Na programs.



**RONGRONG YE, CMT**, graduated from Nanjing Chinese medicine college massage program in 2005. Highly experienced in basic and advanced tuina techniques, he teaches tuina massage around the United States as well as overseas. Currently, he teaches fundamental tuina techniques and treatment of common ailments in the ACCHS tuina program.

**FUTE YING, CMT.** Mr. Ying has been an instructor of massage for many years. He was a student of Chinese medicine in China and received an associates degree. He has held many teaching positions at many educational facilities in China and the U.S.

**AARON YU, L.AC.** graduated from the Advanced TCM Orthopedics program at the Research Institute of Chinese Medicine in 2011 and is a California licensed acupuncturist. Experienced in treating a variety of conditions, work and auto-related injuries, Mr. Yu practiced acupuncture, acupressure, orthopedic massage and pain management in San Francisco.



#### **Course Numbers and Descriptions**

- 1. Fundamental Anatomy & Physiology (MC01/64hrs): The course will give an overview of basis structure, including skeletal, muscular, nervous, circulatory, immune, respiratory, digestive, endocrine and reproductive systems. The course will give an overview of normal function as well as selected dysfunction of cells, tissues, and systems for in-depth study of both health and disease.
- Business and Ethics (MC02/18hrs): This course is designed to give students, both American and Chinese, essential medical ethics and state laws. The course also introduces the basic knowledge of practice management, including how to build up and develop an office, billing system, insurance information, professional liability, record keeping, etc.
- 3. Health and Hygiene (MC03/5hrs.): The course teaches how to understand the disciplines of occupational hygiene in a clinical setting. The student will learn the prevention of ill-health from work through recognizing, evaluating, and controlling risks and health hazards in the environment with the objective of protecting the patient's health and well-being.
- 4. Massage Contraindications (MC04/13hrs): This course is designed to teach the conditions limited to massage practice: local contraindications and absolute contraindications. Caution must be exercised, and the massage therapist must adapt to certain conditions. This is done to protect the health and safety of the clients as well as the massage therapist.
- 5. Meridians & Acupoints (MC05/20hrs): The course introduces the basic knowledge of meridians theory, as it applies to the practice of Asian Bodywork/Tui Na. The course focuses on the study of meridians methods, of locating acupressure points, the study of Du & Ren meridians, and the twelve major meridians. It also teaches the therapeutic functions of the major acupoints throughout the body.



- 6. Fundamental TCM Theory & Diagnosis (MC06/30hrs): The course will introduce fundamental theoretical concepts of Traditional Chinese Medicine as well as the four methods of diagnosis "inspection, auscultation, olfaction, inquiry and pulse". Differential diagnosis based on the eight principles, pathogenic conditions, six channels, triple warmer, Qi, blood, and body fluids, etc.
- 7. Essentials of Tui Na Techniques (MC07/60hrs): This course provides a hands-on learning of the essential techniques of Tui Na massage and will include corrective exercises and Qi Gong as well.
- 8. Five Elements Acupressure Technique (MC08/40hrs): The student learn advanced Tuina techniques and sinews channels. Students will be proficient in applying these techniques. Also, students learn to assess and give acupressure sessions to address basic syndromes defined by the Eight Parameters Theory, and be proficient in utilizing these session.
- 9. Fundamental Kinesiology & Applications (MC09/40hrs):

Sports Injury (MC09A/20hrs): Injuries are common in all sports activities. In this class, the students will be able use various massage techniques to treat different types of painful conditions caused by muscle trauma and overuse of muscles during sports activities.

Deep Tissue Massage (MC09B/20hrs): The student will learn the techniques of Swedish, Deep tissue and Shiatsu massage, as well as stretches ergonomics. Students will be able to incorporate these styles comfortably within their own practices. The course covers how to do a sequence on the table and on the mat starting with a demonstration on how to do a full body session using Swedish and Deep tissue techniques.

10. Client Assessment and Treatment Plan (MC10/60hrs): This course will provide students with the opportunity for hands-on experience in treating a variety of conditions including treatment of the head, trunk, upper limps, lower back, hips, and lower limps, as well as the energy meridians and internal diseases. Students will be able to refine the previously learned Tui Na Techniques and develop the use of their internal energy for healing.



Pain Management (MC10A/40hrs): This course introduces and develops Tuina technologies for minor aches, pains, and stiffness. Basic stances and self-care will also be introduces along with set "packages" for major joints and areas of the body.

Treatments of Common Ailments (MC10B/20hrs): This course will provide an overview of treatments for common ailments. We will consider each major section of the body and all major articulations. We will focus on treatment of pain from trauma, chronic postural misalignment, with structural integration techniques. All material will be hands on with no texts or handouts. Students are expected to stay focused and attentive and practice techniques outside of class weekly.

11. Professional Practice Guidelines (MC11/10hrs):

Professional Performance and Procedures (MC11A/10hrs): The course introduces students to the skills and procedures that are required to maintain a safe an competent massage practice. The course also introduces sections on sterility, asepsis, and hygienic practices, and practical clinical guidelines. The course emphasize professional service manner, attitude, and procedure.

- 12. Practice Management (MC12/20hrs): This course includes how to build a practice, setup accounts, and the laws applicable to massage therapy, with special consideration given to office setup, office management, billing systems, medical insurance claims, record-keeping, professional liability, and insurance.
- 13. Eight Parameters Acupressure Tuina (MC13/40hrs): The student will learn a variety of Five Element Acupressure and Advanced Tuina Techniques. At the end of the course, the student will be proficient in the basic application of advanced techniques, including Five Elements and applicable meridians, including supine, Chi Nei Tsang, Alarm points with Triple cross techniques.



- 14. Clinical Applications Case Studies (MC14/hrs40): This course emphasizes case studies based on anatomy and physiology, kinesiology, pathology, and contraindications, physiological effects of massage through client assessment. This course also focuses on ethics, laws, and regulations, along with professional guidelines, etc.
- 15. Clinical Practice (MC15/40hrs): The clinical portion of the academy Tuina program, part of which is devoted to the hands-on practice in a clinical setting. Evidence of completion of a physical exam, including a TB test, must be submitted before a student may enter the teaching clinic.



The patient must also be aware of his or her body in order to recognize signs and symptoms and imbalances. The patient can then seek remedies at the earliest possible moment.

-Yellow Emporer's Classic of Medicine Huang Di (2700-2600 BCE)



#### CONTINUING EDUCATION COURSES

**Hot Stone Therapy** (MC16/16hrs): Students will learn massage techniques using Basalt stones (water-heated), applying pressure and heat to the body, integrating the techniques with TCM meridian therapy. The stones are coated in oil and can also be used by therapists to deliver various massage strokes, which helps to release muscle tension and achieve a therapeutic effect.

**Reflexology** (MC17/16hrs): This unique Chinese method teaches you the technique of massage on parts of the feet, with foal to manipulate the areas on the foot, to regulate the function of internal organs. The benefit of pressure on the reflex zones is to be able to relieve stress and pain, and achieve the effect of body healing.

**Table Shiatsu** (MC18/16hrs): Shiatsu is based on a system of points on the body called meridians. You will learn several different techniques used in this modality including: pressure pint work, assisted stretching and movement. It can be relaxing and rejuvenating, help with general health and well beings, and be used for injury treatment.

**Chi Nei Tsang** (MC19/16hrs): Students participate in a practical, crosssectionalsurvey of three Asian Healing Arts: Chi Nei Tsang, Japanese Hara diagnosis, and Mu points massage. All involve palpation and massage of the abdomen and internal organs: Students complete the class with enough hands-on practice to give basic abdominal treatments.

**Facial Massage** (MC20/16hrs): The instructor will share this gentle massage technique allowing students to master the skill for good skin-care for men and women, to maintain healthy and youthful skin. Students also can use this technique on face to treat several facial disorders and internal imbalance.

**Thai Massage** (MC21/16hrs): This course covers a sequence for the Supine position from feet to head, as well as a sitting sequence. Students will be able to apply stretches, acupressure points, and proper use of body weight, thumbs, palms, elbows, knees, and feet, including focused abdominal work.



**General Aromatherapy** (MC22/16hrs): This course is a general introduction to the use of aroma therapy for optimized health and well-being. Students will learn aromatherapy use, plant material, and aromatic plant oils for improving psychological or physical stress reduction or pain management. Also, students will have esential oil study, methods of application, business skills, etc.

