

January 1, 2023 to December 31, 2023 Revised December 22, 2022

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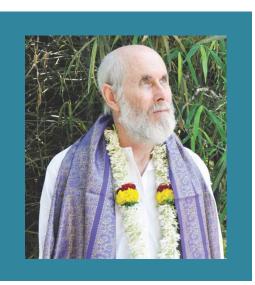
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# A LETTER TO STUDENTS

#### By Dr. David Frawley (Pandit Vamadeva Shastri)

I remember one of the first classes in Ayurveda in the West in 1983 in which there were only a half dozen students without much of an idea as to what they were studying or why. One wondered if the serious pursuit of Ayurveda was but a fantasy. I have watched Ayurveda grow and the outstanding education provided by the California College of Ayurveda is the clearest example.

I first met Dr. Marc Halpern as a student in 1991, and he soon joined me for additional training programs that we offered. I introduced him to additional teachers from India and supported him to begin the California College of Ayurveda. Today the school has become the most recognized institution outside of India and is respected worldwide.



I see Ayurvedic education today as having five necessities. The first is that it should provide a strong foundation in the traditional principles of Ayurveda. The second is a good herbal program. Herbs, after all, are the main healing substance prescribed in Ayurveda. The third is that it should teach good counseling skills for Ayurvedic practitioners, and students should be well versed in Ayurvedic psychology. Most health problems today have mental and emotional complications that cannot be ignored. The fourth is integration with Yoga therapy, which also continues to grow in popularity. Ayurveda is the ancient medicine of the Yoga tradition, founded by the same rishis and resting upon the same philosophy as classical Yoga. The fifth is a deep clinical foundation. Beyond lifestyle counseling and preventative medicine, Ayurveda is a complete medical system capable of helping humanity to heal from a wide array of chronic diseases that confound Western physicians.

The California College of Ayurveda provides outstanding training in the principles of Ayurveda, extensive herbal training, a deep foundation in psychology, opportunities to study Ayurvedic Yoga therapy and has pioneered clinical ayurvedic education in this country. Students who choose to study at CCA will receive a solid foundation in the traditional knowledge and learn how to apply it in modern times. When you graduate, you will be very well prepared to go into practice and stand among the finest trained practitioners in this country.

Ayurveda is respected worldwide as one of the most important traditional systems of healing. The work of the California College of Ayurveda has made a serious contribution to the well-being of humanity.

# AYURVEDA FOR THE 21st CENTURY

Ayurveda, which literally means "The Science of Life," is the healing science from India. It has been practiced for over 5,000 years by millions of individuals to assist the body in journeying back to optimal health. More and more people are discovering that these ancient principles are easily applicable to modern life and that they have the power to create health and contentment. Health is the end result of living in harmony with nature. Ayurveda allows us to become aware of our individual nature and to find the best ways to live a life of balance. It provides holistic understanding and healing to people on all levels: physically, emotionally, and spiritually. Ayurveda uses a multitude of healing modalities, including herbs, diet, colors, aromas, sound, lifestyle recommendations, panchakarma, meditation, and yoga.



# MISSION AND OBJECTIVE

The California College of Ayurveda (CCA) is dedicated to transforming human consciousness by providing the highest quality education, health care, and research in the field of Ayurveda. We strive to express the principles of harmony in every action we take as we train students to become the Ayurvedic practitioners of the future, practitioners dedicated to understanding the whole person physically, emotionally, and spiritually.

# **GENERAL INFORMATION**

#### **APPROVAL**

California College of Ayurveda (CCA) is a private institution approved to operate by the California Bureau for Private Postsecondary Education. Approval to operate means the institution is compliant with the minimum standards contained in the California Private Postsecondary Education Act of 2009 (as amended) and Division 7.5 of Title 5 of the California Code of Regulations.

#### FACILITIES

California College of Ayurveda is comprised of three buildings totaling 15,000 square feet. The main building consists of classrooms, administrative offices, and a community health center. The College is wired to the internet and uses computer equipment and projectors during the educational program. The College has an on-site student resource room, which contains a small library and is available to students during regular business hours.

## MINIMUM EQUIPMENT REQUIREMENTS

Computer Speakers Microphone Camera High-Speed Internet Access

# INSTRUCTIONAL METHODS

*Synchronous Learning:* Courses take place in real-time between students and faculty.

**In-Person Classroom Training:** This is the college's traditional classroom. Faculty and students are in the same location. Training is located at 700 Zion Street, Nevada City, CA 95959. CCA offers full-time and weekend in-person training,

**Distance Education (Online, Live-Over-The-Internet)** The college's traditional weekend and fulltime classes are also broadcast online in real time allowing students to participate live. Faculty and students are in different locations. Coursework that is delivered at a distance is completed at a location determined by the student.

#### Requirements

Students must have high-speed internet access, a headset, and a webcam. Students must be able to create a quiet space and not be distracted by external events and have their webcam on during class.

*Asynchronous Learning:* Coursework happens on your own time. You determine your own study schedule.

**Distance Education** (Mentorship): Students study at their own pace working through established modules. Each module consists of reading assignments, practical projects, and practice quizzes. Each module must be completed within 4 weeks.

Optional: Students have the opportunity to meet with a Master Teacher, and a small cohort of students, on a weekly basis in a virtual classroom. In addition, students have access to recorded lectures.

Please note that all classes are recorded, and this may include the thumbnail images of the participants.

# ADMISSIONS POLICIES AND PROCEDURES

## POLICY

Admission requires that the prospective student:

- Complete an application;
- Have a high school diploma or equivalent. California College of Ayurveda will accept as a recognized equivalent of secondary education, a GED, a DD214 that indicates high school completion (school and date), or documentation of completion of a postsecondary degree;

- Be provided the Catalog;
- Be provided the School Performance Fact Sheet;
- Have the minimum requirements to participate in instruction at a distance, if distance education is selected as a delivery method;
- Be provided the Distance Education Self-Assessment Questionnaire, if applicable.

Program Name	Program Admission Requirements
Principles of Ayurvedic Medicine (PAM)	No additional requirements.
Ayurvedic Health Counselor (AHC)	No additional requirements.
Clinical Ayurvedic Specialist (CAS)	Prospective students must have completed or be currently enrolled in a college level 3-semester credit hour/unit or 4.5- quarter credit hour/unit course in Anatomy & Physiology from an accredited program. It is highly recommended that the prospective student check with the California College of Ayurveda prior to enrolling in an Anatomy & Physiology course to make sure that the course satisfies California College of Ayurveda's requirement. Please note that this requirement is waived for students with prior health care degrees upon receipt of documentation of the degree.
Medical Ayurvedic Specialist (MAS)	Prospective students must have completed or be currently enrolled in a college level 6-semester credit hour/unit or 9- quarter credit hour/unit course in Anatomy & Physiology from an accredited program. It is highly recommended that the prospective student check with the California College of Ayurveda prior to enrolling in an Anatomy & Physiology course to make sure that the course satisfies California College of Ayurveda's requirement. Please note that this requirement is waived for students with prior health care degrees upon receipt of documentation of the degree.
Ayurvedic Yoga Practitioner	Prospective students must have completed a 200 hour Yoga Teacher Training program.
Ayurvedic Massage and Bliss Therapy	Students must have a background in Ayurveda. Students may complete the College's Principles of Ayurvedic Medicine Course or Foundations of Ayurvedic Medicine workshop/course to demonstrate that background. Students may also show proof of similar education from another institution.
Ayurvedic Herbal Apprenticeship	Enrolled in or completed the Principles of Ayurvedic Medicine program
Ayurvedic Marma Therapy	Students must have a background in Ayurveda. Students may complete the College's Principles of Ayurvedic Medicine course or Foundations of Ayurvedic Medicine workshop to demonstrate that background. Students may also show proof of similar education from another institution.

## PROGRAM SPECIFIC ADMISSION REQUIREMENTS

## PROCEDURE

Admissions procedures include meeting with a California College of Ayurveda representative to review goals, catalog, School Performance Fact Sheet, and graduation requirements. Each prospective student must:

- Provide a completed application and submit the \$100.00 application fee;
- Provide documentation of completion of high school or equivalent;
- Review the Catalog;
- Review the School Performance Fact Sheet;
- Attest to having the minimum requirements to participate in instruction at a distance on the Enrollment Agreement; and
- Attest to having the minimum requirements to participate in instruction at a distance, if distance education is selected as a delivery method; and
- Complete the Distance Education Self-Assessment Questionnaire, if applicable.

# INTERNATIONAL STUDENTS AND ENGLISH LANGUAGE SERVICES

California College of Ayurveda does not offer visa services to prospective students from other countries or English language services. California College of Ayurveda does not offer English as a Second Language instruction. All instruction occurs in English. English language proficiency is documented by prior education, admissions interview, and successfully completing all admission requirements.

## ABILITY-TO-BENEFIT

California College of Ayurveda does not admit ability-to-benefit students.

# ACCEPTANCE OF CREDIT

California College of Ayurveda does not evaluate nor accept previous credit from other institutions nor does the College offer challenge or placement exams.

#### Previous Credit Earned at California College of Ayurveda

A student that has successfully completed one or more programs/courses at California College of Ayurveda will have previous earned credit evaluated for acceptance under a new enrollment if the programs/courses were successfully completed at California College of Ayurveda within the last two years. If more than two years have passed an exam will be given to determine readiness for the program requested.

# NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at California College of Ayurveda is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the diploma you earn in the educational program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at

this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending California College of Ayurveda to determine if your credits or certificate will transfer.

## **ARTICULATION AGREEMENTS**

California College of Ayurveda has not entered into any transfer or articulation agreements with any other college or university.



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CCA is a unique and ideal academic school for learning Ayurveda in a professional way in the USA. Besides classroom studies, CCA offers an internship program, advanced study for supervisors, and workshops and seminars by Ayurvedic scholars of international fame. A unique feature of this school is that it helps students learn the deeper meaning of yoga, in action and dharma. CCA teaches how life can be more meaningful and successful in the material world and, at the same time, harmonious with nature through the medium of Ayurveda.

Usha Khosla, MD

# PROGRAMS

# **W** Program Name: Principles of Ayurvedic Medicine (PAM)

**Introduction:** Principles of Ayurvedic Medicine is the foundational program of education at the California College of Ayurveda. This program may be taken by itself, or integrated into other programs that provide higher levels of certification

#### Program Length: 681 Hours

- Full Time: 6 to 7 months
- Weekend / Distance Learning: 12 to 13 months

*Delivery Method:* Onsite in the classroom, live over the internet at a distance using video technology, or distance learning/mentorship.

Prerequisite: None

*Cumulative Final Exam:* Yes

*Graduation Document:* Certificate (This program by itself does not provide a practitioner level certificate.)

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

#### Program Description:

Students will learn the broad science of Ayurveda and receive a deep education that can then be applied to preventative and clinical care.

#### Program Objectives:

- Understand the broad nature of ayurvedic philosophy and how that relates to the foundation of health and well-being.
- Show competency in ayurvedic anatomy, physiology, and pathology.
- Demonstrate ability to correctly analyze a patient through ayurvedic consultation and evaluation.
- Understand the nature of ayurvedic nutrition and herbalism and how it can be used to improve the health of a patient.
- Understand the range of holistic therapies utilized by Ayurvedic practitioners and how they can be utilized as part of an ayurvedic treatment plans.

#### Program Outline:

Note: the program is one course. Course content includes:

- Module O: Orientation and Introduction of Ayurveda
- Module 1: Ayurvedic Philosophy
- Module 2: Ayurvedic Anatomy and Physiology 1
- Module 3: Ayurvedic Anatomy and Physiology 2
- Module 4: Ayurvedic Pathology
- Module 5: Ayurvedic Consultation & Evaluation
- Module 6: Ayurvedic Psychology 1

- Module 7: Ayurvedic Psychology 2
- Module 8: Ayurvedic Nutrition
- Module 9: Ayurvedic Herbalism
- Module 10: Additional Holistic /Sensory Therapies
- Module 11: Principles of Panchakarma Theory

# Program Name: Ayurvedic Health Counselor (AHC)

**Introduction:** Completion of the Ayurvedic Health Counselor (AHC) program requires the completion of two courses: Principles of Ayurvedic Medicine and the Ayurvedic Health Counselor Internship. The description below describes both courses.

*Program Length:* 1,374 Hours

- Full Time: 1 year
- Weekend / Mentorship: 1 ½ years

*Delivery Method:* Onsite in the classroom, live over the internet at a distance using video technology, or distance learning/mentorship.

Prerequisite: None

*Cumulative Final Exam:* No

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

#### Program Description:

The student is trained for a scope of practice that focuses on disease prevention, lifestyle transformation, and the promotion of health and wellness. During this six-month internship, students will learn how to provide dietary and lifestyle support including the use of aromatherapy, color therapy, sound therapy, meditation, self- massage therapy and how to support patients to create a healthy daily routine. Interns in this program will learn when to recommend predesigned herbal formulas to their patients to bring balance to the digestive system

Program Objectives:

- Understand the broad nature of ayurvedic philosophy and how that relates to the foundation of health and well-being.
- Show competency in ayurvedic anatomy, physiology, and pathology.
- Demonstrate ability to correctly analyze a patient through ayurvedic consultation and evaluation.
- Understand the nature of ayurvedic nutrition and herbalism and how it can be used to improve the health of a patient.
- Understand the range of holistic therapies utilized by Ayurvedic practitioners and how they can be utilized as part of an ayurvedic treatment plans.
- Students will learn how to make preventative care recommendations for patients

- Students will learn how to have successful Initial Consultations, Report of Findings and Follow up visits with patients.
- Students will learn how to support the patient through obstacles and provide an optimal situation for patient compliance.
- Students will learn about marketing themselves and pricing their services and having promotional events.
- Students will learn how to write a business plan.

#### Program Outline:

Students must pass two courses in order to complete the requirements for the Ayurvedic Health Counselor program.

Course Code	Course		Total Hours
PAM	Principles of Ayurvedic Medicine		681
AHCi	Ayurvedic Health Counselor Internship		693
		Total:	1374

## Course Code: PAM

### Course Name: Principles of Ayurvedic Medicine

Prerequisites: None

Hours: 681 Prerequisites: None

Program Description:

Principles of Ayurvedic Medicine is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

#### Course Code: AHCi

## Course Name: Ayurvedic Health Counselor Internship Hours: 693

*Prerequisites:* Principles of Ayurvedic Medicine Description:

The student is trained for a scope of practice that focuses on disease prevention, lifestyle transformation, and the promotion of health and wellness. During this six-month internship, students will learn how to provide dietary and lifestyle support including the use of aromatherapy, color therapy, sound therapy, meditation, self- massage therapy and how to support patients to create a healthy daily routine. Interns in this program will learn when to recommend predesigned herbal formulas to their patients.

# Marce Clinical Ayurvedic Specialist (CAS)

**Introduction:** Completion of the Clinical Ayurvedic Specialist (CAS) program requires the completion of four courses: Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine, Ayurvedic Health Counselor Internship and Clinical Ayurvedic Specialist Internship

Program Length: 2921 Hours

- Full Time: 2.5 3 years
- Weekend / Mentorship: 3.5 years

*Delivery Method:* Onsite in the classroom, live over the internet at a distance using video technology, or distance learning/mentorship.

*Prerequisite:* Principles of Ayurvedic Medicine may be taken as a part of this program or will be applied for credit if previously taken. *Cumulative Final Exam:* Yes

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

#### Program Description:

<u>Principles of Ayurvedic Medicine</u> is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

<u>Clinical Ayurvedic Medicine</u> is an advanced course in which students study the classical ayurvedic approach to the management of disease in each system of the body as well as an overview of the western medical understanding of each condition. Students also study advanced herbalism and learn to design herbal formulations. Students at a distance will need to travel to the College for a short onsite intensive required to learn hands-on ayurvedic diagnostic procedures. This takes place during the Clinical Ayurvedic Specialist Internship.

The student is trained for a scope of practice that includes both preventative medicine and the management of patients with disease. This program includes two-six month internships with one in disease prevention and lifestyle management and an additional internship in disease management.

*Program Objectives*: In addition to the program objectives listed for the Ayurvedic Health Counselor Program, the following additional objectives are part of the Clinical Ayurvedic Specialist Program.

- Students will understand each system of the body and how ayurveda can be used to manage diseases within each system.
- Students will expand their knowledge of ayurvedic herbs and learn to formulate and prepare herbal medicines.
- Students will expand their competency in pulse diagnosis.

- Students will make recommendations for patients regarding disease management.
- Students enhance their ability to support patients through obstacles and provide creative solutions to improve patient compliance.
- Students will promote themselves within their communities and online.

#### Program Outline:

Students must pass four courses to complete the requirements for the Clinical Ayurvedic Specialist program.

Course Code	Course	Total Hours
PAM	Principles of Ayurvedic Medicine	681
САМ	Clinical Ayurvedic Medicine	790
AHCi	Ayurvedic Health Counselor Internship	693
CASi	Clinical Ayurvedic Specialist Internship	757
	Total:	2,921

*Course Summary:* The following is a short summary of each course that is a part of the Clinical Ayurvedic Specialist Program presented in the order the are taken.

# Course Name: Principles of Ayurvedic Medicine

Course Code: PAM Hours: 681

Prerequisites: None

## Description:

Principles of Ayurvedic Medicine is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

Course Name: Clinical Ayurvedic Medicine Course Code: CAM

*Hours:* 790

*Prerequisites:* Principles of Ayurvedic Medicine *Description:* 

Students will study the classical ayurvedic perspective on the management of disease in each system of the body as well as an overview of the western medical understanding of the condition. Students perform projects and work with case studies as part of the learning experience. This program integrates extensive study of herbal medicine and the design of herbal formulations.

## Course Name: Ayurvedic Health Counselor Internship

Course Code: AHCi Hours: 693 Prerequisites: Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine

#### Description:

The student is trained for a scope of practice that focuses on disease prevention, lifestyle transformation, and the promotion of health and wellness. During this six-month internship, students will learn how to provide dietary and lifestyle support including the use of aromatherapy, color therapy, sound therapy, meditation, self- massage therapy and how to support patients to create a healthy daily routine. Interns in this program will learn when to recommend predesigned herbal formulas to their patients

# Course Name: Clinical Ayurvedic Specialist Internship

Course Code: CASi

#### Hours: 757

*Prerequisites*: Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine, Ayurvedic Health Counselor Internship.

#### Description:

The intern is trained for a scope of practice that focuses on Clinical Ayurvedic Medicine and disease management. Interns will utilize the tools of Ayurveda to support the healing process including panchakarma and herbal formulas. Interns in this program are taught to design panchakarma programs and herbal formulas specific to the needs of their patients.

Students at a distance will need to travel to the College for a short onsite intensive required to learn hands-on ayurvedic diagnostic procedures.

# Program Name: Medical Ayurvedic Specialist (MAS)

**Introduction:** Completion of the Medical Ayurvedic Specialist program requires the completion of five courses: Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine, Ayurvedic Health Counselor Internship, Clinical Ayurvedic Specialist Internship, Medical Ayurvedic Specialist internship.

#### *Program Length:* 3,934 Hours

- Full Time: 4 Years
- Weekend / Mentorship: 5 years

*Delivery Method:* Onsite in the classroom, live over the internet at a distance using video technology, or distance learning/mentorship.

*Prerequisite:* Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine, Ayurvedic Health Counselor Internship, Clinical Ayurvedic Specialist Internship

Cumulative Final Exam: Yes

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other



#### Program Description:

<u>Principles of Ayurvedic Medicine</u> is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

<u>Clinical Ayurvedic Medicine</u> is an advanced course in which students study the classical ayurvedic approach to the management of disease in each system of the body as well as an overview of the western medical understanding of each condition. Students also study advanced herbalism and learn to design herbal formulations.

Internships: There are three internships during this program. The first is in preventative medicine and lifestyle management (Ayurvedic Health Counselor internship). The second is in disease management (Clinical Ayurvedic Specialist internship). The third is the Medical Ayurvedic Specialist internship. During the Medical Ayurvedic Specialist internship, students gain additional experience seeing patients, integrate with the medical community, and study additional subjects from a Western and classical Ayurvedic perspective including laboratory diagnosis, research methodology, pediatrics and geriatrics.

The student is trained for a scope of practice that includes both preventative medicine and the management of patients with disease. Medical Ayurvedic Specialists have the highest level of training allowing them to integrate more successfully with the medical community and act as a bridge between the two systems of medicine.

Students at a distance will need to travel to the College for a short onsite intensive required to learn hands-on ayurvedic diagnostic procedures. This takes place during the Clinical Ayurvedic Specialist and Medical Ayurvedic Specialist internships.

*Program Objectives:* In addition to the program objectives listed for the Ayurvedic Health Counselor and Clinical Ayurvedic Specialist programs, the following additional objectives are unique to the Medical Ayurvedic Specialist Program.

- Students will understand how to interact with the medical community
- Students will the importance of understanding patent laboratory findings from both an Ayurvedic and Western perspective
- Students will understand the importance of research and learn to be critical when reading research papers.
- Students will gain an understanding of how to support patients who have surgery utilizing ayurvedic methods.
- Students will explore microbiome and microbiota and how ayurveda can be used to address them.
- Students will learn the most advanced pulse taking procedures
- Students will gain maximum confidence and competence in seeing patients through one-on-one consultations.

#### Program Outline:

Students must pass five courses in order to complete the requirements of the Medical Ayurvedic Specialist program.

Course Code	Course	Total Hours
PAM	Principles of Ayurvedic Medicine	681
САМ	Clinical Ayurvedic Medicine	790
AHCi	Ayurvedic Health Counselor Internship	693
CASi	Clinical Ayurvedic Specialist Internship	757
MASi	Medical Ayurvedic Specialist Internship	1,013
	Total:	3,934

**Course Summary:** The following is a short summary of each course that is a part of the Medical Ayurvedic Specialist Program presented in the order they are taken.

# Course Name: Principles of Ayurvedic Medicine

Course Code: PAM Hours: 681 Prerequisites: None Description: Principles of Ayurvedic Medicine is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

#### Course Name: Clinical Ayurvedic Medicine

Course Code: CAM Hours: 790 Prerequisites: Principles of Ayurvedic Medicine Description:

Students will study the classical ayurvedic perspective on the management of disease in each system of the body as well as an overview of the western medical understanding of the condition. Students perform projects and work with case studies as part of the learning experience. This program integrates extensive study of herbal medicine and the design of herbal formulations.

## Course Name: Ayurvedic Health Counselor Internship

Course Code: AHCi

#### Hours: 693

*Prerequisites:* Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine *Description:* 

The student is trained for a scope of practice that focuses on disease prevention, lifestyle transformation, and the promotion of health and wellness. During this six-month internship,

students will learn how to provide dietary and lifestyle support including the use of aromatherapy, color therapy, sound therapy, meditation, self- massage therapy and how to support patients to create a healthy daily routine. Interns in this program will learn when to recommend predesigned herbal formulas to their patients

#### Course Name: Clinical Ayurvedic Specialist Internship Course Code: CASi

#### Hours: 757

*Prerequisites*: Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine, Ayurvedic Health Counselor Internship.

#### Description:

The intern is trained for a scope of practice that focuses on Clinical Ayurvedic Medicine and disease management. Interns will utilize the tools of Ayurveda to support the healing process including panchakarma and herbal formulas. Interns in this program are taught to design panchakarma programs and herbal formulas specific to the needs of their patients.

Students at a distance will need to travel to the College for a short onsite intensive required to learn hands-on ayurvedic diagnostic procedures.

## Course Name: Medical Ayurvedic Specialist Internship

#### Course Code: MASi

Hours: 1,013

*Prerequisites:* Principles of Ayurvedic Medicine, Clinical Ayurvedic Medicine, Ayurvedic Health Counselor Internship, Clinical Ayurvedic Specialist Internship,

#### Description:

The student is trained for a scope of practice that includes the ability to integrate deeper knowledge of Western medicine into the practice of Ayurvedic medicine. Students will have the deepest knowledge of Ayurveda and will be competent to act as a bridge between the two sciences and will be able to gain the highest level of understanding of the patient's condition from an Ayurvedic perspective.

Students at a distance will need to travel to the College for a short onsite intensive required to learn advanced hands-on ayurvedic diagnostic procedures including rapid pulse diagnosis.



# Mame: Ayurvedic Yoga Practitioner

**Introduction:** Completion of the Ayurvedic Yoga Practitioner program requires the completion of two courses: Principles of Ayurvedic Medicine and Ayurvedic Yoga Therapy. Principles of Ayurvedic Medicine may be taken as a part of this program, or will be applied for credit if previously taken.

Program Length: 890 hours

- Full Time: 7 months
- Weekend / Distance Learning: 13 months
- *Prerequisite:* Students must already have a 200-hour Yoga Teacher certificate.

*Delivery Method:* Onsite in the classroom, live over the internet at a distance using video technology, or distance learning/mentorship.

*Prerequisite:* Students must already have a 200-hour Yoga Teacher certificate.

*Cumulative Final Exam*: No

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

#### Program Description:

<u>Principles of Ayurvedic Medicine</u> is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

Ayurvedic Yoga Therapy Course: Students will learn the classical approach to Yoga Therapy and how the eight limbs of yoga can be utilized in the healing process. There is an emphasis on asana, pranayama, mudras and bandhas. Ayurvedic Yoga Therapy is a pure science that can be adapted to any tradition or style of yoga practice.

*Program Objectives:* The following program objectives integrate those already expressed for Principles of Ayurvedic Medicine along with those of the Ayurvedic Yoga Therapy course.

- Understand the broad nature of ayurvedic philosophy and how that relates to the foundation of health and well-being.
- Show competency in ayurvedic anatomy, physiology, and pathology.
- Demonstrate ability to correctly analyze a patient through ayurvedic consultation and evaluation.
- Understand the nature of ayurvedic nutrition and herbalism and how it can be used to improve the health of a patient.
- Understand the range of holistic therapies utilized by Ayurvedic practitioners and how they can be utilized as part of an ayurvedic treatment plans.
- Students will understand the Classical Texts in relation to yoga and ayurveda through class discussions and reading.



- Students will gain experience leading vata, pitta and kapha yoga classes.
- Students will understand the depth of philosophy related to yoga and ayurveda.
- Students will become knowledgeable of self-care practices relating to purification.

#### Program Outline:

Students must pass two courses in order to complete the requirements of the Ayurvedic Yoga Practitioner program.

Course Code	Course	Total Hours
PAM	Principles of Ayurvedic Medicine	681
ΑΥΡ	Ayurvedic Yoga Therapy	209
	Total:	890

# Course Name: Principles of Ayurvedic Medicine Course Code: PAM

#### *Hours:* 681

#### *Prerequisites:* None Description:

*Description:* Principles of Ayurvedic Medicine is the foundational course for all certifications provided by the college. Students receive a deep education in the principles of Ayurvedic medicine that can then be applied to preventative and clinical care.

# Course Name: Ayurvedic Yoga Therapy Intensive

## Course Code AYTI

#### Hours: 209

*Prerequisites:* Principles of Ayurvedic Medicine, Foundations of Ayurveda, or similar courses at other institutions.

*Description:* Students will learn the classical approach to Yoga Therapy and how the eight limbs of yoga can be utilized in the healing process. There is an emphasis on asana, pranayama, mudras and bandhas. Ayurvedic Yoga Therapy can be adapted to any tradition or style of yoga practice.



# Program Name: Ayurvedic Herbal Apprenticeship

Introduction: The College's Ayurvedic Herbal Apprenticeship Program consists of one course by the same name. During this course students work in the garden and also attend lectures.

#### Course Name: Ayurvedic Herbal Apprenticeship Course Code: AHAP

*Program Length:* 186 Hours

Delivery Method: Onsite only

Prerequisite: Students must be enrolled in Principles of Ayurvedic Medicine (PAM) or a higher level of education

*Cumulative Final Exam:* No

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

### *Program Description:*

CCA is proud to be the first Ayurvedic College in the West to provide its own teaching herb garden, home to approximately 80 different species of plant medicines from around the world. While working in the garden under the guidance of the Director of the Herb Department, students study plant identification and cultivation techniques gaining a deep understanding of the plants they are using in practice. During monthly classes, and while working in the College herbal dispensary, students receive training in the United States in advanced Ayurvedic herbal medicine making and administration. The apprenticeship runs once every year April through December to cover an entire growing cycle. Due to the hands-on nature and frequent time on campus, this course can only be taken in person. In addition to our faculty, this program includes special guest herbalist instructors who are experts in their field.

#### Program Objectives:

- Students will learn cultivation/harvesting techniques.
- Students will learn basic plant identification/ethnobotany.
- Students prepare herbal formulas.
- Students develop plant spirit awareness and connection. •

#### Program Outline:

- Making Ayurvedic Medicines •
- Making Body Care Products
- Plant Identification
- Cultivation techniques
- Herbal First Aid Techniques
- Flower Essences •



# Program Name: Ayurvedic Massage and Bliss Therapy

**Introduction:** The College's Ayurvedic Massage and Bliss Therapy program consists of one course by the same name. During this course students work in groups of three on each other. This is a hands-on training that is held in the classroom.



## Program Length: 52 Hours

#### Delivery Method: Onsite only



*Prerequisite:* Participants must be students of Ayurveda who have either completed the College's Foundations of Ayurveda workshop (online 1 month course) or be a student in the College's Principles of Ayurvedic Medicine (PAM) program or higher. Students who have been educated at other schools may attend this class in place of these courses.

Cumulative Final Exam: No

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

#### Program Description:

The Ayurvedic Massage and Bliss Therapy Program teaches students to perform 3 cornerstone procedures that are deeply relaxing and nourishing to the body and mind. Students work in groups of three on each other during a six (6) day onsite intensive.

#### Program Objectives:

- Students will gain an understanding of the benefits of ayurvedic massage and body therapy.
- Students will learn how to perform an abhyanga, shirodhara and swedana.

#### Program Outline:

- Abhyanga (One and Two-person Ayurvedic massage)
- Shirodhara (Warm oil treatment over the forehead)
- Svedana (Ayurvedic herbal steam therapy)

# Marma Therapy Program Name: Ayurvedic Marma Therapy

**Introduction:** The College's Marma Therapy program consists of one course by the same name. During this course students work in groups of two on each other. This is a hands-on training that is held in the classroom.



#### Program Length: 56 Hours Delivery Method: Onsite

Prerequisite: Participants must be students of Ayurveda who have either completed the College's Foundations of Ayurveda workshop (online 1 month course) or a student in the College's PAM program or higher. Students who have been educated at other schools may attend this class in place of these courses.

*Cumulative Final Exam:* No

Graduation Document: Certificate

Standard Occupational Code: 29-9099 Healthcare Practitioners and Technical Workers, All Other

#### Program Description:

Marma points are 107 energetic body points that allow access to the body, mind, and consciousness. Students will learn the history, classifications, theory and locations, and the effect of each point on the doshas and organs of the body.

#### Program Objectives:

- Students will understand the history and theory of marma therapy.
- Students will know where each marma point is located on the body.
- Students will know effect of each marma point on the doshas and the organs of the body.
- Students will understand which marma to use and how to perform it.

#### Program Outline:

- History, classification, and theory
- Marma point location on the body
- Functions of each marma point
- Essential Oil Application
- Pranic Healing (Ayurvedic Energy Work)
- Specific protocols for healing organs and system imbalances



# LICENSURE

In the field of Ayurveda, there is currently no licensure process in the United States. As such, graduates of programs are not eligible to sit for any applicable licensure exam in California or any other states.

# ACADEMIC POLICIES

# **GRADING SYSTEM**

Grade	Score	Explanation
Р	Pass	75% and above
F	Fail	74% and below
W	Withdrawal	Withdrawal from Course
IP	In Progress	Currently Enrolled

#### **Grading Timeframe**

California College of Ayurveda will provide a response to submitted materials within 10 days of receipt.

# SATISFACTORY ACADEMIC PROGRESS – PROBATION AND WITHDRAWAL

Standards of satisfactory progress applies to all students. Student must maintain satisfactory progress to continue in the educational program.

To maintain satisfactory progress students must achieve a minimum academic standard of a Pass, which is a minimum course grade of 75%.

If a student does not have a minimum 75% pass rate at the end of a course the student will be required to retake all or a portion of the course as determined by the Academic Department to move to another course or complete the program. A student who is repeating all or a portion of a course will be on probation and receive a written notice of the probation and probation terms. If at the end of probation, a student has not obtained a minimum of 75% in the course the student will be withdrawn from the program.

When a student on probation obtains a minimum of 75% in a course the student will be deemed to have met satisfactory academic progress and be removed from probation status.

# ATTENDANCE

Attendance accounts for a combined total of 10% of a student's overall grade in each course.

Principles of Ayurvedic Medicine (PAM) and Clinical Ayurvedic Medicine (CAM) Full- Time classes:

- There is one (1) session (3 hours) each day class is held. totaling six (6) sessions per course module with one exception. The CAM Module 13: EENT is 9 days of class totaling nine (9) class sessions.
- Students who are absent, or late, for more than twelve (12) sessions of class will be put on probation and must meet with the Student Support Department to discuss available options and are subject to Academic Withdrawal. A Leave of Absence or a Transfer to a Distance Learning course may be offered depending on the student's special or extenuating circumstance.

Principles of Ayurvedic Medicine (PAM) and Clinical Ayurvedic Medicine (CAM) Weekend Classes:

- There are two (2) sessions (morning and afternoon) per class day for Weekend courses totaling four (4) sessions per course module with one exception The CAM Module 13: EENT is 2.5 days of class totaling six (5) class sessions.
- Students who are absent, or late, for more than eight (8) sessions of class will be put on probation and must meet with the Student Support Department to discuss available options and are subject to Academic Withdrawal. A Leave of Absence or a Transfer to a Distance Learning course may be offered depending on the student's special or extenuating circumstance.

# *Principles of Ayurvedic Medicine (PAM) and Clinical Ayurvedic Medicine (CAM) Distance Learning / Mentorship Program):*

- Students who have not been in contact with the teacher for forty-five (45) consecutive days will automatically be withdrawn from the course.
- Mentorship students have 4 weeks to complete a module with a one-week grace period allowed for each module. Students who take longer than 5 weeks total to complete a module may be withdrawn for lack of progress

## Internship Courses (AHCi, CASi, MASi):

- Attendance is mandatory. Exceptions are not offered.
- Interns who are not present for attendance or who come to class late will be counted as absent.
- Allowable absences for AHCi & CASi Course module lessons are four (4) sessions each with MASi having an allowable eight (8) missed sessions.
- Any time off during internships must be approved by the Academics Department. If approved, interns may not go on vacation for more than five (5) business days. Interns who go beyond the 5 days may be Academically Withdrawn from the course.

#### Herbal Apprenticeship Course:

• Attendance is required in-person for the Herb Pharmacy orientation and Friday classes. Students are allowed to miss a maximum of two classes.

## PROBATION

Students on probation may not attend further classes without a discussion with a representative of our Student Support Department. If the student meets the terms of attendance probation the student will be removed from probation. If the student does not meet the terms of attendance probation the student will be withdrawn from the program.

Due to the hands-on nature, and short duration of some programs, the following courses require 100% attendance. If a student misses a day the student will be withdrawn from the course.

- Ayurvedic Yoga Practitioner Course
- Ayurvedic Massage and Bliss Therapy Course
- Ayurvedic Marma Therapy Course

# LEAVE OF ABSENCE POLICY

A Leave-of-Absence (LOA) is a temporary cessation of currently enrolled courses for a defined period. If circumstances prevent a student from continuing the program as originally planned, the student may apply for a leave-of-absence for a period from one (1) month to six (6) months.

LOAs will not be offered to a student more than once (1) during the entirety of a student's career with CCA.

To be eligible for a LOA, a student must be in a PAM or CAM course. There are no opportunities to take a LOA during any internship course. Tuition payments go on hold during a LOA. If a student must take a LOA due to financial reasons, arrangements must be made with the finance department before the LOA will be approved. When on a LOA, students are removed from any active courses that are not completed yet and given an Incomplete (IP) for the course(s) the student is taking a break from. Students will still have access to courses previously passed. Access will resume with the remaining modules upon return.

To request a LOA, students are to contact our Student Support Department. They will review the student's case and begin the process if approved. A form will be sent to the student requesting signatures from all parties after the student's financial and academic accounts have been reviewed. Taxes and Fees to apply.

To return to their program, the student must reach out to the Student Support Department. A Reinstatement Form will be sent in the same fashion as requesting to go on a LOA. The student will then sign re-enrollment documents which may include new and/or updated documents for the most current version of the course and pay the re-enrollment fee. Any student who is not reinstated to a course on or before the LOA end date will be automatically withdrawn from their program.

Reinstated students must complete any new or additional requirements in the program they join.

Full Time & Weekend students that Transfer to a different Program, Course, or take an LOA will retain their absences moving into the re-enrolled course. These absences will be accounted for when calculating the final, weighted grade at the end of the re-enrolled course.

The student also is responsible to pay any additional tuition fees and/or fees for materials (books or equipment) for the course if the rates and/or materials have changed during the LOA period.

A student must notify Student Support of their intention to end a LOA at least one (1) month prior to the predicted start date of their re-enrolling course. Students must be in good financial standing to resume classes. Students are not permitted to take an LOA within 2 modules of an upcoming exam or course completion date.

LOA Request Fee: \$200.00 non-refundable LOA Reinstatement Fee: \$100.00 non-refundable

## **GRADUATION REQUIREMENTS**

A student will be eligible for graduation when all required hours are earned, and all financial obligations have been paid or other financial arrangements have been requested and approved in writing by California College of Ayurveda.

## WITHDRAWAL

For the purpose of determining a refund under this section, a student shall be deemed to have withdrawn from a program of instruction when any of the following occurs:

The student notifies the institution of the student's withdrawal or as of the date of the student's withdrawal, whichever is later.

The institution terminates the student's enrollment for failure to maintain satisfactory progress; failure to abide by the policies and procedures of the institution; absences in excess of maximum set forth by the institution; and/or failure to meet financial obligations to California College of Ayurveda.



# STUDENT SERVICES

## SUPPORT

Academic advising may be initiated by California College of Ayurveda personnel or the student when the need is identified. Students may request academic advising by contacting their faculty member.

#### Student Support - studentsupport@ayurvedacollege.com

Student support is available for any questions, concerns, or needs that a student has from the moment they enroll until the time they graduate.

*Tech Support* – techsupport@ayurvedacollege.com Tech support is available for all students who are having computer issues using Zoom, Populi, or Vedaweb™.

## HOUSING

California College of Ayurveda does not provide housing or dormitories. Local housing may be available through rental agencies. California College of Ayurveda does not assume responsibility for student housing. According to rentals.com for Nevada City, rental properties start at approximately 900.00 per month.

## LEARNING RESOUCES

California College of Ayurveda has an on-site student resource room, which contains a small library available to students 9 am to 5 pm PST Monday – Friday. An Academics Department representative will assist with checking in and out materials. Additional resources are located on the college's website 24 hours a day / 7 days a week.

# CAREER SERVICES AND PLACEMENT ASSISTANCE

California College of Ayurveda does not offer career or placement services and does not guarantee employment or a specific wage to any student or graduate.

## STUDENT RECORDS

California College of Ayurveda maintains records of the name, address, e-mail address, social security number, and telephone number of each student who is enrolled in an educational program. California College of Ayurveda maintains records for each student granted a diploma all of the following for a minimum of five (5) years:

- The certificate granted and the date on which it was granted.
- The courses and hours on which the certificate was based.
- The grade earned by the student in each of those courses.
- Admission records
- Financial records
- Academic records
- Advisory Notices
- Complaints

California College of Ayurveda maintains student transcripts permanently. Information on transcripts include the following:

- Courses or educational programs that were completed, or were attempted but not completed, and the dates of completion or withdrawal;
- The final grades or evaluations given to the student;
- Certificate awarded the student; and
- The name, address, email address, and telephone number of the institution.

## **GRIEVANCE PROCEDURE**

From time to time, differences in school policies may arise among students, faculty, and/or the administration. If such differences arise, usually a miscommunication or misunderstanding is a contributing factor. To file a complaint with the school, please send an email to the Student Support Department at studentsupport@ayurvedacollege.com. The complaint will then be reviewed by our Academic Department and responded to accordingly.

# CANCELLATION, WITHDRAWAL AND REFUND POLICY

# STUDENT'S RIGHT TO CANCEL

- You have the right to cancel your agreement for a program of instruction, without any penalty or obligations, through attendance at the first-class session or the seventh calendar day after enrollment, whichever is later. After the end of the cancellation period, you also have the right to stop school at any time; and you have the right to receive a pro rata refund if you have completed 60 percent or less of the scheduled hours in the program through the last day of scheduled attendance.
- Cancellation may occur when the student provides a written notice of cancellation via email to studentsupport@ayurvedacollege.com or by mail or hand delivery.
- The notice of cancellation is effective based on the day timestamped on the email or received by another mode of delivery.
- The written notice of cancellation need not take any particular form and however expressed; it is effective if it shows that the student no longer wishes to be bound by the Enrollment Agreement.
- If the Enrollment Agreement is cancelled, California College of Ayurveda will refund the student any money paid, less the application and registration fee not to exceed \$250.00 within 45 days after the notice of cancellation is received.

# WITHDRAWAL FROM THE PROGRAM

You may withdraw from California College of Ayurveda at any time after the cancellation period (described above) and receive a pro rata refund if you have completed 60 percent or less of the scheduled hours in the program through the last day of scheduled attendance. Withdrawal may occur when the student provides a written notice of withdrawal via email to

studentsupport@ayurvedacollege.com. Any refund due will be paid within 45 days of withdrawal.

If the student has completed more than 60% of the hours for which the student was charged, the tuition is considered earned and the student will receive no refund.

For the purpose of determining a refund under this section, a student shall be deemed to have withdrawn from a program of instruction when any of the following occurs:

- The student notifies the institution of the student's withdrawal or as of the date of the student's withdrawal, whichever is later.
- The institution terminates the student's enrollment for failure to maintain satisfactory progress; failure to abide by the policies and procedures of the institution; absences in excess of maximum set forth by the institution; and/or failure to meet financial obligations to California College of Ayurveda.

For the purpose of determining the amount of the refund, the date of the student's withdrawal shall be deemed the last date scheduled to attend when the notice of withdrawal is received or determined by California College of Ayurveda, if withdrawn by California College of Ayurveda. The amount owed equals the hourly charge for the program (total institutional charge, minus non-refundable fees, divided by the number of hours in the program), multiplied by the number of hours scheduled to attend, prior to withdrawal.

If any portion of the tuition was paid from the proceeds of a loan or third party, the refund shall be sent to the lender, third party or, if appropriate, to the state or federal agency that guaranteed or reinsured the loan. If the student has received federal student financial aid funds, the student is entitled to a refund of moneys not paid from federal student financial aid program funds.



# PROGRAM TUITION AND FEES

Programs often include multiple courses

Program	Application Fee Non- Refundable	Registration Fee Non- Refundable	Student Tuition Recovery Fund <sup>1</sup> Non- Refundable	Program Materials <sup>2</sup> Non- Refundable upon Receipt.	Tuition	Total Charges <sup>3</sup>
Principles of Ayurvedic Medicine	\$100.00	\$100.00	\$17.50	\$140.00	\$6,965.00	\$7,322.50
Ayurvedic Health Counselor	\$100.00	\$200.00	\$35.00	\$140.00	\$14,000.00	\$14,475.00
Clinical Ayurvedic Specialist	\$100.00	\$400.00	\$72.50	\$350.00	\$28,520.00	\$29,442.50
Medical Ayurvedic Specialist	\$100.00	\$500.00	\$90.00	\$500.00	\$35,820.00	\$37,010.00
Ayurvedic Yoga Practitioner	\$100.00	\$100.00	\$22.50	\$195.50	\$9,100.00	\$9,518.00

<sup>1</sup>STRF: Non-Refundable - \$2.50 for every \$1,000 rounded to the nearest \$1,000 of institutional charges. <sup>2</sup>Program materials are an estimate due to fluctuating prices from 3<sup>rd</sup> party distributors. Program material cost includes the materials for all courses within the program.

<sup>3</sup> Total charges are cumulative and include all courses necessary to attain the certificate.

#### Short Courses:

Program	Registration Fee Non- Refundable	Student Tuition Recovery Fund*	Tuition	Total Charges
		Non- Refundable		
Herbal Apprenticeship	\$250.00	\$5.00	\$1750.00	\$2,000.00
Ayurvedic Massage and Bliss Therapy	\$250.00	\$5.00	\$1,245.00	\$1,495.00
Ayurvedic Marma Therapy	\$250.00	\$5.00	\$1,245.00	\$1,495.00

\*STRF: Non-Refundable - \$2.50 for every \$1,000 rounded to the nearest \$1,000 of institutional charges.

### Additional Fees, if applicable:

- Late Payment Fee \$35.00
- Leave of Absence Request Fee \$200.00

- Leave of Absence Return Fee \$100.00
- Program Transfer Fee \$150.00
- Extension Fee (more time needed to complete internship or course requirements) \$400.00

The tuition and curriculum reflect enrollment within the calendar year of this catalog. Enrollment into any program during subsequent years is subject to tuition rates and policies in place at that time and as reflected in the latest catalog.

#### **Tuition for Individual Courses:**

If a student completes a portion of a program and returns to CCA, tuition for a specific course is as follows:

Principles of Ayurvedic Medicine	6,965.00
Clinical Ayurvedic Medicine	7 <i>,</i> 485.00
Ayurvedic Health Counselor Internship	7,035.00
Clinical Ayurvedic Specialist Internship	7,035.00
Medical Ayurvedic Specialist Internship	7,300.00

Internship courses require clients to pay a fee to CCA for each session. If a student sees a patient off campus the patient fee is to be remitted to CCA. Any charges above the CCA fee may be retained by the student.

#### STUDENT LOANS

California College of Ayurveda does not participate in any Federal Student Loan programs. Students who participate in other loan programs will have the responsibility to repay the full amount of the loan plus interest on the moneys not paid from federal financial aid funds.

# PAYMENT

The California College of Ayurveda offers in-house financing to allow students to make payments as described herein. Students who qualify for vocational training or rehabilitation funds may apply to their local or regional programs for financing.

At the student's option, California College of Ayurveda will accept payment in full for tuition and fees after the student has been accepted and enrolled and the date of the first-class session is disclosed on the enrollment agreement.

Scholarships:

For students in financial hardship, the College offers a wide variety of partial scholarships to support those who are dedicated to learning the knowledge of Ayurveda. Please check with your Admissions Advisor for a list of currently available scholarships and the requirement for each.

# PAYMENT OPTIONS BY COURSE:

# FULL-TIME PROGRAM:

## Principles of Ayurvedic Medicine

- Option A. Payment of the entire tuition of \$6,965.00 prior to the start of classes.
- Option B. Payment of \$3,482.50 prior to the start of classes and payment of \$3,482.50 by the first day of the fourth month after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$6,965.00 and a payment plan fee of \$313.43. Student agrees to pay the payment plan fee before the start of classes and pay the tuition of \$6,965.00 in six (6) monthly payments of \$1,160.83 per month starting with the first day of the month following the start of classes.
- Option D. Prepayment Plan: Includes the tuition of \$6,965.00 and payment plan fee of \$208.95. Students agree to prepay tuition of \$2321.67 in three (3) monthly payments of \$773.89. The remaining balance of \$4643.34 will then be paid in six (6) monthly payments of \$773.89. A late fee of \$35.00 applies if the payments are not received by the 5th day of the month due.

### **Clinical Ayurvedic Medicine**

- Option A. Payment of the entire tuition of \$7,485.00 prior to the start of classes.
- Option B. Payment of \$3,742.50 prior to the start of classes and payment of \$3,742.50 by the first day of the fourth month after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$7,485.00 and a payment plan fee of \$280.69. Student agrees to pay the payment plan fee before the start of classes and pay the tuition of \$7,485.00 in five (5) monthly payments of \$1,497.00 per month starting with the first day of the month following the start of classes.

# WEEKEND PROGRAM: IN CLASS, VEDAWEB™, AND DISTANCE LEARNING

## Principles of Ayurvedic Medicine

- Option A. Payment of the entire tuition of \$6,965.00 prior to the start of classes.
- Option B. Payment of \$2,321.67 prior to the start of classes, payment of \$2,321.66 by the first day of the fifth month after the start of classes, and payment of \$2,321.67 by the first day of the ninth month after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$6,965.00 and a payment plan fee of \$522.38. Student agrees to pay the payment plan fee before the start of classes and pay the tuition of \$6,965.00 in ten (10) monthly payments of \$696.50 per month starting with the first day of the month following the start of classes
- Option D: Prepayment Payment Plan: Includes the tuition of \$6,965.00 and payment plan fee of \$401.83. Student agrees to prepay tuition of \$1,607.31 in three (3) monthly payments of \$535.77. The remaining tuition balance of

\$5357.69 will then be paid in ten (10) monthly payments of \$535.77. A late fee of \$35.00 applies if the payments are not received by the 5th day of the month due.

## **Clinical Ayurvedic Medicine**

- Option A. Payment of the entire tuition of \$7,485.00 prior to the start of classes.
- Option B. Payment of \$2,495.00 to the start of classes, payment of \$2,495.00 by the first day of the fifth month after the start of classes, and payment of \$2,495.00 by the first day of the ninth month after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$7,485.00 and a payment plan fee of \$561.38. Student agrees to pay the payment plan fee before the start of classes and pay the tuition of \$7,485.00 in ten (10) monthly payments of \$748.50 per month starting with the first day of the month following the start of classes.

# INTERNSHIP COURSES:

# Ayurvedic Health Counselor Internship

- Option A. Payment of the entire tuition of \$7,035.00 prior to the start of classes.
- Option B. Payment of \$3,517.50 prior to the start of classes, and payment of \$3,517.50 by the first day of the fourth month after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$7,035.00 and a payment plan fee of \$263.51. Student agrees to the payment plan fee before the start of classes and pay the tuition of \$7,035.00 in five (5) monthly payments of \$1,407.00 per month starting with the first day of the month following the start of classes.

# Clinical Ayurvedic Specialist Internship

- Option A. Payment of the entire tuition of \$7,035.00 prior to the start of classes.
- Option B. Payment of \$3,517.50 prior to the start of classes, and payment of \$3,517.50 by the first day of the fourth month after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$7,035.00 and a payment plan fee of \$263.81. Student agrees to the payment plan fee before the start of classes and pay the tuition of \$7,035.00 in five (5) monthly payments of \$1,407.00 per month starting with the first day of the month following the start of classes.

# Medical Ayurvedic Specialist Internship

- Option A. Payment of the entire tuition of \$7300.00 prior to the start of classes.
- Option B. Payment of \$3650.00 prior to the start of classes, and payment of \$3650.00 by the first day of the 6thmonth after the start of classes.
- Option C. Payment Plan: Includes the tuition of \$7300.00 and a payment plan fee of \$547.50. Student agrees to the payment plan fee before the start of classes and pay the tuition of \$7300.00 in ten (10) monthly payments of \$730.00 per month starting with the first day of the month following the start of classes.

# **OTHER COURSES:**

### Ayurvedic Herbal Apprenticeship Program

• The student agrees to pay a deposit of \$400 to the College before starting the program and pay the balance of \$1306.25 in six (6) monthly payments of \$217.71 per month starting with the first day of the month following the start of Ayurvedic Herbal Apprenticeship program studies. Total price of the tuition with Payment Plan, including the tuition of \$1,650.00 and time payment fee of \$56.25, is \$1706.25.

Payment is due in full for the following courses prior to the start date:

- Ayurvedic Yoga Practitioner
- Ayurvedic Massage and Bliss Therapy
- Marma Therapy

# STUDENT TUITION RECOVERY FUND

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 1747 North Market Blvd., Suite 225, Sacramento, CA 95834, (916) 574-8900 or (888) 370-7589.

To be eligible for STRF, you must be a California resident or enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

 The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teachout plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.

- 2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.
- 3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
- 4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
- 5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
- 6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
- 7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of non-collection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.



# FACULTY

All faculty members possess the academic, experiential and professional qualifications to teach, including a minimum of three years of experience, education and training in current practices of the subject area they are teaching.

Dr. Marc Halpern, D.C., C.A.S, P.K.S. Jeremy Anderson Elizabeth Carlisle Dr. Laksmana Das Andrea Deerheart, Ph.D, C.L.E. Dr. Sandra Gutierrez Dr. Marisa Jackson-Kinman Dr. Brenda Krulikowski Melanie MacDonald Kelsey Page

Amanda Parish CAS, PKS Mary-Alice Quinn Sandhiya Ramaswamy Dr. Rammohan Rao Ryan Strong Bobby Takhar, AyD Jill Talve, CAS, PKS Vidya Venkatesh Michelle Warner

# STATE OF CALIFORNIA CONSUMER INFORMATION

California College of Ayurveda does not have a pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, or has had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq.).

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 1747 North Market Blvd., Suite 225, Sacramento, CA 95834, www.bppe.ca.gov, toll-free telephone number (888) 370-7589 or by fax (916) 263-1897.

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the bureau's internet website, www.bppe.ca.gov.

California College of Ayurveda is not accredited by an agency recognized by the United States Department of Education (USDE) and students are not eligible for federal financial aid programs.

California College of Ayurveda does not participate in any federal or state financial aid programs.

# WORKSHOPS

In accordance with California Education Code §94837 California College of Ayurveda offers workshops that are not required to be approved by the California Bureau for Private Postsecondary Education. Please review the website for current offerings and prices.

# CATALOG CHANGES

Information about California College of Ayurveda is published in this catalog, which contains a description of policies, procedures, and other information about California College of Ayurveda. California College of Ayurveda reserves the right to change any provision of the catalog at any time. Notice of changes will be communicated in a revised catalog, an addendum or supplement to the catalog, or other written format with an effective date. Students are expected to read and be familiar with the information contained in the catalog, in any revisions, supplements and addenda to the catalog, and with all California College of Ayurveda policies. By enrolling in California College of Ayurveda, the student agrees to abide by the terms stated in the catalog and all California College of Ayurveda policies.

