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## 2023 CATALOG

We welcome you!

Welcome to Bodhi Panya Institute ("BPI"), the Bay Area's only massage school focusing on traditional Thai massage.

Bodhi Panya Institute (BPI) proudly announces its affiliation with the Old Medicine Hospital Thai Massage School Shevagakomarapat (OMH) in Chiang Mai, Thailand. This school is known as the place where All Northern-Style Thai Massage originated and has been an essential part of Chiang Mai since 1962. The Northern Style of Old Medicine Hospital is widely recognized as the traditional and foundational approach to "Northern Style Traditional Thai Massage," not only in Thailand but also across the globe.

### **Program Highlights: Embrace Tradition, Seize Opportunity**

At BPI, you'll experience one of the fastest-growing trends in the massage therapy field. Whether your aspirations involve practicing locally or studying massage in Thailand, our program equips you with the knowledge and skills needed to excel. Immerse yourself in the essence of traditional Thai massage and emerge ready for a fulfilling career.

### **Comprehensive Training: East Meets West in Mastery**

Our program offers comprehensive training in both Eastern and Western massage techniques, with a specialized focus on traditional Thai massage. Upon successful completion of our 500-hour program, you'll possess the knowledge, skills, and practical experience necessary for a successful career as a professional massage therapist. Rest assured, our program adheres to the rigorous education standards set by the California Massage Therapy Council (CAMTC) for certification. BPI does not guarantee any licensure.

### **Financial Flexibility: Your Path to Education**

We understand the importance of accessibility to education. To facilitate your learning journey, our program provides an installment-payment option, ensuring that pursuing your passion for massage therapy is financially feasible.

### **Dedicated Teaching Staff: Your Guides to Excellence**

Our teaching staff consists of a dedicated and diverse group of certified massage professionals and instructors hailing from both Thailand and the Bay Area. They bring a wealth of educational and professional experiences, crafting an exciting and relevant curriculum centered on the principles of traditional Thai massage.

### **Campus Locations: Where Tranquility Meets Accessibility**

All classes are conducted at our primary location at 38 Bryant Street, Suite 2, San Francisco, California 94105, or at our satellite location at 480 2nd Street, Unit 200, San Francisco, California 94105. Situated in the vibrant South of Market Area ("SOMA") of San Francisco, our campus offers students the opportunity to study near the waterfront by the Embarcadero. Easily accessible by transit, our locations are surrounded by an array of restaurants and attractions.

We are always pleased to meet prospective students and ask that you please visit us on-site by appointment or online at [www.bodhipanya.com](http://www.bodhipanya.com).

## **HISTORY & MISSION STATEMENT**

Bodhi Panya Institute offers authentic, high-quality training in Thai Massage, as practiced today in Thailand - in a program that is deeply rooted in traditional Thai massage practices of centuries past.

Our mission is to provide quality training and affordable education in traditional Thai massage. Students will be able to perform Thai massage sequences that run 60, 90 and 120 minutes long.

- Students will be able to comprehend and verbally articulate the contents of traditional Thai massage, e.g. Sen lines, yoga stretches, breath support, use of aromatherapy, use of topical, herbal lotions and creams, as well as hot herbal packs and their applications, among other things.
- Students will learn how to choose which therapeutic oils to apply for certain health issues, such as stress, sore muscles, among many others. This also applies to aromatherapy oils that are heated by candles that fill the air surrounding a client with therapeutic healing properties.
- Students will learn self-care that helps protect them against injury while on the job, such as body mechanics that help to alleviate lower back strain, or repetitive stress issues in the hands.
- Students will gain knowledge in pathology that aids them in identifying health and hygiene problems, massage contraindications, and how to address problems with the various massage therapies they are learning.
- Students will learn business practices and proper client-therapist ethics that will help them thrive as employees or business owners should they choose those routes post-graduation.

Instruction at Bodhi Panya Institute is for anyone with at least a high school education or equivalent (G.E.D.) and an interest in learning traditional Thai massage.

Our goal is to prepare and graduate highly trained practitioners in traditional Thai massage who are qualified and well-prepared to gain employment in the field of massage.

## **PROGRAM OVERVIEW**

Thai Massage an act of meditation for both giver and receiver. With roots deep within India's Ayurvedic traditions, traditional Thai massage is the manual therapy of traditional Thai medicine. Despite such roots Thai culture, cuisine, medicine, and spirituality are different than those of India. Thai bodywork has been developed over 2,000 years of continuous practice with definite regional and teacher lineage variations. It is a growing and evolving form of healing touch, one incorporating the best stretches from traditional Hatha Yoga and the depth of Ayurvedic medicine. It is part of the Metta meditation of Thai Buddhism. Deeply therapeutic Thai Massage is known to be both challenging and intimate, as well.

Sometimes called "applied yoga" or "yoga for lazy people," traditional Thai massage is often combined with herbal applications and spiritual healing to treat the whole person. Receiving traditional Thai bodywork is unlike anything in the West. This treatment is performed fully clothed on a comfortable bodywork futon. Clothing that you would wear for yoga is perfect; long pants are required.

The therapist applies pressure along a series of energy lines called Sen Lines. Then there is a complete series of stretches and mobilizations applied to the entire body. The average two-hour treatment is very interactive. Traditional Thai massage is beneficial for very active people as well as those with a sedentary lifestyle.

You will learn a form of ancient massage as it has been practiced in Thailand for almost 2,000 years. Your training will be the same as you would receive in many massage schools in Thailand today. The program features the northern-style of Thai Massage as taught in the city of Chiang Mai and so it may differ from treatments you have had in the southern portion of Thailand or on the popular tourist islands. There are energy holds, blood flow restrictions, visceral palpation, and techniques that put this form of bodywork in the therapeutic category. This is floor-based bodywork. Instruction will include technique and theory.

Sequences in supine, prone, side-lying, and sitting positions will be taught and practiced. Emphasis will be placed on learning safe and effective therapist body mechanics. You will learn a Thai Massage sequence that is more than two-hours long. This beautiful and ancient bodywork form has become internationally popular. This program will deepen your bodywork skills and introduce you to one of the most beautiful and powerful hands-on healing forms in the world

Our program is designed to prepare students to become professional massage therapists and gain California Massage Therapy Council ("CAMTC") certification as a Certified Massage Therapist. Students will acquire and be able to demonstrate basic massage skills, specifically in Thai massage along with meeting these objectives:

- Describe and name basic anatomical landmarks
- Describe the basic ethics of professional massage therapists
- Create a hypothetical business model
- Describe basic industry, pathology, safety and hygiene protocols
- Show proficiency in client communication and intake/interview protocols
- Demonstrate a professional Thai massage with taught techniques and methods
- Demonstrate safe and healthy body mechanics and self-care required for maintaining massage therapist health.

## **COURSE DESCRIPTION**

Bodhi Panya Institute offers a 500-hour Traditional Thai Massage Program. The 500-hour Traditional Thai Massage Program consists of the following:

Name of Class	Total Number of Class Hours	Lecture Class Hours Held Online	In-Person Instruction Hours	
			In-Person Lecture	In-Person Lab
Anatomy, Physiology, and Kinesiology	80	56	4	20
Pathology and Contraindications	35	24	4	7
Swedish Massage	36	0	8	28
Thai Aroma Massage	30	0	4	26
Traditional Thai Massage	120	0	10	110
Deep Tissue Massage	60	0	8	52
Thai Herbal Massage	30	0	4	26
Thai Foot Reflexology Massage	30	0	4	26
Business, Professional Development	15	12	1	2
Ethics, Laws and Regulation	10	0	8	2
Clinic	54	30	4	20
<b>TOTAL PROGRAM HOURS:</b>	<b>500</b>	<b>122</b>	<b>59</b>	<b>319</b>

\*Synchronous learning live on Zoom

*Anatomy, Physiology, Kinesiology:* This course includes an introduction to anatomy and physiology and the basic structure and function of the muscular, skeletal and integumentary systems of the human body. Students will learn terminology and functional anatomical structures with a detailed study of the origin, insertion and action of the major muscles of the human body.

*Pathology and Contraindications:* students will learn how to assess a patient's posture. Starting at the feet, and ankles, knees, hips, shoulders, neck and position of head they will begin to learn about how certain postures lead to pathological conditions that eventually lead to pain.

*Swedish Massage/ Introduction to Pregnancy Massage:* This course introduces students to the basic skills needed in massage therapy. Students will also learn a full sequence to offer pregnant women. Class will cover appropriate positioning when working with pregnant women, including and use of side-lying. Considerations for each trimester in pregnancy will be reviewed as well as contraindications.

*Thai Aroma Massage:* Thai aroma massage is a wonderful blend of East and West techniques, consisting of Thai-style deep massage with yoga stretching combined with western-style Swedish massage. Students will receive an introduction to Thai aroma massage, theories and Thai culture and will learn how to make aroma oil and ingredients and learn body mechanics, massage position, technique, step and procedure. At the end of the course, students will be able to perform a 1 to 1.5 hrs. and 2 hrs. Thai aroma massage.

*Traditional Thai Massage:* Traditional Thai massage has a thousand year tradition in Thailand. In this form of massage, the recipient is fully-clothed in a loose-fitting top and pants. The massage consists primarily of bending and stretching movements that stretch in yoga postures. No oil used. In Thailand, a traditional Thai massage session lasts two hours. At Bodhi Panya Institute, we teach a complete set of traditional Northern Style Thai Massage techniques using feet, knees, elbows, and sitting in all 4 positions, as taught at Loi Kroh Traditional Thai Massage & Yoga (Chiang Mai, Thailand). *Learn It The Thai Way!* Having completed the course, students will be able to perform 1 to 1.5 hrs. and 2 hrs. full-body, traditional Thai massage for general health maintenance and well-being.

*Deep Tissue Massage:* This course will be hands-on and gives the student an understanding of the use of deeper strokes including trigger point, myofascial release, and cross fiber friction. Students will also learn how to apply deeper pressure without causing strain on their bodies. The benefits of deep tissue massage are removing constricted or cramped muscles, which alleviates the discomfort. Having completed the course, students will be able to perform a full-body 1, 1.5, and 2 hrs. deep tissue massage.

*Thai Herbal Massage:* Herbal healing has deep roots in Thai culture. Herbal heat compress is the best-known traditional therapy. This dates back to ancient times when it was the secret healing technique of Buddhist monks, local herbal healers and midwives. The herbal heat compress contains numerous healing herbs that complement the massage. Students will receive an introduction to traditional Thai herbal massage, theories and Thai Culture and will learn how to make herbal balls and ingredients, how to use hot compress and body mechanics, massage positions, techniques, steps and procedures. At the end of the course, students should be able to perform a 1 to 1.5 hrs. and 2 hrs. Thai herbal massage.

*Thai Foot Reflexology Massage:* Students learn and practice the traditional form of hand and foot reflexology. Reflexology is based on the belief that all parts of the body are reflected in the feet and hands and by applying gentle pressure to these areas can affect the corresponding part of the body and help to restore balance.

*Business, Professional Development:* Students will learn the elements of a successful practice, ethics, boundaries, and behaviors to uphold standards of an ethical practice. Students will learn to build a professional image, learn professional conduct and responsibilities, and the professional standards of a massage therapist (such as “first do no harm”). The student will understand scope of practice, obtaining and maintaining credentials and adhering to laws and regulations. Students will understand career planning, and will develop a professional resume/cover letter ready for employment.

*Ethics, Laws and Regulations:* Students will learn and understand the concepts of scope of practice, standards of ethical massage practice, informed consent, the therapeutic relationship, client confidentiality and will also learn and understand laws and regulations regarding massage therapy (from local government levels to the state and CAMTC law). Students will also learn about certification as a massage therapist and permit and business license requirements pertaining to conducting a massage therapy business. Students will receive a guide to setting up a massage business, professional liability and insurance. Students will learn and understand employment classification: employee vs independent contractor, and general tax guidelines. Students will learn an employee's rights and benefits under California and how to become an employer.

*Clinic:* Bodhi Panya Institute's clinical hours are designed to give students hands-on experience of massage while under the supervision of our instructors. This practical requirement gives the student an opportunity to apply different massage techniques on a variety of massage clients. The clinic will give students real world experience as a massage therapist.

*Method of Instruction:* All classes at Bodhi Panya Institute are offered in-person at our 38 Bryant Street and 480 2nd Street locations. In addition, certain classes are offered on a hybrid basis. For hybrid classes, instruction is offered in-person at our two locations and online via Zoom. Students can choose to participate in-person or online for these classes. All online classes are in real-time and students are required to actively participate as if attending the class in-person. Appendix A to this Catalog provides a description of how online classes are conducted.

## **COURSE MATERIALS**

All course materials provided are solely for the students' personal, non-commercial use and may not be copied, reproduced, published, modified, uploaded, posted, transmitted, or distributed in any way, including by e-mail or other electronic means, without the express prior written consent of Bodhi Panya Institute in each instance.

## **COURSE CHANGES**

Bodhi Panya Institute reserves the right to: (i) cancel courses due to under-registration, and to offer places in class for a later date; and (ii) to change instructor or course location if necessary.

## **CLASS SCHEDULE**

Our goal is to make sure that students graduate on time. BPI will arrange the class schedule for a new starting class so that the new class graduates on time. However, you must follow the class schedule and attend all classes (30-40 hours per week for full-time students and 16-24 hours per week for part-time students) to graduate on time.

We try to maintain the class schedule for each incoming class to assure that all students in that class who follow that schedule graduate on time. However, occasionally, we have to reschedule classes for various reasons (such as an instructor not being available to teach during a specific time). We will do our best to minimize any rescheduling of classes, but it is important that you attend any rescheduled classes in order to graduate on the graduation date that was set when you first started classes at BPI.

If you have enrolled as a full-time student and would like to graduate sooner you can attend evening classes - so each day you are in class for 8 hours, instead of 6 hours - but please check with the School Administrator about class prerequisites and scheduling.

## **STUDENT OBJECTIVES**

*Objective - Preparing Students for Successful CMT futures:* Bodhi Panya Institute has created a well-rounded program that directs students along a path to success as practitioners of traditional Thai massage. You will be prepared to teach, work for a massage

business or run your own business. Our business and ethics class takes you through the necessary steps and removes the mystery of it all: marketing, billing, insurance, etc. .

*Objective - CAMTC Certification:* All of our programs guide students to apply for certification as a certified massage therapist with the California Massage Therapy Council ("CAMTC"), as well as to sit for these exams and be awarded certifications by the Thai Healing Alliance, National Certification Board and the SF City/County massage license.

*Objective - Employment:* Bodhi Panya Institute does not offer a job placement service but does keep track of employment opportunities by networking with businesses and professional organizations in the Bay Area. Students should be sure to sign-up on our email list in order to receive regular eBlasts about jobs and internships. The Director of Student Affairs handles this.

## **PROGRAM DURATION/COMPLETION**

Bodhi Panya Institute offers a 500-hour Traditional Thai Massage Program. Our program meets five days a week for six to eight hours each day (depending on the class). The program consists of 446 classroom hours and 54 hours of student clinic experience. Students must complete the entire program within one year of the first day of class (excluding any approved leave of absence). We also offer part-time (2 or 3 days a week) and "hourly-attendance" options.

## **CERTIFICATE OF COMPLETION**

Upon completion of our program course-work, successful exam results and payment of all program fees students will be awarded a certificate of completion to send to the aforementioned examination and certification agencies.

- *Safe Massage Therapist Practices:* body mechanics, self-massage
- *AP&K:* Anatomy, Physiology and Kinesiology: learn the various systems of the body, how it is designed, how it moves. Foci: skin/integumentary, muscular, skeletal, nervous system. Muscular: origins, insertions, actions, kinesiology/movement.
- *Pathology, Contraindications, Common Injuries & Complaints, Health & Hygiene:* learn what negatively impacts the health of the bodily systems; what cures work and don't work; when is massage good and what must the massage therapist be cautious about. How disease alters the body.
- *The Business & Ethics of being a Massage Therapist:* learn business essentials and create your own simple business; how to ethically interact with your clients (creating boundaries); building trust with your clientele; spreading the work: old school marketing and social networking; pros & cons of working for yourself vs. others; job interviewing; resume & cover letters.
- *Stretching & Mobilization & Breathing*
- *Massage Theory & Practice:* foundations & skills, instructor-guided hands-on/in-class practice, short lecture w/technique demos, body mechanics, communications, practitioner self-awareness
- *The Student-Client Practice Clinic*

## **PROGRAM SCHEDULE**

Weekdays: Generally, classes meet 9:00 am - 12:00 pm (1-hour lunch break) and 1:00 pm - 4:00 pm. Some classes will meet for up to eight hours per day and will end at approximately 6:30 pm.

## **GRADUATION REQUIREMENTS**

Complete all classwork with a final skills evaluation score of 3 or above for each class.

- Complete all make-up assignments
- 446 classroom hours + 54 hours clinic
- Attendance: perfect 100%
- Passing grade (P = Pass) in all courses
- Complete all required assignments in student clinic, complete with documentation.
- Complete Anatomy Coloring Book: color and label bone and muscles diagram pages
- Complete and passing score for the anatomy written exams
  - Anterior Muscular system (#1)
  - Posterior Muscular system (#2)
  - Lateral Muscular system (#3)
- Complete Cover letter and resume
- Payment in full of tuition and all fees

## **ATTENDANCE AND MAKE-UP POLICY**

Please register for each class. We will inform students if the class is full. Class attendance is limited to enrolled students for the class. A student desiring to attend a class to make-up missed class hours or anyone else must obtain the prior approval of the Administrator before attending any class. Approval will be given only if there is space available in the class (students enrolled and attending the class for the first time have priority).

Please remember to bring sheets to each class.

**Attendance.** Classes at BPI are clock-hour programs. All classroom hours and clinical hours must be completed in order for students to qualify for graduation. In the event that a student is unable to attend a particular class or day of classes due to illness or other unforeseen circumstances, that student will be required to make up the missed class(es) by tutorial with one of the instructors. Tutorials allow students to receive direct instruction and feedback in place of the missed class (see Make-Up Policy below).

**Tardiness.** Please arrive at class ten (10) minutes early. This will allow you time to get your materials together, use the restroom, and get settled in for class. Students who arrive to class ten (10) or more minutes late will be marked tardy. A student is allowed three (3) tardy marks per class. For any tardy marks subsequent to the third (3rd), the student will be marked absent from that class. For the fourth (4<sup>th</sup>) tardy mark, the student will be marked absent from that class and will have to make up the class (3 hours). Students who are marked absent due to tardiness are welcome to attend the class for the information but, will still be required to complete the makeup assignment(s) for that class at the direction of administration.

**Make-up Policy:** to complete the program you must arrange to make-up for missed classes within 6 months of the missed class date. This is done on a space-available basis but can also be done directly with the instructors pending their availability. Makeup tutorial sessions will include a mix of one on one instruction, hands-on practice when applicable, and post-tutorial assignments. Tutorials are available at an additional expense of \$75 per hour. If multiple students miss the same class, they can split the cost of the tutorial between them. All tutorial fees must be paid directly to BPI administrative staff prior to scheduling and must be completed on campus.

**Academic Probation and Suspension.** Attendance is measured both per class and in total for the program. Students are allowed to miss up to three (3) classes per course without serious repercussions beyond completing makeup assignments.

Allowed (3) tardy marks per class. (4 <sup>th</sup> ) tardy mark	Marked absent from that class and will have to make up the class (3 hours)
Absent four (4) times from a particular course	the student will be notified that they are on <u>academic probation</u> .
Absent five (5) times for a particular course	the student will receive an <u>academic suspension warning</u> .
Absent six (6) times for a particular course	the student is <u>automatically withdrawn from the current program</u> for an inability to maintain the minimum academic and attendance standards.
Twelve (12) absences for the entire 500-hour program	Students may not exceed a cumulative total of twelve (12) absences for the entire 500-hour program. Upon accruing the thirteenth (13th) absence within the entire 500-hour program, the students will be placed on academic suspension and automatically withdrawn from the program.

Students must complete the entire 500-hour program within one year of the first day of class or they will be placed on academic suspension and terminated from the program.

**DRESS CODE**

Students should dress comfortably in flexible clothing (sweatpants or yoga pants and a t-shirt are recommended). Revealing clothing (such as tank tops, shorts, etc.) is not allowed. Clean socks, bare feet, or indoor-only shoes are required. Nails should be trimmed short and long hair should be tied back. A student not complying with the dress code will be asked to change clothes or not attend the class, at the discretion of the instructor.

**HYGIENE**

Given the close personal contact nature of massage, it is important that students come to class bathed and groomed. Students are expected to wash their hands before a massage, after a massage, after using the restroom and after eating. Any items that come into contact with bare skin should be washed immediately after performing any massage work including sheets, pillowcases, towels, and oil or lotion bottles. Students who arrive to class in an obvious state of poor hygiene may be asked to leave, at the discretion of the instructor.

**DRAPING**

Instructors will teach students proper draping procedure and this procedure must be used at all times for all massages. Typical draping materials include clean sheets with additional toweling and blankets as needed for client comfort. Draping should be arranged so that only the part of the body being worked on is exposed. Respecting the privacy and comfort of the massage recipient at all times is important.

## FACULTY

# Our Instructors



## Robert Gazso CAMTC #68571

Pain/Injury Rehabilitation Specialist  
[www.bobgazso.com](http://www.bobgazso.com)  
Rehabilitation Specialist  
NeuroKinetic Therapy (NKT, NMR)  
Active Release Techniques (ART)  
Proprioceptive Deep Tendon Reflex (P-DTR)  
Clinical Massage Therapist

Bob Gazso specializes in working with pain issues, injury and post surgical rehabilitation, as well as a performance enhancement. His training includes over 20 years of clinical experience as a certified massage therapist, 5,000+ hours of advanced training, and advanced certification in the most cutting edge soft tissue and neurological treatment techniques and he has achieved one of the highest levels of training in the city of San Francisco. He has over 1000 hours of teaching experience including Sports Injury and Chronic Pain and Functional Anatomy courses.

Bob has also worked with top athletes such as professional major league baseball player, Jayson Werth, and that just four hours prior to his game time, and, professional cyclist, Paul Solon, and, the track athlete Brianna Stuart who finished #1 in the United States in the NCAA several days afterwards and another NCAA track athlete named Vashti Thomas, as well as Oracle's America's cup team. Besides that, he also worked for the Gaelic football team, the Ulster who finished first in the North American Championship.

His curriculum vitae includes a full body certification in Active Release Technique (ART), Level 3 certification in Neurokinetic Technique (NKT), advanced certification in Proprioceptive Deep Tendon Reflex (P-DTR), and Masters of Science, Summa Cum Laude, in Rehabilitation Science from the California University of Pennsylvania.

Active Release Technique (ART) is also very effective for resolving pain and is used by professional sports teams, including the SF Giants and SF 49ers. These approaches represent the future of rehabilitation as they are focused on getting to the root cause of the injury, not just treating the site of pain. The result is a quicker rehabilitation with decreased incidence of re-injury.

Additionally, Bob teaches Sports Injury and Functional Anatomy at the Institute of Conscious Bodywork and teach his own anatomy tutorials for bodyworkers, physical therapists, and many health and wellness professionals as he was selected from over a hundred NKT practitioners to teach tutorials for the Bay Area.



## Marty Morales CAMTC # 42760

Founder of the Morales Method®, Certified Advanced Rolfer™, MBA  
"Education for the Serious Bodyworker"

[info@MoralesMethod.com](mailto:info@MoralesMethod.com) <http://www.moralesmethod.com>

Marty has been in private practice since 2002 and has been teaching students throughout the U.S. and internationally since 2006. Based in San Francisco, California, Marty is the founder of the Morales Method® of Manual Therapy and Body Conditioning, and has enjoyed bringing his way of working to students throughout the world and helping thousands of people with pain relief. A published author, Marty has written "Morales Method® Core Integration Therapy-A Unique Approach to Structural Integration Bodywork" and "Mastering Body Mechanics – A Visual Guide for Bodyworkers", now in its second edition, plus numerous articles for Massage and Bodywork Magazine. Specializing in spinal mechanics, Marty sees a variety of clients seeking relief from neck and low back pain. His Roling lineage can be seen to the right.

About Marty: Certified Advanced Rolfer™, CMT

- MBA in Finance from Loyola Marymount University, Los Angeles
- In private [practice](#) since 2003
- Over 10,000 hours of private practice logged
- Read testimonials [here](#)
- Founder of the [Morales Method® of Manual Therapy & Body Conditioning](#)
- [Author](#): Mastering Body Mechanics, 2nd Ed and Morales Method® Core Integration Therapy
- Creator of the Morales Method® [Core Integration](#) Therapist Program
- Established the Morales Method® [Deep Tissue](#) Therapist Program
- Maintain a thriving practice in San Francisco & Santa Monica, CA
- Continually learning and attending courses/conferences to keep up with the latest in industry advancements
- About Marty's classes: Teaching since 2006
- [NCBTMB](#) and [BOC](#) approved continuing education provider
- Currently teaching in California, Nevada, Washington, Japan and Switzerland.
- Online school coming soon



## Patrick Altermatt CAMTC#77907

*Bodywork Education:*

- San Francisco School of Massage 2008
- Association of Thai Traditional Healers (Thailand) 2009
- Morales Method workshop Advance Deep Tissue 1 day course (SF) 2011
- Bodhi Panya Institute (SF) 500 hour Course to qualify to Cmt license 2017
- Therapeutic Thai Massage 372 hours (Thailand) 2018

**Languages:** Fluent in Thai and English

Patrick has been working for over ten years as a full-time Thai massage therapist in San Francisco. In 2013 he created a personal business under the name, "Coolsprings Thai Bodyworks". He originally trained in massage in San Francisco and has taken additional coursework in Thailand and the U.S. in Thai Herbal Massage, Thai Aroma massage, Thai Foot Reflexology, Swedish massage and Deep Tissue.

Patrick wants to provide students with real-world hands-on instruction and guidance. His goal is to bring forth the best knowledge and discipline that he acquired throughout his career to inspire and motivate students in becoming professional body workers and achieving their purposes in providing clients with skills and techniques and allowing them to fulfill clients' needs and desires.



## Pratapjai (Apple) Duangpatra

CAMTC #21163

email:apple.duangpatra@gmail.com

President, Bodhi Panya Institute, Founder Suchada Thai Massage, and Partner: Saap Ver Damn Good! Thai food

Pratapjai “Apple” Duangpatra has been a certified massage therapist since 2007. She is the founder and owner of Bodhi Panya Institute, the first massage school in the Bay Area focused on traditional Thai massage. Apple's goal is to train students in the practical skills of bodywork - both East and West modalities, with a focus on traditional Thai massage. Her hope and goal is that graduates of Bodhi Panya Institute can use the skills they learn to build a career in massage, either as a practicing massage therapist or as an owner of a spa or massage business.

Apple brings real world training and experience to her role as President of Bodhi Panya Institute, having more than 15 years of running a successful massage business. She is the founder and owner of Suchada Traditional Thai Massage, the largest facility in San Francisco dedicated to traditional Thai massage and the first Thai massage business approved by the City of San Francisco to perform authentic Thai massage, on a mat on the floor- as it is practiced in Thailand.

Apple studied Thai massage at Wat Po, Thailand and the San Francisco School of Massage.

Apple has lived and worked in the Bay Area since 1991. She studied computer art and design in San Francisco and spent approximately 10 years as a web designer in San Francisco and Silicon Valley before becoming a massage therapist.

*Bodywork training:* Wat Po Thai Traditional Medical and Massage School – Bangkok, Thailand Certified Advanced Thai Therapeutic and Healing Massage, Traditional Thai massage, foot reflexology, basic Thai pharmacy, history, knowledge and application of Thai massage.

*San Francisco School of Massage – San Francisco:* Swedish massage, Shiatsu massage, deep tissue and myofascial release, trigger point therapy, TMJ, anatomy & physiology.



## Suntharee (Oh) Nitedthunyakij

License: CAMTC#55886

Experience: Suntharee has over 10 years experience working as a massage therapist and bodyworker in the Bay area. She provides students with hands-on instruction and guidance them to the efficiency directions. Her goal is to implement her massage therapy skills in accordance with the school curriculum to educate and inspire the students in becoming professional body workers and achieving their purposes.

Bodywork Education: Massage Therapist Program at San Francisco School of Massage, School of Traditional Medical Thai Massage 2013, San Francisco, Wat Poh School of Massage, Bangkok, Thailand, 2013. Bachelor of Science in Applied Statistics. King Mongkut's Institute of Technology, Bangkok, Thailand

Training in Advanced Traditional Thai Massage, Deep Tissue Massage, Swedish Massage, Pregnancy and Postpartum massage, Medical massage, Sports Massage, Trigger Point Therapy, Thai Herbal Massage, Thai Aroma Oil, Cranial Sacral Therapy, Ortho-Bionomy, Reflexology and Cupping.



## David Pike, Esq.

email:David@dpikelaw.com

David Pike has over twenty five years of experience as a business lawyer representing entrepreneurs, investors, executives and small to midsize companies in a variety of industries. Areas of practice include legal compliance, mergers and acquisitions, sales and purchase of assets, bank and lease financing, commercial transactions, technology licensing, employment matters, stock option and other equity incentive plans, and corporate governance issues. Clients include both tech-oriented emerging growth companies as well as more mature non-tech companies in a variety of industries. He also represents venture capital funds and angel investors

David is admitted to practice law in California and New York.

He graduated from the University of Wisconsin with a B.A. and the Woodrow Wilson School of Public and International Affairs, Princeton University with a Masters in Public Affairs. He received his law degree from the Fordham University School of Law in New York.



## Aphiradee Caine (Ava)

CAMTC# 76917

Instructor: Thai Aroma massage, Thai therapeutic massage, Thai massage, Thai Herbal massage, Foot massage, Clinic Prep-Plan, Students Clinic.

Languages: Fluent in Thai and English

Ava is an instructor with 5 years experience in the massage industry. She is originally from Thailand . She holds a master's degree in MBA. She studied massage in Thailand and at Bodhi Panya Institute, USA with Mblex. Ava is a dedicated teacher with a passion for teaching a massage that integrates the Eastern & Western modalities of both countries and enjoys introducing her students to new perspectives and ways of massage practice. She also establish her own business for outcall massage in bay area name "Avadee Bodywork" [www.avadeebodywork.com](http://www.avadeebodywork.com) [Caine.Ava@gmail.com](mailto:Caine.Ava@gmail.com)

What she likes about massage therapy is it gets to heal. People come to use it for relaxation, relief, or to rehabilitate themselves and the moments after massage are the most rewarding. That is what keeps her here in this industry.

### PAYMENTS & REFUND POLICIES

Bodhi Panya Institute does not have a financial aid program. However, by choosing one of our payment plans you may pay as you study at the lowest cost for classes. We do not participate in Federal or State financial aid programs; however, if a student does obtain such a loan, the student will have to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student receives federal student financial aid funds, the student is entitled to a refund of the money not paid from federal financial aid funds. *If a student paying tuition under Payment Option 1, Payment Option 2 or Payment Option 3 below terminates his/her enrollment prior to completing the full 500-hour program, tuition will be re-calculated based upon the hourly tuition rate in [B] Payment Option 4: Hourly Attendance below and all tuition for hours successfully completed must be paid in full prior to Bodhi Panya Institute issuing a certificate for the hours completed.*

## PAYMENT OPTIONS

### INTENSIVE TRACK

*Total Tuition:* \$8,250.00

*Schedule of charges for the entire educational program:* \$8,500 (\$8,250 tuition plus \$250 registration fee).

- *Payment Option 1:* Pay in full: \$8,000 (\$7,750 tuition plus \$250 registration fee less: five hundred dollars (\$500) discount of tuition (\$825) for payment in full at the time of enrollment. Payment by check, cashier's check, zelle or cash. Please note: credit cards are not accepted for the payment in full option.
- *Payment Option 2:* The \$250 registration fee must be paid at the time of registration. . Pay tuition in eight (8) monthly installments of \$1,250 each. The first payment shall be payable on or before the first day of class. Thereafter, seven (7) monthly installment payments each in the amount of \$1,000 will be payable on the 1<sup>st</sup> day of each month.

Students who miss a payment deadline will be charged a \$50 late fee for each past due payment. All payments must be made on or prior to completion of the 500-hour program.

### HOURLY ATTENDANCE: Enroll in specific classes in the 500-hour Traditional Thai Massage Program

The student may enroll in individual classes (i.e. Traditional Thai Massage, Thai Aroma Massage, Swedish Massage, etc. ) in the 500-hour Traditional Thai Massage Program. Students attending Bodhi Panya Institute on an hourly schedule are required to complete the additional class hours within one year of the first day of class (excluding any approved leave of absence).

Registration fee \$250, payable on or prior to the first day of class, plus \$20.00 for each class hour.

*\*Textbooks and class materials are included.*

As an example, the Thai Aroma class is 30 hours. A student would pay \$600 on or prior to the first day of class to attend this class (\$600 – 30 hours multiplied by \$20 per class hour).

If a payment plan has been agreed between BPI and a student, and the student fails to complete the course any outstanding course fees will still be payable.

When all fees are paid in full all certificates and transcripts will be available to the student.

### Estimated Cost of Attendance

Items	Estimated Costs	Actual Costs
Tuition (Intensive Tracks: Full-Time/Part-Time)	\$8,250.00	\$8,250.00
Registration Fee	\$250.00	\$250.00
STRF Fee	\$17.50	\$17.50
CAMTC Fee (optional) <sup>1</sup>	\$250.00	\$250.00
ABMP Fee (included in tuition fee) <sup>2</sup>	\$0.00	\$0.00
<b>TOTAL ESTIMATED COST OF ATTENDANCE</b>	<b>\$8,767.50</b>	<b>\$8,767.50</b>

<sup>1</sup>To apply to the California Massage Therapy Council ("CAMTC") for certification as a Certified Massage Therapist.

<sup>2</sup>To apply for MASSAGE THERAPIST LIABILITY INSURANCE and other membership benefits from Associated Bodywork & Massage Professionals.

## FEE INFORMATION

Tuition and fees cover registration, all course tuition, textbooks and class materials.

- \$50 Drop Fee
- \$50 Reactivation Fee
- \$120 Hourly tutorial rate to make-up missed class-work.
- \$250 Registration Fee (see below for refund policy)
- \$50 Request a copy of transcript
- \$50 Late fee per each past due installment payment (non-refundable)
- \$2.50 per \$1,000 collected for State of California (non-refundable)

Tuition is comprised of the following charges and fees:

Tuition (Intensive Tracks: Full-Time/Part-Time)	\$8,250 (\$16.50 per class hour)	Refundable through the first day of class, or the seventh day after enrollment, whichever is later.
Hourly (additional hours to complete course requirements for CAMT application)	\$20 per class hour	Refundable through the first day of class, or the seventh day after enrollment, whichever is later.
Drop Fee	\$50.00	Refundable through the first day of class, or the seventh day after enrollment, whichever is later.
Registration Fee	\$250.00	Refundable through the first day of class, or the seventh day after enrollment, whichever is later.
Student Tuition Recovery Fund	\$2.50 per \$1,000 collected for State of California	Refundable through the first day of class, or the seventh day after enrollment, whichever is later.

## LEAVING THE PROGRAM: COSTS AND REASONS: REFUNDS

**WITHDRAWAL AND REFUND POLICY:** Under California law, a student has the right to cancel the enrollment agreement and obtain a refund of all tuition and fees paid through attendance at the first class or the 7<sup>th</sup> day after enrollment and, after that a student may withdraw from a course and receive a pro-rata refund for the unused portion of tuition and other refundable charges. Students who exceed 60% of the total hours of instruction shall not be entitled to a refund. Eligible withdrawing students will be entitled to a refund based on the following example:

WITHDRAWAL/CANCELLATION DATE	REFUND
Through first class or within 7 days of signing this Enrollment Agreement, whichever is later	Full refund of all tuition and fees
After first class or after 7 days of signing this Enrollment Agreement, whichever is later	Pro-rata refund of tuition and fees (less drop fee, registration fee and STRF fee)
After completing 60% of classes	No refund

All refunds will be paid within 45 days of the date of withdrawal.

When BPI asks you to leave the program:

**Attendance:** missing Twelve or more class sessions results in expulsion. Tuition and fees paid by the student will be refunded in accordance with the Refund Policy stated above.

**Non-Completion of Course:** students failing to complete the course will not receive any refund of tuition and fees.

**Disruptive Behavior:** regular behavior found disruptive by teachers and fellow students may result in expulsion. Tuition and fees paid by the student will be refunded in accordance with the Refund Policy stated above.

**Full Refund to Student:** Bodhi Panya Institute reserves the right to cancel courses due to under-registration, and to offer places for a later date or to discontinue the program in its entirety. If a program is cancelled, Bodhi Panya Institute will make a full refund of all charges.

All refunds will be paid within 45 days of the date of withdrawal or cancellation.

## OTHER SITUATIONS & FEES

*Full Refund to Student:* BPI reserves the right to: (i) cancel courses due to under-registration, and to offer places in class for a later date or (ii) discontinue program in entirety. If a program is cancelled, BPI will make a full refund of all charges. All refunds will be paid within 45 days of the date of withdrawal or cancellation.

*Make-Up Rate:* Students must pay BPI a tutorial rate of \$120 per hour for each hour a student must make-up with an instructor.

## CREDENTIALS AND MEMBERSHIPS

*We take the confusion out of understanding and applying for professional credentials and memberships that help to shape your career as a massage therapist (U.S. Department of Labor Standard Occupational Classification code 31-9011). Upon completion of our 500-hour Traditional Thai Massage Program, you may choose to apply to the California Massage Therapy Council ("CAMTC") for certification as a Certified Massage Therapist or to the San Francisco Department of Public Health or other local jurisdiction (city or county) for a local massage license (which is valid only in the jurisdiction issuing it). CAMTC certification allows you to work anywhere in California while the San Francisco Department of Health only allows you to work in the County and City of San Francisco. The agencies below have diverse certification requirements so we ask that you visit their FAQ Web pages first then contact us for clarifications; BPI's role is only to advise students which is no way guarantees jobs or licensure.*

- *ABMP: Associated Bodywork and Massage Professionals*
- *CAMTC: California Massage Therapy Council: (Certified Massage Therapist with 500-hours of study; required to work in California)*
- *THA: Thai Healing Alliance*
- *NCBTMB: National Certification Board for Therapeutic Massage and Bodywork*
- *San Francisco Department of Health.*

## FACILITIES & EQUIPMENT

All classes will be held at our primary location at 38 Bryant Street, Suite 2, San Francisco, California 94105 or at our satellite location at 480 2nd Street, Unit 200, San Francisco, California 94105. Each facility provides massage tables, massage mats and other massage materials (oils, herbal balls, etc.) for use by students during class.

## HOUSING

Bodhi Panya Institute does not provide housing, dormitory or lodging facilities for students. There are numerous rental options available in San Francisco. Rental costs vary based on length of stay. Nightly rates range from approximately \$100 - \$300. Weekly rates range from approximately \$265 - \$1000. Monthly rentals range from \$1,000 to significantly more, depending upon the rental. The BPI Administrator can provide a list of resources available to search for available rentals, but cannot assist with the rental process.

## STUDENT SERVICES

*Library & Resource Materials:* Bodhi Panya Institute provides on-site educational resources and, in the future, will provide online resources on our Website ([www.bpisf.org](http://www.bpisf.org)).

At our Bryant Street location students will find a lending library on shelves with books and magazines related to traditional Thai massage as well as peripheral topics: general massage therapy, trade publications, Thai history & culture, anatomy & physiology, etc. Our policy is to continually update and expand the library resources as new material regarding traditional Thai massage becomes available. Students may check out materials for up to five days for their personal use at no charge. The lending library is open to students five days a week from 10 am to 6 pm, Monday-Friday. Students may use library resources at BPI. Students must obtain permission from BPI if they would like to borrow materials for home use. Some books cannot be taken home under any circumstances and are marked to show no borrowing. Students must sign a library check-out form and have it approved by the BPI Administrator before they borrow any materials. Any home use of library materials will be limited to a maximum of 5 days.

In addition, we will be posting material on our website relevant to traditional Thai massage, including the educational resources of the Thai Healing Alliance and instructional videos for massage technique.

*Academic Advising:*

- One-on-one tutoring: BPI offers academic advising Monday through Friday 9 am to 4 pm by appointment. Private coaching needs, especially for make-up assignments, are arranged directly with the teachers.
- Skillshare classes: BPI offers regular skillshare classes before 9 am on non-class days; these are generally arranged based upon coordinator availability.

## LEGAL DISCLOSURE, RULES, ACADEMIC STANDARDS

### APPROVAL; ACCREDITATION

Bodhi Panya Institute is a privately owned institution approved to operate by the California Bureau for Private Postsecondary Education. Approval to operate means compliance with state standards as set forth in the California Education Code and 5, CCR. Bodhi Panya Institute is also a California Massage Therapy Council approved school. Bodhi Panya Institute is not accredited by any accrediting agency recognized by the United States Department of Education.

### NO GUARANTEE OF LICENSURE OR EMPLOYMENT EXPRESS OR IMPLIED

Completing training at Bodhi Panya Institute is not a guarantee that you will receive certification or a license to practice massage. Completion of training at Bodhi Panya Institute does not guarantee employment upon completion of requisite course work and licensure.

### CALIFORNIA CERTIFICATION REQUIREMENTS

While certification through the California Massage Therapy Council (“CAMTC”) is not mandatory to practice massage in California, CAMTC certification is advised and is often necessary to meet the local massage therapist license requirements in many jurisdictions in California.

Bodhi Panya Institute provides Massage Therapy students with sufficient preparation to meet the education requirement for certification as a Certified Massage Therapist with the California Massage Therapy Council (CAMTC).

In order to obtain CAMTC Certification, an applicant must submit a fully completed application and meet all of the following requirements:

- Be 18 years of age or older;
- Pay the \$200 fee;
- Submit fingerprints to an authorized agency in California for a Live Scan using only the CAMTC form - Request for Live Scan Service (the authorized agencies charge you a fee for this service) and pass a criminal background check;
- Have successfully completed, at a CAMTC approved school, curricula in massage and related subjects totaling a minimum of 500 hours (or the credit unit equivalent), which incorporates appropriate school assessment of student knowledge and skills. Of the 500 hours, a minimum of 100 hours shall be in anatomy and physiology, contraindications, health and hygiene, and business and ethics; and
- Have not violated any of the provisions of the California Massage Therapy Act or any policy, procedure, or regulation of CAMTC.

Attendance and/or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all requirements as listed in the Massage Therapy Act, codified at California Business and Professions Code sections 460, 4600-4621, and Government Code section 51034.

Please note: Pursuant to California Business and Professions Code section 4611, it is an unfair business practice for a person to do any of the following:

a. To hold himself or herself out or to use the title of “certified massage therapist” or “certified massage practitioner,” or any other term, such as “licensed,” “certified,” “CMT,” or “CMP,” in any manner whatsoever that implies or suggests that the person is certified as a massage therapist or massage practitioner, unless that person currently holds an active and valid certificate issued by the California Massage Therapy Council.

b. To falsely state or advertise or put out any sign or card or other device, or to falsely represent to the public through any print or electronic media, that he or she or any other individual is licensed, certified or registered by a governmental agency as a massage therapist or massage practitioner.

### ADMISSION POLICIES

All qualified students must be over the age of 18 and must possess at least a high school diploma or its equivalent (G.E.D.). All instruction takes place in English and students must, at a minimum, be able to read, write and speak English fluently. Proficiency in English can be demonstrated by a high school or post-secondary school diploma from a school where the language of instruction is English. Alternatively, the BPI Administrator will test proficiency in verbal and written English as part of the interview process prior to enrollment.

We do not currently offer a testing or admission option for ability-to-benefit students (students who do not possess a high school diploma or G.E.D.). Successful applicants must demonstrate the ability to fulfill program requirements through the admissions interview process.

### **MINIMUM ACADEMIC STANDARDS**

- Fluency in English: conversational, reading, writing.
- Successfully completing the Application for Admission form.
- Education: H.S. diploma or equivalent (G.E.D.)
- Interview with the President and/or Administrator
- Age Requirement: 18 and older
- Pay the required program tuition amounts and other relevant program fees (if applicable).

### **LANGUAGE PROFICIENCY**

The language of instruction at Bodhi Panya Institute is English, and educational programs are taught in no other language at this time. Bodhi Panya Institute does not provide English language services such as ESL training and determines English language proficiency through the prospective student interview process conducted prior to admission.

### **INTERNATIONAL STUDENTS**

Bodhi Panya Institute does not currently participate in federal programs that authorize a school to accept international students for training. We are unable to assist international students with acquiring a student visa.

### **PRIOR EXPERIENTIAL LEARNING**

Bodhi Panya Institute does not offer credit for prior experiential learning.

### **RECOGNITION OF CREDITS TRANSFERRED FROM OTHER INSTITUTIONS**

Bodhi Panya Institute has not entered into an articulation or transfer agreement with any other school, college or university and does not accept transfer credits from any other educational institution.

If a student has completed class hours at another massage school approved by the California Massage Therapy Council ("CAMTC"), the student must request a transcript from that school along with the transcript of hours completed at Bodhi Panya Institute when he or she submits an application for a certified massage therapist with the CAMTC. CAMTC will evaluate the transcript from Bodhi Panya Institute along with the transcripts of any other CAMTC-approved massage schools attended by the student to determine if the student meets the CAMTC education requirements for a certified massage therapist. If a student has attended more than one massage school it is the student's responsibility to determine if the hours completed at Bodhi Panya Institute plus the hours completed at another massage school meet the education requirements of the CAMTC.

### **NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION**

The transferability of credits you earn at Bodhi Panya Institute is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn in the 500-hour Traditional Thai Massage program is also at the complete discretion of the institution to which you may seek to transfer. If the certificates that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending the Bodhi Panya Institute to determine if your certificate in the 500-hour Traditional Thai Massage Program will transfer.

### **STANDARDS FOR STUDENT ACHIEVEMENT**

Bodhi Panya Institute applies a standard for satisfactory completion of educational obligations for all of its programs. Failure to successfully meet these requirements may result in cancellation of the enrollment agreement and termination of a student's enrollment.

Student achievement will be assessed by instructor evaluation of hands-on massage techniques by the student.

**Grading:** P = Pass F = Fail I = Incomplete W = Withdrawal

Instructors will evaluate student skills for each class on the following scale:

1 - inferior 2 - below average 3 - average 4 - above average 5 - superior

To receive a passing grade a student must have a score of 3 or above in each skill evaluated.

If a student receives a final grade of F(Fail) in a particular class, the student has the following options:

- Practice with a classmate and then take the final test on the last day of the next regularly scheduled class for that subject
- Practice with a classmate and then take the final test for that class and pay \$75 per hour for the make-up final test
- Retake the class again, subject to availability of space in the class (students enrolled and taking the class for the first time have priority)

In addition to other class requirements, students must attend all classes (100% attendance) to receive a passing grade. At the end of the class the instructor will be writing a final evaluation form with pass or fail grading, additional comments, and suggestions for each student.

Distance learning instruction will be conducted “live” on Zoom simultaneously with the in-person class. Student evaluations will be done in real-time for students participating in class via Zoom, as they would be done for students attending the class in-person. The final evaluation for students attending a class via Zoom will be done in-person at the BPI facility in San Francisco.

Students must complete the program in no more than one year from the first day of class (excluding any approved leave of absence) or shall be subject to academic withdrawal.

## **PROBATION AND DISMISSAL**

Student academic progress is assessed periodically by the President and/or BPI Administrator. When the academic progress of a student falls below the minimum standard after expiration of the warning period, the student is notified in writing that he or she has been placed on probation for a four (4) month period. During the probationary period, the student is advised and instructed to make up or repeat course material in order to achieve satisfactory academic progress. The process for appeal of a student’s satisfactory academic progress is described below under the heading, “Appeals.”

A course may be repeated as often as needed according to availability, so long as the total program attendance time including course repeat time, does not exceed one year from the first day of class (excluding any approved leave of absence). If the student is unable to maintain satisfactory academic progress after expiration of the probationary period, then dismissal from the program is effected in writing by the registrar and recorded in the student’s file.

Once dismissed, a student may apply in writing for readmission, and the student may, in the discretion of the President and/or BPI Administrator, be readmitted to the program. Grounds for dismissal include without limitation, unsatisfactory academic progress, excessive tardiness, excessive absenteeism, failure to satisfy financial obligations to BPI, insubordinate behavior, and failure to comply with BPI policies, rules and regulations, including the Student Conduct Policy.

Reinstatement after dismissal is considered only after the student is able to provide evidence to the President’s and/or BPI Administrator’s satisfaction that conditions related to unsatisfactory academic progress have been remedied. Reinstatement is effected from the effective dismissal date during a period no greater than fifty percent (50%) of the normal program length. A student petitioning for reinstatement must do so in writing. The decision of the President and/or BPI Administrator to reinstate, or not, is final.

A student may drop from the program at any time and is considered dropped the same day that confirmation of discontinuation is received by Bodhi Panya Institute either verbally or in writing from the student.

## **APPEALS**

Decisions by the school regarding suspension, dismissal, attendance, grades, and transfer of credit may be appealed in writing by the student through submission of a written letter addressed to the President of Bodhi Panya Institute. A student appeal will be resolved by the President within five (5) days of the appeal, after review of the student’s academic records and other supporting documentation as appropriate. Resolution by Bodhi Panya Institute of the student appeal is final and will result in either enforcement of the existing decision, or mitigation/reversal of the existing decision based upon the supporting documentation.

## **LEAVES OF ABSENCE**

A student must promptly notify BPI of any anticipated interruption in class attendance. A student may request a thirty (30) day leave of absence (“LOA”) in the event of unforeseen life circumstances, such as jury duty, accident or illness, passing of an immediate family member, sudden loss of employment, or loss of childcare. Military duty, pregnancy, and unique circumstances may qualify for an extended LOA at the discretion of the President or Administrator of BPI. An LOA must be documented in writing, and a “Leave of Absence Request” form must be signed and dated by the student and approved by the President or Administrator of BPI. Non-return from LOA results in dismissal and application of Bodhi Panya Institute’s refund policy.

## STUDENT CONDUCT POLICY AND DISCIPLINE

It is expected that all students will conduct themselves in accordance with the Student Conduct Policy below. Failure to comply with the Student Conduct Policy may result in a written warning, which will become part of the student's permanent school records, or dismissal from BPI and permanent banning from participation in future BPI educational courses.

Students will be notified in writing of any violations and disciplinary actions taken against them and this will be included in the student's permanent school records. The BPI Student Conduct Policy is as follows:

*Weapons, Tobacco, Alcohol and Drugs.* At no time are knives, guns, fireworks, explosives or other similar objects allowed at the BPI facility. Use of any tobacco products, alcohol, illegal drugs (or being under the influence) at the BPI facility is absolutely prohibited.

*Communication.* Students are expected to communicate in a fashion appropriate for the classroom environment and to avoid comments, jokes, or other communications that are deemed inappropriate, such as comments that are of a discriminatory, sexual or violent. BPI has a zero-tolerance policy exists where discrimination, unwelcome sexual comments or advances and violent comments or threats are concerned.

*Dress code.* Students should dress comfortably in flexible clothing (sweatpants or yoga pants and a t-shirt are recommended). Revealing clothing (such as tank tops, shorts, etc.) is not allowed. Clean socks, bare feet, or indoor-only shoes are required. Nails should be trimmed short and long hair should be tied back. Students are asked to avoid using strongly scented products such as perfumes, colognes, body sprays, deodorants and essential oils. A student not complying with the dress code will be asked to change clothes or not attend the class, at the discretion of the instructor.

*Hygiene.* Students should at all times exhibit a high standard of personal hygiene (hair combed, body clean, breath fresh, etc.). Students who arrive to class in an obvious state of poor hygiene may be asked to leave at the instructor's discretion.

*Classroom Conduct.* Students shall at all times behave in a professional and appropriate manner while in class or otherwise at the BPI facility.

- Class attendance is limited to enrolled students for the class. Anyone else must obtain prior approval of the BPI Administrator before attending any class.
- Students shall at all times behave in a professional and appropriate manner while in class or otherwise at the BPI facility.
- Cell phone use is prohibited in the classroom. Phone calls and texts should be made during breaks and outside of the school.
- Do not interrupt or talk over an instructor or fellow students.
- Please raise your hand and wait to be addressed to ask a question to make a comment.
- No eating in the classroom.
- Please observe the scheduled breaks; do not leave the classroom mid-lecture or demonstration if at all possible, emergency restroom breaks aside.
- Absolutely no video or photography is allowed in class or clinic.
- No sleeping during class.

## DISCIPLINARY PROCEDURE FOR VIOLATION OF THE STUDENT CONDUCT POLICY

If a student fails to adhere to the Standard of Conduct set forth above, the President and/or Administrator of BPI shall give the student a written warning and ten (10) days to rectify the situation and comply with such standard. If, at the end of such ten-day period, the President and/or School Administrator determines that the student has not improved his or her performance and is not in compliance with the Standard of Conduct, then the President and/or School Administrator may take such disciplinary actions as he or she deems appropriate may include, but are not limited to, a written infraction to be included in the student's permanent records and/or immediate dismissal, based on the severity of the violation. Two violations of the Student Conduct Policy will result in immediate dismissal of the student and permanent banning from participation in future BPI educational courses.

Notwithstanding the foregoing, failure to comply with the Standard of Conduct regarding weapons, tobacco, alcohol and drugs or violence shall result in immediate suspension of the student, pending a review of the conduct by the President or Administrator of BPI..

A student who is dismissed from BPI or failure to comply with the Student Conduct Policy may, within ten (10) days of such termination, submit a letter to the President of BPI asking for a reconsideration of the decision to dismiss the student with reasons why reinstatement would be appropriate. The President shall respond to such request within thirty (30) days of receipt of such letter. Any decision by the President shall be final.

## RETENTION OF STUDENT RECORDS

Bodhi Panya Institute will keep the following permanent records for active and graduated students:

- application form
- enrollment form
- payment history
- certificate granted and the date on which the certificate was granted

- courses and units on which the certificate was granted
- grades earned by the student in each of those courses
- student transcript

Bodhi Panya Institute will keep the following permanent records for students who are not active or did not graduate:

- application form
- enrollment form
- payment history
- courses and units taken
- grades earned by the student in each of those courses

#### **CALIFORNIA MASSAGE THERAPY COUNCIL DISCLOSURE**

ATTENDANCE AND/OR GRADUATION FROM A CALIFORNIA MASSAGE THERAPY COUNCIL (“CAMTC”) APPROVED SCHOOL DOES NOT GUARANTY CERTIFICATION BY CAMTC. APPLICANTS FOR CERTIFICATION SHALL MEET ALL REQUIREMENTS AS LISTED IN CALIFORNIA BUSINESS AND PROFESSIONS CODE SECTIONS 4600 ET. SEQ.

A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy Council at: One Capitol Mall, Suite 800, Sacramento, CA 95814, [www.camtc.org](http://www.camtc.org), phone (916) 669-5336, or fax (916) 669-5337.

#### **BUREAU FOR PRIVATE POSTSECONDARY EDUCATION DISCLOSURE**

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education, Physical address: 1747 North Market Blvd., Suite 225, Sacramento, CA 95834. Mailing Address: PO Box 980818, West Sacramento, CA 95798-0818, Web Site Address: [www.bppe.ca.gov](http://www.bppe.ca.gov), Phone: (916) 574-8900, Toll Free: 888-370-7589, Fax: 916-263-1897..

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau’s internet web site [www.bppe.ca.gov](http://www.bppe.ca.gov).

#### **OFFICE of STUDENT ASSISTANCE AND RELIEF**

The Office of Student Assistance and Relief is available to support prospective students, current students, or past students of private postsecondary educational institutions in making informed decisions, understanding their rights, and navigating available services and relief options. The office may be reached by calling (888) 370-7589, option #5, or by visiting [osar.bppe.ca.gov](http://osar.bppe.ca.gov).

#### **STUDENT TUITION RECOVERY FUND**

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, (916) 431-6959 or (888) 370-7589.

To be eligible for STRF, you must be a California resident or are enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.

3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of noncollection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

### **NO PETITIONS PENDING IN BANKRUPTCY**

Bodhi Panya Institute does not have any pending petitions in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years and has not had a petition in bankruptcy filed against us within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. sec. 11 et seq.).

### **REVIEW CATALOG AND SCHOOL PERFORMANCE FACT SHEET**

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

### **UPDATING CATALOG**

The Bodhi Panya Institute's catalog covers the period from 1/1/2023 through 12/31/2023.

The catalog is reviewed and updated annually, on or before December 31, of any given year. Current Revision Date: MAY16, 2023.

### **COMPLAINT PROCEDURE**

Should a problem arise during your training with us, we want to work with you to find a fair and satisfying solution. Our complaint procedure may be used for specific instructor complaints as well as complaints of discrimination on the basis of age, race, color, sex, disability, or national origin.

- We request that all complaints be submitted first in the form of a written and hand-signed letter for review and for inclusion in official records. Write the complaint in a letter format and include the following information: the nature of the issue, the approximate date that the issue occurred, the name(s) of the individual(s) involved, key information regarding the issue (facts, not rumors, are necessary for finding solutions) and your signature and the date.
- Mail or hand deliver the letter addressed to the Chief Academic Officer, Bodhi Panya Institute, 38 Bryant Street, Suite 2, San Francisco, California 94105.
- Please retain a copy for your records.
- The Chief Academic Officer will respond to your complaint in writing within 7 business days, meet with you if necessary, and make every effort to find a fair solution. If, after hearing the response you do not feel you have a resolution to your problem, send or deliver a copy of your letter to the school and address it to the President of BPI along with a written explanation of what has occurred. Retain a copy of the written explanation for your records.
- Upon receiving the complaint, the President of BPI shall review the complaint and make every effort to find a fair equitable solution. You will be notified in writing the decision that was reached within 2 weeks of receipt.

If, after exercising all of the above formal complaint procedures you feel that the problem has not been resolved to your satisfaction, then you may direct your complaint to the Bureau for Private Postsecondary Education (BPPE).

A student or any member of the public may file a complaint about this institution with the BPPE by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the Bureau's Internet Web site, [www.bppe.ca.gov](http://www.bppe.ca.gov), or by contacting the Bureau's Enforcement Section at the following address and/or telephone number:

BUREAU FOR PRIVATE POSTSECONDARY EDUCATION  
1747 North Market Blvd., Suite 225, Sacramento, CA 95834  
Web Site: [www.bppe.ca.gov](http://www.bppe.ca.gov)  
Phone: (916) 574-8900 or (888) 370-7589  
Fax: (916) 263-1897

AVAILABILITY OF CATALOG: Any one can obtain a copy of this Catalog at no charge by visiting or contacting Bodhi Panya Institute, 38 Bryant Street, Suite 2, San Francisco, CA 94105, (415) 644-0804; info@[bpisf.org](mailto:bpisf.org) . This Catalog is also available and can be downloaded at [www.bpisf.org](http://www.bpisf.org) .

## APPENDIX A TO CATALOG

### ONLINE INSTRUCTION – 500 HOUR TRADITIONAL THAI MASSAGE PROGRAM

#### **How will online classes be taught?**

Certain classes will be taught on a hybrid basis – these classes will be taught in-person at one of our two locations and also broadcast online via Zoom in real-time. Students can choose to participate in person or on Zoom. For students attending class via Zoom, the student must have a Zoom account and have both audio and video enabled for the entire class.

All online classes are held via Zoom in “real time.” Hours for Zoom classes are the same as if they were held in-person. The instructor and students log in to Zoom at the beginning of each class and attendance is checked by the instructor. The classes are recorded and students can review any class for further study, but credit for an online class will be given only for students who attend the “live” class on Zoom. **Attendance and participation?**

Students must sign in for each Zoom class, so that your name appears on Zoom just as it would appear on a sign-in sheet for in-person classes. Please make sure your audio and video work prior to logging into a class. When you enter a Zoom class, the instructor will want to see your face on Zoom, so please enable the video feature prior to the start of class.

You must participate in the Zoom class just as if you were sitting in class at our facility.

To receive credit, you must be online when the class starts and throughout the entire class. The instructor must be able to see your face on Zoom for the entire class. You cannot just participate by audio only or put a picture of your pet cat or dog on Zoom when in class – we all want to see your face and **most importantly you are present and attentive!**

You must attend online classes when they are being conducted “live” on Zoom. Videos of each class will be available a week after the class for you to review and refresh your knowledge – but you will only receive credit if you participate in the “live” class on Zoom. You will not receive credit if you only view the recorded video of a class.

All students must be present on Zoom for the entire class to receive credit for the class.

The instructor will verify the identity of each student in the class and record student attendance for each class on a daily basis.

The instructor must be able to see and hear the student on Zoom for the entire class for the student to receive class credit. Students cannot participate in Zoom by audio only and they cannot post a picture on Zoom – they must have Zoom enabled so the instructor can see them in real-time.

#### **Recording Zoom classes?**

All Zoom classes will be recorded and available online for students to review. Students are not permitted to individually record (audio and/or video) any BPI online class.

#### **How will students be evaluated?**

Student skills and performance will be assessed by the instructor throughout each class. The instructor will provide each student with a written evaluation within ten days after the last class in each course. Final evaluation for all courses, including all courses where the student has participated online, will be done in-person at Bodhi Panya Institute.

#### **Feedback and communication with instructors?**

The instructor and students participate in live classes via Zoom and feedback is given by the instructor as it would be in an in-person class.

Instructors are available by telephone, email, and text message to communicate with students outside of lecture hours.

#### **Is help available if students have technical issues with the Zoom classes?**

Yes, an administrative person from BPI sits in on each class to deal with any technical issues that may arise.

#### **Safety and Covid-19 Precautions**

Students must observe all proper safety measures when participating in hands-on massage classes.

This includes:

- the health status of both the student and the massage recipient must be checked prior to each hands-on massage class
- a student or massage recipient who has a fever, shows any other symptoms of covid-19, has tested positive for covid-19 or has been exposed to anyone who has tested positive for covid-19 may not participate in a hands-on massage class
- the area where the student will participate in the hands-on class must be set up to maintain effective social distancing (at least 6 feet) from other people, aside from the massage recipient
- the student must sanitize the massage table or mat, other items used during the massage and other areas where the student or massage recipient may have contact prior to each class
- both the student and the massage recipient must wash their hands and wear a face mask for the entire hands-on class
- An online client in-take form must be completed by a massage recipient before each massage session.

### **Questions about Online Classes?**

If you have any questions about BPI's online instruction, please contact

Aphiradee Caine: [caine.ava@gmail.com](mailto:caine.ava@gmail.com) Phone: 650-455-2917

Apple Duangpatra: [apple.duangpatra@gmail.com](mailto:apple.duangpatra@gmail.com) Phone: 415-994-5232

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